He Kohikohinga Rangahau

A Bibliography of Māori and Psychology Research

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Ehara taku toa i te toa takitahi, engari he toa takitini
My strength is not that of a single warrior but that of many

It was an honour and a pleasure to have inherited the task of updating a resource that builds upon the successful format of the 2010 edition of *He Kohikohinga Rangahau: A Bibliography of Māori and Psychology Research*. Summer scholar Julia Hyde (Ngāti Raukawa ki te tōnga, Ngāti Toarangatira, Pākehā) methodically and painstakingly researched, sorted, and compiled the references that are contained within the finished product, with support from supervisors Jade Le Grice (Ngāpuhi, Te Rarawa) and Shiloh Groot (Ngāti Uenuukōpako, Ngāti Pikiao), consultancy from Sam Manuela (Cook Island/European), and conversations with fellow summer student Jessee Fia’Ali’I (Samoa). Our team are grateful for the guidance of Erana Cooper and Virginia Braun, authors of *He Kohikohinga Ranghau*, although we have taken a slightly different approach in this update. We are also grateful to Chloe Moore (Pākehā), our School of Psychology Social Science research technician who assisted us to completion.

We would like to thank those who responded to our calls for resources and gave helpful advice for sourcing material - Liz Hardley, Psychology Subject Librarian, and Anahera Morehu, Māori and Pasifika Library Manager for their expertise and assistance; members of the National Standing Committee on Bicultural Issues (NSCBI) of the New Zealand Psychological Society particularly Moana Waitoki and Ray Nairn; Te Pou; Nga Pae o te Maramatanga; Te Puni Kokiri; Lucy Cowie, Karen McLellan, Linda Hand, Elaine Ballard, and Peter Colman. Thank you to Angela Carr, our Social Psychology Research Technician for assistance with formatting and proofreading the final document. Thank you to Whare Thompson for allowing Whakairo Nahi to reproduce your work to form the cover image for this document and thank you to Whakairo Nahi for the cover design concept and graphic. We are also grateful for the support from Heads of School, William Hayward and Ian Kirk, at the School of Psychology, at the University of Auckland, and the Faculty of Science Research Enhancement Grant, for funding the project.
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INTRODUCTION

We sought out innovative scholarship in Māori psychology research through networking and liaising with key contacts in the psychology field and familiarising ourselves with key literature through systematic literature searches based on the terms utilised in the thematic structure of He Kohikohinga Rangahau. We implemented a reconceptualised thematic structure and re-organisation of the bibliography to better validate and foreground mātauranga and ahunga tikanga Māori relevant to the diverse spectrum of psychological disciplines, and compiled them into a final document for publication.

This document builds on and extends prior work of the 2010 edition (see 2010 edition for discussion about whakapapa of this work). As such it is a celebration of Māori psychological research, the validity of Māori led research within the discipline, clever synthesis of mātauranga Māori with western psychological knowledge, and collaborative relationships between Māori and Pākehā. All of which speaks to the growth of the discipline. In alignment with the He Kohikohinga Rangahau, Māori terms in this bibliography are transcribed with their original published spelling, so there is diversity in macron use and spelling. As we intend for this work to be updated in future, please send any suggestions, feedback, and references to Jade Le Grice via email, j.legrice@auckland.ac.nz.

The present document is intended to provide a resource that provides an interconnected overview, and a deep level of insight into the specific areas that comprise Māori Psychology.

We hope this compilation will aide those seeking to find relevant material on Māori Psychological scholarship. Further, we hope students and lecturers may include this material in undergraduate assignments and lectures. We also anticipate this resource will be useful for postgraduate and academic researchers in psychology and related social science disciplines to enable and identify strengths and gaps in the literature that may warrant future research opportunities. For those working in clinical, applied behaviour analysis, health and further applied areas of psychology, and related mental health domains, we hope this work assists and provides a comprehensive and reputable knowledge base for the work you do in supporting Māori people. For all of you who are considering embarking on study/work within the broader discipline of Psychology – nau mai haere mai!

This free resource will be available electronically through the School of Psychology, University of Auckland website (http://www.psych.auckland.ac.nz) to promote, advance and celebrate Māori scholarship within Psychology.

Defining Psychology

We are committed to a broad definition of Psychology that encompasses interdisciplinary research that contributes to the definition of Māori psychological knowledge, lives and worldviews. Different topics in Psychology demand different methods and methodologies – and it is a strength of the discipline that more than the restrained options within the natural sciences are bought to bear in producing knowledge of psychological phenomena – as well as in developing appropriate interventions in real world settings. As such, the literature drawn on in this project intersects with related disciplines such as sociology, social work, counselling, nursing, education, social anthropology, socio-legal studies and social geography. This is befitting of Māori Psychology’s emphasis on knowledge as contextual.

As stated in the preamble of the original bibliography, we do not endorse all content contained within the selected references, and leave it to readers to deem the relevance and value of the texts for themselves. However, selection criteria aims to ensure materials have an author who is of Māori descent, and/or are conducted in collaboration with Māori communities and people. The literature
was required to be easily accessible online (includes through University/Organisation subscriptions) and have a ‘psychological’ focus. While we have attempted to be systematic in our searches, it is possible that we have inadvertently omitted relevant research from the bibliography – if you note relevant scholarship that has not been included, please send it to us for inclusion in the next update. With this criteria in mind, we sought to include most existing research from the original ‘He Kohikohinga Rangahau: A bibliography of Māori and Psychology Research’ as well as update the literature compiled since its completion. PhD and MA repositories were not specifically searched, and these were only included when they came up within broader literature searches given the time and resource limitations. This may be an area of focus for a future update. Time and resource limitations resulted in the exclusion of newsprint, website and audiovisual resources. The primary focus was on articles published in peer-reviewed journals, mental health and governmental grey literature, reports and conference proceedings.

**Conceptual organisation**

The progression and flow of headings functions to initially validate and legitimatise mātauranga and tikanga Māori in Psychology then narrows towards more broad based socially oriented psychologies right through to more individually oriented psychologies. We initially will look at how we understand psychology in relation to its context: mātauranga, whenua and environment, socio-cultural influences, and population trends. We then consider the Psychology of social groupings including communities, political alliances, sports psychology (team based, and sociocultural understandings), and whānau. We then look at pertinent initiatives in education and employment. Our focus then shifts to viewing the individual, sometimes in context, through the concept of wairua, scope and practice of clinical psychology, speech and language, and health. We then finish by attenuating to considerations for Māori psychology research. By ordering the material in this way, we hope that this will offer guidance to researchers who are less familiar with mātauranga and tikanga Māori on how to conceive of topics and ideas within Māori spheres of knowledge.

**Reference list**

MĀTAURANGA AND TIKANGA MĀORI WITHIN A CONTEMPORARY FRAME


WHENUA AND ENVIRONMENTAL PSYCHOLOGY


**SOCIAL AND CULTURAL PSYCHOLOGY**

**COLONISATION**


Jackson, M. (2013). Research and the colonisation of Māori knowledge. *He Pukenga Korero, 4*(1)


**HISTORICAL TRAUMA**


**URBANISATION AND ACCULTURATION**


**SOCIOECONOMICS**


Kraus, N. (2013). Indigenous Māori values in kawerau, bay of plenty, New Zealand: Assessing environmental, cultural, social, and economic impacts of the te ahi o maui geothermal project using the mauri model. *MAI Journal (Submitted).*


**RELATIONALITY**


**MEDIA**


**RACISM AND PREJUDICE**


Peterson, E. R., Rubie-Davies, C., Osborne, D., & Sibley, C. Teachers’ explicit expectation and implicit prejudiced attitudes to educational achievement: Relations with student and the ethnic achievement gap. Learning and Instruction, 42, 123-140.


**IDENTITY**


**GENDER AND SEXUALITY**


**MANA WĀHINE**


Herangi-Panapa, T. P. M. (1998). *Ko te wahine he whare tangata, he waka tangata = Within the female is the nurturing home of humankind and the channel from the spiritual to the physical: a study of Māori women’s experiences of violence as depicted through the definition of whakarite* (Unpublished Master’s thesis). The University of Auckland, Auckland, New Zealand.


MANA TĀNE


**TAKATĀPUI**


**EPI DEMIOLOGY AND DISPARITIES**


**COMMUNITY PSYCHOLOGY**

**HOME MAKING**


COMMUNITY WELLBEING


**POLITICAL PSYCHOLOGY**


**SPORT PSYCHOLOGY**


**WHĀNAU**


**WHAKAWHĀNAU/REPRODUCTION**


TAMARIKI


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**RANGATAHI**


**KAUMĀTUA**


**LEARNING/EDUCATION**


Jackson, P. M. (1931). *Māori and education; Or, the education of natives in New Zealand and its dependencies*. Wellington, New Zealand: Ferguson & Osborn limited.


Peterson, E. R., Rubie-Davies, C., Osborne, D., & Sibley, C. Teachers’ explicit expectation and implicit prejudiced attitudes to educational achievement: Relations with student and the ethnic achievement gap. *Learning and Instruction*, 42, 123-140.


### EARLY CHILDHOOD


### PRIMARY


Hunt, H., Morgan, N., & Teddy, L. (2001). *Barriers to and supports for success for Māori students in the Psychology Department at The University of Waikato*. Hamilton, New Zealand: The University of Waikato, Department of Psychology.


Levy, M. & Williams, M. (2003). *Monitoring first year Māori students enrolled in selected Faculty of Arts and Social Sciences courses: A report prepared for the Dean of the Faculty of Arts and Social Sciences*. Hamilton, New Zealand: Māori and Psychology Research Unit, University of Waikato.


**INDUSTRIAL, WORK AND ORGANISATIONAL**


**WAIRUATANGA**


Herangi-Panapa, T. P. M. (1998). *Ko te wahine he whare tangata, he waka tangata = Within the female is the nurturing home of humankind and the channel from the spiritual to the physical: a study of Māori women’s experiences of violence as depicted through the definition of whakarite* (Unpublished Master’s thesis). The University of Auckland, Auckland, New Zealand.


**MOKO**


**DEATH, GRIEF AND LOSS**


**CLINICAL SCOPE**


**ALCOHOL, DRUGS AND GAMBLING**


**PSYCHOSIS**


## OTHER PSYCHOLOGICAL CONDITIONS


## DEPRESSION


**BRAIN INJURY AND STROKE**


**SUICIDE AND SELF HARM**


Henare, K., & Ehrhardt, P. (2004). *Support for Māori whānau and Pacific and Asian families and significant others who have been affected by suicide attempts – an analysis of the published and grey literature.* Wellington, New Zealand: Ministry of Health.


**SEXUAL ABUSE**


**VIOLENCE**


Herangi-Panapa, T. P. M. (1998). *Ko te wahine he whare tangata, he waka tangata = Within the female is the nurturing home of humankind and the channel from the spiritual to the physical: A study of Māori women’s experiences of violence as depicted through the definition of whakarite* (Unpublished Master’s thesis). The University of Auckland, Auckland, NZ.


**CLINICAL PRACTICE**

**THERAPEUTIC MODELS AND TREATMENT**


Shepherd, M. J. (2011). *An investigation into the design, applicability and evaluation of a computerised cognitive behavioural therapy programme-SPARX for Māori young*
people experiencing mild to moderate depression. (Unpublished Doctoral thesis). The University of Auckland, Auckland, New Zealand.

Shepherd, M., Fleming, T., Lucassen, M., StAsiak, K., Lambie, I., & Merry, S. N. (2015). The design and relevance of a computerized gamified depression therapy program for indigenous Māori adolescents. JMIR Serious Games, 3(1).


**PSYCHOLOGICAL ASSESSMENTS AND MEASUREMENTS**


**NEUROPSYCHOLOGICAL ASSESSMENT**


**Biculturalism and Cultural Competence**


SERVICES


and Pacific Psychologies Symposium (pp. 92-96). Hamilton, New Zealand: Māori and Psychology Research Unit, The University of Waikato.


**SPEECH AND LANGUAGE**


HEALTH


Hirini, P. R., & Gavala, J. R. (2005). Once were kaikorero: Legitimating the male voice. In B. Masters & M. Levy (Eds.). *Bicultural: A symposium conducted at the New Zealand Psychological Society Annual Conference.* Dunedin, New Zealand: New Zealand Psychological Society.


**WELLBEING**


NUTRITION


CANCER


**DIABETES**


**DISABILITY**


**OTHER HEALTH CONDITIONS**


**SMOKING**


**HEALTH SERVICES**


Barrett, T. (2013). The river is me and I am the river: Principles for the organic Māori researcher. In M. Berryman, S. SooHoo & A. Nevin (Eds.), *Culturally Responsive Methodologies* (pp. 221-243). London: Emerald Publishing Inc.


KAUPAPA MĀORI RESEARCH


### MĀORI CENTRED RESEARCH


**BIOETHICS**


**IWI AND HAPŪ BASED RESEARCH**


