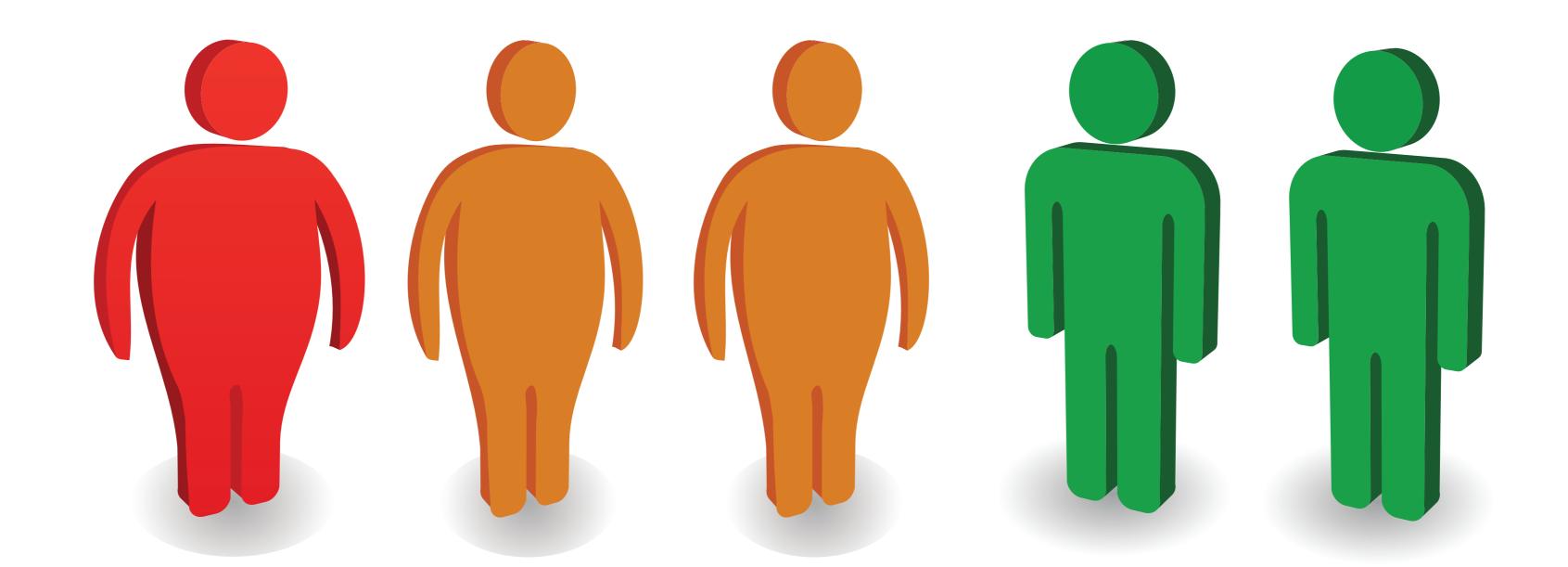
Pacific Science for Health Literacy Project

3 in 5 13–15 year olds in Tonga are Overweight or Obese*



1 in 5 are Obese*

Should we be concerned?

Healthy Food | Portion Size | Exercise

Teenagers with healthy lifestyles are more likely to live long and healthy lives and have healthy children of their own

*Data from the Global School-based Student Health Survey, Tonga, 2010 Fact Sheet









