

Sibley, C. G., (2018). Archive of NZAVS questionnaires. *NZAVS Technical Documents, e06*.

This document contains copies of the questionnaires posted to participants for the first ten waves of the NZAVS (from 2009-2018).

- NZAVS T01 2009 Questionnaire
- NZAVS T02 2010 Questionnaire
- NZAVS T03 2011 Questionnaire
- NZAVS T04 2012 Questionnaire
- NZAVS T05 2013 Questionnaire
- NZAVS T06 2014 Questionnaire
- NZAVS T07 2015 Questionnaire
- NZAVS T08 2016 Questionnaire
- NZAVS T09 2017 Questionnaire
- NZAVS T10 2018 Questionnaire

## Consent Form and Contact Details

This form will be kept for a period of twenty years.

**Title of Project:** **The New Zealand Attitudes and Values Study**

**Researcher:** Dr. Chris Sibley, Psychology Department, The University of Auckland.  
Phone: 09-373-7599, extn 88353. E-mail: [c.sibley@auckland.ac.nz](mailto:c.sibley@auckland.ac.nz)

This form is to gather your consent to participate in this study. Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the Department of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire.

I understand that my contact details will never be shared with anyone. I understand that Dr. Sibley will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next twenty years. Finally, I understand that my contact details will be used to contact me if I win the **\$500 grocery voucher prize draw** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal Address:</b>			

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE  
ON 09-SEPTEMBER-2009 FOR 3 YEARS. REFERENCE NUMBER: 2009/336.

PLEASE POST BACK THE FULL QUESTIONNAIRE (INCLUDING THIS PAGE) USING THE PROVIDED PRE-PAID ENVELOPE.

**Instructions:** This part of the questionnaire measures your personality. Please circle the number that best represents how accurately each statement describes you.

I...	Very Inaccurate				Very Accurate			
	↓						↓	
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathize with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
	Very Inaccurate				Very Accurate			
21. Insult people.	1	2	3	4	5	6	7	
22. Believe in the importance of art.	1	2	3	4	5	6	7	
23. Want people to know that I am an important person of high status.	1	2	3	4	5	6	7	
24. Feel entitled to more of everything.	1	2	3	4	5	6	7	
25. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
26. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
27. Don't care to know what other people really think of me.	1	2	3	4	5	6	7	
28. Love a good fight.	1	2	3	4	5	6	7	
29. Get deeply immersed in music.	1	2	3	4	5	6	7	
30. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
31. Deserve more things in life.	1	2	3	4	5	6	7	
32. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
33. Feel like an outsider.	1	2	3	4	5	6	7	
34. Don't gossip about other people's business.	1	2	3	4	5	6	7	
35. Hate to seem pushy.	1	2	3	4	5	6	7	
36. Seldom daydream.	1	2	3	4	5	6	7	
37. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
38. Would never accept a bribe, even if it were very large.	1	2	3	4	5	6	7	
39. Demand the best because I'm worth it.	1	2	3	4	5	6	7	
40. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
41. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	

**Instructions:** Please circle the number that best represents how important each of the following values is for you as a guiding principle in your life. Use the scale below to rate these items.

Opposed to my values -1	Not important 0	1	2	Important 3	4	5	Very important 6	7	Of supreme importance
1. PROTECTING THE ENVIRONMENT (preserving nature)	-1	0	1	2	3	4	5	6	7
2. A VARIED LIFE (filled with challenge, novelty and change)	-1	0	1	2	3	4	5	6	7
3. HONORING OF PARENTS AND ELDERS (showing respect)	-1	0	1	2	3	4	5	6	7
4. AUTHORITY (the right to lead or command)	-1	0	1	2	3	4	5	6	7
5. EQUALITY (equal opportunity for all)	-1	0	1	2	3	4	5	6	7
6. A WORLD AT PEACE (free of war and conflict)	-1	0	1	2	3	4	5	6	7
7. AN EXCITING LIFE (stimulating experiences)	-1	0	1	2	3	4	5	6	7
8. FAMILY SECURITY (safety for loved ones)	-1	0	1	2	3	4	5	6	7
9. INFLUENCE (having an impact on people and events)	-1	0	1	2	3	4	5	6	7
10. SOCIAL JUSTICE (correcting injustice, care for the weak)	-1	0	1	2	3	4	5	6	7
11. CURIOSITY (interest in everything, exploring)	-1	0	1	2	3	4	5	6	7
12. SELF-DISCIPLINE (self-restraint, resistance to temptation)	-1	0	1	2	3	4	5	6	7
13. WEALTH (material possessions, money)	-1	0	1	2	3	4	5	6	7

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

		Strongly Disagree					Strongly Agree	
		↓						↓
1.	It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7
2.	It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7
3.	I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7
4.	Inferior groups should stay in their place.	1	2	3	4	5	6	7
5.	It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7
6.	Everyone in New Zealand has a fair shot at wealth and happiness, regardless of their ethnicity or race.	1	2	3	4	5	6	7
7.	To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7
8.	Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7
9.	To a large extent, a person's race biologically determines his or her abilities.	1	2	3	4	5	6	7
10.	We should have increased social equality.	1	2	3	4	5	6	7
11.	People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7
12.	It would be good if groups could be equal.	1	2	3	4	5	6	7
13.	Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7
14.	We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7
15.	I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7
16.	Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7

**Instructions:** The following items assess your current satisfaction with different aspects of your life and aspects of New Zealand more generally. Please rate how satisfied you are with each aspect of your life and/or New Zealand society using the scale below.

Completely dissatisfied		Somewhat satisfied									Completely satisfied						
1		2	3	4	5	6	7	8	9		10						
1.	Your standard of living.							1	2	3	4	5	6	7	8	9	10
2.	The economic situation in New Zealand.							1	2	3	4	5	6	7	8	9	10
3.	The quality of New Zealand’s natural environment.							1	2	3	4	5	6	7	8	9	10
4.	Your health.							1	2	3	4	5	6	7	8	9	10
5.	The social conditions in New Zealand.							1	2	3	4	5	6	7	8	9	10
6.	The performance of the current New Zealand government.							1	2	3	4	5	6	7	8	9	10
7.	Your future security.							1	2	3	4	5	6	7	8	9	10
8.	Business in New Zealand							1	2	3	4	5	6	7	8	9	10
9.	Your personal relationships.							1	2	3	4	5	6	7	8	9	10
10.	John Key’s leadership as The Prime Minister of New Zealand.							1	2	3	4	5	6	7	8	9	10

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree ↓							Strongly Agree ↓						
1. We are all New Zealanders and the law should <i>not</i> make provision for minority groups because of their ethnicity.	1	2	3	4	5	6	7							
2. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7							
3. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7							
4. Māori and Pacific Islanders tend to be more overweight than other NZers.	1	2	3	4	5	6	7							
5. We are all one nation and we should all be treated the same. No one should be entitled to anything more than the rest of us simply because they belong to one particular ethnic group.	1	2	3	4	5	6	7							
6. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7							
7. In my opinion, more good jobs for Asians means fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7							
8. True equality can be achieved only once we recognize that some ethnic groups are currently more disadvantaged than others and require additional assistance from the government.	1	2	3	4	5	6	7							
9. Māori have very different values and morals compared to most other NZers.	1	2	3	4	5	6	7							
10. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7							
11. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7							
12. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7							
13. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7							
14. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7							
15. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
16. Pacific Islanders have very different values and morals compared to most other NZers.	1	2	3	4	5	6	7							
17. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7							
18. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7							

**Instructions: The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.**

	Strongly Disagree				Strongly Agree			
	⇓							⇓
1. People who become preoccupied by race are forgetting that we're all just human.	1	2	3	4	5	6	7	
2. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. In my opinion, more good jobs for Māori means fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
8. Climate change is real.	1	2	3	4	5	6	7	
9. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
10. Asians have different values and morals compared to most other NZers.	1	2	3	4	5	6	7	
11. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
12. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
13. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
14. NZ Europeans have different values and morals compared to most other NZers.	1	2	3	4	5	6	7	
15. Climate change is caused by humans.	1	2	3	4	5	6	7	
16. It is OK for parents to use smacking as a way to discipline their children.	1	2	3	4	5	6	7	
17. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
18. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
19. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
20. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
21. In my opinion, more good jobs for NZ Europeans means fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
22. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
23. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
24. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
25. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
26. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
27. In my opinion, more good jobs for Pacific Islanders means fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
28. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
29. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
30. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
31. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
32. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
33. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
34. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
35. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
36. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly oppose 1	Neutral												Strongly support 7					
	2		3		4		5		6									
The National Party	1	2	3	4	5	6	7			The ACT Party		1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7			The Māori Party		1	2	3	4	5	6	7
The Green Party	1	2	3	4	5	6	7			United Future		1	2	3	4	5	6	7

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 23456					Definitely YES 7	
1. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
2. Should a smack as part of good parental correction be a criminal offence in NZ?	1	2	3	4	5	6	7
3. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
4. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
5. Do you think <i>most New Zealanders</i> are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
6. Do you think people from your ethnic group are more at risk of weight-based illnesses (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7
7. Are you willing to change your daily routine in order to protect the environment?	1	2	3	4	5	6	7
8. Have you made changes to your daily routine in order to protect the environment?	1	2	3	4	5	6	7
9. Do you think you personally are more at risk of a weight-based illness (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7

**Instructions:** The following scale lists a variety of actual or proposed policy changes and initiatives. Please rate how strongly you oppose or support each of the following policies.

	Strongly Oppose					Strongly Support		
	⇓							⇓
1. Government subsidy of public transport.	1	2	3	4	5	6	7	
2. The current anti-smacking bill. (i.e., it being illegal to smack children).	1	2	3	4	5	6	7	
3. Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7	
4. Performance of the Haka at international sports events.	1	2	3	4	5	6	7	
5. Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7	
6. Increased government spending on new motorways.	1	2	3	4	5	6	7	
7. Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7	
8. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7	
9. The Civil Union Act.	1	2	3	4	5	6	7	
10. Affirmative action policies for women promoting entry into female-under-represented occupations, such as construction and the trades.	1	2	3	4	5	6	7	
11. Rates exemptions on Māori land.	1	2	3	4	5	6	7	
12. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7	
13. Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7	
14. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7	
15. Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7	

**How accurately do the following statements describe how you generally act in your close relationships?**

	Very Inaccurate ↓				Very Accurate ↓			
1. I try to enhance the bonding and intimacy in my close relationships.	1	2	3	4	5	6	7	
2. I try to avoid disagreement and conflict in my close relationships.	1	2	3	4	5	6	7	
3. I try to move toward growth and development in my close relationships.	1	2	3	4	5	6	7	
4. I try to stay away from situations that would harm my close relationships.	1	2	3	4	5	6	7	
5. I try to share many fun and meaningful experiences with people I am close to.	1	2	3	4	5	6	7	
6. I try to make sure that nothing bad happens to my close relationships.	1	2	3	4	5	6	7	

**In your day-to-day life, how often do people in New Zealand act toward you in the following ways?**

Have never experienced this 1	Sometimes experience this					Often experience this 7			
	2	3	4	5	6				
1. Do things to threaten you.						1	2	3	4 5 6 7
2. Insist that they know what is best for you.						1	2	3	4 5 6 7
3. Are friendly and willing to help you.						1	2	3	4 5 6 7
4. Happily interact with you in formal situations but not social ones.						1	2	3	4 5 6 7
5. Make threatening gestures toward you.						1	2	3	4 5 6 7
6. Offer advice and opinions even when you don't want it.						1	2	3	4 5 6 7
7. Are happy to hear your opinions about things.						1	2	3	4 5 6 7
8. Only socialize or interact with you when it suits their purposes.						1	2	3	4 5 6 7
9. Attack you, or make you fear that they might.						1	2	3	4 5 6 7
10. Try to help you with things you'd rather do for yourself.						1	2	3	4 5 6 7
11. Make you feel welcome when they meet you.						1	2	3	4 5 6 7
12. Treat you with respect, but avoid socializing with you.						1	2	3	4 5 6 7

**Instructions:** Please rate the warmth of your feelings toward the following groups using the “feeling thermometer scale” for each group. A rating of “1” indicates your feeling toward that group to be least warm (least favourable) while a rating of “7” indicates your feeling is most warm (most favourable).

Feel least warm towards this group 1	Neutral												7	Feel most warm toward this group		
	2		3		4		5		6							
Americans	1	2	3	4	5	6	7		Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7		Immigrants in general	1	2	3	4	5	6	7
NZ Europeans	1	2	3	4	5	6	7		Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7		Asians in general	1	2	3	4	5	6	7

<p><b>Roughly how many hours (if any) have you spent with <u>friends</u> from each of the following groups in the last week?</b></p> <p>(a) Americans <input type="text"/></p> <p>(b) Māori <input type="text"/></p> <p>(c) NZ Europeans <input type="text"/></p> <p>(d) Asians <input type="text"/></p> <p>(e) Pacific Islanders <input type="text"/></p>	<p><b>Which term do you prefer to describe New Zealanders of European descent?</b></p> <p><input type="checkbox"/> New Zealander</p> <p><input type="checkbox"/> New Zealand European</p> <p><input type="checkbox"/> Pakeha</p> <p><input type="checkbox"/> Kiwi</p> <p><input type="checkbox"/> Other <input type="text"/></p>	<p><b>Which country were you born in?</b> <input type="text"/></p>
		<p><b>If you were born overseas, for how many years have you lived in NZ?</b> <input type="text"/></p>
		<p><b>How much money (if any) have you donated to charity in the last year?</b> <input type="text"/></p>

Please rate how politically conservative versus liberal you see yourself as being:	Extremely conservative	1	2	3	4	5	6	7	Extremely Liberal
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Extremely  
conservative

1	2	3	4	5	6	7
---	---	---	---	---	---	---

Extremely Liberal



Finally, please tell us a little about yourself and your circumstances...

1. Which ethnic group do you belong to?

Mark the space or spaces which apply to you.

- ☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN.*

Please state:

2. Are you male or female?

- ☐ Male  
☐ Female (please tick ☒ one)

3. What is your age?

(years)

4a. What is your relationship status?

- ☐ Single  
☐ Dating  
☐ Living together/De facto  
☐ Married

If you are in a relationship ↓

☐ Other   
(if other please specify)

4b. How long have you been with your partner?

(years)  
 (months)

4c. What is your partner's ethnicity? (please be specific)

4d. How satisfied are you with your relationship with your partner? (please circle a number on the scale below)

Not satisfied 1 2 3 4 5 6 7 Very satisfied

5a. What is your current employment situation?

- ☐ Employed full-time  
☐ Employed part-time  
☐ Self-employed  
☐ Own your own business  
☐ Studying full-time  
☐ Unemployed, but want work  
☐ Unemployed, don't want work  
☐ Other

If you are currently employed ↓

5b. How long have you worked in your current job for?

5c. How satisfied are you with your current job?

Not satisfied 1 2 3 4 5 6 7 Very satisfied

5d. How secure do you feel in your current job?

Not secure 1 2 3 4 5 6 7 Very secure

6. What is your highest level of qualification?

7. What did you eat for dinner last night?

8. Do you identify as Māori and/or have any ancestors who are Māori?

- ☐ Yes  
☐ No

9. Which term best describes where you grew up? (e.g., rural, suburban, city)

10a. How many children have you given birth to, fathered, or adopted?

(if none, go to 11)

10b. How many of your children live with you most of the time?

11. Have you or the principal earner in your household been out-of-work at any time in the last year?

- ☐ Yes  
☐ No

12. Have you personally been the victim of a crime in the last year?

- ☐ Yes  
☐ No

13. Which political party did you vote for in the last election?

14. Please estimate your total household income (before tax) for the year 2009.

\$

15. Please estimate your own personal earnings (before tax) for the year 2009.

\$

16. If an election were held today, who would you vote for to be Prime Minister?

17a. Do you identify with a religion and/or spiritual group?

- ☐ Yes  
☐ No

17b. If yes to 17a, then what religion/spiritual group?

17c. If yes to 17a, how important is your religion to how you see yourself?

Not important 1 2 3 4 5 6 7 Very important

18. If an election were held today, which political party would you vote for?

19. Please estimate how many hours you spent doing each of the following things last week.

- (a) Working in paid employment   
(b) Housework/cooking   
(c) Looking after children   
(d) Playing computer games   
(e) Exercising   
(f) Watching TV/Films/Videos   
(g) Travelling/commuting   
(h) Volunteer/charity work

20a. How many hours did you spend with your romantic partner (if any) last week?

- (a) In person/face-to-face   
(b) Talking on phone (incl. Skype)   
(c) Email, texting or on-line chat

20b. How many hours did you spend with your close friends and family (excluding your partner) in the following ways last week?

- (a) In person/face-to-face   
(b) Talking on phone (incl. Skype)   
(c) Email, texting or on-line chat

Thank you! Please send back your completed questionnaire using the enclosed pre-paid envelope.

# The New Zealand Attitudes and Values Study

## Follow-up Questionnaire at Time 2

This form will be kept for a period of twenty years.

The University of Auckland  
Private Bag 92019  
Auckland, New Zealand

**Researcher:** Dr. Chris Sibley, Department of Psychology, University of Auckland.  
Phone: 09-373-7599, extn 88353. E-mail: [c.sibley@auckland.ac.nz](mailto:c.sibley@auckland.ac.nz)

### Consent form and contact details

This form is to gather your consent to participate in this study. Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the Department of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone. I understand that Dr. Sibley will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next eighteen years. Finally, I understand that my contact details will be used to contact me if I win one of the **grocery voucher prize draws for \$500, \$300 or \$200** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			

Would you like to receive a summary of key findings from the study?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
If yes, would you like to be sent this summary by email or in the post?	Email <input type="checkbox"/>	Post <input type="checkbox"/>
Are you willing to complete a short follow-up survey about your health?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE  
ON 09-SEPTEMBER-2009 FOR 3 YEARS. REFERENCE NUMBER: 2009/336.

PLEASE POST BACK THE FULL QUESTIONNAIRE (INCLUDING THIS PAGE) USING THE PROVIDED PRE-PAID ENVELOPE.

**Instructions:** This part of the questionnaire measures your feelings about yourself. Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate				Very Accurate			
	↓				↓			
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathise with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
21. Feel entitled to more of everything.	1	2	3	4	5	6	7	
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
25. Deserve more things in life.	1	2	3	4	5	6	7	
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
27. Feel like an outsider.	1	2	3	4	5	6	7	
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7	
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7	
32. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4

**Instructions:** Please circle the number that best represents how important each of the following values is for you as a guiding principle in your life. Use the scale below to rate these items.

Opposed To My Values -1	Not Important 0	1	2	Important 3	4	5	Very Important 6	7	Of Supreme Importance 7
1. PROTECTING THE ENVIRONMENT (preserving nature)	-1	0	1	2	3	4	5	6	7
2. A VARIED LIFE (filled with challenge, novelty and change)	-1	0	1	2	3	4	5	6	7
3. HONOURING OF PARENTS AND ELDERS (showing respect)	-1	0	1	2	3	4	5	6	7
4. AUTHORITY (the right to lead or command)	-1	0	1	2	3	4	5	6	7
5. EQUALITY (equal opportunity for all)	-1	0	1	2	3	4	5	6	7
6. A WORLD AT PEACE (free of war and conflict)	-1	0	1	2	3	4	5	6	7
7. AN EXCITING LIFE (stimulating experiences)	-1	0	1	2	3	4	5	6	7
8. FAMILY SECURITY (safety for loved ones)	-1	0	1	2	3	4	5	6	7
9. INFLUENCE (having an impact on people and events)	-1	0	1	2	3	4	5	6	7
10. SOCIAL JUSTICE (correcting injustice, care for the weak)	-1	0	1	2	3	4	5	6	7
11. CURIOSITY (interest in everything, exploring)	-1	0	1	2	3	4	5	6	7
12. SELF-DISCIPLINE (self-restraint, resistance to temptation)	-1	0	1	2	3	4	5	6	7
13. WEALTH (material possessions, money)	-1	0	1	2	3	4	5	6	7

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree					Strongly Agree		
	↓							↓
1. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
2. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
3. I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7	
4. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	
7. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
8. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
9. To a large extent, a person's race biologically determines his or her abilities.	1	2	3	4	5	6	7	
10. We should have increased social equality.	1	2	3	4	5	6	7	
11. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
12. It would be good if groups could be equal.	1	2	3	4	5	6	7	
13. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
14. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
15. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
16. We need to invest specifically in educating young girls and women about healthy lifestyles for the sake of future generations.	1	2	3	4	5	6	7	
17. People close to me support and encourage me to lead a healthy lifestyle.	1	2	3	4	5	6	7	
18. It is easy to lead a healthy lifestyle if you make lots of money.	1	2	3	4	5	6	7	

**Instructions:** The following items assess your current satisfaction with different aspects of your life and aspects of New Zealand more generally.

Completely Dissatisfied	Somewhat Satisfied									Completely Satisfied							
	0	1	2	3	4	5	6	7	8		9	10					
1. Your standard of living.							0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand’s natural environment.							0	1	2	3	4	5	6	7	8	9	10
4. Your health.							0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.							0	1	2	3	4	5	6	7	8	9	10
7. Your future security.							0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.							0	1	2	3	4	5	6	7	8	9	10
10. John Key’s leadership as The Prime Minister of New Zealand.							0	1	2	3	4	5	6	7	8	9	10

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree ↓							Strongly Agree ↓						
1. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7							
2. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7							
3. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7							
4. Asian people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
5. In my opinion, more good jobs for Asians mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7							
6. I feel anxious about interacting with NZ European people.	1	2	3	4	5	6	7							
7. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7							
8. Women exaggerate problems they have at work.	1	2	3	4	5	6	7							
9. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7							
10. Pacific Island people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
11. Māori have very different values and morals compared to most other NZers.	1	2	3	4	5	6	7							
12. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7							
13. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7							
14. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7							
15. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7							
16. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7							
17. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7							
18. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7							
19. NZ European people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
20. Protecting New Zealand's native species should be a national priority.	1	2	3	4	5	6	7							
21. I feel anxious about interacting with Māori people.	1	2	3	4	5	6	7							
22. Pacific Islanders have very different values and morals compared to most other NZers.	1	2	3	4	5	6	7							
23. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7							
24. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7							
25. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7							

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree ↓					Strongly Agree ↓		
1. People who become preoccupied by race are forgetting that we’re all just human.	1	2	3	4	5	6	7	
2. I feel anxious about interacting with Pacific Island people.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. In my opinion, more good jobs for Māori mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
8. Māori people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
9. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
10. Asians have different values and morals compared to most other NZers.	1	2	3	4	5	6	7	
11. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
12. I feel anxious about interacting with Asian people.	1	2	3	4	5	6	7	
13. NZ Europeans have different values and morals compared to most other NZers.	1	2	3	4	5	6	7	
14. Climate change is real.	1	2	3	4	5	6	7	
15. Climate change is caused by humans.	1	2	3	4	5	6	7	
16. It is OK for parents to use smacking as a way to discipline their children.	1	2	3	4	5	6	7	
17. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
18. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
19. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
20. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
21. In my opinion, more good jobs for NZ Europeans mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
22. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
23. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
24. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
25. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
26. Most of New Zealand’s policies serve the greater good.	1	2	3	4	5	6	7	
27. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
28. In my opinion, more good jobs for Pacific Islanders mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
29. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
30. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
31. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
32. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
33. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
34. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
35. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
37. It is important for people to know the facts about healthy eating/nutrition.	1	2	3	4	5	6	7	
38. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose		Neutral										Strongly Support						
1		2	3	4	5	6	7											
The National Party		1	2	3	4	5	6	7		The ACT Party		1	2	3	4	5	6	7
The Labour Party		1	2	3	4	5	6	7		The Māori Party		1	2	3	4	5	6	7
The Green Party		1	2	3	4	5	6	7		United Future		1	2	3	4	5	6	7

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 2 3 4 5 6						Definitely YES 7
1. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
2. Are you willing to change your daily routine in order to protect the environment?	1	2	3	4	5	6	7
3. Have you made changes to your daily routine in order to protect the environment?	1	2	3	4	5	6	7
4. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
5. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
6. Do you think <i>most New Zealanders</i> are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
7. Do you support the use of 1080 poison for possum control in New Zealand?	1	2	3	4	5	6	7
8. Do you lead a healthy lifestyle? (e.g., eat healthy food, exercise regularly).	1	2	3	4	5	6	7
9. Do you have the resources/ things you need in order to lead a healthy lifestyle?	1	2	3	4	5	6	7
10. Do you think you personally are more at risk of a weight-based illness (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7
11. Do you think people from your ethnic group are more at risk of weight-based illnesses (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7

**Instructions.** Please rate how strongly you oppose or support each of the following possible policies or issues.

	Strongly Oppose						Strongly Support
	↓						↓
1. Government initiatives to inform and promote healthy lifestyle choices.	1	2	3	4	5	6	7
2. Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
3. Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4. Performance of the Haka at international sports events.	1	2	3	4	5	6	7
5. Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7
6. Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
7. A “flat” tax rate (everyone pays the same percentage of tax on their income).	1	2	3	4	5	6	7
8. Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
9. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
10. The Civil Union Act.	1	2	3	4	5	6	7
11. Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
12. Rates exemptions on Māori land.	1	2	3	4	5	6	7
13. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
14. Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
15. Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7
16. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
17. Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
18. Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7



In your day-to-day life, how often do PEOPLE IN NEW ZEALAND act toward you in the following ways?

Have Never Experienced This 1	Sometimes Experience This						Often Experience This 7
	2	3	4	5	6		
1. Do things to threaten you.							
2. Insist that they know what is best for you.							
3. Make threatening gestures toward you.							
4. Offer advice and opinions even when you don't want it.							
5. Attack you, or make you fear that they might.							
6. Try to help you with things you'd rather do for yourself.							

In your day-to-day life, how often do PEOPLE FROM OTHER ETHNIC GROUPS act toward you in the following ways?

1. Do things to threaten you.	1	2	3	4	5	6	7
2. Insist that they know what is best for you.	1	2	3	4	5	6	7
3. Happily interact with you in formal situations but not social ones.	1	2	3	4	5	6	7
4. Make threatening gestures toward you.	1	2	3	4	5	6	7
5. Offer advice and opinions even when you don't want it.	1	2	3	4	5	6	7
6. Only socialise or interact with you when it suits their purposes.	1	2	3	4	5	6	7
7. Attack you, or make you fear that they might.	1	2	3	4	5	6	7
8. Try to help you with things you'd rather do for yourself.	1	2	3	4	5	6	7
9. Treat you with respect, but avoid socialising with you.	1	2	3	4	5	6	7

Please rate your feelings toward the following groups using the “feeling thermometer scale” for each group. This scale measures your feelings of WARMTH toward different groups.

Feel <u>LEAST WARM</u> Toward This Group 1	Neutral 23456												Feel <u>MOST WARM</u> Toward This Group 7			
NZ Europeans	1	2	3	4	5	6	7		Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7		Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7		Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7		Indians	1	2	3	4	5	6	7

Now please rate your feelings of **ANGER** toward these same groups on the scale below.

Feel <b><u>NO ANGER</u></b> Toward This Group 1	Neutral										Feel <b><u>ANGER</u></b> Toward This Group 7					
	2	3	4	5	6											
NZ Europeans	1	2	3	4	5	6	7		Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7		Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7		Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7		Indians	1	2	3	4	5	6	7

How **IMPORTANT** do you think the following behaviours are for a healthy lifestyle, and how **REGULARLY** do you do them?

	How <b>IMPORTANT</b> do you think this is for leading a healthy lifestyle?				How <b>REGULARLY</b> do you do this on a daily basis?			
	Unimportant ↓			Important ↓	Never ↓	Rarely	Often	Always ↓
Limit intake of salt.	0	1	2	3	0	1	2	3
Limit intake of saturated fats.	0	1	2	3	0	1	2	3
Limit intake of foods/drinks high in sugar.	0	1	2	3	0	1	2	3
Eat lots of fibre and whole grains.	0	1	2	3	0	1	2	3
Eat lots of fruit and vegetables.	0	1	2	3	0	1	2	3
Engage in regular physical activity.	0	1	2	3	0	1	2	3



- 1. Which ethnic group do you belong to?**
- Please tick ☒ the box or boxes which apply to you.
- ☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*.  
 Please state: \_\_\_\_\_
- 2. Are you male or female?** ☐ Male ☐ Female
- 3. What is your date of birth?** \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- 4. How long have you lived at your current address?** \_\_\_\_\_ (months)  
 \_\_\_\_\_ (years)
- 5. Which country were you born in?** \_\_\_\_\_
- 6a. What is your relationship status?**
- ☐ Single  
☐ Dating  
☐ Living together/De facto  
☐ Married  
☐ Other \_\_\_\_\_  
 (if other please specify)
- If you are in a relationship ↓
- 6b. How long have you been with your partner?** \_\_\_\_\_ (years)  
 \_\_\_\_\_ (months)
- 6c. How satisfied are you with your relationship with your partner?** (please circle a number on the scale below)
- Not satisfied 1 2 3 4 5 6 7 Very satisfied
- 7. Please rate how politically liberal versus conservative you see yourself as being:**
- Extremely liberal 1 2 3 4 5 6 7 Extremely conservative
- 8a. What is your current employment situation?**
- ☐ Employed full-time  
☐ Employed part-time  
☐ Self-employed  
☐ Own your own business  
☐ Studying full-time  
☐ Unemployed, but want work  
☐ Unemployed, don't want work  
☐ Other \_\_\_\_\_
- If you are currently employed ↓
- 8b. How long have you worked in your current job for?** \_\_\_\_\_ (years)  
 \_\_\_\_\_ (months)
- 8c. How satisfied are you with your current job?**
- Not satisfied 1 2 3 4 5 6 7 Very satisfied
- 8d. How secure do you feel in your current job?**
- Not secure 1 2 3 4 5 6 7 Very secure
- 9. How much money have you donated to charity in the last year?** \$ \_\_\_\_\_
- 10. How many other adults live in your household with you regularly?** \_\_\_\_\_
- 11. Do you believe in a God?** ☐ Yes ☐ No
- 12. Do you believe in some form of spirit or life force?** ☐ Yes ☐ No
- 13. What is your height?** \_\_\_\_\_ (m)
- 14. What is your weight?** \_\_\_\_\_ (kg)
- 15. Were you the 1<sup>st</sup> born, 2<sup>nd</sup> born, or 3<sup>rd</sup> born, etc, child of your mother?** \_\_\_\_\_

- 16a. How many children have you given birth to, fathered, or adopted?** \_\_\_\_\_  
 (if none, please enter '0' and go to q. 17)
- 16b. How many of your children live with you most of the time?** \_\_\_\_\_
- 17. Have you or the principal earner in your household been out-of-work at any time in the last year?** ☐ Yes ☐ No
- 18. Please estimate your total household income (before tax) for the year 2010** \$ \_\_\_\_\_
- 19a. Are you pregnant?** ☐ Yes ☐ No
- 19b. If yes, what trimester are you in?** \_\_\_\_\_
- 20. Were you born premature?** ☐ Yes  
 (i.e., born pre-term?) ☐ No ☐ Unsure
- 21. Were you breastfed as a baby?** ☐ Yes  
☐ No ☐ Unsure
- If you voted in 2008, to which party did you give your...
- 22a. party vote?** \_\_\_\_\_
- 22b. electorate vote?** \_\_\_\_\_  
 (please list the party not the candidate)
- 23a. Do you identify with a religion and/or spiritual group?** ☐ Yes ☐ No
- 23b. If yes to 23a, then what religion/spiritual group?** \_\_\_\_\_
- 23c. If yes to 23a, then how many times did you attend a church or place of worship in the last month?** \_\_\_\_\_
- 23d. If yes to 23a, how important is your religion to how you see yourself?**
- Not important 1 2 3 4 5 6 7 Very important
- 24. Roughly how many hours have you spent with FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each group in the last week?**
- |                       | Friends/family | Others |         |
|-----------------------|----------------|--------|---------|
| (a) Māori             | _____          | _____  | (hours) |
| (b) NZ Europeans      | _____          | _____  | (hours) |
| (c) Asians            | _____          | _____  | (hours) |
| (d) Pacific Islanders | _____          | _____  | (hours) |
- 25. Have you been diagnosed by a doctor with any of the following health conditions?**
- ☐ High cholesterol  
☐ High blood pressure  
☐ Vitamin/mineral deficiency  
☐ Heart disease  
☐ Diabetes ☐ Other \_\_\_\_\_
- 26a. Do you plan to vote in the next New Zealand election in 2011?** ☐ Yes ☐ No ☐ Unsure
- If yes, to which party do you plan to give your ...
- 26b. party vote?** \_\_\_\_\_
- 26c. electorate vote?** \_\_\_\_\_
- 27. In the last year, have you personally...**
- (a) been forced to buy cheaper food so that you could pay for other things you needed? ☐ Yes ☐ No  
 (b) put up with feeling cold to save on heating costs? ☐ Yes ☐ No  
 (c) been the victim of a crime? ☐ Yes ☐ No

# The New Zealand Attitudes and Values Study

## Follow-up Questionnaire at Time 3

This form will be kept for a period of twenty years.

The University of Auckland  
Private Bag 92019  
Auckland, New Zealand

**Researcher:** Dr. Chris Sibley, Department of Psychology, University of Auckland.  
Phone: 09-373-7599, extn 88353. E-mail: [c.sibley@auckland.ac.nz](mailto:c.sibley@auckland.ac.nz)

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study. Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the Department of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone. I understand that Dr. Sibley will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next seventeen years. Finally, I understand that my contact details will be used to contact me if I win one of the **grocery voucher prize draws for \$500, \$300 or \$200** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			

Would you like to receive a summary of key findings from the study? Yes ☐ No ☐

Would you be willing to complete a short follow-up email survey about your ethnic identity and your feelings about your ethnicity? Yes ☐ No ☐

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE  
ON 09-SEPTEMBER-2009 FOR 3 YEARS. REFERENCE NUMBER: 2009/336.

PLEASE POST BACK THE FULL QUESTIONNAIRE (INCLUDING THIS PAGE) USING THE PROVIDED PRE-PAID ENVELOPE.

**Instructions:** This part of the questionnaire measures your feelings about yourself. Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate				Very Accurate			
	↓				↓			
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathise with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
21. Feel entitled to more of everything.	1	2	3	4	5	6	7	
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
25. Deserve more things in life.	1	2	3	4	5	6	7	
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
27. Feel like an outsider.	1	2	3	4	5	6	7	
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7	
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7	
32. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	
33. Being a woman/man is an important part of how I see myself.	1	2	3	4	5	6	7	

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4

**Instructions:** Please circle the number that best represents how important each of the following values is for you as a guiding principle in your life. Use the scale below to rate these items.

Opposed To My Values -1	Not Important 0	1	2	Important 3	4	5	Very Important 6	7	Of Supreme Importance 7
1. PROTECTING THE ENVIRONMENT (preserving nature)	-1	0	1	2	3	4	5	6	7
2. A VARIED LIFE (filled with challenge, novelty and change)	-1	0	1	2	3	4	5	6	7
3. HONOURING OF PARENTS AND ELDERS (showing respect)	-1	0	1	2	3	4	5	6	7
4. AUTHORITY (the right to lead or command)	-1	0	1	2	3	4	5	6	7
5. EQUALITY (equal opportunity for all)	-1	0	1	2	3	4	5	6	7
6. A WORLD AT PEACE (free of war and conflict)	-1	0	1	2	3	4	5	6	7
7. AN EXCITING LIFE (stimulating experiences)	-1	0	1	2	3	4	5	6	7
8. FAMILY SECURITY (safety for loved ones)	-1	0	1	2	3	4	5	6	7
9. INFLUENCE (having an impact on people and events)	-1	0	1	2	3	4	5	6	7
10. SOCIAL JUSTICE (correcting injustice, care for the weak)	-1	0	1	2	3	4	5	6	7
11. CURIOSITY (interest in everything, exploring)	-1	0	1	2	3	4	5	6	7
12. SELF-DISCIPLINE (self-restraint, resistance to temptation)	-1	0	1	2	3	4	5	6	7
13. WEALTH (material possessions, money)	-1	0	1	2	3	4	5	6	7

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree					Strongly Agree		
	↓							↓
1. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
2. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
3. I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7	
4. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	
7. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
8. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
9. To a large extent, a person's race biologically determines his or her abilities.	1	2	3	4	5	6	7	
10. We should have increased social equality.	1	2	3	4	5	6	7	
11. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
12. It would be good if groups could be equal.	1	2	3	4	5	6	7	
13. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
14. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
15. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
16. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
17. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	

**Instructions: Please rate your level of satisfaction with the following aspects of your life and New Zealand.**

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9									Completely Satisfied 10			
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10		
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10		
3. The quality of New Zealand’s natural environment.	0	1	2	3	4	5	6	7	8	9	10		
4. Your health.	0	1	2	3	4	5	6	7	8	9	10		
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10		
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10		
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10		
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10		
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10		

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
2. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
3. I think liking rugby is an important part of being a ‘true’ New Zealander.	1	2	3	4	5	6	7	
4. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
5. Despite what one hears about ‘crime in the street,’ there probably isn’t any more now than there ever has been.	1	2	3	4	5	6	7	
6. In my opinion, more good jobs for Asians mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
7. I feel anxious about interacting with NZ European people.	1	2	3	4	5	6	7	
8. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
9. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
10. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
11. It’s a dog-eat-dog world where you have to be ruthless at times.	1	2	3	4	5	6	7	
12. Māori people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
13. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7	
14. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
15. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
16. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7	
17. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
18. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
19. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7	
20. Life is not governed by the ‘survival of the fittest.’ We should let compassion and moral laws be our guide.	1	2	3	4	5	6	7	
21. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
22. I feel anxious about interacting with Māori people.	1	2	3	4	5	6	7	
23. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
24. Pacific Island people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
25. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
26. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
27. I reckon Māori culture should stay where it belongs—with Māori. It doesn’t concern other NZers.	1	2	3	4	5	6	7	
28. I’m frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	

	Strongly Disagree				Strongly Agree			
	↓							↓
1. People who become preoccupied by race are forgetting that we're all just human.	1	2	3	4	5	6	7	
2. I feel anxious about interacting with Pacific Island people.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. In my opinion, more good jobs for Māori mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
8. There are many dangerous people in our society who will attack someone out of pure meanness, for no reason at all.	1	2	3	4	5	6	7	
9. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
10. Asian people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
11. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
12. I feel anxious about interacting with Asian people.	1	2	3	4	5	6	7	
13. NZ European people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
14. Climate change is real.	1	2	3	4	5	6	7	
15. Climate change is caused by humans.	1	2	3	4	5	6	7	
16. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
17. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
18. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
19. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
20. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
21. In my opinion, more good jobs for NZ Europeans mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
22. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
23. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
24. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
25. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
26. Most of New Zealand's policies serve the greater good.	1	2	3	4	5	6	7	
27. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
28. In my opinion, more good jobs for Pacific Islanders mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
29. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
30. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
31. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
32. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
33. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
34. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
35. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
37. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
38. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose 1	Neutral												Strongly Support 7						
	2		3		4		5		6										
The National Party	1	2	3	4	5	6	7		The Green Party				1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7		The Māori Party				1	2	3	4	5	6	7

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 23456					Definitely YES 7	
1. Do you think people from your ethnic group are discriminated against in NZ?	1	2	3	4	5	6	7
2. Are you willing to change your daily routine in order to protect the environment?	1	2	3	4	5	6	7
3. Have you made changes to your daily routine in order to protect the environment?	1	2	3	4	5	6	7
4. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
5. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
6. Do you think <i>most New Zealanders</i> are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
7. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
8. Do you think most New Zealanders respect the achievements of your ethnic group?	1	2	3	4	5	6	7
9. Do you think you personally are more at risk of a weight-based illness (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7
10.Do you think people from your ethnic group are more at risk of weight-based illnesses (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7

**Instructions.** Please rate how strongly you oppose or support each of the following possible policies or issues.

	Strongly Oppose						Strongly Support
	↓						↓
1. Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
2. Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
3. Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4. Performance of the Haka at international sports events.	1	2	3	4	5	6	7
5. Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
6. Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7
7. Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
8. A “flat” tax rate (everyone pays the same percentage of tax on their income).	1	2	3	4	5	6	7
9. Legalized abortion when the woman’s life is endangered.	1	2	3	4	5	6	7
10. Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
11. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
12. The Civil Union Act.	1	2	3	4	5	6	7
13. Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
14. Rates exemptions on Māori land.	1	2	3	4	5	6	7
15. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
16. Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
17. Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7
18. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
19. Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
20. Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7

In your day-to-day life, how often do PEOPLE IN NEW ZEALAND act toward you in the following ways?

Have Never Experienced This 1	Sometimes Experience This 2 3 4 5 6						Often Experience This 7
1. Do things to threaten you.	1	2	3	4	5	6	7
2. Insist that they know what is best for you.	1	2	3	4	5	6	7
3. Make threatening gestures toward you.	1	2	3	4	5	6	7
4. Offer advice and opinions even when you don't want it.	1	2	3	4	5	6	7
5. Attack you, or make you fear that they might.	1	2	3	4	5	6	7
6. Try to help you with things you'd rather do for yourself.	1	2	3	4	5	6	7

In your day-to-day life, how often do PEOPLE FROM OTHER ETHNIC GROUPS act toward you in the following ways?

1. Do things to threaten you.	1	2	3	4	5	6	7
2. Insist that they know what is best for you.	1	2	3	4	5	6	7
3. Happily interact with you in formal situations but not social ones.	1	2	3	4	5	6	7
4. Make threatening gestures toward you.	1	2	3	4	5	6	7
5. Offer advice and opinions even when you don't want it.	1	2	3	4	5	6	7
6. Only socialise or interact with you when it suits their purposes.	1	2	3	4	5	6	7
7. Attack you, or make you fear that they might.	1	2	3	4	5	6	7
8. Try to help you with things you'd rather do for yourself.	1	2	3	4	5	6	7
9. Treat you with respect, but avoid socialising with you.	1	2	3	4	5	6	7

Please rate your feelings toward the following groups using the “feeling thermometer scale” for each group. This scale measures your feelings of WARMTH toward different groups.

Feel <u>LEAST WARM</u> Toward This Group 1	Neutral 23456												Feel <u>MOST WARM</u> Toward This Group 7			
NZ Europeans	1	2	3	4	5	6	7		Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7		Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7		Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7		Indians	1	2	3	4	5	6	7

Now please rate your feelings of **ANGER** toward these same groups on the scale below.

Feel <u>NO ANGER</u> Toward This Group	Neutral														Feel <u>ANGER</u> Toward This Group		
1	2		3		4		5		6		7						
NZ Europeans	1	2	3	4	5	6	7			Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7			Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7			Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7			Indians	1	2	3	4	5	6	7

	Never				Extremely Frequently			
	↓						↓	
1. How frequently do you have POSITIVE/GOOD contact with NZ Europeans?	1	2	3	4	5	6	7	
2. How frequently do you have NEGATIVE/BAD contact with NZ Europeans?	1	2	3	4	5	6	7	
3. How frequently do you have POSITIVE/GOOD contact with Māori ?	1	2	3	4	5	6	7	
4. How frequently do you have NEGATIVE/BAD contact with Māori ?	1	2	3	4	5	6	7	
5. How frequently do you have POSITIVE/GOOD contact with Pacific Islanders?	1	2	3	4	5	6	7	
6. How frequently do you have NEGATIVE/BAD contact with Pacific Islanders?	1	2	3	4	5	6	7	
7. How frequently do you have POSITIVE/GOOD contact with Asians?	1	2	3	4	5	6	7	
8. How frequently do you have NEGATIVE/BAD contact with Asians?	1	2	3	4	5	6	7	



1. Which ethnic group(s) do you belong to?
2. Are you male or female? ☐ Male ☐ Female
3. What is your date of birth?  /  /
4. Were you personally affected by the Christchurch earthquakes? ☐ Yes ☐ No
5. How long have you lived at your current address?  (years)  (months)
- 6a. Do you have an emergency survival kit in your home? ☐ Yes ☐ No
- 6b. If yes to 6a, which of the following items does it contain? (tick those that apply)
- ☐ First aid kit
  - ☐ Transistor radio with batteries
  - ☐ Food & water for at least 3 days
  - ☐ Torch with spare batteries
  - ☐ Wind & waterproof clothes
- 7a. What is your relationship status? ☐ Single ☐ Dating ☐ Living together/De facto ☐ Married ☐ Other   
If you are in a relationship ↓ (if other please specify)
- 7b. How long have you been with your partner?  (years)  (months)
- 7c. How satisfied are you with your relationship with your partner? (please circle a number on the scale below)  
Not satisfied 1 2 3 4 5 6 7 Very satisfied
8. Please rate how politically liberal versus conservative you see yourself as being:  
Extremely liberal 1 2 3 4 5 6 7 Extremely conservative
- 9a. What is your current employment situation? ☐ Employed full-time ☐ Employed part-time ☐ Self-employed ☐ Own your own business ☐ Studying full-time ☐ Unemployed, but want work ☐ Unemployed, don't want work ☐ Other   
If you are currently employed ↓
- 9b. How long have you worked in your current job for?  (years)  (months)
- 9c. How satisfied are you with your current job?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied
- 9d. How secure do you feel in your current job?  
Not secure 1 2 3 4 5 6 7 Very secure
10. How much money have you donated to charity in the last year? \$
11. How many other adults live in your household with you regularly?
12. Do you believe in a God? ☐ Yes ☐ No
13. Do you believe in some form of spirit or life force? ☐ Yes ☐ No
14. Please rate how politically left-wing versus right-wing you see yourself as being:  
Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing
15. Do you regularly watch the news? ☐ Yes ☐ No

- 16a. How many children have you given birth to, fathered, or adopted?   
(if none, please enter '0' and go to q. 17)
- 16b. How many of your children live with you most of the time?
17. Have you or the principal earner in your household been out-of-work at any time in the last year? ☐ Yes ☐ No
18. Please estimate your total household income (before tax) for the year 2011 \$
- 19a. Are you pregnant? ☐ Yes ☐ No
- 19b. If yes, what trimester are you in?
- 20a. What is your height?  (m)
- 20b. What is your weight?  (kg)
- 21a. Do you have a Facebook profile? ☐ Yes ☐ No
- 21b. If yes, how many hours in the last week have you spent using Facebook?
- 21c. How important a part of your daily routine is using Facebook?  
Not important 1 2 3 4 5 6 7 Very important
- 22a. Do you identify with a religion and/or spiritual group? ☐ Yes ☐ No
- 22b. If yes to 22a, then what religion/spiritual group?
- 22c. If yes to 22a, then how many times did you attend a church or place of worship in the last month?
- 22d. If yes to 22a, how important is your religion to how you see yourself?  
Not important 1 2 3 4 5 6 7 Very important
23. Roughly how many hours have you spent with FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each group in the last week?
- |                       | Friends/family       | Others               |         |
|-----------------------|----------------------|----------------------|---------|
| (a) Māori             | <input type="text"/> | <input type="text"/> | (hours) |
| (b) NZ Europeans      | <input type="text"/> | <input type="text"/> | (hours) |
| (c) Asians            | <input type="text"/> | <input type="text"/> | (hours) |
| (d) Pacific Islanders | <input type="text"/> | <input type="text"/> | (hours) |
24. Have you been diagnosed by a doctor with any of the following health conditions? ☐ High cholesterol ☐ High blood pressure ☐ Vitamin/mineral deficiency ☐ Heart disease ☐ Diabetes ☐ Other
- 25a. Do you plan to vote in the next New Zealand election in 2011? ☐ Yes ☐ No ☐ Unsure  
If yes, to which party do you plan to give your ...
- 25b. party vote?
- 25c. electorate vote?
26. In the last year, have you personally...
- (a) been forced to buy cheaper food so that you could pay for other things you needed? ☐ Yes ☐ No
  - (b) put up with feeling cold to save on heating costs? ☐ Yes ☐ No
  - (c) been the victim of a crime? ☐ Yes ☐ No

# The New Zealand Attitudes and Values Study

## Follow-up Questionnaire for 2012/2013

This form will be kept for a period of fifteen years.

**Researcher:** Dr. Chris Sibley, Department of Psychology, University of Auckland.  
Phone: 09-373-7599, extn 88353. E-mail: c.sibley@auckland.ac.nz

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study. Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the Department of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone. I understand that Dr. Sibley will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next sixteen years. Finally, I understand that my contact details will be used to contact me if I win one of the **grocery voucher prize draws for \$500, \$300 or \$200** for participating in this study. Prizes will be drawn in December 2013.

<b>Name:</b>			
<b>Signature:</b>		<b>Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			

Would you like to receive a summary of key findings from the study? Yes ☐ No ☐

Would you be willing to complete a short follow-up email survey about religion and your religious attitudes and beliefs? Yes ☐ No ☐

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**Instructions:** This part of the questionnaire measures your feelings about yourself. Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate					Very Accurate		
	↓							↓
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathise with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
21. Feel entitled to more of everything.	1	2	3	4	5	6	7	
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
25. Deserve more things in life.	1	2	3	4	5	6	7	
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
27. Feel like an outsider.	1	2	3	4	5	6	7	
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7	
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7	
32. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	
33. Being a woman/man is an important part of how I see myself.	1	2	3	4	5	6	7	

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?	0	1	2	3	4

**Instructions:** Please circle the number that best represents how important each of the following values is for you as a guiding principle in your life. Use the scale below to rate these items.

Opposed To My Values -1	Not Important 0	1	2	Important 3	4	5	Very Important 6	7	Of Supreme Importance 7
1. PROTECTING THE ENVIRONMENT (preserving nature)	-1	0	1	2	3	4	5	6	7
2. A VARIED LIFE (filled with challenge, novelty and change)	-1	0	1	2	3	4	5	6	7
3. HONOURING OF PARENTS AND ELDERS (showing respect)	-1	0	1	2	3	4	5	6	7
4. AUTHORITY (the right to lead or command)	-1	0	1	2	3	4	5	6	7
5. EQUALITY (equal opportunity for all)	-1	0	1	2	3	4	5	6	7
6. A WORLD AT PEACE (free of war and conflict)	-1	0	1	2	3	4	5	6	7
7. AN EXCITING LIFE (stimulating experiences)	-1	0	1	2	3	4	5	6	7
8. FAMILY SECURITY (safety for loved ones)	-1	0	1	2	3	4	5	6	7
9. INFLUENCE (having an impact on people and events)	-1	0	1	2	3	4	5	6	7
10. SOCIAL JUSTICE (correcting injustice, care for the weak)	-1	0	1	2	3	4	5	6	7
11. CURIOSITY (interest in everything, exploring)	-1	0	1	2	3	4	5	6	7
12. SELF-DISCIPLINE (self-restraint, resistance to temptation)	-1	0	1	2	3	4	5	6	7
13. WEALTH (material possessions, money)	-1	0	1	2	3	4	5	6	7

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree				Strongly Agree			
	↓							↓
1. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
2. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
3. I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7	
4. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	
7. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
8. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
9. To a large extent, a person's race biologically determines his or her abilities.	1	2	3	4	5	6	7	
10. We should have increased social equality.	1	2	3	4	5	6	7	
11. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
12. It would be good if groups could be equal.	1	2	3	4	5	6	7	
13. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
14. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
15. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
16. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
17. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
18. I feel anxious about interacting with NZ European people.	1	2	3	4	5	6	7	

**Instructions: Please rate your level of satisfaction with the following aspects of your life and New Zealand.**

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9									Completely Satisfied 10		
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10	
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10	
3. The quality of New Zealand’s natural environment.	0	1	2	3	4	5	6	7	8	9	10	
4. Your health.	0	1	2	3	4	5	6	7	8	9	10	
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10	
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10	
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10	
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10	
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10	
10. John Key’s leadership as The Prime Minister of New Zealand.	0	1	2	3	4	5	6	7	8	9	10	

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
2. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
3. I think liking rugby is an important part of being a ‘true’ New Zealander.	1	2	3	4	5	6	7	
4. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
5. Despite what one hears about ‘crime in the street,’ there probably isn’t any more now than there ever has been.	1	2	3	4	5	6	7	
6. In my opinion, more good jobs for Asians mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
7. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
8. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
9. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
10. It’s a dog-eat-dog world where you have to be ruthless at times.	1	2	3	4	5	6	7	
11. Māori people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
12. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7	
13. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
14. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
15. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7	
16. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
17. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
18. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7	
19. Life is not governed by the ‘survival of the fittest.’ We should let compassion and moral laws be our guide.	1	2	3	4	5	6	7	
20. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
21. I feel anxious about interacting with Māori people.	1	2	3	4	5	6	7	
22. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
23. Pacific Island people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
24. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
25. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
26. I reckon Māori culture should stay where it belongs—with Māori. It doesn’t concern other NZers.	1	2	3	4	5	6	7	
27. I’m frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	

	Strongly Disagree ↓				Strongly Agree ↓			
1. People who become preoccupied by race are forgetting that we're all just human.	1	2	3	4	5	6	7	
2. I feel anxious about interacting with Pacific Island people.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. In my opinion, more good jobs for Māori mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
8. There are many dangerous people in our society who will attack someone out of pure meanness, for no reason at all.	1	2	3	4	5	6	7	
9. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
10. Asian people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
11. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
12. I feel anxious about interacting with Asian people.	1	2	3	4	5	6	7	
13. NZ European people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
14. Climate change is real.	1	2	3	4	5	6	7	
15. Climate change is caused by humans.	1	2	3	4	5	6	7	
16. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
17. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
18. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
19. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
20. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
21. In my opinion, more good jobs for NZ Europeans mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
22. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
23. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
24. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
25. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
26. Most of New Zealand's policies serve the greater good.	1	2	3	4	5	6	7	
27. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
28. In my opinion, more good jobs for Pacific Islanders mean fewer good jobs for members of other groups in New Zealand.	1	2	3	4	5	6	7	
29. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
30. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
31. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
32. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
33. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
34. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
35. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
37. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
38. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

**Instructions: Please answer each of the following questions by circling a number on the scale below.**

Definitely NO 1	Unsure 23456					Definitely YES 7	
1. Do you think people from your ethnic group are discriminated against in NZ?	1	2	3	4	5	6	7
2. Are you willing to change your daily routine in order to protect the environment?	1	2	3	4	5	6	7
3. Have you made changes to your daily routine in order to protect the environment?	1	2	3	4	5	6	7
4. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
5. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
6. Do you think <i>most New Zealanders</i> are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
7. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
8. Do you think most New Zealanders respect the achievements of your ethnic group?	1	2	3	4	5	6	7
9. Should a smack as part of good parental correction be a criminal offence in NZ?	1	2	3	4	5	6	7
10. Do you think people from your ethnic group are more at risk of weight-based illnesses (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7
11. Do you think you personally are more at risk of a weight-based illness (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7

**Instructions. Please rate how strongly you oppose or support each of the following possible policies or issues.**

	Strongly Oppose ↓					Strongly Support ↓	
1. Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
2. Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
3. Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4. Performance of the Haka at international sports events.	1	2	3	4	5	6	7
5. Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
6. Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7
7. Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
8. Government subsidy of public transport.	1	2	3	4	5	6	7
9. The current anti-smacking bill. (i.e., it being illegal to smack children).	1	2	3	4	5	6	7
10. Increased government spending on new motorways.	1	2	3	4	5	6	7
11. Government initiatives to inform and promote healthy lifestyle choices.	1	2	3	4	5	6	7
12. A "flat" tax rate (everyone pays the same percentage of tax on their income).	1	2	3	4	5	6	7
13. Legalized abortion when the woman's life is endangered.	1	2	3	4	5	6	7
14. Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
15. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
16. The Civil Union Act.	1	2	3	4	5	6	7
17. Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
18. Rates exemptions on Māori land.	1	2	3	4	5	6	7
19. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
20. Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
21. Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7
22. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
23. Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
24. Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7
25. A free-to-air Māori television channel.	1	2	3	4	5	6	7



**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose 1	Neutral 23456												Strongly Support 7			
The National Party	1	2	3	4	5	6	7		The Green Party	1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7		The Māori Party	1	2	3	4	5	6	7
The ACT Party	1	2	3	4	5	6	7		The NZ First Party	1	2	3	4	5	6	7

Please rate your feelings toward the following groups using the “feeling thermometer scale” for each group.  
This scale measures your feelings of WARMTH toward different groups.

Feel <u>LEAST WARM</u> Toward This Group 1	Neutral 23456												Feel <u>MOST WARM</u> Toward This Group 7		
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

Now please rate your feelings of ANGER toward these same groups on the scale below.

Feel <u>NO ANGER</u> Toward This Group 1	Neutral 23456												Feel <u>ANGER</u> Toward This Group 7		
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

	Never ↓						Extremely Frequently ↓	
1. How frequently do you have POSITIVE/GOOD contact with NZ Europeans?	1	2	3	4	5	6	7	
2. How frequently do you have NEGATIVE/BAD contact with NZ Europeans?	1	2	3	4	5	6	7	
3. How frequently do you have POSITIVE/GOOD contact with Māori?	1	2	3	4	5	6	7	
4. How frequently do you have NEGATIVE/BAD contact with Māori?	1	2	3	4	5	6	7	
5. How frequently do you have POSITIVE/GOOD contact with Pacific Islanders?	1	2	3	4	5	6	7	
6. How frequently do you have NEGATIVE/BAD contact with Pacific Islanders?	1	2	3	4	5	6	7	
7. How frequently do you have POSITIVE/GOOD contact with Asians?	1	2	3	4	5	6	7	
8. How frequently do you have NEGATIVE/BAD contact with Asians?	1	2	3	4	5	6	7	

**01. Please estimate how many hours you spent doing each of the following things last week.**

(please enter '0 hours' if you did not do that activity last week)

- (a) Working in paid employment
- (b) Housework/cooking
- (c) Looking after children
- (d) Playing computer games
- (e) Exercising/physical activity
- (f) Watching TV/Films
- (g) Travelling/commuting
- (h) Volunteer/charity work
- (i) Using the internet

**02. Should the design of the New Zealand flag be changed?** ☐ Yes ☐ No ☐ Don't know

**03. Do you think foreign investors should be able to buy NZ farms?** ☐ Yes ☐ No ☐ Don't know

**04. Have you been diagnosed by a doctor with any of the following health conditions?**

- ☐ High cholesterol
- ☐ High blood pressure
- ☐ Vitamin/mineral deficiency
- ☐ Heart disease
- ☐ Diabetes
- ☐ Other (please state):

**05a. Do you smoke?** ☐ Yes ☐ No

**05b. If you smoke, how many cigarettes do you smoke in a normal day?**

**06. What is your height?**  (metres)

**07. What is your weight?**  (kg)

**08. Do you believe in a God?** ☐ Yes ☐ No

**09. Do you believe in some form of spirit or life force?** ☐ Yes ☐ No

01. Which ethnic group(s) do you belong to? (Mark the space or spaces that apply to you).

☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*  
Please state: \_\_\_\_\_

02. Which term do you prefer to describe New Zealanders of European descent?  
☐ New Zealander  
☐ New Zealand European  
☐ Pākehā  
☐ Kiwi  
☐ Other: \_\_\_\_\_

03. Are you male or female? ☐ Male ☐ Female

04. How long have you lived at your current address? \_\_\_\_\_ (years)  
\_\_\_\_\_ (months)

05a. Do you have an emergency survival kit in your home? ☐ Yes ☐ No

05b. If yes to 05a, which of the following items does it contain? (tick those that apply)  
☐ First aid kit  
☐ Transistor radio with batteries  
☐ Food & water for at least 3 days  
☐ Torch with spare batteries  
☐ Wind & waterproof clothes

06a. What is your relationship status? \_\_\_\_\_  
(e.g., single, married, de-facto, living together, dating, widowed)

06b. How long have you been together? \_\_\_\_\_ (years)  
\_\_\_\_\_ (months)

06c. What is your partner's ethnicity? \_\_\_\_\_

06d. How satisfied are you with your relationship?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied  
Please circle a number

06e. Do you live with your partner? ☐ Yes ☐ No

06f. To what extent do you experience conflict or disagreement with your partner?  
No conflict at all 1 2 3 4 5 6 7 A great deal of conflict

07. What is your mother's ethnicity? \_\_\_\_\_

08. What is your father's ethnicity? \_\_\_\_\_

09a. Are you currently employed? ☐ Yes ☐ No

09b. If employed, how long have you been in your current job? \_\_\_\_\_ (years)  
\_\_\_\_\_ (months)

09c. What is your current occupation? \_\_\_\_\_

09d. How satisfied are you with your current job?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied

09e. How secure do you feel in your current job?  
Not secure 1 2 3 4 5 6 7 Very secure

10. How much money have you donated to charity in the last year? \$ \_\_\_\_\_

11. Please rate how politically left-wing versus right-wing you see yourself as being:  
Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing

12. What is your date of birth? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

13. What is your highest level of qualification? \_\_\_\_\_

14. In which country ... was your mother born? \_\_\_\_\_  
... was your father born? \_\_\_\_\_  
... were you born? \_\_\_\_\_

15. Please estimate your *total household income* (before tax) for the year 2012 \$ \_\_\_\_\_

16. Please estimate your *own personal earnings* (before tax) for the year 2012 \$ \_\_\_\_\_

17. Please rate how politically liberal versus conservative you see yourself as being:  
Extremely liberal 1 2 3 4 5 6 7 Extremely conservative

18a. How many children have you given birth to, fathered, or adopted? \_\_\_\_\_

18b. How many of your children live with you most of the time? \_\_\_\_\_

19a. Do you have a Facebook profile? ☐ Yes ☐ No

19b. How many hours in the last week have you spent using Facebook? \_\_\_\_\_

19c. How important a part of your daily routine is using Facebook?  
Not important 1 2 3 4 5 6 7 Very important

20. Do you identify with a religion and/or spiritual group? If yes... ☐ Yes ☐ No  
(a) what religion or spiritual group? \_\_\_\_\_  
(b) how many times did you attend a church or place of worship in the last month? \_\_\_\_\_  
(c) how important is your religion to how you see yourself?  
Not important 1 2 3 4 5 6 7 Very important

21. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?

	FRIENDS/FAMILY	OTHERS
(a) Māori	_____	_____
(b) NZ Europeans	_____	_____
(c) Pacific Islanders	_____	_____
(d) Asians	_____	_____

22a. Did you vote in the last (2011) New Zealand general election? ☐ Yes ☐ No

22b. If yes, to which party did you give... your party vote? \_\_\_\_\_  
your electorate vote? \_\_\_\_\_

23. In the last year have you personally...  
(a) been forced to buy cheaper food so you could pay for other things you needed? ☐ Yes ☐ No  
(b) put up with feeling cold to save on heating costs? ☐ Yes ☐ No  
(c) been the victim of a crime? ☐ Yes ☐ No  
(d) or the principal earner in your household been out-of-work? ☐ Yes ☐ No

24. Do you identify as Māori and/or have any ancestors who are Māori? ☐ Yes ☐ No

25. Do you have an internet connection in your home? ☐ Yes ☐ No

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in the world, so you can post it back even if you are overseas.

If you would like to know more about the New Zealand Attitudes and Values Study then please feel free to phone us (contact details on the front) or you can visit the study website:

<http://www.psych.auckland.ac.nz/uoa/NZAVS>

# The New Zealand Attitudes and Values Study

## Follow-up Questionnaire for 2013/2014

A scanned copy of this form will be kept for a period of up to fifteen years

Human Sciences Building  
Level 6, 10 Symonds Street  
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Telephone 64 9 373 7599 ext. 87498  
Facsimile 64 9 373 7450  
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The University of Auckland  
Private Bag 92019  
Auckland, New Zealand

**Lead researcher:** Dr. Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-373-7599, extn 87498. E-mail: nzavs@auckland.ac.nz

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study. Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone. I understand that Dr. Sibley will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next fifteen years. Finally, I understand that my contact details will be used to contact me if I win one of the **grocery voucher prize draws for \$500, \$300 or \$200** for participating in this study. Prizes will be drawn in June 2014.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			

Would you like to receive a summary of key findings from the study?

Yes

☐

No

☐

Would you be willing to complete a short follow-up email survey about your religious beliefs later in about six months time?

Yes

☐

No

☐

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE  
ON 17-FEBRUARY-2012 UNTIL 09-SEPTEMBER-2015. REFERENCE NUMBER: 6171.

PLEASE POST BACK THE FULL QUESTIONNAIRE (INCLUDING THIS PAGE) USING THE PROVIDED PRE-PAID ENVELOPE.

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**Instructions:** This part of the questionnaire measures your feelings about yourself.  
Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate					Very Accurate	
	↓						↓
1. Am the life of the party.	1	2	3	4	5	6	7
2. Sympathise with others' feelings.	1	2	3	4	5	6	7
3. Get chores done right away.	1	2	3	4	5	6	7
4. Have frequent mood swings.	1	2	3	4	5	6	7
5. Have a vivid imagination.	1	2	3	4	5	6	7
6. Don't talk a lot.	1	2	3	4	5	6	7
7. Am not interested in other people's problems.	1	2	3	4	5	6	7
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7
9. Like order.	1	2	3	4	5	6	7
10. Make a mess of things.	1	2	3	4	5	6	7
11. Do not have a good imagination.	1	2	3	4	5	6	7
12. Feel others' emotions.	1	2	3	4	5	6	7
13. Am relaxed most of the time.	1	2	3	4	5	6	7
14. Get upset easily.	1	2	3	4	5	6	7
15. Seldom feel blue.	1	2	3	4	5	6	7
16. Keep in the background.	1	2	3	4	5	6	7
17. Am not really interested in others.	1	2	3	4	5	6	7
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7
21. Feel entitled to more of everything.	1	2	3	4	5	6	7
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7
25. Deserve more things in life.	1	2	3	4	5	6	7
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7
27. Feel like an outsider.	1	2	3	4	5	6	7
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7
32. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7
33. Being a woman/man is an important part of how I see myself.	1	2	3	4	5	6	7

**During the last 30 days, how often did...** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?	0	1	2	3	4
9. ... you feel exhausted?	0	1	2	3	4

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. Protecting New Zealand’s native species should be a national priority.	1	2	3	4	5	6	7	
2. I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7	
3. It would be good if groups could be equal.	1	2	3	4	5	6	7	
4. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I expect my health to get worse.	1	2	3	4	5	6	7	
8. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
9. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
10. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
11. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
12. We are all one nation and we should all be treated the same. No one should be entitled to anything more than the rest of us simply because they belong to one particular ethnic group.	1	2	3	4	5	6	7	
13. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
14. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
15. The unity of New Zealand is weakened by too many immigrants.	1	2	3	4	5	6	7	
16. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
17. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
18. I feel anxious about interacting with NZ European people.	1	2	3	4	5	6	7	
19. True equality can be achieved only once we recognize that some ethnic groups are currently more disadvantaged than others and require additional assistance from the government.	1	2	3	4	5	6	7	
20. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
21. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
22. We are all New Zealanders and the law should not make provision for minority groups because of their ethnicity.	1	2	3	4	5	6	7	
23. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
24. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
25. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	
26. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
27. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
28. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
29. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
30. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
31. It is safe to vaccinate children following the standard NZ immunization schedule.	1	2	3	4	5	6	7	
32. Economic positions are legitimate reflections of people’s achievements.	1	2	3	4	5	6	7	
33. To a large extent, a person’s race biologically determines his or her abilities.	1	2	3	4	5	6	7	

**Instructions: Please rate your level of satisfaction with the following aspects of your life and New Zealand.**

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9										Completely Satisfied 10
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand's natural environment.	0	1	2	3	4	5	6	7	8	9	10
4. Your health.	0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10
10. Your access to health care when you need it (e.g., doctor, GP).	0	1	2	3	4	5	6	7	8	9	10

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree ↓							Strongly Agree ↓						
1. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7							
2. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7							
3. I think liking rugby is an important part of being a 'true' New Zealander.	1	2	3	4	5	6	7							
4. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7							
5. Despite what one hears about 'crime in the street,' there probably isn't any more now than there ever has been.	1	2	3	4	5	6	7							
6. I wish I had more self-discipline.	1	2	3	4	5	6	7							
7. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7							
8. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7							
9. Women exaggerate problems they have at work.	1	2	3	4	5	6	7							
10. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7							
11. It's a dog-eat-dog world where you have to be ruthless at times.	1	2	3	4	5	6	7							
12. Māori people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
13. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7							
14. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7							
15. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7							
16. In general, I have a lot of self-control.	1	2	3	4	5	6	7							
17. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7							
18. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7							
19. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7							
20. Life is not governed by the 'survival of the fittest.' We should let compassion and moral laws be our guide.	1	2	3	4	5	6	7							
21. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7							
22. I feel anxious about interacting with Māori people.	1	2	3	4	5	6	7							
23. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7							
24. Pacific Island people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7							
25. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7							
26. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7							
27. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7							
28. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7							



	Strongly Disagree				Strongly Agree			
	↓							↓
1. I make an effort to appear consistent to others.	1	2	3	4	5	6	7	
2. People who become preoccupied by race are forgetting that we're all just human.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7	
8. Everyone has the right to just and reasonable pay for the work they perform.	1	2	3	4	5	6	7	
9. There are many dangerous people in our society who will attack someone out of pure meanness, for no reason at all.	1	2	3	4	5	6	7	
10. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
11. Asian people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
12. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
13. I feel anxious about interacting with Asian people.	1	2	3	4	5	6	7	
14. NZ European people would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
15. Climate change is real.	1	2	3	4	5	6	7	
16. Climate change is caused by humans.	1	2	3	4	5	6	7	
17. I am deeply concerned about climate change.	1	2	3	4	5	6	7	
18. I feel anxious about interacting with Pacific Island people.	1	2	3	4	5	6	7	
19. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
20. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
21. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
22. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
23. Everyone has the right to food, clothing, housing and medicine, no matter what.	1	2	3	4	5	6	7	
24. Some people are simply not responsible enough to own property.	1	2	3	4	5	6	7	
25. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
26. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
27. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
28. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
29. Most of New Zealand's policies serve the greater good.	1	2	3	4	5	6	7	
30. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
31. Some people are simply not responsible enough to vote or take part in the government of their country.	1	2	3	4	5	6	7	
32. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7	
33. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
34. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
35. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
36. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
37. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
38. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
39. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
40. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
41. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
42. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

**Instructions: Please answer each of the following questions by circling a number on the scale below.**

Definitely NO 1	Unsure 2                      3                      4                      5                      6					Definitely YES 7	
1. Do you think people from your ethnic group are discriminated against in NZ?	1	2	3	4	5	6	7
2. Are you willing to change your daily routine in order to protect the environment?	1	2	3	4	5	6	7
3. Have you made changes to your daily routine in order to protect the environment?	1	2	3	4	5	6	7
4. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
5. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
6. Do you think most New Zealanders are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
7. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
8. Do you think most New Zealanders respect the achievements of your ethnic group?	1	2	3	4	5	6	7
9. Do you support the use of 1080 poison for possum control in New Zealand?	1	2	3	4	5	6	7
10. Do you lead a healthy lifestyle? (e.g., eat healthy food, exercise regularly).	1	2	3	4	5	6	7
11. Do you think you personally are more at risk of a weight-based illness (e.g., heart illnesses, diabetes) than other New Zealanders, on average?	1	2	3	4	5	6	7

**Instructions: Please rate how strongly you oppose or support each of the following possible policies or issues.**

	Strongly Oppose ↓	1	2	3	4	5	6	7	Strongly Support ↓
1. Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7		
2. Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7		
3. Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7		
4. Performance of the Haka at international sports events.	1	2	3	4	5	6	7		
5. Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7		
6. Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7		
7. Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7		
8. Government subsidy of public transport.	1	2	3	4	5	6	7		
9. The current anti-smacking bill. (i.e., it being illegal to smack children).	1	2	3	4	5	6	7		
10. Increased government spending on new motorways.	1	2	3	4	5	6	7		
11. Government initiatives to inform and promote healthy lifestyle choices.	1	2	3	4	5	6	7		
12. A "flat" tax rate (everyone pays the same percentage of tax on their income).	1	2	3	4	5	6	7		
13. Legalized abortion when the woman's life is endangered.	1	2	3	4	5	6	7		
14. Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7		
15. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7		
16. The Civil Union Act.	1	2	3	4	5	6	7		
17. Same-sex marriage in NZ (The Marriage Amendment Act 2013).	1	2	3	4	5	6	7		
18. Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7		
19. Rates exemptions on Māori land.	1	2	3	4	5	6	7		
20. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7		
21. Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7		
22. Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7		
23. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7		
24. Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7		
25. Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7		
26. A free-to-air Māori television channel.	1	2	3	4	5	6	7		



**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose		Neutral										Strongly Support					
1		2		3		4		5		6		7					
The National Party		1	2	3	4	5	6	7	The Green Party		1	2	3	4	5	6	7
The Labour Party		1	2	3	4	5	6	7	The Māori Party		1	2	3	4	5	6	7
The ACT Party		1	2	3	4	5	6	7	The NZ First Party		1	2	3	4	5	6	7
The Mana Party		1	2	3	4	5	6	7	The Conservative Party		1	2	3	4	5	6	7

Please rate your feelings of **WARMTH** toward the following groups using the “feeling thermometer scale” for each group.

Feel <u>LEAST WARM</u> Toward This Group 1	Neutral 23456										Feel <u>MOST WARM</u> Toward This Group 7				
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

Now please rate your feelings of **ANGER** toward these same groups on the scale below.

Feel <u>NO ANGER</u> Toward This Group 1	Neutral 23456										Feel <u>ANGER</u> Toward This Group 7				
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

	Never ↓	1	2	3	4	5	6	7	Extremely Frequently ↓
1. How frequently do you have POSITIVE/GOOD contact with NZ Europeans?		1	2	3	4	5	6	7	
2. How frequently do you have NEGATIVE/BAD contact with NZ Europeans?		1	2	3	4	5	6	7	
3. How frequently do you have POSITIVE/GOOD contact with Māori?		1	2	3	4	5	6	7	
4. How frequently do you have NEGATIVE/BAD contact with Māori?		1	2	3	4	5	6	7	
5. How frequently do you have POSITIVE/GOOD contact with Pacific Islanders?		1	2	3	4	5	6	7	
6. How frequently do you have NEGATIVE/BAD contact with Pacific Islanders?		1	2	3	4	5	6	7	
7. How frequently do you have POSITIVE/GOOD contact with Asians?		1	2	3	4	5	6	7	
8. How frequently do you have NEGATIVE/BAD contact with Asians?		1	2	3	4	5	6	7	

**01. Please estimate how many hours you spent doing each of the following things last week.**

(please enter '0 hours' if you did not do that activity last week)

- (a) Working in paid employment
- (b) Housework/cooking
- (c) Looking after children
- (d) Playing computer games
- (e) Exercising/physical activity
- (f) Watching TV/Films
- (g) Travelling/commuting
- (h) Volunteer/charity work
- (i) Using the internet
- (j) Watching/reading the news

  
  
  
  
  
  
  
  
  
  


**02. What is your height?**

(metres)

**03. What is your weight?**

(kg)

**04. During the past month, on average, how many hours of actual sleep did you get per night?**

(hours of sleep per night)

**05. Have you been diagnosed with any of the following health conditions by a doctor?**

- ☐ High cholesterol
- ☐ High blood pressure
- ☐ Vitamin/mineral deficiency
- ☐ Heart disease
- ☐ Diabetes
- ☐ Other (please state):

**06a. Do you smoke?**

☐ Yes ☐ No

**06b. If you smoke, how many cigarettes do you smoke in a normal day?**

**07. In general, would you say your health is...**

Poor ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 Excellent

Please circle a number

**08. Do you have a health condition or disability that limits you, and that has lasted for 6+ months?**

☐ Yes ☐ No

01. Which ethnic group(s) do you belong to? (Mark the space or spaces that apply to you).
- ☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state: \_\_\_\_\_
02. Which term do you prefer to describe New Zealanders of European descent?
- ☐ New Zealander  
☐ New Zealand European  
☐ Pākehā  
☐ Kiwi  
☐ Other: \_\_\_\_\_
03. Are you male or female? ☐ Male ☐ Female
04. What is your date of birth? \_\_\_\_ / \_\_\_\_ / \_\_\_\_
05. How long have you lived at your current address? \_\_\_\_\_ (years) \_\_\_\_\_ (months)
- 06a. Do you have an emergency survival kit in your home? ☐ Yes ☐ No
- 06b. If yes to 06a, which of the following items does it contain? (tick those that apply)
- ☐ First aid kit  
☐ Transistor radio with batteries  
☐ Food & water for at least 3 days  
☐ Torch with spare batteries  
☐ Wind & waterproof clothes
- 07a. What is your relationship status? \_\_\_\_\_  
 (e.g., single, married, de-facto, living together, dating, widowed)
- 07b. How long have you been together? \_\_\_\_\_ (years) \_\_\_\_\_ (months)
- 07c. What is your partner's ethnicity? \_\_\_\_\_
- 07d. How satisfied are you with your relationship?
- Not satisfied 1 2 3 4 5 6 7 Very satisfied  
 Please circle a number
- 07e. Do you live with your partner? ☐ Yes ☐ No
- 07f. To what extent do you experience conflict or disagreement with your partner?
- No conflict at all 1 2 3 4 5 6 7 A great deal of conflict
08. What is your mother's ethnicity? \_\_\_\_\_
09. What is your father's ethnicity? \_\_\_\_\_
- 10a. Are you currently employed? ☐ Yes ☐ No
- 10b. If yes, how long have you worked at your current organization? \_\_\_\_\_ (years) \_\_\_\_\_ (months)
- 10c. What is your current occupation? \_\_\_\_\_
- 10d. How satisfied are you with your current job?
- Not satisfied 1 2 3 4 5 6 7 Very satisfied
- 10e. How secure do you feel in your current job?
- Not secure 1 2 3 4 5 6 7 Very secure
11. How much money have you donated to charity in the last year? \$ \_\_\_\_\_
12. Please rate how politically left-wing versus right-wing you see yourself as being:
- Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing
13. Do you believe in a God? ☐ Yes ☐ No
14. Do you believe in a some form of spirit or life force? ☐ Yes ☐ No

15. What is your highest level of qualification? \_\_\_\_\_
16. In which country ... was your mother born? \_\_\_\_\_  
 ... was your father born? \_\_\_\_\_  
 ... were you born? \_\_\_\_\_
17. Please estimate your *total household income* (before tax) for the year 2013 \$ \_\_\_\_\_
18. Please estimate your *own personal earnings* (before tax) for the year 2013 \$ \_\_\_\_\_
19. Please rate how politically liberal versus conservative you see yourself as being:
- Extremely liberal 1 2 3 4 5 6 7 Extremely conservative
- 20a. How many children have you given birth to, fathered, or adopted? \_\_\_\_\_
- 20b. If you are a parent, what is the birth date of your *eldest* child? \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- 20c. And, if you have more than one child, the birth date of your *youngest* child? \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- 20d. How many of your children live with you most of the time? \_\_\_\_\_
- 21a. Do you have a Facebook profile? ☐ Yes ☐ No
- 21b. How many hours in the last week have you spent using Facebook? \_\_\_\_\_
- 21c. How important a part of your daily routine is using Facebook?
- Not important 1 2 3 4 5 6 7 Very important
22. Do you identify with a religion and/or spiritual group? If yes... ☐ Yes ☐ No
- (a) what religion or spiritual group? \_\_\_\_\_
- (b) how many times did you attend a church or place of worship in the last month? \_\_\_\_\_
- (c) how important is your religion to how you see yourself?
- Not important 1 2 3 4 5 6 7 Very important
23. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?
- |                       | FRIENDS/FAMILY | OTHERS |
|-----------------------|----------------|--------|
| (a) Māori             | _____          | _____  |
| (b) NZ Europeans      | _____          | _____  |
| (c) Pacific Islanders | _____          | _____  |
| (d) Asians            | _____          | _____  |
- 24a. Do you plan to vote in the next New Zealand election in 2014? ☐ Yes ☐ No
- 24b. If yes, to which party do you plan to give...  
 your party vote? \_\_\_\_\_  
 your electorate vote? \_\_\_\_\_
25. How important are your political beliefs to how you see yourself?
- Not important 1 2 3 4 5 6 7 Very important
26. In the last year have you personally...
- (a) been forced to buy cheaper food so you could pay for other things you needed? ☐ Yes ☐ No
- (b) put up with feeling cold to save on heating costs? ☐ Yes ☐ No
- (c) or the principal earner in your household been out-of-work? ☐ Yes ☐ No
- (d) been the victim of a crime? ☐ Yes ☐ No
27. How would you describe your sexual orientation? \_\_\_\_\_

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in the world, so you can post it back even if you are overseas. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**Dr Chris Sibley, New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study then please feel free to phone us (contact details on the front) or you can visit the study website. We will also post out a brochure to everyone in the study summarising the most exciting findings from the study later in the year.

<http://www.psych.auckland.ac.nz/uoa/NZAVS>

**Optional Feedback Box**

We are always looking for feedback to help improve the New Zealand Attitudes and Values Study. Have we missed anything important that would affect the interpretation of your responses? Or do you have any other general comments or suggestions about how we can improve the study for next year?



# The New Zealand Attitudes and Values Study

## Follow-up Questionnaire for 2014/2015

A scanned copy of this form will be kept for a period of up to fifteen years

**Lead researcher:** Dr. Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-373-7599, extn 87498. E-mail: [nzavs@auckland.ac.nz](mailto:nzavs@auckland.ac.nz)

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study (NZAVS). Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone outside of the immediate research team. I understand that Dr. Sibley and the research team will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next fourteen years. I understand that my contact details will be used to contact me if I win one of the grocery voucher **prize draws for \$500, \$300 or \$200** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			

Would you like to receive a summary of key findings from the study?	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Would you be willing to complete a short follow-up questionnaire on your social relationships and identity in about six months' time?	Yes <input type="checkbox"/>	No <input type="checkbox"/>

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE  
ON 17-FEBRUARY-2012 UNTIL 09-SEPTEMBER-2015. REFERENCE NUMBER: 6171.

PLEASE POST BACK THE FULL QUESTIONNAIRE (INCLUDING THIS PAGE) USING THE PROVIDED PRE-PAID ENVELOPE.

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**Instructions:** This part of the questionnaire measures your feelings about yourself.  
Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate					Very Accurate		
	↓						↓	
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathise with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
21. Feel entitled to more of everything.	1	2	3	4	5	6	7	
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
25. Deserve more things in life.	1	2	3	4	5	6	7	
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
27. Feel like an outsider.	1	2	3	4	5	6	7	
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7	
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7	
32. Feel that I am often discriminated against because of my gender.	1	2	3	4	5	6	7	
33. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4			
1. ... you feel hopeless?			0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?			0	1	2	3	4
3. ... you feel restless or fidgety?			0	1	2	3	4
4. ... you feel that everything was an effort?			0	1	2	3	4
5. ... you feel worthless?			0	1	2	3	4
6. ... you feel nervous?			0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?			0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?			0	1	2	3	4
9. ... you feel exhausted?			0	1	2	3	4



**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree ↓				Strongly Agree ↓			
1. I wish people in this society would stop obsessing so much about race.	1	2	3	4	5	6	7	
2. It would be good if groups could be equal.	1	2	3	4	5	6	7	
3. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
4. I expect my health to get worse.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
8. I wish I had more self-discipline.	1	2	3	4	5	6	7	
9. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
10. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
11. If incomes were more equal, people would be less motivated to work hard.	1	2	3	4	5	6	7	
12. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
13. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
14. The unity of New Zealand is weakened by too many immigrants.	1	2	3	4	5	6	7	
15. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
16. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
17. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
18. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
19. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
20. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
21. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
22. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
23. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	

**Instructions:** Please rate your level of satisfaction with the following aspects of your life and New Zealand.

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9										Completely Satisfied 10
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand's natural environment.	0	1	2	3	4	5	6	7	8	9	10
4. Your health.	0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10
10. Your access to health care when you need it (e.g., doctor, GP).	0	1	2	3	4	5	6	7	8	9	10

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree					Strongly Agree		
	↓							↓
1. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7	
2. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
3. Despite what one hears about ‘crime in the street,’ there probably isn’t any more now than there ever has been.	1	2	3	4	5	6	7	
4. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
5. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7	
6. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
7. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
8. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
9. It’s a dog-eat-dog world where you have to be ruthless at times.	1	2	3	4	5	6	7	
10. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7	
11. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
12. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
13. In general, I have a lot of self-control.	1	2	3	4	5	6	7	
14. I feel a sense of community with others in my local neighbourhood.	1	2	3	4	5	6	7	
15. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
16. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
17. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
18. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
19. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
20. Economic positions are legitimate reflections of people’s achievements.	1	2	3	4	5	6	7	
21. With enough support and professional help, people who have committed <i>violent offences</i> can be rehabilitated to become safe members of our society.	1	2	3	4	5	6	7	
22. With enough support and professional help, people who have committed <i>sexual offences</i> can be rehabilitated to become safe members of our society.	1	2	3	4	5	6	7	
23. It is OK for parents to use smacking as a way to discipline their children.	1	2	3	4	5	6	7	
24. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
25. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
26. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
27. Life is not governed by the ‘survival of the fittest.’ We should let compassion and moral laws be our guide.	1	2	3	4	5	6	7	
28. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
29. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
30. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
31. I think that homosexuality should be accepted by society.	1	2	3	4	5	6	7	

**Please rate your feelings of WARMTH toward the following groups using the "feeling thermometer scale" for each group.**

Feel <b>LEAST WARM</b> Toward This Group 1	Neutral 2 3 4 5 6						Feel <b>MOST WARM</b> Toward This Group 7
NZ Europeans	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7
Overweight people	1	2	3	4	5	6	7
Immigrants in general	1	2	3	4	5	6	7
Chinese	1	2	3	4	5	6	7
Indians	1	2	3	4	5	6	7
Muslims	1	2	3	4	5	6	7

**Now please rate your feelings of ANGER toward these same groups on the scale below.**

Feel <u>NO ANGER</u> Toward This Group 1	Neutral 4												Feel <u>ANGER</u> Toward This Group 7			
	2	3					5	6								
NZ Europeans	1	2	3	4	5	6	7		Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7		Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7		Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7		Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7		Muslims	1	2	3	4	5	6	7

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 2 3 4 5 6					Definitely YES 7	
1. Do you think people from your ethnic group are discriminated against in NZ?	1	2	3	4	5	6	7
2. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?	1	2	3	4	5	6	7
3. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?	1	2	3	4	5	6	7
4. Do you think most New Zealanders are willing to make sacrifices to their standard of living in order to protect the environment?	1	2	3	4	5	6	7
5. Do you think most New Zealanders respect the achievements of your ethnic group?	1	2	3	4	5	6	7
6. Suppose a person has a painful incurable disease. Do you think that doctors should be allowed by law to end the patient's life if the patient requests it?	1	2	3	4	5	6	7

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

<b>Strongly Oppose</b>	<b>Neutral</b>						<b>Strongly Support</b>								
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>									
The National Party	1	2	3	4	5	6	7	The Green Party	1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7	The Māori Party	1	2	3	4	5	6	7
The ACT Party	1	2	3	4	5	6	7	The Internet Mana Party	1	2	3	4	5	6	7
The NZ First Party	1	2	3	4	5	6	7	The Conservative Party	1	2	3	4	5	6	7

**01. Please estimate how many hours you spent doing each of the following things last week.**  
(please enter '0 hours' if you did not do that activity last week)

(a) Working in paid employment	<input type="text"/>
(b) Housework/cooking	<input type="text"/>
(c) Looking after children	<input type="text"/>
(d) Playing computer games	<input type="text"/>
(e) Exercising/physical activity	<input type="text"/>
(f) Watching TV/Films	<input type="text"/>
(g) Travelling/commuting	<input type="text"/>
(h) Volunteer/charity work	<input type="text"/>
(i) Using the internet	<input type="text"/>
(j) Watching/reading the news	<input type="text"/>

**02. During the past month, on average, how many hours of actual sleep did you get per night?**  (hours of sleep per night)

**03a. How often do you have a drink containing alcohol?**

☐ Never – I don't drink  
☐ Monthly or less  
☐ Up to 4 times a month  
☐ Up to 3 times a week  
☐ 4 or more times a week  
☐ Don't know

And, if you drink alcohol...

**03b. How many drinks containing alcohol do you have on a typical day when drinking?**  (number of drinks on a typical day when drinking)

**04. Have you been diagnosed with, or treated for, any of the following health conditions by a doctor in the last five years?**

☐ High cholesterol  
☐ High blood pressure  
☐ Asthma  
☐ Heart disease  
☐ Diabetes (Type II)  
☐ Depression  
☐ Anxiety disorder  
☐ Other (please state):

**05a. Do you smoke?** ☐ Yes ☐ No

**05b. If you smoke, how many cigarettes do you smoke in a normal day?**  (cigarettes per day)

**06. Do you have a health condition or disability that limits you, and that has lasted for 6+ months? (a) if yes, please state:**

**07. What is your height?**  (metres)

**08. What is your weight?**  (kg)

**09. In general, would you say your health is...**

Poor ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Excellent  
 Please circle a number

Please rate how strongly you oppose or support each of the following possible policies or issues.

	Strongly Oppose					Strongly Support		
	↓						↓	
1.	Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
2.	Performance of the Haka at international sports events.	1	2	3	4	5	6	7
3.	Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4.	Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
5.	Ensuring that all food and food ingredients sold in New Zealand are free from Genetically Modified Organisms.	1	2	3	4	5	6	7
6.	Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7
7.	Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
8.	Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
9.	Restricting foreign ownership of New Zealand farms.	1	2	3	4	5	6	7
10.	Restricting foreign ownership of New Zealand residential property.	1	2	3	4	5	6	7
11.	The current anti-smacking law (i.e., it being illegal to smack children).	1	2	3	4	5	6	7
12.	The current '3 Strikes' law for violent/sexual offences, where the maximum possible sentence must be imposed without parole upon the third conviction.	1	2	3	4	5	6	7
13.	A publicly available online database of all convicted sex offenders in NZ.	1	2	3	4	5	6	7
14.	Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
15.	Legalized abortion when the woman's life is endangered.	1	2	3	4	5	6	7
16.	Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
17.	Increase payments for those receiving Jobseeker Support (formerly the Unemployment Benefit).	1	2	3	4	5	6	7
18.	Increase payments for those receiving Sole Parent Support (formerly the Domestic Purposes Benefit).	1	2	3	4	5	6	7
19.	Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
20.	The Civil Union Act.	1	2	3	4	5	6	7
21.	Same-sex marriage in NZ (The Marriage Amendment Act 2013).	1	2	3	4	5	6	7
22.	Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
23.	Rates exemptions on Māori land.	1	2	3	4	5	6	7
24.	Redistributing money and wealth more evenly among a larger percentage of the people in New Zealand through heavy taxes on the rich.	1	2	3	4	5	6	7
25.	Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
26.	Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7
27.	Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
28.	Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
29.	Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7
30.	A free-to-air Māori television channel.	1	2	3	4	5	6	7

	Never					Extremely Frequently	
	↓						↓
1. How frequently do you have POSITIVE/GOOD contact with NZ Europeans?	1	2	3	4	5	6	7
2. How frequently do you have NEGATIVE/BAD contact with NZ Europeans?	1	2	3	4	5	6	7
3. How frequently do you have POSITIVE/GOOD contact with Māori?	1	2	3	4	5	6	7
4. How frequently do you have NEGATIVE/BAD contact with Māori?	1	2	3	4	5	6	7
5. How frequently do you have POSITIVE/GOOD contact with Pacific Islanders?	1	2	3	4	5	6	7
6. How frequently do you have NEGATIVE/BAD contact with Pacific Islanders?	1	2	3	4	5	6	7
7. How frequently do you have POSITIVE/GOOD contact with Asians?	1	2	3	4	5	6	7
8. How frequently do you have NEGATIVE/BAD contact with Asians?	1	2	3	4	5	6	7

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	Strongly Disagree				Strongly Agree			
	↓						↓	
1. I make an effort to appear consistent to others.	1	2	3	4	5	6	7	
2. People who become preoccupied by race are forgetting that we're all just human.	1	2	3	4	5	6	7	
3. The New Zealand government should be involved in regulating carbon emissions.	1	2	3	4	5	6	7	
4. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
5. I am satisfied with my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7	
8. Everyone has the right to just and reasonable pay for the work they perform.	1	2	3	4	5	6	7	
9. There are many dangerous people in our society who will attack someone out of pure meanness, for no reason at all.	1	2	3	4	5	6	7	
10. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
11. Putting racial labels on people obscures the fact that everyone is a unique individual.	1	2	3	4	5	6	7	
12. Climate change is real.	1	2	3	4	5	6	7	
13. Climate change is caused by humans.	1	2	3	4	5	6	7	
14. I am deeply concerned about climate change.	1	2	3	4	5	6	7	
15. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
16. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
17. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
18. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
19. Everyone has the right to food, clothing, housing and medicine, no matter what.	1	2	3	4	5	6	7	
20. Some people are simply not responsible enough to own property.	1	2	3	4	5	6	7	
21. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
22. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
23. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
24. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
25. Most of New Zealand's policies serve the greater good.	1	2	3	4	5	6	7	
26. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
27. Some people are simply not responsible enough to vote or take part in the government of their country.	1	2	3	4	5	6	7	
28. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7	
29. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
30. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
31. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
32. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
33. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
34. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
35. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
37. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
38. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7	
39. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	
40. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	

01. Which ethnic group(s) do you belong to? ☐ New Zealand European ☐ Māori ☐ Samoan ☐ Cook Island Māori ☐ Tongan ☐ Niuean ☐ Chinese ☐ Indian ☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state: \_\_\_\_\_

(Mark the space or spaces that apply to you).

02. What is your gender? \_\_\_\_\_

03. What is your date of birth? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

04. Were you personally affected by the Christchurch earthquakes? ☐ Yes ☐ No

05. How long have you lived at your current address? \_\_\_\_\_ (years) \_\_\_\_\_ (months)

06a. What is your relationship status? \_\_\_\_\_  
(e.g., single, married, de-facto, civil union, widowed, living together, etc.)

If you are in a relationship...

06b. How long have you been with your partner? \_\_\_\_\_ (years) \_\_\_\_\_ (months)

06c. If you are currently married or in a civil union, what was the date of your marriage or union? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

06d. How satisfied are you with your relationship?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied  
Please circle a number

06e. To what extent do you experience conflict or disagreement with your partner?  
No conflict at all 1 2 3 4 5 6 7 A great deal of conflict

06f. Do you live with your partner? ☐ Yes ☐ No

06g. How satisfied do you think your PARTNER is with your relationship?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied  
Please circle a number

07a. Are you currently employed? ☐ Yes ☐ No  
(This includes self-employed or casual work)

07b. If yes, how long have you worked at your current organization? \_\_\_\_\_ (years) \_\_\_\_\_ (months)

07c. What is your current occupation? \_\_\_\_\_

07d. How satisfied are you with your current job?  
Not satisfied 1 2 3 4 5 6 7 Very satisfied

07e. How secure do you feel in your current job?  
Not secure 1 2 3 4 5 6 7 Very secure

08a. Has someone ever used the internet, a mobile phone, or digital camera to hurt, intimidate or embarrass you? ☐ Yes ☐ No

09b. ...has this occurred in the last month? ☐ Yes ☐ No

10. How much money have you donated to charity in the last year? \$ \_\_\_\_\_

11. Please rate how politically left-wing versus right-wing you see yourself as being:  
Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing

12. Have you ever been divorced? ☐ Yes ☐ No

13. Where were you born? \_\_\_\_\_  
(please be specific, e.g., which town/city?)

14. What is your highest level of qualification? \_\_\_\_\_

15. Please estimate your *total household income* (before tax) for the year 2014 \$ \_\_\_\_\_

16. Please estimate your *own personal earnings* (before tax) for the year 2014 \$ \_\_\_\_\_

17. Please rate how politically liberal versus conservative you see yourself as being:  
Extremely liberal 1 2 3 4 5 6 7 Extremely conservative

18a. How many children have you given birth to, fathered, or adopted? \_\_\_\_\_

18b. If you are a parent, what is the birth date of your *eldest* child? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

18c. And, if you have more than one child, the birth date of your *youngest* child? \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

18d. How many children live with you most of the time? \_\_\_\_\_

19a. Do you have a Facebook profile? ☐ Yes ☐ No

19b. How many hours in the last week have you spent using Facebook? \_\_\_\_\_ (hours last week)

19c. How important a part of your daily routine is using Facebook?  
Not important 1 2 3 4 5 6 7 Very important

20. Do you identify with a religion and/or spiritual group? If yes... ☐ Yes ☐ No

(a) what religion or spiritual group? \_\_\_\_\_

(b) how many times did you attend a church or place of worship in the last month? \_\_\_\_\_

(c) how many times did you pray in the last week? \_\_\_\_\_

(d) how many times did you read religious scripture in the last week? \_\_\_\_\_

(e) how important is your religion to how you see yourself?  
Not important 1 2 3 4 5 6 7 Very important

21. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?

	FRIENDS/FAMILY	OTHERS
(a) Māori	_____	_____
(b) NZ Europeans	_____	_____
(c) Pacific Islanders	_____	_____
(d) Asians	_____	_____

22a. Did you vote in the New Zealand election in 2014? ☐ Yes ☐ No

22b. If yes, to which party did you give...  
your party vote? \_\_\_\_\_  
your electorate vote? \_\_\_\_\_

23. How important are your political beliefs to how you see yourself?  
Not important 1 2 3 4 5 6 7 Very important

24. In the last year have you personally...  
(a) been forced to buy cheaper food so you could pay for other things you needed? ☐ Yes ☐ No  
(b) put up with feeling cold to save on heating costs? ☐ Yes ☐ No  
(c) or the principal earner in your household been out-of-work? ☐ Yes ☐ No

25. How would you describe your sexual orientation? \_\_\_\_\_

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in the world, so you can post it back even if you are overseas. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**Dr Chris Sibley, New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study then please feel free to phone us (contact details on the front) or you can visit the study website. We will also send a pamphlet to everyone in the study summarising the most exciting findings from the study this year.

<http://www.psych.auckland.ac.nz/uoa/NZAVS>

**Optional Feedback Box**

We are always looking for feedback to help improve the New Zealand Attitudes and Values Study. Have we missed anything important that would affect the interpretation of your responses? Or do you have any other general comments or suggestions about how we can improve the study for next year?



## *The New Zealand Attitudes and Values Study*

### Follow-up Questionnaire for 2015/2016

A scanned copy of this form will be kept for a period of up to fifteen years

The University of Auckland  
Private Bag 92019  
Auckland, New Zealand

**Lead researcher:** Dr. Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-373-7599, extn 87498. e-mail: [nzavs@auckland.ac.nz](mailto:nzavs@auckland.ac.nz)

#### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study (NZAVS). Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone outside of the immediate research team. I understand that Dr. Sibley and the research team will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next fourteen years. I understand that my contact details will be used to contact me if I win one of the grocery voucher **prize draws for \$500, \$300 or \$200** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			
<b>Have you ever changed your name due to marriage or a civil union?</b> Yes <input type="radio"/> No <input type="radio"/>			
	If yes... <input type="text"/>		
	<b>Birth Name:</b> <input type="text"/>		

**Would you like to receive a summary of key findings from the study?** Yes ☐ No ☐



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**Instructions: This part of the questionnaire measures your feelings about yourself.**  
**Please circle the number that best represents how accurately each statement describes you.**

I ...	Very Inaccurate					Very Accurate	
	↓						↓
1. Am the life of the party.	1	2	3	4	5	6	7
2. Sympathise with others' feelings.	1	2	3	4	5	6	7
3. Get chores done right away.	1	2	3	4	5	6	7
4. Have frequent mood swings.	1	2	3	4	5	6	7
5. Have a vivid imagination.	1	2	3	4	5	6	7
6. Don't talk a lot.	1	2	3	4	5	6	7
7. Am not interested in other people's problems.	1	2	3	4	5	6	7
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7
9. Like order.	1	2	3	4	5	6	7
10. Make a mess of things.	1	2	3	4	5	6	7
11. Do not have a good imagination.	1	2	3	4	5	6	7
12. Feel others' emotions.	1	2	3	4	5	6	7
13. Am relaxed most of the time.	1	2	3	4	5	6	7
14. Get upset easily.	1	2	3	4	5	6	7
15. Seldom feel blue.	1	2	3	4	5	6	7
16. Keep in the background.	1	2	3	4	5	6	7
17. Am not really interested in others.	1	2	3	4	5	6	7
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7
21. Feel entitled to more of everything.	1	2	3	4	5	6	7
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7
25. Deserve more things in life.	1	2	3	4	5	6	7
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7
27. Feel like an outsider.	1	2	3	4	5	6	7
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7
32. Feel that I am often discriminated against because of my gender.	1	2	3	4	5	6	7
33. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?	0	1	2	3	4
9. ... you feel exhausted?	0	1	2	3	4

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree ↓				Strongly Agree ↓			
1. I am in control of my health.	1	2	3	4	5	6	7	
2. It would be good if groups could be equal.	1	2	3	4	5	6	7	
3. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
4. I expect my health to get worse.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
8. I wish I had more self-discipline.	1	2	3	4	5	6	7	
9. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
10. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
11. If incomes were more equal, people would be less motivated to work hard.	1	2	3	4	5	6	7	
12. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
13. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
14. The unity of New Zealand is weakened by too many immigrants.	1	2	3	4	5	6	7	
15. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
16. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
17. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
18. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
19. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
20. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
21. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
22. I identify with New Zealand.	1	2	3	4	5	6	7	
23. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
24. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	

**Instructions:** Please rate your level of satisfaction with the following aspects of your life and New Zealand.

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7								Completely Satisfied 10	
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9 10
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9 10
3. The quality of New Zealand's natural environment.	0	1	2	3	4	5	6	7	8	9 10
4. Your health.	0	1	2	3	4	5	6	7	8	9 10
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9 10
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9 10
7. Your future security.	0	1	2	3	4	5	6	7	8	9 10
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9 10
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9 10
10. Your access to health care when you need it (e.g., doctor, GP).	0	1	2	3	4	5	6	7	8	9 10

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree					Strongly Agree		
	↓							↓
1. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
2. If I take care of myself, I can avoid illness.	1	2	3	4	5	6	7	
3. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
4. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
5. Most of New Zealand’s policies serve the greater good.	1	2	3	4	5	6	7	
6. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
7. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
8. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
9. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
10. True equality can be achieved only once we recognize that some ethnic groups are currently more disadvantaged than others and require additional assistance from the government.	1	2	3	4	5	6	7	
11. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
12. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
13. In general, I have a lot of self-control.	1	2	3	4	5	6	7	
14. I feel a sense of community with others in my local neighbourhood.	1	2	3	4	5	6	7	
15. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
16. People’s basic rights are well protected by the New Zealand Police.	1	2	3	4	5	6	7	
17. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
18. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
19. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
20. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
21. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
22. We are all one nation and we should all be treated the same. No one should be entitled to anything more than the rest of us simply because they belong to one particular ethnic group.	1	2	3	4	5	6	7	
23. Economic positions are legitimate reflections of people’s achievements.	1	2	3	4	5	6	7	
24. By taking an active part in political and social affairs we, the people, can control world events.	1	2	3	4	5	6	7	
25. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
26. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
27. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
28. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
29. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	
30. I think that homosexuality should be accepted by society.	1	2	3	4	5	6	7	
31. We are all New Zealanders and the law should not make provision for minority groups because of their ethnicity.	1	2	3	4	5	6	7	
32. There are many things about the New Zealand Police and its policies that need to be changed.	1	2	3	4	5	6	7	
33. With enough effort we can wipe out political corruption.	1	2	3	4	5	6	7	
34. It is safe to vaccinate children following the standard New Zealand immunization schedule.	1	2	3	4	5	6	7	
35. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
36. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
37. The New Zealand Police care about the well-being of everyone they deal with.	1	2	3	4	5	6	7	

Feel LEAST WARM  
Toward This Group  
1

4                      5                      6

Feel **MOST WARM**  
Toward This Group  
7

NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

<b>Opposed To My Values</b>							<b>Not Important</b>			<b>Important</b>			<b>Very Important</b>	<b>Of Supreme Importance</b>
-1	0	1	2	3	4	5	6	7						

1. PROTECTING THE ENVIRONMENT (preserving nature)	-1	0	1	2	3	4	5	6	7
2. A VARIED LIFE (filled with challenge, novelty and change)	-1	0	1	2	3	4	5	6	7
3. HONOURING OF PARENTS AND ELDERS (showing respect)	-1	0	1	2	3	4	5	6	7
4. AUTHORITY (the right to lead or command)	-1	0	1	2	3	4	5	6	7
5. EQUALITY (equal opportunity for all)	-1	0	1	2	3	4	5	6	7
6. UNITY WITH NATURE (fitting into nature)	-1	0	1	2	3	4	5	6	7
7. A WORLD AT PEACE (free of war and conflict)	-1	0	1	2	3	4	5	6	7
8. AN EXCITING LIFE (stimulating experiences)	-1	0	1	2	3	4	5	6	7
9. FAMILY SECURITY (safety for loved ones)	-1	0	1	2	3	4	5	6	7
10. INFLUENCE (having an impact on people and events)	-1	0	1	2	3	4	5	6	7
11. SOCIAL JUSTICE (correcting injustice, care for the weak)	-1	0	1	2	3	4	5	6	7
12. CURIOSITY (interest in everything, exploring)	-1	0	1	2	3	4	5	6	7
13. SELF-DISCIPLINE (self-restraint, resistance to temptation)	-1	0	1	2	3	4	5	6	7
14. WEALTH (material possessions, money)	-1	0	1	2	3	4	5	6	7

(a)	Working in paid employment	
(b)	Housework/cooking	
(c)	Looking after children	
(d)	Volunteer/charity work	
(e)	Exercising/physical activity	
(f)	Watching TV/Films	
(g)	Travelling/commuting	
(h)	Watching/reading the news	
(i)	Using the internet (in total)	
(j)	Using social media (e.g., Facebook)	
(k)	Playing computer games	
(l)	Interacting with pets	
(m)	Putting on makeup/cosmetics	

**05a. How often do you have a drink containing alcohol?**

And, if you drink alcohol...

**05b. How many drinks containing alcohol do you have on a typical day when drinking?**

○ Never – I don't drink  
○ Monthly or less  
○ Up to 4 times a month  
○ Up to 3 times a week  
○ 4 or more times a week  
○ Don't know

(number of drinks on a typical day when drinking)

- ☐ High cholesterol
- ☐ High blood pressure
- ☐ Asthma
- ☐ Heart disease
- ☐ Diabetes (Type II)
- ☐ Depression
- ☐ Anxiety disorder
- ☐ Other (please state):

10. Should the design of the New Zealand flag be changed? ☐ Yes ☐ No ☐ Don't know

**Please rate how strongly you oppose or support each of the following possible policies or issues.**

		Strongly Oppose					Strongly Support	
		↓						↓
1.	Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
2.	Performance of the Haka at international sports events.	1	2	3	4	5	6	7
3.	Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4.	Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
5.	Ensuring that all food and food ingredients sold in New Zealand are free from Genetically Modified Organisms.	1	2	3	4	5	6	7
6.	Incentives to increase women's participation in the paid workforce (paid for by government).	1	2	3	4	5	6	7
7.	Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
8.	Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
9.	Restricting foreign ownership of New Zealand farms.	1	2	3	4	5	6	7
10.	Restricting foreign ownership of New Zealand residential property.	1	2	3	4	5	6	7
11.	Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
12.	Legalized abortion when the woman's life is endangered.	1	2	3	4	5	6	7
13.	Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
14.	Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
15.	Same-sex marriage in NZ (The Marriage Amendment Act 2013).	1	2	3	4	5	6	7
16.	Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
17.	Rates exemptions on Māori land.	1	2	3	4	5	6	7
18.	Redistributing money and wealth more evenly among a larger percentage of the people in New Zealand through heavy taxes on the rich.	1	2	3	4	5	6	7
19.	Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
20.	Introducing a programme to enhance sustainable business growth among businesses owned and operated by women.	1	2	3	4	5	6	7
21.	Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
22.	Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
23.	Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7
24.	A free-to-air Māori television channel.	1	2	3	4	5	6	7
25.	The current anti-smacking law (i.e., it being illegal to smack children)	1	2	3	4	5	6	7

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

[illegible]

**Instructions:** Some people say that there are certain qualities that make someone a ‘true’ New Zealander. Others say there are not. How important do you personally think the following qualities are for being a ‘true’ New Zealander?

Not Important	Somewhat Important					Very Important						
1	2	3	4	5	6	7						
1.	To have New Zealand citizenship.					1	2	3	4	5	6	7
2.	To be able to speak English.					1	2	3	4	5	6	7
3.	To respect New Zealand’s political institutions and laws.					1	2	3	4	5	6	7
4.	To have Māori or European ancestry.					1	2	3	4	5	6	7
5.	To like rugby.					1	2	3	4	5	6	7
6.	To have a knowledge of Māori culture.					1	2	3	4	5	6	7
7.	To be egalitarian – believe in equality.					1	2	3	4	5	6	7
8.	To have a ‘clean and green’ attitude.					1	2	3	4	5	6	7

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	Strongly Disagree				Strongly Agree			
	↓						↓	
1. If I get sick, it is my own behavior which determines how soon I get well again.	1	2	3	4	5	6	7	
2. I am satisfied with my life.	1	2	3	4	5	6	7	
3. Women are too easily offended.	1	2	3	4	5	6	7	
4. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
5. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
6. Climate change is real.	1	2	3	4	5	6	7	
7. Climate change is caused by humans.	1	2	3	4	5	6	7	
8. I am deeply concerned about climate change.	1	2	3	4	5	6	7	
9. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
10. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
11. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
12. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
13. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
14. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
15. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
16. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
17. I would always provide information to the police to help them find someone suspected of committing a crime.	1	2	3	4	5	6	7	
18. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7	
19. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7	
20. If I go to my doctor/GP with a minor illness (e.g., sore throat, cough, runny nose, etc.), I think that I should be prescribed antibiotics <i>by default</i> .	1	2	3	4	5	6	7	
21. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
22. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
23. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
24. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
25. I feel that I am often discriminated against because of my religious/spiritual beliefs.	1	2	3	4	5	6	7	
26. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
27. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
28. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
29. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7	
30. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	
31. I would always report dangerous or suspicious activities occurring in my neighbourhood to the police.	1	2	3	4	5	6	7	

	Never				Extremely Frequently		
	↓						↓
1. How frequently do you have POSITIVE/GOOD contact with NZ Europeans?	1	2	3	4	5	6	7
2. How frequently do you have NEGATIVE/BAD contact with NZ Europeans?	1	2	3	4	5	6	7
3. How frequently do you have POSITIVE/GOOD contact with Māori?	1	2	3	4	5	6	7
4. How frequently do you have NEGATIVE/BAD contact with Māori?	1	2	3	4	5	6	7
5. How frequently do you have POSITIVE/GOOD contact with Pacific Islanders?	1	2	3	4	5	6	7
6. How frequently do you have NEGATIVE/BAD contact with Pacific Islanders?	1	2	3	4	5	6	7
7. How frequently do you have POSITIVE/GOOD contact with Asians?	1	2	3	4	5	6	7
8. How frequently do you have NEGATIVE/BAD contact with Asians?	1	2	3	4	5	6	7

**01. Which ethnic group(s) do you belong to?**

(Mark the space or spaces that apply to you).

☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state: \_\_\_\_\_

**02. What is your gender?** \_\_\_\_\_

**03a. What is your height?** \_\_\_\_\_ (metres)

**03b. What is your weight?** \_\_\_\_\_ (kg)

**04. What is your date of birth?** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**05a. What is your relationship status?** \_\_\_\_\_  
 (e.g., single, married, de-facto, civil union, widowed, living together, etc.)

**05b. How long have you been with your partner?** \_\_\_\_\_ (years)  
 \_\_\_\_\_ (months)

**05c. If you are currently married or in a civil union, what was the date of your marriage or union?** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**05d. How satisfied are you with your relationship?**  
 Not satisfied 1 2 3 4 5 6 7 Very satisfied  
 Please circle a number

**05e. To what extent do you experience conflict or disagreement with your partner?**  
 No conflict at all 1 2 3 4 5 6 7 A great deal of conflict

**05f. Do you live with your partner?** ☐ Yes ☐ No

**05g. What is your partner's gender?** \_\_\_\_\_

**05h. How satisfied do you think your PARTNER is with your relationship?**  
 Not satisfied 1 2 3 4 5 6 7 Very satisfied  
 Please circle a number

**06a. Are you currently employed?** ☐ Yes ☐ No  
 (This includes self-employed or casual work)

**06b. What is your current occupation?** \_\_\_\_\_

**06c. How satisfied are you with your current job?**  
 Not satisfied 1 2 3 4 5 6 7 Very satisfied

**06d. How secure do you feel in your current job?**  
 Not secure 1 2 3 4 5 6 7 Very secure

**07a. Has someone ever used the internet, a mobile phone, or digital camera to hurt, intimidate or embarrass you?** ☐ Yes ☐ No

**07b. ...has this occurred in the last month?** ☐ Yes ☐ No

**08. How much money have you donated to charity in the last year?** \$ \_\_\_\_\_

**09. Please rate how politically left-wing versus right-wing you see yourself as being:**  
 Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing

**10. Have you ever been divorced?** ☐ Yes ☐ No

**11. Do you own your own home?** ☐ Yes ☐ No  
 (either partly or fully owned)

**12. What is your highest level of qualification?** \_\_\_\_\_

**13. Please estimate your *total household income* (before tax) for the year 2015** \$ \_\_\_\_\_

**14. Please estimate your *own personal earnings* (before tax) for the year 2015** \$ \_\_\_\_\_

**15. Please rate how politically liberal versus conservative you see yourself as being:**  
 Extremely liberal 1 2 3 4 5 6 7 Extremely conservative

**16a. How many children have you given birth to, fathered, or adopted?** \_\_\_\_\_

**16b. If you are a parent, what is the birth date of your *eldest* child?** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**16c. And, if you have more than one child, the birth date of your *youngest* child?** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**16d. If you have children under 5, do they go to a paid daycare program?** ☐ Yes ☐ No

**16e. If you have children under 18, are their vaccinations up-to-date, as per the recommendations of your doctor/GP?**  
☐ Yes - fully  
☐ No - partially  
☐ No - none  
☐ Don't know

**17. Do you identify with a religion and/or spiritual group? If yes...**  
☐ Yes ☐ No

(a) what religion or spiritual group? \_\_\_\_\_

(b) how many times did you attend a church or place of worship in the last month? \_\_\_\_\_

(c) how many times did you pray in the last week? \_\_\_\_\_

(d) how many times did you read religious scripture in the last week? \_\_\_\_\_

(e) approximately how many people belong to the church or place of worship that you attend most often? \_\_\_\_\_

(f) how important is your religion to how you see yourself?  
 Not important 1 2 3 4 5 6 7 Very important

**18. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?**

	FRIENDS/FAMILY	OTHERS
(a) Māori	_____	_____
(b) NZ Europeans	_____	_____
(c) Pacific Islanders	_____	_____
(d) Asians	_____	_____

**19a. Do you plan to vote in the next New Zealand election in 2017?** ☐ Yes ☐ No

**19b. If yes, to which party do you plan to give... your party vote?** \_\_\_\_\_

**your electorate vote?** \_\_\_\_\_

**20. How important are your political beliefs to how you see yourself?**  
 Not important 1 2 3 4 5 6 7 Very important

**21. Do you believe in a God?** ☐ Yes ☐ No

**22. Do you believe in some form of spirit or life force?** ☐ Yes ☐ No

**23. Do you have any pets?** ☐ Yes ☐ No  
 (a) if yes, please specify: \_\_\_\_\_  
 (e.g., 1 dog, 2 cats, etc.)

**24. How would you describe your sexual orientation?** \_\_\_\_\_



**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in the world, so you can post it back even if you are overseas. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**Dr Chris Sibley, New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study, then please feel free to phone us (contact details on the front) or you can visit the study website. We will also send a pamphlet to everyone in the study summarising the most exciting findings from the study this year.

<http://www.psych.auckland.ac.nz/uoa/NZAVS>

**Optional Feedback Box**

We are always looking for feedback to help improve the New Zealand Attitudes and Values Study. Have we missed anything important that would affect the interpretation of your responses? Or do you have any other general comments or suggestions about how we can improve the study for next year?



## *The New Zealand Attitudes and Values Study*



### Follow-up Questionnaire for 2016/2017

A scanned copy of this form will be kept for a period of up to fifteen years

The University of Auckland  
Private Bag 92019  
Auckland, New Zealand

**Lead researcher:** Dr. Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-373-7599, extn 87498. e-mail: [nzavs@auckland.ac.nz](mailto:nzavs@auckland.ac.nz)

#### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study (NZAVS). Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone outside of the immediate research team. I understand that Dr. Sibley and the research team will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next twelve years. I understand that my contact details will be used to contact me if I win one of the grocery voucher **prize draws for \$500, \$300 or \$200** for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			
<b>Have you ever changed your name due to marriage or a civil union?</b> Yes <input type="radio"/> No <input type="radio"/>			
	If yes... <input type="text"/>		
	<b>Birth Name:</b> <input type="text"/>		

**Would you like to receive a summary of key findings from the study?** Yes ☐ No ☐

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**Instructions: This part of the questionnaire measures your feelings about yourself.**  
**Please circle the number that best represents how accurately each statement describes you.**

I ...	Very Inaccurate					Very Accurate	
	↓						↓
1. Am the life of the party.	1	2	3	4	5	6	7
2. Sympathise with others' feelings.	1	2	3	4	5	6	7
3. Get chores done right away.	1	2	3	4	5	6	7
4. Have frequent mood swings.	1	2	3	4	5	6	7
5. Have a vivid imagination.	1	2	3	4	5	6	7
6. Don't talk a lot.	1	2	3	4	5	6	7
7. Am not interested in other people's problems.	1	2	3	4	5	6	7
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7
9. Like order.	1	2	3	4	5	6	7
10. Make a mess of things.	1	2	3	4	5	6	7
11. Do not have a good imagination.	1	2	3	4	5	6	7
12. Feel others' emotions.	1	2	3	4	5	6	7
13. Am relaxed most of the time.	1	2	3	4	5	6	7
14. Get upset easily.	1	2	3	4	5	6	7
15. Seldom feel blue.	1	2	3	4	5	6	7
16. Keep in the background.	1	2	3	4	5	6	7
17. Am not really interested in others.	1	2	3	4	5	6	7
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7
21. Feel entitled to more of everything.	1	2	3	4	5	6	7
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7
25. Deserve more things in life.	1	2	3	4	5	6	7
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7
27. Feel like an outsider.	1	2	3	4	5	6	7
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7
32. Feel that I am often discriminated against because of my gender.	1	2	3	4	5	6	7
33. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7

**During the last 30 days, how often did....** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?	0	1	2	3	4
9. ... you feel exhausted?	0	1	2	3	4

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. I am in control of my health.	1	2	3	4	5	6	7	
2. It would be good if groups could be equal.	1	2	3	4	5	6	7	
3. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
4. I expect my health to get worse.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
8. I wish I had more self-discipline.	1	2	3	4	5	6	7	
9. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
10. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
11. If incomes were more equal, people would be less motivated to work hard.	1	2	3	4	5	6	7	
12. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
13. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
14. The unity of New Zealand is weakened by too many immigrants.	1	2	3	4	5	6	7	
15. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
16. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
17. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
18. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
19. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
20. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
21. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
22. I identify with New Zealand.	1	2	3	4	5	6	7	
23. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
24. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	

**Instructions:** Please rate your level of satisfaction with the following aspects of your life and New Zealand.

Completely Dissatisfied	Somewhat Satisfied									Completely Satisfied							
0	1	2	3	4	5	6	7	8	9	10							
1. Your standard of living.							0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand’s natural environment.							0	1	2	3	4	5	6	7	8	9	10
4. Your health.							0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.							0	1	2	3	4	5	6	7	8	9	10
7. Your future security.							0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.							0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.							0	1	2	3	4	5	6	7	8	9	10
10. Your access to health care when you need it (e.g., doctor, GP).							0	1	2	3	4	5	6	7	8	9	10

**Instructions:** Please indicate how strongly you disagree or agree with each statement.

	Strongly Disagree					Strongly Agree		
	↓							↓
1. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
2. If I take care of myself, I can avoid illness.	1	2	3	4	5	6	7	
3. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
4. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
5. Most of New Zealand’s policies serve the greater good.	1	2	3	4	5	6	7	
6. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
7. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
8. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
9. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
10. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
11. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
12. In general, I have a lot of self-control.	1	2	3	4	5	6	7	
13. I feel a sense of community with others in my local neighbourhood.	1	2	3	4	5	6	7	
14. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
15. Protecting New Zealand’s native species should be a national priority.	1	2	3	4	5	6	7	
16. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
17. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
18. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
19. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
20. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
21. Economic positions are legitimate reflections of people’s achievements.	1	2	3	4	5	6	7	
22. By taking an active part in political and social affairs we, the people, can control world events.	1	2	3	4	5	6	7	
23. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
24. The teachings of traditional religions are still helpful today.	1	2	3	4	5	6	7	
25. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
26. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
27. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
28. I think that homosexuality should be accepted by society.	1	2	3	4	5	6	7	
29. Women should avoid breastfeeding in public.	1	2	3	4	5	6	7	
30. With enough effort we can wipe out political corruption.	1	2	3	4	5	6	7	
31. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
32. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
33. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	
34. We should invest more in educating men to <i>not</i> be physically/sexually violent toward women.	1	2	3	4	5	6	7	
35. We should invest more in educating women how to avoid physical/sexual violence from men.	1	2	3	4	5	6	7	

**01. Do you have siblings?**

If yes, how many...

☐ Yes ☐ No

(a) older sisters do you have?

(b) younger sisters do you have?

(c) older brothers do you have?

(d) younger brothers do you have?

**02. Were you born preterm?**

(i.e., born before 37 weeks)

☐ Yes ☐ No

☐ Don't know

**03. Were you breastfed as a baby?**

☐ Yes ☐ No

☐ Don't know

**04. Are you pregnant?**

☐ Yes ☐ No

If yes, what trimester are you in?

Please rate your feelings of **WARMTH** toward the following groups using the “feeling thermometer scale” for each group.

Feel <b>LEAST WARM</b> Toward This Group 1	Neutral						Feel <b>MOST WARM</b> Toward This Group 7								
	2	3	4	5	6										
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Arabs	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7

**Instructions:** Please circle the number that best represents how important each of the following values is for you as a guiding principle in your life. Use the scale below to rate these items.

Opposed To My Values -1	Not Important 0	1	2	Important 3	4	5	Very Important 6	Of Supreme Importance 7
1. PROTECTING THE ENVIRONMENT (preserving nature)								
2. A VARIED LIFE (filled with challenge, novelty and change)								
3. HONOURING OF PARENTS AND ELDERS (showing respect)								
4. AUTHORITY (the right to lead or command)								
5. EQUALITY (equal opportunity for all)								
6. A WORLD AT PEACE (free of war and conflict)								
7. AN EXCITING LIFE (stimulating experiences)								
8. FAMILY SECURITY (safety for loved ones)								
9. INFLUENCE (having an impact on people and events)								
10. SOCIAL JUSTICE (correcting injustice, care for the weak)								
11. CURIOSITY (interest in everything, exploring)								
12. SELF-DISCIPLINE (self-restraint, resistance to temptation)								
13. WEALTH (material possessions, money)								

**01. Please estimate how many hours you spent doing each of the following things last week.**

(please enter '0 hours' if you did not do that activity last week)

- (a) Working in paid employment
- (b) Housework/cooking
- (c) Looking after children
- (d) Volunteer/charity work
- (e) Exercising/physical activity
- (f) Watching TV/Films
- (g) Travelling/commuting
- (h) Watching/reading the news
- (i) Using the internet (in total)
- (j) Using social media (e.g., Facebook)
- (k) Playing computer games
- (l) Listening to music
- (m) Putting on makeup/cosmetics

**02. During the past month, on average, how many hours of actual sleep did you get per night?**

(hours of sleep per night)

**03a. How often do you have a drink containing alcohol?**

- ☐ Never – I don't drink
- ☐ Monthly or less
- ☐ Up to 4 times a month
- ☐ Up to 3 times a week
- ☐ 4 or more times a week
- ☐ Don't know

And, if you drink alcohol...

**03b. How many drinks containing alcohol do you have on a typical day when drinking?**

(number of drinks on a typical day when drinking)

**04. What is your date of birth?**

/ /

**05. Have you been diagnosed with, or treated for, any of the following health conditions by a doctor in the last five years?**

- ☐ High cholesterol
- ☐ High blood pressure
- ☐ Asthma
- ☐ Heart disease
- ☐ Diabetes (Type II)
- ☐ Depression
- ☐ Anxiety disorder
- ☐ Other (please state):

**06a. Have you ever smoked?**

☐ Yes ☐ No

**06b. Do you currently smoke?**

☐ Yes ☐ No

**06c. If you currently smoke, how many cigarettes do you smoke in a normal day?**

(cigarettes per day)

**07. Do you have a health condition or disability that limits you, and that has lasted for 6+ months?**

☐ Yes ☐ No

(a) if yes, please state:

**08. In general, would you say your health is...**

Poor  1 2 3 4 5 6 7  Excellent  
Please circle a number

**09. In the last year, how many weeks (if any) have you spent on holiday where you travelled...**

(a) overseas?  (weeks in last year)

(b) within New Zealand?  (weeks in last year)

(c) where did you travel to for your holiday(s)?

Please rate how strongly you oppose or support each of the following possible policies or issues.

		Strongly Oppose					Strongly Support	
		↓						↓
1.	Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
2.	Performance of the Haka at international sports events.	1	2	3	4	5	6	7
3.	Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4.	Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
5.	Ensuring that all food and food ingredients sold in New Zealand are free from Genetically Modified Organisms.	1	2	3	4	5	6	7
6.	The Civil Union Act.	1	2	3	4	5	6	7
7.	Government initiatives to inform and promote healthy lifestyle choices.	1	2	3	4	5	6	7
8.	Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
9.	Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
10.	Restricting foreign ownership of New Zealand farms.	1	2	3	4	5	6	7
11.	Restricting foreign ownership of New Zealand residential property.	1	2	3	4	5	6	7
12.	Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
13.	Legalized abortion when the woman’s life is endangered.	1	2	3	4	5	6	7
14.	Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
15.	Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
16.	Same-sex marriage in NZ (The Marriage Amendment Act 2013).	1	2	3	4	5	6	7
17.	Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
18.	Greater investment in reducing domestic violence.	1	2	3	4	5	6	7
19.	Collection of telephone and internet data by the New Zealand Government as part of anti-terrorism efforts.	1	2	3	4	5	6	7
20.	Rates exemptions on Māori land.	1	2	3	4	5	6	7
21.	Redistributing money and wealth more evenly among a larger percentage of the people in New Zealand through heavy taxes on the rich.	1	2	3	4	5	6	7
22.	Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
23.	Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
24.	Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
25.	Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7
26.	A free-to-air Māori television channel.	1	2	3	4	5	6	7
27.	The current anti-smacking law (i.e., it being illegal to smack children)	1	2	3	4	5	6	7

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose 1	Neutral										Strongly Support 7
	2	3	4	5	6						
The National Party	1	2	3	4	5	6	7				
The Labour Party	1	2	3	4	5	6	7				
The ACT Party	1	2	3	4	5	6	7				
							</				

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 23456					Definitely YES 7	
1. Do you think people from your ethnic group are discriminated against in NZ?	1	2	3	4	5	6	7
2. Do you support the use of 1080 poison for possum control in New Zealand?	1	2	3	4	5	6	7
3. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?	1	2	3	4	5	6	7
4. Do you think most New Zealanders respect the achievements of your ethnic group?	1	2	3	4	5	6	7
5. Suppose a person has a painful incurable disease. Do you think that doctors should be allowed by law to end the patient’s life if the patient requests it?	1	2	3	4	5	6	7

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**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree					Strongly Agree	
	1	2	3	4	5	6	7
1. If I get sick, it is my own behaviour which determines how soon I get well again.	1	2	3	4	5	6	7
2. I am satisfied with my life.	1	2	3	4	5	6	7
3. Women are too easily offended.	1	2	3	4	5	6	7
4. It is OK for parents to use smacking as a way to discipline their children.	1	2	3	4	5	6	7
5. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7
6. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7
7. Climate change is real.	1	2	3	4	5	6	7
8. Climate change is caused by humans.	1	2	3	4	5	6	7
9. I am deeply concerned about climate change.	1	2	3	4	5	6	7
10. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7
11. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7
12. I try to enhance the bonding and intimacy in my close relationships.	1	2	3	4	5	6	7
13. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7
14. It is safe to vaccinate children following the standard New Zealand immunization schedule.	1	2	3	4	5	6	7
15. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7
16. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7
17. I try to move toward growth and development in my close relationships.	1	2	3	4	5	6	7
18. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7
19. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7
20. I try to share many fun and meaningful experiences with people I am close to.	1	2	3	4	5	6	7
21. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7
22. I oppose religion in any form.	1	2	3	4	5	6	7
23. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7
24. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7
25. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7
26. If I go to my doctor/GP with a minor illness (e.g., sore throat, cough, runny nose, etc.), I think that I should be prescribed antibiotics <i>by default</i> .	1	2	3	4	5	6	7
27. I try to avoid disagreement and conflict in my close relationships.	1	2	3	4	5	6	7
28. Women should be cherished and protected by men.	1	2	3	4	5	6	7
29. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7
30. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7
31. I try to stay away from situations that would harm my close relationships.	1	2	3	4	5	6	7
32. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7
33. I feel that I am often discriminated against because of my religious/spiritual beliefs.	1	2	3	4	5	6	7
34. In most ways my life is close to ideal.	1	2	3	4	5	6	7
35. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7
37. I identify as a spiritual person.	1	2	3	4	5	6	7
38. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7
39. I often worry about terrorist attacks happening in New Zealand.	1	2	3	4	5	6	7
40. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7
41. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7
42. All things considered, religion is a cause for good in the world.	1	2	3	4	5	6	7

**01. Which ethnic group(s) do you belong to?**

(Mark the space or spaces which apply to you).

☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**02. What is your gender?** \_\_\_\_\_

**03a. What is your height?** \_\_\_\_\_ (metres)

**03b. What is your weight?** \_\_\_\_\_ (kgs)

**04. What is your highest level of qualification?** \_\_\_\_\_

**05a. What is your relationship status?** \_\_\_\_\_  
 (e.g., single, married, de-facto, civil union, widowed, living together, etc.)

**05b. How long have you been with your partner?** \_\_\_\_\_ (years)  
 \_\_\_\_\_ (months)

**05c. If you are currently married or in a civil union, what was the date of your marriage or union?** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**05d. How satisfied are you with your relationship?**

Not satisfied 1 2 3 4 5 6 7 Very satisfied  
 Please circle a number

**05e. To what extent do you experience conflict or disagreement with your partner?**

No conflict at all 1 2 3 4 5 6 7 A great deal of conflict

**05f. How satisfied do you think your PARTNER is with your relationship?**

Not satisfied 1 2 3 4 5 6 7 Very satisfied

**06a. Are you currently employed?** ☐ Yes ☐ No  
 (This includes self-employed or casual work)

**06b. What is your current occupation?** \_\_\_\_\_

**07. Please rate your ability to speak Māori (Te Reo)**

Very poor 1 2 3 4 5 6 7 Excellent

**08. How would you describe your dietary behaviour?** \_\_\_\_\_  
 (e.g., meat & veges, vegetarian, vegan, halal, pescatarian, etc.)

**09. How much money have you donated to charity in the last year?** \$ \_\_\_\_\_

**10. Please rate how politically liberal versus conservative you see yourself as being:**

Extremely liberal 1 2 3 4 5 6 7 Extremely conservative

**11a. Has someone ever used the internet, a mobile phone, or digital camera to hurt, intimidate or embarrass you?** ☐ Yes ☐ No

**11b. ...has this occurred in the last month?** ☐ Yes ☐ No

**12. Please rate how politically left-wing versus right-wing you see yourself as being:**

Extremely left-wing 1 2 3 4 5 6 7 Extremely right-wing

**13. Have you ever been divorced?** ☐ Yes ☐ No

**14. How would you describe your sexual orientation?** \_\_\_\_\_

**15. Please estimate your total household income (before tax) for the year 2016:** \$ \_\_\_\_\_

**16a. Now, think about all the other households in NZ. Give your best estimate of the average income of those households:** \$ \_\_\_\_\_

**16b. Now, think about all the other households in your immediate neighbourhood. Give your best estimate of the average income of those households:** \$ \_\_\_\_\_

**17a. How many children have you given birth to, fathered, or adopted?** \_\_\_\_\_

**17b. If you are a parent, what is the birth date of your eldest child?** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**17c. And, if you have more than one child, the birth date of your youngest child?** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**17d. If you have children under 5, do they go to a paid daycare program?** ☐ Yes ☐ No

**17e. If you have children under 18, are their vaccinations up-to-date, as per the recommendations of your doctor/GP?** ☐ Yes - fully  
☐ No - partially  
☐ No - none  
☐ Don't know

**18. Do you identify with a religion and/or spiritual group? If yes...** ☐ Yes ☐ No

(a) what religion or spiritual group? \_\_\_\_\_

(b) how many times did you attend a church or place of worship in the last month? \_\_\_\_\_

(c) how many times did you pray in the last week? \_\_\_\_\_

(d) how many times did you read religious scripture in the last week? \_\_\_\_\_

(e) approximately how many people belong to the church or place of worship that you attend most often? \_\_\_\_\_

(f) how important is your religion to how you see yourself?

Not important 1 2 3 4 5 6 7 Very important

**19. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?**

	FRIENDS/FAMILY	OTHERS
(a) Māori	_____	_____
(b) NZ Europeans	_____	_____
(c) Pacific Islanders	_____	_____
(d) Asians	_____	_____

**20a. Do you plan to vote in the next New Zealand election in 2017?** ☐ Yes ☐ No

**20b. If yes, to which party do you plan to give...**

your party vote? \_\_\_\_\_

your electorate vote? \_\_\_\_\_

**21. How important are your political beliefs to how you see yourself?**

Not important 1 2 3 4 5 6 7 Very important

**22. Do you believe in a God?** ☐ Yes ☐ No

**23. Do you believe in some form of spirit or life force?** ☐ Yes ☐ No

**24. Where were you born?** \_\_\_\_\_  
 (please be specific, e.g., which town/city?)

**25. If you were born overseas, for how many years have you lived in NZ?** \_\_\_\_\_

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in New Zealand. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**Dr Chris Sibley, New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study, then please feel free to phone us (contact details on the front) or you can visit the study website. We will also send a newsletter to everyone in the study summarising the most exciting findings from the study this year.

<http://www.psych.auckland.ac.nz/uoa/NZAVS>

**Optional Feedback Box**

We are always looking for feedback to help improve the New Zealand Attitudes and Values Study. Have we missed anything important? Or do you have any other general comments or suggestions about how we can improve the study for next year?

**Finally, have you experienced any significant life events in the past year?**

This is a final optional question. Your responses could help us to understand important changes in people's lives that are missed by the specific questions in the survey.



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## Follow-up Questionnaire for 2017/2018

A scanned copy of this form will be kept for a period of up to fifteen years

**Lead researcher:** Dr. Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-923-7498. e-mail: [nzavs@auckland.ac.nz](mailto:nzavs@auckland.ac.nz)

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study (NZAVS). Only Dr. Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Dr. Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone outside of the immediate research team. I understand that Dr. Sibley and the research team will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next eleven years. I understand that my contact details will also be used to contact me if I win one of the **five prize draws for \$1000 grocery vouchers** (total prize pool \$5000) for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			
<b>Have you ever changed your name due to marriage or a civil union?</b> Yes <input type="radio"/> No <input type="radio"/>			
	If yes... <input type="text"/>		
	<b>Birth Name:</b> <input type="text"/>		

<b>Are you open to being contacted and invited to participate in an additional online research project studying how people interact and make economic decisions in groups?</b>	Yes <input type="radio"/>	No <input type="radio"/>
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You can complete an online version of this questionnaire instead at: [www.psych.auckland.ac.nz/NZAVS-survey](http://www.psych.auckland.ac.nz/NZAVS-survey)

The QR code on the right also links to the online version of the study.



**Instructions:** This part of the questionnaire measures your feelings about yourself.  
Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate ↓					Very Accurate ↓		
1. Am the life of the party.	1	2	3	4	5	6	7	
2. Sympathise with others' feelings.	1	2	3	4	5	6	7	
3. Get chores done right away.	1	2	3	4	5	6	7	
4. Have frequent mood swings.	1	2	3	4	5	6	7	
5. Have a vivid imagination.	1	2	3	4	5	6	7	
6. Don't talk a lot.	1	2	3	4	5	6	7	
7. Am not interested in other people's problems.	1	2	3	4	5	6	7	
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7	
9. Like order.	1	2	3	4	5	6	7	
10. Make a mess of things.	1	2	3	4	5	6	7	
11. Do not have a good imagination.	1	2	3	4	5	6	7	
12. Feel others' emotions.	1	2	3	4	5	6	7	
13. Am relaxed most of the time.	1	2	3	4	5	6	7	
14. Get upset easily.	1	2	3	4	5	6	7	
15. Seldom feel blue.	1	2	3	4	5	6	7	
16. Keep in the background.	1	2	3	4	5	6	7	
17. Am not really interested in others.	1	2	3	4	5	6	7	
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7	
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7	
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7	
21. Feel entitled to more of everything.	1	2	3	4	5	6	7	
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7	
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7	
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7	
25. Deserve more things in life.	1	2	3	4	5	6	7	
26. Take a positive attitude toward myself.	1	2	3	4	5	6	7	
27. Feel like an outsider.	1	2	3	4	5	6	7	
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7	
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7	
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7	
31. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7	
32. Feel that I am often discriminated against because of my gender.	1	2	3	4	5	6	7	
33. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7	

**During the last 30 days, how often did...** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1		Some Of The Time 2		Most Of The Time 3		All Of The Time 4		
1. ... you feel hopeless?					0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?					0	1	2	3	4
3. ... you feel restless or fidgety?					0	1	2	3	4
4. ... you feel that everything was an effort?					0	1	2	3	4
5. ... you feel worthless?					0	1	2	3	4
6. ... you feel nervous?					0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?					0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?					0	1	2	3	4
9. ... you feel exhausted?					0	1	2	3	4

**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. I am in control of my health.	1	2	3	4	5	6	7	
2. It would be good if groups could be equal.	1	2	3	4	5	6	7	
3. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
4. I expect my health to get worse.	1	2	3	4	5	6	7	
5. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
8. I wish I had more self-discipline.	1	2	3	4	5	6	7	
9. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
10. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
11. If incomes were more equal, people would be less motivated to work hard.	1	2	3	4	5	6	7	
12. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
13. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
14. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
15. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
16. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
17. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
18. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
19. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
20. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
21. I think that the Māori language helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
22. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
23. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	

**Instructions:** Please rate your level of satisfaction with the following aspects of your life and New Zealand.

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9										Completely Satisfied 10
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand's natural environment.	0	1	2	3	4	5	6	7	8	9	10
4. Your health.	0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10
10. Your access to health care when you need it (e.g., doctor, GP).	0	1	2	3	4	5	6	7	8	9	10
11. The quality and health of the waterways in your local region.	0	1	2	3	4	5	6	7	8	9	10

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree					Strongly Agree		
	↓							↓
1. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
2. If I take care of myself, I can avoid illness.	1	2	3	4	5	6	7	
3. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
4. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
5. Most of New Zealand’s policies serve the greater good.	1	2	3	4	5	6	7	
6. People who weren't around in previous centuries should not feel accountable for the actions of their ancestors.	1	2	3	4	5	6	7	
7. I think that Māori culture helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
8. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
9. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
10. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
11. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
12. In general, I have a lot of self-control.	1	2	3	4	5	6	7	
13. I feel a sense of community with others in my local neighbourhood.	1	2	3	4	5	6	7	
14. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
15. Protecting New Zealand’s native species should be a national priority.	1	2	3	4	5	6	7	
16. The current income gap between New Zealand Europeans and other ethnic groups would be very hard to change.	1	2	3	4	5	6	7	
17. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
18. I generally earn less than other people in NZ.	1	2	3	4	5	6	7	
19. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
20. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
21. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
22. Economic positions are legitimate reflections of people’s achievements.	1	2	3	4	5	6	7	
23. I believe I am capable, as an individual, of improving my status in society.	1	2	3	4	5	6	7	
24. By taking an active part in political and social affairs we, the people, can control world events.	1	2	3	4	5	6	7	
25. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
26. People’s basic rights are well protected by the New Zealand Police.	1	2	3	4	5	6	7	
27. New Zealand would be a better place to live if we forgot about trying to promote Māori culture to everyone.	1	2	3	4	5	6	7	
28. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
29. Politicians in New Zealand can generally be trusted.	1	2	3	4	5	6	7	
30. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
31. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	
32. Women should avoid breastfeeding in public.	1	2	3	4	5	6	7	
33. There are many things about the New Zealand Police and its policies that need to be changed.	1	2	3	4	5	6	7	
34. With enough effort we can wipe out political corruption.	1	2	3	4	5	6	7	
35. The unity of New Zealand is weakened by too many immigrants	1	2	3	4	5	6	7	
36. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
37. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
38. I think that homosexuality should be accepted by society.	1	2	3	4	5	6	7	
39. We should invest more in educating men to <i>not</i> be physically/sexually violent toward women.	1	2	3	4	5	6	7	
40. We should invest more in educating women how to avoid physical/sexual violence from men.	1	2	3	4	5	6	7	



Please rate your feelings of **WARMTH** toward the following groups using the “feeling thermometer scale” for each group.

Feel <b>LEAST WARM</b> Toward This Group 1	2	3	Neutral 4	5	6	7 Feel <b>MOST WARM</b> Toward This Group									
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Elderly people	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7
Refugees	1	2	3	4	5	6	7	People with mental illness	1	2	3	4	5	6	7

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose 1	2	3	Neutral 4	5	6	7 Strongly Support									
The National Party	1	2	3	4	5	6	7	The Green Party	1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7	The Māori Party	1	2	3	4	5	6	7
The ACT Party	1	2	3	4	5	6	7	The NZ First Party	1	2	3	4	5	6	7

**01. Please estimate how many hours you spent doing each of the following things last week.**

(please enter '0 hours' if you did not do that activity last week)

- (a) Working in paid employment
- (b) Housework/cooking
- (c) Looking after children
- (d) Volunteer/charity work
- (e) Exercising/physical activity
- (f) Watching TV/Netflix/movies
- (g) Travelling/commuting
- (h) Watching/reading the news
- (i) Using the internet (in total)
- (j) Using social media (e.g., Facebook)
- (k) Playing video/computer games
- (l) Putting on makeup/cosmetics

**02. During the past month, on average, how many hours of actual sleep did you get per night?**

(hours of sleep per night)

**03a. How often do you have a drink containing alcohol?**

- ☐ Never – I don't drink
- ☐ Monthly or less
- ☐ Up to 4 times a month
- ☐ Up to 3 times a week
- ☐ 4 or more times a week
- ☐ Don't know

And, if you drink alcohol...

**03b. How many drinks containing alcohol do you have on a typical day when drinking?**

(number of drinks on a typical day when drinking)

**04. What is your date of birth?**

/  /

**05. Which ethnic group(s) do you belong to?**

- ☐ New Zealand European
- ☐ Māori
- ☐ Samoan
- ☐ Cook Island Māori
- ☐ Tongan
- ☐ Niuean
- ☐ Chinese
- ☐ Indian
- ☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state:

(Mark the space or spaces which apply to you).

**06. What is your gender?**

**07. Have you been diagnosed with, or treated for, any of the following health conditions by a doctor in the last five years?**

- ☐ High cholesterol
- ☐ High blood pressure
- ☐ Asthma
- ☐ Heart disease
- ☐ Diabetes (Type II)
- ☐ Depression
- ☐ Anxiety disorder
- ☐ Other (please state):

**08a. Have you ever smoked?**

☐ Yes ☐ No

**08b. Do you currently smoke?**

☐ Yes ☐ No

**08c. If you currently smoke, how many cigarettes do you smoke in a normal day?**

(cigarettes per day)

**09. Do you have a health condition or disability that limits you, and that has lasted for 6+ months?**

☐ Yes ☐ No

(a) if yes, please state:

**10. In general, would you say your health is...**

Poor  1 2 3 4 5 6 7  Excellent  
Please circle a number

**11a. Do you have a regular family doctor/GP?**

☐ Yes ☐ No

And, if you have a regular doctor/GP, to what extent...

**11b. Are you satisfied with the service and care you receive from your family doctor/GP?**

Not satisfied  1 2 3 4 5 6 7  Very satisfied

**11c. Do you think your doctor/GP shares a similar cultural background to you?**

Definitely NO  1 2 3 4 5 6 7  Definitely YES

**11d. Does your doctor/GP respect your cultural background when you are discussing health issues with them?**

Definitely NO  1 2 3 4 5 6 7  Definitely YES

**12. What is your height?**

(metres)

**13. What is your weight?**

(kgs)

Please rate how strongly you oppose or support each of the following possible policies or issues.

	Strongly Oppose					Strongly Support		
	↓						↓	
1.	Policies promoting closer trade ties between India and New Zealand.	1	2	3	4	5	6	7
2.	Performance of the Haka at international sports events.	1	2	3	4	5	6	7
3.	Māori ownership of the seabed and foreshore.	1	2	3	4	5	6	7
4.	Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
5.	Ensuring that all food and food ingredients sold in New Zealand are free from Genetically Modified Organisms.	1	2	3	4	5	6	7
6.	Government initiatives to inform and promote healthy lifestyle choices.	1	2	3	4	5	6	7
7.	Policies promoting closer trade ties between China and New Zealand.	1	2	3	4	5	6	7
8.	Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
9.	Restricting foreign ownership of New Zealand farms.	1	2	3	4	5	6	7
10.	Restricting foreign ownership of New Zealand residential property.	1	2	3	4	5	6	7
11.	Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
12.	Legalized abortion when the woman’s life is endangered.	1	2	3	4	5	6	7
13.	Reserving places for Māori students to study medicine.	1	2	3	4	5	6	7
14.	Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
15.	Same-sex marriage in NZ (The Marriage Amendment Act 2013).	1	2	3	4	5	6	7
16.	Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
17.	Greater investment in reducing domestic violence.	1	2	3	4	5	6	7
18.	Collection of telephone and internet data by the New Zealand Government as part of anti-terrorism efforts.	1	2	3	4	5	6	7
19.	Rates exemptions on Māori land.	1	2	3	4	5	6	7
20.	Redistributing money and wealth more evenly among a larger percentage of the people in New Zealand through heavy taxes on the rich.	1	2	3	4	5	6	7
21.	Displaying signage in public places in both Māori and English.	1	2	3	4	5	6	7
22.	Policies promoting more immigration from India to New Zealand.	1	2	3	4	5	6	7
23.	Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
24.	Policies promoting more immigration from China to New Zealand.	1	2	3	4	5	6	7
25.	Crown (government) ownership of the seabed and foreshore.	1	2	3	4	5	6	7
26.	A free-to-air Māori television channel.	1	2	3	4	5	6	7
27.	Protest marches and public demonstrations supporting the rights of New Zealand Europeans.	1	2	3	4	5	6	7

**Instructions:** Please answer each of the following questions by circling a number on the scale below.

Definitely NO 1	Unsure 4					Definitely YES 7	
2	3	4	5	6			
1. Do you think people from your ethnic group are discriminated against in NZ?					1	2 3 4 5 6 7	
2. Do you support the use of 1080 poison for possum control in New Zealand?					1	2 3 4 5 6 7	
3. Do you think most New Zealanders respect the achievements of your ethnic group?					1	2 3 4 5 6 7	
4. Of course, we all hope that there will not be another war, but if it were to come to that, would you be willing to fight for your country?					1	2 3 4 5 6 7	
5. Suppose a person has a painful incurable disease. Do you think that doctors should be allowed by law to end the patient’s life if the patient requests it?					1	2 3 4 5 6 7	
6. Are you willing to make sacrifices to your standard of living (e.g., accept higher prices, drive less, conserve energy) in order to protect the environment?					1	2 3 4 5 6 7	
7. Have you made sacrifices to your standard of living (e.g., accepted higher prices, driven less, conserved energy) in order to protect the environment?					1	2 3 4 5 6 7	
8. Do you think most New Zealanders are willing to make sacrifices to their standard of living in order to protect the environment?					1	2 3 4 5 6 7	

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**Instructions:** Please indicate how strongly you disagree or agree with each statement.

	Strongly Disagree ↓					Strongly Agree ↓		
1. If I get sick, it is my own behaviour which determines how soon I get well again.	1	2	3	4	5	6	7	
2. I am satisfied with my life.	1	2	3	4	5	6	7	
3. Women are too easily offended.	1	2	3	4	5	6	7	
4. The New Zealand Police care about the well-being of everyone they deal with.	1	2	3	4	5	6	7	
5. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
6. We should all move on as one nation and forget about past differences and conflicts between ethnic groups.	1	2	3	4	5	6	7	
7. Climate change is real.	1	2	3	4	5	6	7	
8. Climate change is caused by humans.	1	2	3	4	5	6	7	
9. I am deeply concerned about climate change.	1	2	3	4	5	6	7	
10. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
11. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
12. It would be good if all people living in New Zealand could speak Māori and English.	1	2	3	4	5	6	7	
13. We should not have to pay for the mistakes of our ancestors.	1	2	3	4	5	6	7	
14. It is safe to vaccinate children following the standard New Zealand immunization schedule.	1	2	3	4	5	6	7	
15. I would always report dangerous or suspicious activities occurring in my neighbourhood to the police.	1	2	3	4	5	6	7	
16. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
17. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
18. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
19. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
20. I would always provide information to the police to help them find someone suspected of committing a crime.	1	2	3	4	5	6	7	
21. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	
22. I insist upon my ethnic group getting the respect that is due to it.	1	2	3	4	5	6	7	
23. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7	
24. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7	
25. By taking personal action I believe I can make a positive difference to environmental problems.	1	2	3	4	5	6	7	
26. If I go to my doctor/GP with a minor illness (e.g., sore throat, cough, runny nose, etc.), I think that I should be prescribed antibiotics <i>by default</i> .	1	2	3	4	5	6	7	
27. If my ethnic group had a major say in the world, the world would be a much better place.	1	2	3	4	5	6	7	
28. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
29. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
30. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
31. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
32. I feel that I am often discriminated against because of my religious/spiritual beliefs.	1	2	3	4	5	6	7	
33. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
34. I feel I can make a difference to the state of the environment.	1	2	3	4	5	6	7	
35. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
36. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
37. I often worry about terrorist attacks happening in New Zealand.	1	2	3	4	5	6	7	
38. I reckon Māori culture should stay where it belongs—with Māori. It doesn't concern other NZers.	1	2	3	4	5	6	7	
39. The true worth of my ethnic group is often misunderstood.	1	2	3	4	5	6	7	
40. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	

01. What is your highest level of qualification?

02a. Are you currently employed? ☐ Yes ☐ No  
(This includes self-employed or casual work)

02b. If yes, how long have you worked at your current organization?  (years)  
 (months)

02c. What is your current occupation?

02d. How satisfied are you with your current job?  
Not satisfied ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very satisfied

02e. How secure do you feel in your current job?  
Not secure ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very secure

03a. What is your relationship status?   
(e.g., single, married, de-facto, civil union, widowed, living together, etc.)  
If you are in a relationship...

03b. How long have you been with your partner?  (years)  
 (months)

03c. If you are currently married or in a civil union, what was the date of your marriage or union?  /  /

03d. How satisfied are you with your relationship?  
Not satisfied ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very satisfied  
Please circle a number

03e. To what extent do you experience conflict or disagreement with your partner?  
No conflict at all ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ A great deal of conflict

03f. How satisfied do you think your PARTNER is with your relationship?  
Not satisfied ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very satisfied

03g. What is your partner's ethnicity?

04. How long have you lived at your current address?  (years)  
 (months)

05. How many other people live in the same household as you?  Number of adults  
 Number of children

06. Please rate your ability to speak Māori (Te Reo)  
Very poor ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Excellent

07. How would you describe your dietary behaviour?   
(e.g., meat & veges, vegetarian, vegan, halal, pescatarian, etc.)

08. How much money have you donated to charity in the last year? \$

09. Please rate how politically liberal versus conservative you see yourself as being:  
Extremely liberal ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Extremely conservative

10a. Has someone ever used the internet, a mobile phone, or digital camera to hurt, intimidate or embarrass you? ☐ Yes ☐ No

10b. ...has this occurred in the last month? ☐ Yes ☐ No

11. Please rate how politically left-wing versus right-wing you see yourself as being:  
Extremely left-wing ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Extremely right-wing

12. Have you ever been divorced? ☐ Yes ☐ No

13. How would you describe your sexual orientation?   
(e.g., heterosexual, homosexual, straight, gay, lesbian, bisexual, etc.)

14. Please estimate your total household income (before tax) for the year 2017: \$

15a. Now, think about all the other households in NZ. Give your best estimate of the average income of those households: \$

15b. Now, think about all the other households in your immediate neighbourhood. Give your best estimate of the average income of those households: \$

16a. How many children have you given birth to, fathered, or adopted?

16b. If you are a parent, what is the birth date of your eldest child?  /  /

16c. And, if you have more than one child, the birth date of your youngest child?  /  /

16d. If you have children under 5, do they go to a paid daycare program? ☐ Yes ☐ No

16e. If you have children under 18, are their vaccinations up-to-date, as per the recommendations of your doctor/GP?  
☐ Yes - fully  
☐ No - partially  
☐ No - none  
☐ Don't know

17. Do you identify with a religion and/or spiritual group? If yes...  
☐ Yes ☐ No  
(a) what religion or spiritual group?   
(b) how many times did you attend a church or place of worship in the last month?   
(c) how many times did you pray in the last week?   
(d) how many times did you read religious scripture in the last week?   
(e) approximately how many people belong to the church or place of worship that you attend most often?   
(f) how important is your religion to how you see yourself?  
Not important ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very important

18. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?

	FRIENDS/FAMILY	OTHERS
(a) Māori	<input type="text"/>	<input type="text"/>
(b) NZ Europeans	<input type="text"/>	<input type="text"/>
(c) Pacific Islanders	<input type="text"/>	<input type="text"/>
(d) Asians	<input type="text"/>	<input type="text"/>

19a. Did you vote in the New Zealand election in 2017? ☐ Yes ☐ No

19b. If yes, to which party did you give...  
your party vote?   
your electorate vote?

20. How important are your political beliefs to how you see yourself?  
Not important ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Very important

21. Do you believe in a God? ☐ Yes ☐ No

22. Do you believe in some form of spirit or life force? ☐ Yes ☐ No

23. Where were you born? (please be specific, e.g., which town/city?)

24. If you were born overseas, for how many years have you lived in NZ?

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in New Zealand. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study, then please feel free to phone us (contact details on the front) or you can visit the study website. We will also send a newsletter to everyone in the study summarising the most exciting findings from the study this year.

[www.nzavs.auckland.ac.nz](http://www.nzavs.auckland.ac.nz)

**Optional Feedback Box**

We are always looking for feedback to help improve the New Zealand Attitudes and Values Study. Have we missed anything important? Or do you have any other general comments or suggestions about how we can improve the study for next year?

**Finally, have you experienced any significant life events in the past year?**

This is a final optional question. Your responses could help us to understand important changes in people's lives that are missed by the specific questions in the survey.





## Follow-up Questionnaire for 2018/2019

A scanned copy of this form will be kept for a period of up to fifteen years.

**Lead researcher:** Professor Chris Sibley, School of Psychology, The University of Auckland.  
Phone: 09-923-7498. e-mail: [nzavs@auckland.ac.nz](mailto:nzavs@auckland.ac.nz)

### Consent form and contact details

This form is to gather your consent to participate in this phase of the New Zealand Attitudes and Values Study (NZAVS). Only Professor Sibley and his research associates will have access to your responses. Your personal information will be kept separate from your responses at all times. Your questionnaire will be identified by an anonymous code. An encrypted electronic copy of all responses will be stored indefinitely for research purposes in a secure room in the School of Psychology.

I have read and understood a description of this research project. On this basis, I agree to take part. I understand that my data will remain confidential at all times. I understand that only Professor Sibley and trusted research assistants working on the study in secure conditions will have access to my contact details. I consent to publication of the results of the project with the understanding that my anonymity will be preserved. I understand that I am free to withdraw from the research at any time up until the point at which I complete and return this questionnaire. I understand that my contact details will never be shared with anyone outside of the immediate research team. I understand that Professor Sibley and the research team will use these details to contact and invite me to complete follow-up questionnaires, possibly for the next ten years. I understand that my contact details will also be used to contact me if I win one of the **five prize draws for \$1000 grocery vouchers** (total prize pool \$5000) for participating in this study.

<b>Name:</b>			
<b>Signature:</b>		<b>Today's Date:</b>	
<b>Home phone:</b>		<b>Cell phone:</b>	
<b>Email address:</b>			
<b>Postal address:</b>			
<b>Have you ever changed your name due to marriage or a civil union?</b> Yes <input type="radio"/> No <input type="radio"/>			
	If yes... <input type="text"/>		
	<b>Birth Name:</b> <input type="text"/>		

<b>Are you open to being contacted and invited to participate in an additional online research project studying how people interact and make economic decisions in groups?</b>	Yes <input type="radio"/>	No <input type="radio"/>
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You can complete an online version of this questionnaire instead at: [www.nzavs.auckland.ac.nz/survey](http://www.nzavs.auckland.ac.nz/survey)

The QR code on the right also links to the online version of the study.



**Instructions:** This part of the questionnaire measures your feelings about yourself.  
Please circle the number that best represents how accurately each statement describes you.

I ...	Very Inaccurate					Very Accurate	
	↓						↓
1. Am the life of the party.	1	2	3	4	5	6	7
2. Sympathise with others' feelings.	1	2	3	4	5	6	7
3. Get chores done right away.	1	2	3	4	5	6	7
4. Have frequent mood swings.	1	2	3	4	5	6	7
5. Have a vivid imagination.	1	2	3	4	5	6	7
6. Don't talk a lot.	1	2	3	4	5	6	7
7. Am not interested in other people's problems.	1	2	3	4	5	6	7
8. Have difficulty understanding abstract ideas.	1	2	3	4	5	6	7
9. Like order.	1	2	3	4	5	6	7
10. Make a mess of things.	1	2	3	4	5	6	7
11. Do not have a good imagination.	1	2	3	4	5	6	7
12. Feel others' emotions.	1	2	3	4	5	6	7
13. Am relaxed most of the time.	1	2	3	4	5	6	7
14. Get upset easily.	1	2	3	4	5	6	7
15. Seldom feel blue.	1	2	3	4	5	6	7
16. Keep in the background.	1	2	3	4	5	6	7
17. Am not really interested in others.	1	2	3	4	5	6	7
18. Am not interested in abstract ideas.	1	2	3	4	5	6	7
19. Often forget to put things back in their proper place.	1	2	3	4	5	6	7
20. Talk to a lot of different people at parties.	1	2	3	4	5	6	7
21. Feel entitled to more of everything.	1	2	3	4	5	6	7
22. On the whole am satisfied with myself.	1	2	3	4	5	6	7
23. Know that people in my life accept and value me.	1	2	3	4	5	6	7
24. Would like to be seen driving around in a very expensive car.	1	2	3	4	5	6	7
25. Deserve more things in life.	1	2	3	4	5	6	7
26. Feel that I am often discriminated against because of my ethnicity.	1	2	3	4	5	6	7
27. Feel like an outsider.	1	2	3	4	5	6	7
28. Would get a lot of pleasure from owning expensive luxury goods.	1	2	3	4	5	6	7
29. Am satisfied with the appearance, size and shape of my body.	1	2	3	4	5	6	7
30. Am inclined to feel that I am a failure.	1	2	3	4	5	6	7
31. Take a positive attitude toward myself.	1	2	3	4	5	6	7
32. Feel that I am often discriminated against because of my gender.	1	2	3	4	5	6	7
33. Know that people around me share my attitudes and beliefs.	1	2	3	4	5	6	7

**During the last 30 days, how often did...** (Please use the scale below to circle a number for each question)

None Of The Time 0	A Little Of The Time 1	Some Of The Time 2	Most Of The Time 3	All Of The Time 4	
1. ... you feel hopeless?	0	1	2	3	4
2. ... you feel so depressed that nothing could cheer you up?	0	1	2	3	4
3. ... you feel restless or fidgety?	0	1	2	3	4
4. ... you feel that everything was an effort?	0	1	2	3	4
5. ... you feel worthless?	0	1	2	3	4
6. ... you feel nervous?	0	1	2	3	4
7. ... you have negative thoughts that repeated over and over?	0	1	2	3	4
8. ... you worry that a big earthquake might hit your region?	0	1	2	3	4
9. ... you feel exhausted?	0	1	2	3	4



**Instructions:** The statements below reflect different opinions and points of view. Please indicate how strongly you disagree or agree with each statement. Remember, the best answer is your own opinion.

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. I have much in my life to be thankful for.	1	2	3	4	5	6	7	
2. It would be good if groups could be equal.	1	2	3	4	5	6	7	
3. I often think about the fact that I am a member of my ethnic group.	1	2	3	4	5	6	7	
4. I expect my health to get worse.	1	2	3	4	5	6	7	
5. I feel a sense of community with others in my local neighbourhood.	1	2	3	4	5	6	7	
6. We should have increased social equality.	1	2	3	4	5	6	7	
7. I know there are people I can turn to when I need help.	1	2	3	4	5	6	7	
8. There are many things about the New Zealand Police and its policies that need to be changed.	1	2	3	4	5	6	7	
9. If I go to my doctor/GP with a minor illness (e.g., sore throat, cough, runny nose, etc.), I think that I should be prescribed antibiotics <i>by default</i> .	1	2	3	4	5	6	7	
10. I wish I had more self-discipline.	1	2	3	4	5	6	7	
11. We should do what we can to equalise conditions for different groups.	1	2	3	4	5	6	7	
12. By taking an active part in political and social affairs we, the people, can control world events.	1	2	3	4	5	6	7	
13. I seem to get sick a little easier than other people.	1	2	3	4	5	6	7	
14. If incomes were more equal, people would be less motivated to work hard.	1	2	3	4	5	6	7	
15. I have a good sense of what makes my life meaningful.	1	2	3	4	5	6	7	
16. To get ahead in life, it is sometimes okay to step on other groups.	1	2	3	4	5	6	7	
17. I am hardly ever satisfied with my performance.	1	2	3	4	5	6	7	
18. People from my ethnic group generally earn less than other groups in NZ.	1	2	3	4	5	6	7	
19. When I feel negative emotions, I suppress or hide my emotions.	1	2	3	4	5	6	7	
20. I have considered voting in terms of what is good for my particular ethnic group.	1	2	3	4	5	6	7	
21. I am grateful to a wide variety of people.	1	2	3	4	5	6	7	
22. I feel at ease when I am in a city district in New Zealand with many immigrants.	1	2	3	4	5	6	7	
23. I find myself regularly thinking about past times that I have been wronged.	1	2	3	4	5	6	7	
24. With enough support and professional help, people who have committed violent offences can be rehabilitated to become safe members of our society.	1	2	3	4	5	6	7	
25. The fact that I am a member of my ethnic group is an important part of my identity.	1	2	3	4	5	6	7	
26. People who are ‘tall poppies’ should be cut down to size.	1	2	3	4	5	6	7	
27. Everyone in New Zealand has a fair shot at wealth and happiness, regardless of ethnicity or race.	1	2	3	4	5	6	7	

**Instructions:** Please rate your level of satisfaction with the following aspects of your life and New Zealand.

Completely Dissatisfied 0	Somewhat Satisfied 1 2 3 4 5 6 7 8 9										Completely Satisfied 10
1. Your standard of living.	0	1	2	3	4	5	6	7	8	9	10
2. The economic situation in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
3. The quality of New Zealand's natural environment.	0	1	2	3	4	5	6	7	8	9	10
4. Your health.	0	1	2	3	4	5	6	7	8	9	10
5. The social conditions in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
6. The performance of the current New Zealand government.	0	1	2	3	4	5	6	7	8	9	10
7. Your future security.	0	1	2	3	4	5	6	7	8	9	10
8. Business in New Zealand.	0	1	2	3	4	5	6	7	8	9	10
9. Your personal relationships.	0	1	2	3	4	5	6	7	8	9	10
10. Your access to health care when you need it (e.g., doctor, GP).	0	1	2	3	4	5	6	7	8	9	10
11. The quality and health of the waterways in your local region.	0	1	2	3	4	5	6	7	8	9	10

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. Everyone has a fair shot at wealth and happiness in New Zealand.	1	2	3	4	5	6	7	
2. When I look at the world, I don't see much to be grateful for.	1	2	3	4	5	6	7	
3. I feel a great pride in the land that is our New Zealand.	1	2	3	4	5	6	7	
4. There are people I can depend on to help me if I really need it.	1	2	3	4	5	6	7	
5. It's good to see very successful people fail occasionally.	1	2	3	4	5	6	7	
6. Women exaggerate problems they have at work.	1	2	3	4	5	6	7	
7. In general, I find New Zealand society to be fair.	1	2	3	4	5	6	7	
8. Women, compared to men, tend to have greater moral sensibility.	1	2	3	4	5	6	7	
9. I think that the Māori language helps to define New Zealand in positive ways.	1	2	3	4	5	6	7	
10. In general, I have a lot of self-control.	1	2	3	4	5	6	7	
11. I have considered participating in demonstrations on behalf of my ethnic group.	1	2	3	4	5	6	7	
12. It is OK if some groups have more of a chance in life than others.	1	2	3	4	5	6	7	
13. It would be best for everyone if the proper authorities censored magazines so that people could not get their hands on trashy and disgusting material.	1	2	3	4	5	6	7	
14. The current income gap between New Zealand Europeans and other ethnic groups would be very hard to change.	1	2	3	4	5	6	7	
15. There are too many immigrants living in New Zealand.	1	2	3	4	5	6	7	
16. I generally earn less than other people in New Zealand.	1	2	3	4	5	6	7	
17. I have considered signing petitions on behalf of my ethnic group.	1	2	3	4	5	6	7	
18. Māori have too much political power and influence in decisions affecting NZ.	1	2	3	4	5	6	7	
19. Once a woman gets a man to commit to her she usually tries to put him on a tight leash.	1	2	3	4	5	6	7	
20. Economic positions are legitimate reflections of people's achievements.	1	2	3	4	5	6	7	
21. I believe I am capable, as an individual, of improving my status in society.	1	2	3	4	5	6	7	
22. My life has a clear sense of purpose.	1	2	3	4	5	6	7	
23. Most of New Zealand's policies serve the greater good.	1	2	3	4	5	6	7	
24. In general, the New Zealand political system operates as it should.	1	2	3	4	5	6	7	
25. People's basic rights are well protected by the New Zealand Police.	1	2	3	4	5	6	7	
26. People shouldn't criticise or knock the very successful.	1	2	3	4	5	6	7	
27. If they knew me, most NZers would respect what I have accomplished in life.	1	2	3	4	5	6	7	
28. Politicians in New Zealand can generally be trusted.	1	2	3	4	5	6	7	
29. Every man ought to have a woman whom he adores.	1	2	3	4	5	6	7	
30. It is always better to trust the judgment of the proper authorities in government and religion than to listen to the noisy rabble-rousers in our society who are trying to create doubt in people's minds.	1	2	3	4	5	6	7	
31. When women lose to men in a fair competition, they typically complain about being discriminated against.	1	2	3	4	5	6	7	
32. Atheists and others who have rebelled against established religions are no doubt every bit as good and virtuous as those who attend church regularly.	1	2	3	4	5	6	7	
33. I wouldn't want people to treat me as though I were superior to them.	1	2	3	4	5	6	7	
34. With enough effort we can wipe out political corruption.	1	2	3	4	5	6	7	
35. The unity of New Zealand is weakened by too many immigrants.	1	2	3	4	5	6	7	
36. There is no one I can turn to for guidance in times of stress.	1	2	3	4	5	6	7	
37. The teachings of traditional religions are still helpful today.	1	2	3	4	5	6	7	
38. Men and women both have a fair shot at wealth and happiness in NZ.	1	2	3	4	5	6	7	
39. We should invest more in educating men to <i>not</i> be physically/sexually violent toward women.	1	2	3	4	5	6	7	
40. We should invest more in educating women how to avoid physical/sexual violence from men.	1	2	3	4	5	6	7	

Please rate your feelings of **WARMTH** toward the following groups using the “feeling thermometer scale” for each group.

Feel <b>LEAST WARM</b> Toward This Group 1	Neutral						Feel <b>MOST WARM</b> Toward This Group 7								
	2	3	4	5	6										
NZ Europeans	1	2	3	4	5	6	7	Overweight people	1	2	3	4	5	6	7
Māori	1	2	3	4	5	6	7	Immigrants in general	1	2	3	4	5	6	7
Asians in general	1	2	3	4	5	6	7	Chinese	1	2	3	4	5	6	7
Pacific Islanders	1	2	3	4	5	6	7	Indians	1	2	3	4	5	6	7
Elderly people	1	2	3	4	5	6	7	Muslims	1	2	3	4	5	6	7
Refugees	1	2	3	4	5	6	7	People with mental illness	1	2	3	4	5	6	7

**Instructions:** Please rate how strongly you oppose or support each of the following political parties.

Strongly Oppose 1	Neutral						Strongly Support 7								
	2	3	4	5	6										
The National Party	1	2	3	4	5	6	7	The Green Party	1	2	3	4	5	6	7
The Labour Party	1	2	3	4	5	6	7	The Māori Party	1	2	3	4	5	6	7
The ACT Party	1	2	3	4	5	6	7	The NZ First Party	1	2	3	4	5	6	7

**01. What is your date of birth?**      /      /

**02. Which ethnic group(s) do you belong to?**

(Mark the space or spaces which apply to you).

☐ New Zealand European  
☐ Māori  
☐ Samoan  
☐ Cook Island Māori  
☐ Tongan  
☐ Niuean  
☐ Chinese  
☐ Indian  
☐ Other such as *DUTCH, JAPANESE, TOKELAUAN*. Please state:

**03. What is your gender?**

**04. What is your height?**      (metres)

**05. What is your weight?**      (kgs)

**06a. How often do you have a drink containing alcohol?**

And, if you drink alcohol...

☐ Never – I don't drink  
☐ Monthly or less  
☐ Up to 4 times a month  
☐ Up to 3 times a week  
☐ 4 or more times a week  
☐ Don't know

**06b. How many drinks containing alcohol do you have on a typical day when drinking?**      (number of drinks on a typical day)

**07. During the past month, on average, how many hours of actual sleep did you get per night?**      (hours of sleep per night)

**08. Please rate your ability to speak Māori (Te Reo)**

Very poor    1   2   3   4   5   6   7    Excellent

**09. Do you have siblings?**      ☐ Yes    ☐ No

If yes, how many...

(a) older sisters do you have?     

(b) younger sisters do you have?     

(c) older brothers do you have?     

(d) younger brothers do you have?     

**10. In which language(s) could you have a conversation about a lot of everyday things?** (Remember to include English if you could have a conversation in English)

**11. Have you been diagnosed with, or treated for, any of the following health conditions by a doctor in the last five years?**

☐ High cholesterol  
☐ High blood pressure  
☐ Asthma  
☐ Heart disease  
☐ Diabetes (Type II)  
☐ Depression  
☐ Anxiety disorder  
☐ Other (please state):

**12. Have you ever regularly...**

(a) smoked tobacco cigarettes?      ☐ Yes    ☐ No

(b) vaped or used e-cigarettes?      ☐ Yes    ☐ No

**13. Do you currently...**

(a) smoke tobacco cigarettes?      ☐ Yes    ☐ No

(b) vape or use e-cigarettes?      ☐ Yes    ☐ No

**14. Do you have a health condition or disability that limits you, and that has lasted for 6+ months?**      ☐ Yes    ☐ No

(a) if yes, please state:     

**15. In general, would you say your health is...**

Poor    1   2   3   4   5   6   7    Excellent

Please circle a number

**16. Please estimate how many hours you spent doing each of the following things last week.** (please enter '0 hours' if you did not do that activity last week)

(a) Working in paid employment     

(b) Housework/cooking     

(c) Looking after children     

(d) Volunteer/charitable work     

(e) Exercising/physical activity     

(f) Watching TV/Netflix/movies     

(g) Travelling/commuting     

(h) Watching/reading the news     

(i) Using the internet (in total)     

(j) Using social media (e.g., Facebook)     

(k) Playing video/computer games     

(l) Socialising with friends     

(m) Socialising with family     

(n) Socialising with community groups     

(o) Socialising with religious groups

**Instructions: Please rate how strongly you oppose or support each of the following possible policies or issues.**

	Strongly Oppose					Strongly Support	
	↓						↓
1. Collection of telephone and internet data by the New Zealand Government as part of anti-terrorism efforts.	1	2	3	4	5	6	7
2. Redistributing money and wealth more evenly among a larger percentage of the people in New Zealand through heavy taxes on the rich.	1	2	3	4	5	6	7
3. Strict regulation limiting the use of genetic engineering in humans.	1	2	3	4	5	6	7
4. Protest marches and public demonstrations supporting the rights of Māori.	1	2	3	4	5	6	7
5. Singing the national anthem in Māori and English.	1	2	3	4	5	6	7
6. Increase payments for those receiving Jobseeker Support (formerly the Unemployment Benefit).	1	2	3	4	5	6	7
7. Legalized abortion for women, regardless of the reason.	1	2	3	4	5	6	7
8. Teaching Māori language in New Zealand primary schools.	1	2	3	4	5	6	7
9. Greater investment in reducing domestic violence.	1	2	3	4	5	6	7
10. Restricting foreign ownership of New Zealand residential property.	1	2	3	4	5	6	7
11. Increase payments for those receiving Sole Parent Support (formerly the Domestic Purposes Benefit).	1	2	3	4	5	6	7
12. Including religious instruction in Christianity as part of the school curriculum.	1	2	3	4	5	6	7
13. Displaying signage in public places in both Māori and English.	1	2	3	4	5	6	7
14. Ensuring that all food and food ingredients sold in New Zealand are free from Genetically Modified Organisms.	1	2	3	4	5	6	7
15. Strict regulation limiting the development and use of Artificial Intelligence.	1	2	3	4	5	6	7
16. Government subsidy of public transport.	1	2	3	4	5	6	7
17. A publicly available online database of all convicted sex offenders in NZ.	1	2	3	4	5	6	7
18. Waitangi Day as a national celebration of biculturalism.	1	2	3	4	5	6	7
19. The current '3 Strikes' law for violent/sexual offences, where the maximum possible sentence must be imposed without parole upon the third conviction.	1	2	3	4	5	6	7
20. Protest marches and public demonstrations supporting the rights of New Zealand Europeans.	1	2	3	4	5	6	7
21. Legalized abortion when the woman's life is endangered.	1	2	3	4	5	6	7
22. Restricting foreign ownership of New Zealand farms.	1	2	3	4	5	6	7
23. Increased government spending on new motorways.	1	2	3	4	5	6	7

**Instructions: Please indicate how strongly you disagree or agree with each statement.**

	Strongly Disagree					Strongly Agree		
	↓						↓	
1. I identify with New Zealand.	1	2	3	4	5	6	7	
2. Being a woman/man is an important part of how I see myself.	1	2	3	4	5	6	7	
3. I am satisfied with my life.	1	2	3	4	5	6	7	
4. Our country will be destroyed some day if we do not smash the perversions eating away at our moral fibre and traditional beliefs.	1	2	3	4	5	6	7	
5. I do not have enough power or control over important parts of my life.	1	2	3	4	5	6	7	
6. Women are too easily offended.	1	2	3	4	5	6	7	
7. When I feel negative emotions, my emotions feel out of control.	1	2	3	4	5	6	7	
8. Doing my best never seems to be enough.	1	2	3	4	5	6	7	
9. Many women have a quality of purity that few men possess.	1	2	3	4	5	6	7	
10. It is safe to vaccinate children following the standard New Zealand immunization schedule.	1	2	3	4	5	6	7	
11. With enough support and professional help, people who have committed sexual offences can be rehabilitated to become safe members of our society.	1	2	3	4	5	6	7	
12. The New Zealand Police care about the well-being of everyone they deal with.	1	2	3	4	5	6	7	
13. I feel anxious about interacting with people from other races.	1	2	3	4	5	6	7	

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**Instructions:** Please indicate how strongly you disagree or agree with each statement.

	Strongly Disagree				Strongly Agree			
	↓						↓	
1. Sometimes I can't sleep because of thinking about past wrongs I have suffered.	1	2	3	4	5	6	7	
2. I want people to know that I am an important person of high status.	1	2	3	4	5	6	7	
3. When I meet new people in New Zealand, they often assume that I am a foreigner.	1	2	3	4	5	6	7	
4. In general, relations between men and women in New Zealand are fair.	1	2	3	4	5	6	7	
5. People should pay less attention to The Bible and other old traditional forms of religious guidance, and instead develop their own personal standards of what is moral and immoral.	1	2	3	4	5	6	7	
6. I think that homosexuality should be accepted by society.	1	2	3	4	5	6	7	
7. Climate change is real.	1	2	3	4	5	6	7	
8. Climate change is caused by humans.	1	2	3	4	5	6	7	
9. I am deeply concerned about climate change.	1	2	3	4	5	6	7	
10. I would always report dangerous or suspicious activities occurring in my neighbourhood to the police.	1	2	3	4	5	6	7	
11. In general, relations between different ethnic groups in New Zealand are fair.	1	2	3	4	5	6	7	
12. All things considered, religion is a cause for good in the world.	1	2	3	4	5	6	7	
13. Most New Zealanders respect the achievements of my ethnic group.	1	2	3	4	5	6	7	
14. It would be good if all people living in New Zealand could speak Māori and English.	1	2	3	4	5	6	7	
15. I identify as a spiritual person.	1	2	3	4	5	6	7	
16. Inferior groups should stay in their place.	1	2	3	4	5	6	7	
17. The average citizen can have an influence on government decisions.	1	2	3	4	5	6	7	
18. Women seek to gain power by getting control over men.	1	2	3	4	5	6	7	
19. People from other races would be likely to reject me on the basis of my race.	1	2	3	4	5	6	7	
20. I think that I am entitled to more respect than the average person is.	1	2	3	4	5	6	7	
21. Bad smells, messes, dead animals and rotten food absolutely disgust me.	1	2	3	4	5	6	7	
22. When I feel negative emotions, I change the way I think to help me stay calm.	1	2	3	4	5	6	7	
23. I would always provide information to the police to help them find someone suspected of committing a crime.	1	2	3	4	5	6	7	
24. Other people have too much power or control over important parts of my life.	1	2	3	4	5	6	7	
25. I oppose religion in any form.	1	2	3	4	5	6	7	
26. Discrimination against Māori is no longer a problem in New Zealand.	1	2	3	4	5	6	7	
27. I can usually forgive and forget when someone does me wrong.	1	2	3	4	5	6	7	
28. My performance rarely measures up to my standards.	1	2	3	4	5	6	7	
29. Foreign nations have done some very fine things but they are still not as good as New Zealand.	1	2	3	4	5	6	7	
30. Women should be cherished and protected by men.	1	2	3	4	5	6	7	
31. Generally, the more influence NZ has on other nations, the better off they are.	1	2	3	4	5	6	7	
32. Although at times I may not agree with the government, my commitment to New Zealand always remains strong.	1	2	3	4	5	6	7	
33. I feel that I am often discriminated against because of my religious/spiritual beliefs.	1	2	3	4	5	6	7	
34. In most ways my life is close to ideal.	1	2	3	4	5	6	7	
35. To a large extent, a person's race biologically determines his or her abilities.	1	2	3	4	5	6	7	
36. Being a member of my ethnic group is an important part of how I see myself.	1	2	3	4	5	6	7	
37. I'm frustrated by what my ethnic group earns relative to other groups in NZ.	1	2	3	4	5	6	7	
38. I am an ordinary person who is no better than others.	1	2	3	4	5	6	7	
39. I often worry about terrorist attacks happening in New Zealand.	1	2	3	4	5	6	7	
40. Some of the best people in our country are those who are challenging our government, criticizing religion, and ignoring the "normal way" things are supposed to be done.	1	2	3	4	5	6	7	
41. Women, as compared to men, tend to have a more refined sense of culture and good taste.	1	2	3	4	5	6	7	
42. I'm frustrated by what I earn relative to other people in NZ.	1	2	3	4	5	6	7	



01. What is your highest level of qualification?

02a. Are you currently employed? ☐ Yes ☐ No  
(This includes self-employed or casual work)

02b. If yes, how long have you worked at your current organisation?  (years)  (months)

02c. What is your current occupation?

02d. How satisfied are you with your current job?  
Not satisfied  1 2 3 4 5 6 7  Very satisfied

02e. How secure do you feel in your current job?  
Not secure  1 2 3 4 5 6 7  Very secure

02f. How valued do you feel by your current organisation?  
Not valued  1 2 3 4 5 6 7  Very valued

03a. What is your relationship status?   
If you are in a relationship... (e.g., single, married, de-facto, civil union, widowed, living together, etc.)

03b. How long have you been with your partner?  (years)  (months)

03c. If you are currently married or in a civil union, what was the date of your marriage or union?  /  /

03d. How satisfied are you with your relationship?  
Not satisfied  1 2 3 4 5 6 7  Very satisfied

03e. To what extent do you experience conflict or disagreement with your partner?  
No conflict at all  1 2 3 4 5 6 7  A great deal of conflict

03f. Is your partner currently employed? ☐ Yes ☐ No  
If your partner is employed...

03g. What is your partner's occupation?

03h. On average, how many hours per week does your partner work?  (hours per week)

04. Please list the adult(s) who lived with you while you were growing up. Please describe their relationship to you and their occupation.

RELATIONSHIP TO YOU: (e.g., mother, father, aunt)	THEIR OCCUPATION: (e.g., builder, homemaker)
Person 1: <input type="text"/>	<input type="text"/>
Person 2: <input type="text"/>	<input type="text"/>
Person 3: <input type="text"/>	<input type="text"/>
Person 4: <input type="text"/>	<input type="text"/>

05. How would you describe your dietary behaviour?  
(e.g., meat & vegetables, vegetarian, vegan, halal, pescatarian, etc.)

06. How much money have you donated to charity in the last year? \$

07. Please rate how politically liberal versus conservative you see yourself as being:  
Extremely liberal  1 2 3 4 5 6 7  Extremely conservative

08a. Has someone ever used the internet, a mobile phone, or digital camera to hurt, intimidate or embarrass you? ☐ Yes ☐ No

08b. ...has this occurred in the last month? ☐ Yes ☐ No

09. Please rate how politically left-wing versus right-wing you see yourself as being:  
Extremely left-wing  1 2 3 4 5 6 7  Extremely right-wing

10. Please estimate your total household income (before tax) \$  for the year 2018:

11. Please estimate how much help you have received from the following sources in the last week?

	TIME (hours)	MONEY (dollars)
(a) family:	<input type="text"/>	<input type="text"/>
(b) friends:	<input type="text"/>	<input type="text"/>
(c) members of my community:	<input type="text"/>	<input type="text"/>

12a. How many children have you given birth to, fathered, or adopted?

12b. If you are a parent, in which year...  
(a) was your eldest child born?   
(b) was your youngest born?

13. What was the name of the high school/secondary school that you attended? (Please be specific, and if more than one, list them all)

14. Do you identify with a religion and/or spiritual group? If yes... ☐ Yes ☐ No

(a) what religion or spiritual group?

(b) how many times did you attend a church or place of worship in the last month?

(c) how many times did you pray in the last week?

(d) how many times did you read religious scripture in the last week?

(f) how important is your religion to how you see yourself?  
Not important  1 2 3 4 5 6 7  Very important

15. Roughly how many hours have you spent with both FRIENDS/FAMILY and OTHERS (e.g., workmates, strangers) from each ethnic group in the last week?

	FRIENDS/FAMILY	OTHERS
(a) Māori	<input type="text"/>	<input type="text"/>
(b) NZ Europeans	<input type="text"/>	<input type="text"/>
(c) Pacific Islanders	<input type="text"/>	<input type="text"/>
(d) Asians	<input type="text"/>	<input type="text"/>

16a. Did you vote in the New Zealand election in 2017? ☐ Yes ☐ No

16b. If yes, to which party did you give...  
your party vote?   
your electorate vote?

17. How important are your political beliefs to how you see yourself?  
Not important  1 2 3 4 5 6 7  Very important

18. Do you believe in a God? ☐ Yes ☐ No

19. Do you believe in some form of spirit or life force? ☐ Yes ☐ No

20. Where were you born?  
(please be specific, e.g., which town/city?)

21. If you were born overseas, for how many years have you lived in NZ?

22. Are you a New Zealand citizen? ☐ Yes ☐ No

23. Do you own your own home? ☐ Yes ☐ No  
(either partly or fully owned)

24. How would you describe your sexual orientation?  
(e.g., heterosexual, homosexual, straight, gay, lesbian, bisexual, etc.)

25. How satisfied are you with your sex life?  
Not satisfied  1 2 3 4 5 6 7  Very satisfied

**Finally, have you experienced any significant life events in the past year?**

**A lot of things can happen in a year. This is a final optional question that can help us to understand if you have experienced significant life events that might have shaped your responses to the questionnaire for this year. Here are some examples of the significant life events that people might experience (please tick any that you have experienced in the last year):**

- ☐ Began a new serious romantic relationship
- ☐ Got married/entered a civil union
- ☐ Separated from your romantic partner/spouse
- ☐ Got divorced
- ☐ The birth of a child
- ☐ Someone stole something that was yours or burgled your home
- ☐ Someone assaulted you, abused you, or attacked you
- ☐ Someone sexually harassed you
- ☐ Lost your job or had the principal earner in your household lose their job
- ☐ Retired
- ☐ Suffered a serious and ongoing illness or disease
- ☐ A family member suffered a serious and ongoing illness or disease
- ☐ Suffered an accident leading to serious injury
- ☐ A family member suffered an accident leading to serious injury
- ☐ The death of a family member or loved one

**Have we missed anything important or would you like to provide more detail about your experiences? If so, please let us know in the box below:**

**Thank you for taking part in the New Zealand Attitudes and Values Study!**

Please post back your completed questionnaire using the included freepost return envelope. The freepost envelope will work from anywhere in New Zealand. If you lose the envelope, you can post this questionnaire back for free to:

**FREEPOST AUTHORITY: 124589**  
**New Zealand Attitudes and Values Study**  
**School of Psychology (Cost 9450/71708)**  
**The University of Auckland**  
**Private Bag 92019**  
**Auckland 1142, New Zealand**

If you would like to know more about the New Zealand Attitudes and Values Study, then please feel free to phone us (contact details on the front) or you can visit the study website. We will also send out a regular e-newsletter to everyone in the study summarising the most interesting findings from the study.

[www.nzavs.auckland.ac.nz](http://www.nzavs.auckland.ac.nz)