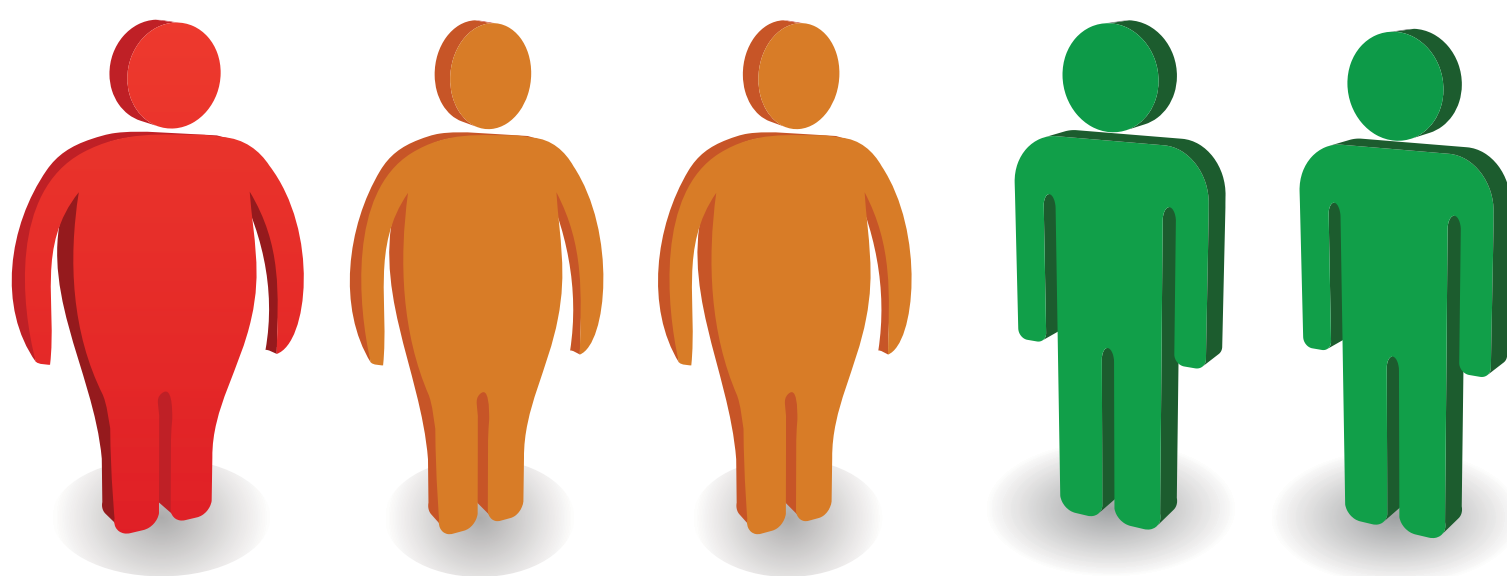


Pacific Science for Health Literacy Project

**3 in 5 13–15 year olds in Tonga
are Overweight or Obese***



1 in 5 are Obese*

Should we be concerned?

Healthy Food | Portion Size | Exercise

**Teenagers with healthy lifestyles are more likely
to live long and healthy lives
and have healthy children of their own**

**Data from the Global School-based Student Health Survey, Tonga, 2010 Fact Sheet*



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