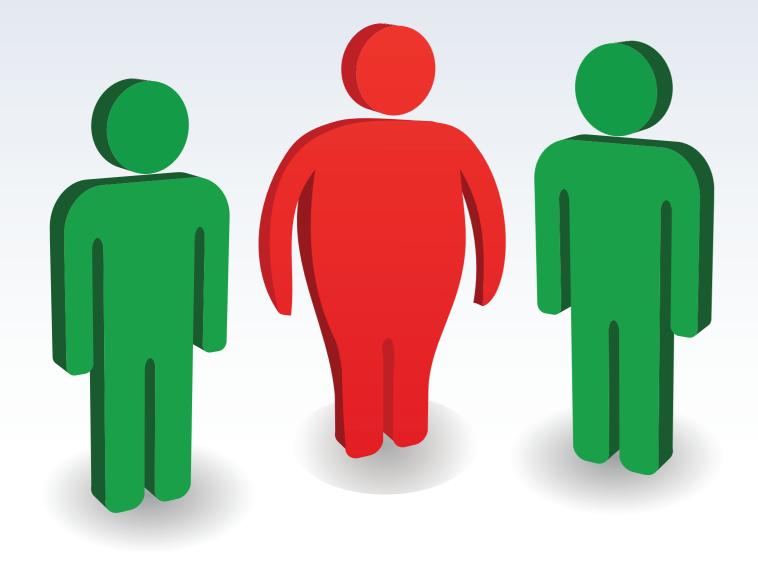
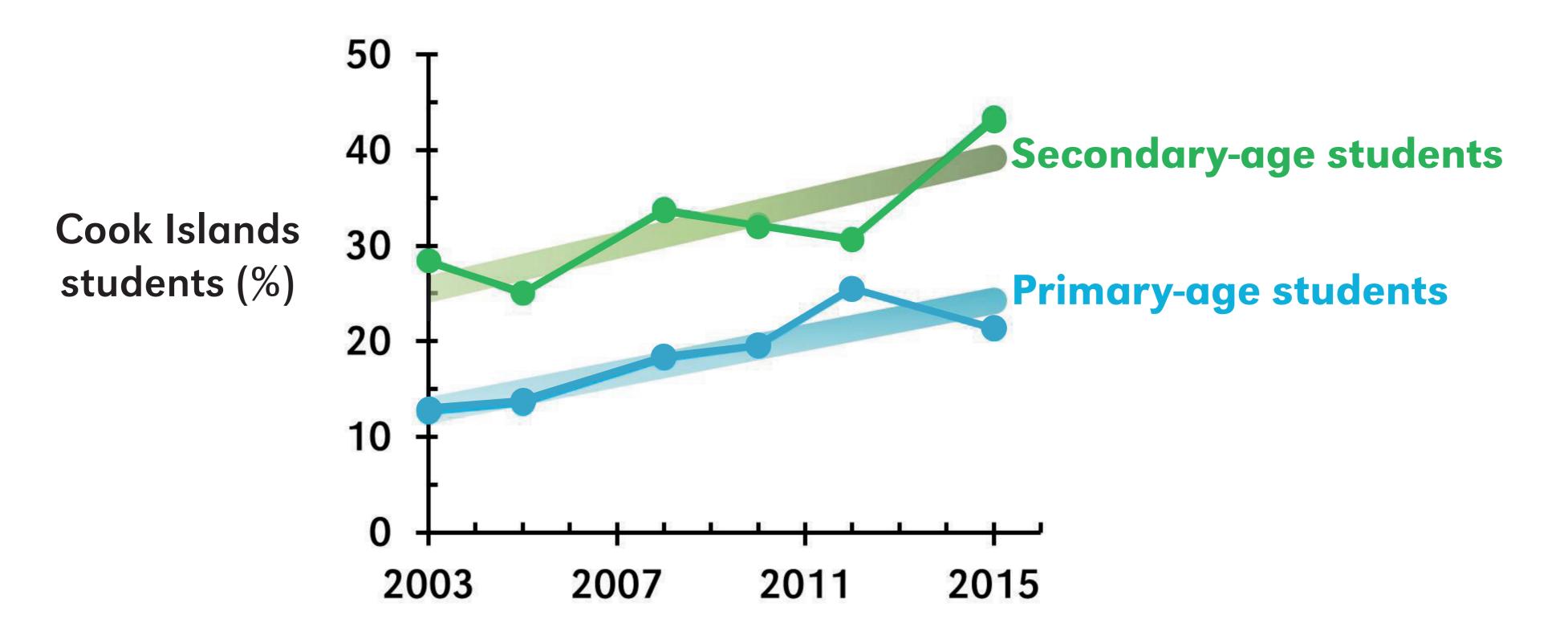
Pacific Science for Health Literacy Project



1 in 3 young people in the Cook Islands are overweight



Should we be concerned?

Healthy Food | Portion Size | Exercise

Young people with healthy lifestyles are more likely to live long and healthy lives and have healthy children of their own











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