

hPOD

hypoglycaemia Prevention
with Oral Dextrose



LIGGINS
INSTITUTE

hPOD Update: February 2016

We are studying ways
to prevent low blood sugar
levels in babies soon after
birth



We need your help...



If you have diabetes or your baby is small, large or likely to be born early, then your baby is at risk of low blood sugar levels. We need you and your baby to take part in this study. With your help, this study will lead to better care for babies and their families.

To find out more about this study please talk to your midwife, nurse, or doctor, or contact our hPOD Study Team Ph. 0800 004763 and we will put you in touch with the Research Midwife/Nurse in your area.

You're welcome to also check out our study information online:
hPOD study page: www.liggins.auckland.ac.nz/hpod
hPOD study video (YouTube): www.youtube.com/watch?v=Jh4XUHgBFdU

or scan our study video QR Code:



Welcome to the hPOD newsletter! This is a monthly update for the hPOD research team and hospital staff so that we can all stay informed about how the trial is progressing. Any feedback or suggestions are always welcome.

Urgently Needed: Randomisations!

It is always hard at the beginning of the year to get things moving again and we know you are doing your best to discuss the study with families, and to recruit those interested. Thank you!

As you may have guessed, we are currently behind our recruitment targets. However with your help, we are confident that we will recover from our slow start to the year and power ahead with maximum recruitment (and randomisation) at each site. The addition of 'just' two or three more randomisations, at each site, will make a real difference to our total numbers and give us a solid foundation to build from in 2016.

We know that it takes time, patience, and often a lot of oneself to recruit interested families to a study, and we also know how disappointing it can be when we stumble at the 'randomisation hurdle'. If there is anything the hPOD Study Team can do to help encourage your wider-Team to learn more about the study and/or to help us get over this hurdle, please let us know. We offer group presentations/education sessions via videoconference or teleconference, and can also pop down to see you.

Thank you for your continued support for this important study. **We can do this!**

Recruitment to the hPOD Main Trial this month (as at 29th February 2016)

Site/Hospital	Waikato	Auckland	Tauranga
Number randomised this month	6	2	1

TOTAL recruitment to the hPOD Main Trial, to date: 335

	Auckland Hospital	Waikato Hospital	Tauranga Hospital	Waitakere Hospital	Hastings Memorial Hospital	North Shore Hospital	Whakatane Hospital	Southland Hospital
Jan-15	4							
Feb-15	20			3				
Mar-15	19			5				
Apr-15	18			3				
May-15	23			2			1	
Jun-15	17		7	1	2		0	
Jul-15	18		4	2	1		1	
Aug-15	17	3	4	3	1	1	0	
Sep-15	23	9	7	1	3	4	1	
Oct-15	11	11	1	1	2	2	0	
Nov-15	15	12	3	1	0	1	0	
Dec-15	10	11	4	0	0	0	1	
Jan-15	0	8	0	0	4	0	0	0
Feb-15	2	6	1	0	0	0	0	0
TOTAL	197	60	31	22	13	8	4	0

Thank you!

Welcome to new hPOD Champions!



Maree Young

We mentioned in our last newsletter that we had four new members of the Team joining us this month. Welcome **Foga Matagi** (Lead hPOD Research Midwife and Auckland City Hospital), **Carla Saunders** (hPOD Research Nurse at Auckland City Hospital), **Susan Law** (hPOD Research Nurse at Waitakere and North Shore Hospitals) and **Maree Young** (hPOD Research Nurse at Waitakere and North Shore Hospitals). We are really excited to have you join us, and look forward to working with you all.



Susan Law

hPOD 2 year Follow-Up Study

The hPOD team has followed up 116 children at the end of February including several sets of twins which requires a whole team approach! Nearly all our Developmental Assessors have completed their training and can work independently now and there will be up to ten children per week eligible for follow-up in the coming months. Some feedback from two Mothers of two year old participants to follow- up this week ...

"She loved it and it was so interesting to watch. I am an even more proud Mummy after watching her assessment today!"

'It was wonderful to have the opportunity to have the assessment on our child. We are lucky to be involved and his Grandmother is a midwife and she is also very excited about the hPOD research".



Dr Chris McKinlay and child enjoying Executive Function assessment.



Dr Rebecca Griffith is a Paediatrician and Research Fellow who joined the hPOD follow- up assessment team in January 2016.

- **Jenny Rogers** Clinical Coordinator, hPOD 2yr Follow-up

Gentle Reminders:

- **February Eligibility Forms and Trial Pack Audit Forms** - Please remember to send through your Monthly Eligibility Form, for *February*, and your Trial Pack Audit form to hpod@auckland.ac.nz or with your next courier pack.
- **hPOD Teleconference**
Next hPOD Teleconference: Friday 11th March at 1200hrs.
Do you have time to join us!? Phone: 08 30 33, and enter Guest PIN: 461233.
Anyone is most welcome to join us - even if your site is not yet up-and-running. This is purely an opportunity to discuss how things are going, and share ideas. There is no 'monthly commitment', but we will be trying to change the day and time each month in an effort to offer those wishing to join us, the opportunity to do so.

The role of the hPOD Study Team is to support you to feel confident in your knowledge and implementation of the Trial. Please feel free to make use of us! Suggestions are always welcome.

Contacts:

- Kelly Fredell (Study Coordinator): k.fredell@auckland.ac.nz or on (09) 923 7720.
- Siufofoga (Foga) Matagi (Lead hPOD Research Midwife) for clinical support,
Email Foga at: s.matagi@auckland.ac.nz
- hPOD Study Phone: 0800 004 763.
- hPOD Study Email: hpod@auckland.ac.nz

Resources:

- The hPOD study page on the Liggins Institute website <http://www.liggins.auckland.ac.nz/hpod>
- The hPOD randomisation website here <https://www.liginstrials.org/hPOD>
- On YouTube <https://www.youtube.com/watch?v=Jh4XUHqBFdU>



Contacts for hPOD 2 year Follow up Study:

- Jenny (Study Coordinator): jenny.rogers@auckland.ac.nz
- hPOD 2 year Follow up Phone: 0800 249 537 or 021 980 913
- hPOD 2 year Follow up Email: hpod2followup@auckland.ac.nz