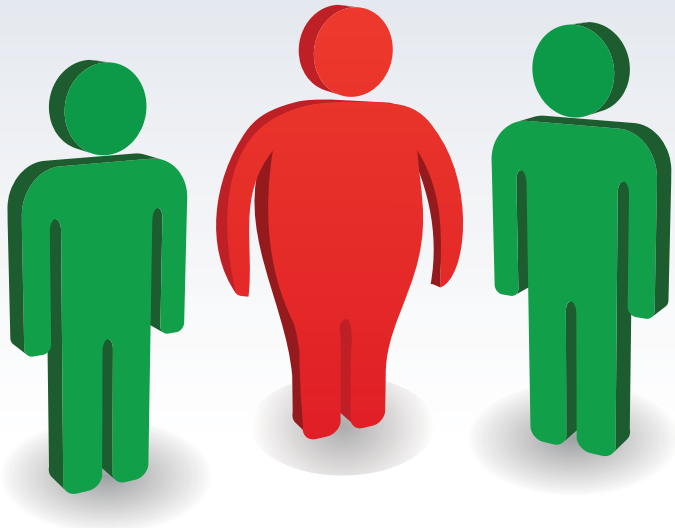
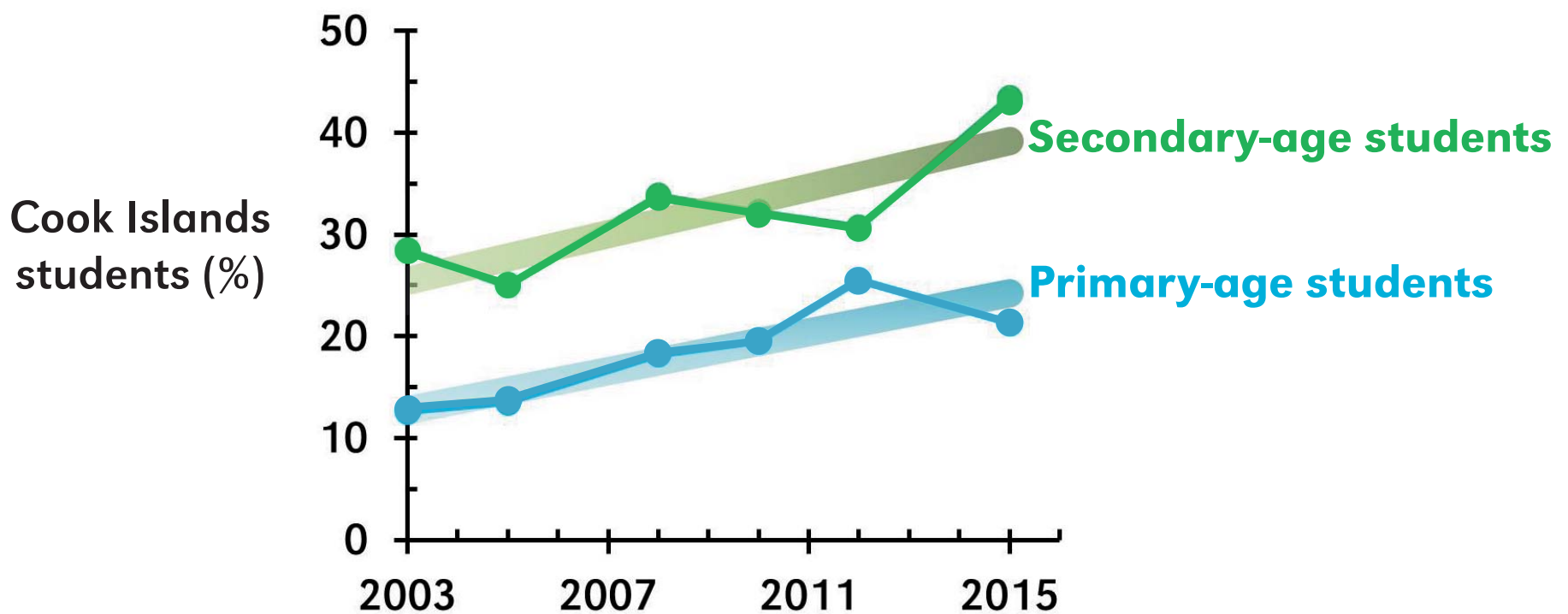


Pacific Science for Health Literacy Project



1 in 3
young people in the
Cook Islands are
overweight



Should we be concerned?

Healthy Food | Portion Size | Exercise

Young people with healthy lifestyles are more likely
to live long and healthy lives
and have healthy children of their own