

# Pacific Science for Health Literacy Project

## MY HEALTH AND WELLBEING ARE INFLUENCED BY...

...my environment when I was very small...

...the food I eat now, and in the future...

### PITOENUA



Physical

Mental & Emotional

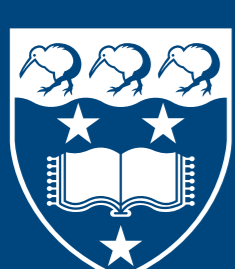
Spiritual

Social

Environment

...my lifestyle and how active I am now and in the future...

...my family characteristics...



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