

Partners



COOK ISLANDS
Ministry of Education
Maraurau o te Pae Api'i



Funders



Pacific Science as Health Literacy Partnership Programme

Student Focus Group Questions

Focus Questions (All Focus Groups)

1. What did you learn from doing the programme?
 - a. Health and Wellbeing
 - b. Understanding of science
2. Is being healthy important to you? Can you tell me why/why not?
3. Can you tell me about how diet and lifestyle impacts or affects health / wellbeing?
4. What sorts of things influence the food that you choose for yourself?
5. How does diet and lifestyle during adolescence affect our health / wellbeing (now and in the future)?
6. How does a mother's diet and lifestyle during pregnancy affect the health / wellbeing of the baby now and in the future?
7. Do you think it is important to find out about what scientists are doing to know more about health and wellbeing? Why / why not. Is it easy/hard to find out that kind of information? Where would you usually go to find out information about health and wellbeing?
8. What did you enjoy most about the programme?
9. How could the programme be improved?
10. What were the benefits of doing the programme? How has it affected you and your family?
11. Has anybody in the family made any changes to your lifestyle as a result of doing the programme? If so, what sorts of changes were made? If not, why not?
 - a. Diet changes
 - b. Lifestyle changes (e.g. physical activity, smoking)
12. If you had the opportunity, would you participate in something like this again? Why / why not?