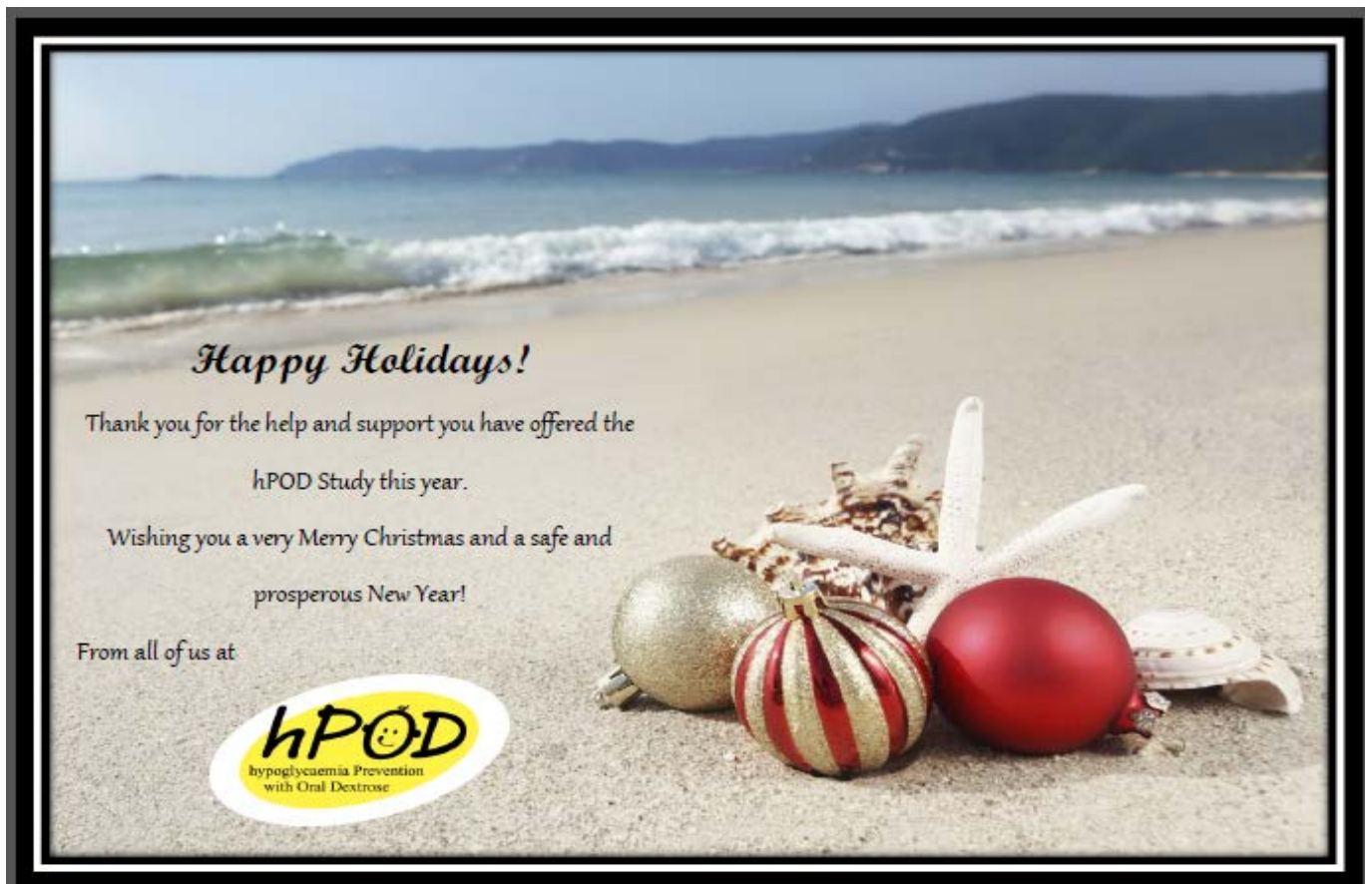


hPOD Update: December 2015

Welcome to the hPOD newsletter! This is a monthly update for the hPOD research team and hospital staff so that we can all stay informed about how the trial is progressing. Any feedback or suggestions are always welcome.



Happy Holidays!

Thank you for the help and support you have offered the
hPOD Study this year.

Wishing you a very Merry Christmas and a safe and
prosperous New Year!

From all of us at

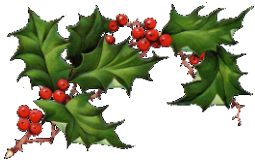


Recruitment this month (as at 21th December 2015)

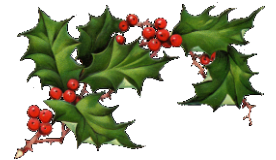
Site/Hospital	Auckland	Hawkes Bay	North Shore	Tauranga	Waikato	Waitakere	Whakatane
Number randomised this month	9	0	0	2	9	0	1

This year you have helped us recruit a total of 309 babies to the hPOD Study!

Thank you!



The hPOD Honours Roll for 2015



It is, unfortunately, a near-impossible task to thank everyone who has kindly contributed to the hPOD Study this year. We have been enormously lucky to have the support of a number of midwives, nurses, and doctors this year who have helped with study administration, consenting, randomisation and gel administration all whilst caring for the families who have kindly volunteered to take part in this very important study.

The hPOD Steering Group and Study Team would however like to extend a particular thank you to the following group of people who have led the Study in our recruiting sites this year:

Auckland City Hospital

Site Investigator: Dr. Jane Alsweiler

Co-Investigator: Dr. Jo Hegarty

hPOD Research Nurses: Robyn Wilkinson, Jenny Rogers, and Coila Bevan.

hPOD Research Midwives: Jodi Guthrie-Mart, Claire O'Beirne.

Hawkes Bay Hospital

Site Investigator: Dr Oliver Grupp

hPOD Research Nurse: Melissa Spooner

Tauranga Hospital

Site Investigator: Dr. Karina Craine

hPOD Research Nurse: Marian Wordsworth

Waikato Hospital

Site Investigator: Dr. Deborah Harris

hPOD Research Nurse: Alana Cumberpatch

Waitakere and North Shore Hospital's

Site Investigator: Dr. Jutta van den Boom

hPOD Research Midwife: Dianne Allan

Whakatane Hospital

Site Investigator: Dr. John Malcolm

hPOD Research Midwife: Maggie Sadlier

Midwives awarded five (5) Professional Activity Point for their significant contributions to the hPOD Study this year are:

Auckland: Jodi Guthrie-Mart, Dianne Allan, Claire O'Beirne, Nikki Edwards, Gina Meredith, Jo Morgan, Raffaella Slight, Rebecca Harrison, Linda Trillo, Alesha Robinson and Sonia Azizi.

Hawkes Bay: Louise Gelling.

Waikato: Angela Hindman, Anna Ramsay, Gina Chaney, Linda Lang, Celeste Pon, Shyralee Parker, Pauline Martyn, Karen Barnes and Rachel Taylor.

Whakatane: Maggie Sadlier

Thank you all!

A reluctant goodbye to Jodi



We have been incredibly fortunate to have had Jodi Guthrie-Mart as part of the Auckland City Hospital hPOD Team since the study's Dosage Trial began. An expert recruiter and an exceptional source of support and encouragement, Jodi's contribution to this study has been nothing less than phenomenal. Thank you Jodi for your unfailing personal and professional commitment to this study! We wish you all the very best in your new role within Delivery Suite at ACH, they are very lucky to have you!

Welcome Southland Hospital

A sincere thank you to Dr. Paul Tomlinson, Melanie McTainsh, Sarah Clarke and Liz Hanning-Baird at Southland Hospital for your warm and enthusiastic welcome on Friday 11th December when Professor Jane Harding, Robyn Wilkinson and Kelly visited. We are really very pleased to welcome you officially to the hPOD Team, and look forward to working with you all in the New Year!

Welcome Maree and Susan

Welcome Maree Young and Susan Law to the Waitemata DHB hPOD Team. Maree and Susan, both SCBU nurses at North Shore Hospital, will be championing hPOD at our North Shore Hospital and Waitakere Hospital sites in the New Year. Welcome!

Final Housekeeping for the Year!

- **Fresh gels for Christmas!** The fresh batch of Trial Packs has arrived! Deliveries of fresh Trial Packs to replace those due to expire in January 2016 have now been made. As discussed, the Randomisation Website will only randomise to Trial Packs up until the date of their expiry. Kelly will be forwarding a list to each site in January to formally request the removal of January-dated Trial Packs from site fridges and the return of these to Liggins.
- **Making the Trial Pack audit quicker and easier.** We've been thinking... Can we make the Trial Pack audit quicker for busy site staff? If you are one of our wonderful hPOD Research Midwives/Nurses we hope you have discovered our new Trial Pack Audit form in your email inbox. Please use this Form to complete your Trial Pack audit this month, and return it signed to Kelly via hPOD@auckland.ac.nz with any feedback you might like to offer. (Ideally before you go on leave this month please).
- **December Eligibility Forms** - Please remember to send through your Monthly Eligibility Form, for *December* to hpod@auckland.ac.nz or with your next courier pack.

hPOD 2 year Follow-Up Study

We have now followed up 73 children from the pre-hPOD trial and look forward to an extremely busy start in the New Year with 14 children booked already! We recently had a Mother attending the two year follow-up who has signed up for hPOD for the third time with her baby due in February! Remarkably we have had no declines to the two year follow-up and continue to have positive feedback from the families who are attending. We have a very dedicated and enthusiastic team of Paediatricians and Developmental assessors who strive to ensure that the families who come are well received and have a positive experience. All team members contribute to the success of the follow-up, so many thanks for everyone's continued effort and generous assistance and have a well-deserved holiday!

- Jenny Rogers, Clinical Research Coordinator for the hPOD 2 year Follow-Up Study

Contacts:

- Kelly (Study Coordinator): k.fredell@auckland.ac.nz or on (09) 923 7720.
- Robyn (Clinical Nurse Specialist) for clinical support at r.wilkinson@auckland.ac.nz
- hPOD Study Phone: 0800 004 763.
- hPOD Study Email: hpod@auckland.ac.nz

Resources:

- The hPOD study page on the Liggins Institute website <http://www.liggins.auckland.ac.nz/hpod>
- The hPOD randomisation website here <https://www.ligginstrials.org/hPOD>
- On YouTube <https://www.youtube.com/watch?v=Jh4XUHgBFdU>

**Contacts for hPOD 2 year Follow up Study:**

- Jenny (Study Coordinator): jenny.rogers@auckland.ac.nz
- hPOD 2 year Follow up Phone: 0800 249 537 or 021 980 913
- hPOD 2 year Follow up Email: hpod2followup@auckland.ac.nz