Healthy Start to Life Education for Adolescents Project Pacific Region

Taking Action

Teacher Presentation Slides

Learning Objective 7

Te Maki Toto Vene (T2): E Manamanata no Toku Iti Tangata

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Activity: \$2 Lunch Challenge

SLR 20

What's for lunch?

 At least one sandwich and one piece of fruit

Menu Board

Food itemPrice perWholemeal bread10 cents/Margarine8 cents (10 cents/Cheese10 cents/Lettuce12 centsMayonnaise17 centsLuncheon sausage12 cents/Tomato20 centsPickle15 centsMarmite6 cents (12 cents/Marmite50 centsMuesli bar50 cents

Price per serving 10 cents/slice 8 cents (two teaspoons) 10 cents/slice 12 cents (enough for a sandwich) 17 cents (1 dessertspoon) 12 cents/slice 20 cents (enough for a sandwich) 15 cents (2 teaspoons) 6 cents (1 teaspoon) 40 cents each 50 cents each

Nutritional value vs economic cost

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Diabetes: An Issue for My Community – 1

Missing

Economic surge sp

Real estate growth forthcom

Write a letter to the editor of your local paper or post a blog on the issue "type 2 diabetes in our community"



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Diabetes: An Issue for My Community – 2

Economic

Real estate growth forthcon

What people need to know about: Who is at risk?

Why are they at risk?



Action to be taken!

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- Start with "Dear Editor" or "Dear Sir/Madam"
- Introduction to the topic type 2 diabetes: an issue in our community, e.g. "I am writing to you about ...", "Are people aware ..."

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SLR 21



Diabetes: An Issue for My Community – 4

Body of letter.

Paragraph 1. Which group is at risk in the community? Give relevant data. Paragraph 2. What are the risk factors for this group? Give examples and reasons.



Conclusion. Give your opinion on an appropriate action that should be taken.

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