**Personal level worksheet**

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| **Actions***Current and possible* | **Analysis***Fit: Is it – Enriching, flow-producing, compatible with caring for others, identity enhancing**Impact: Sustainability contribution, visibility* | **Assessment** |
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**Sustainability groups worksheet**

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| **Actions***Current and possible* | **Analysis***Fit: Enriching & flow-producing activities, warm relationships, compatible with caring for others, identity enhancing, proud to be a member**Functioning: Positive, welcoming, tales of joy, vision, values, everyday operations sustainable* *Impact: Sustainability contribution, visibility of activities and operational practices* | **Assessment** |
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**Other organisations worksheet**

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| **Actions***Current and possible* | **Analysis***Opportunities: Current activities, joining with others, mechanisms for change, outside help**Fit: Enriching & flow producing activities, enhance current relationships, positive new relationships, enhance identity as group member, compatible with responsibilities in group including people responsibilities* | **Assessment** |
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**Civic level worksheet**

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| **Actions***Current and possible* | **Analysis***Fit: Is it – Enriching, flow-producing, compatible with caring for others, identity enhancing**Impact: Sustainability contribution, visibility* | **Assessment** |
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