

Newspapers, television, radio, podcasts, and websites provide information for the public about issues like the type 2 diabetes epidemic.

Scanning a large number of information sources will help you to quickly identify useful information, and decide what you want to research in more depth.



'Scan, Sift and Sort'

1. **Select** four information sources from the list below, or from a selection your teacher provides. All of the sources relate to the issue of obesity and the type 2 diabetes epidemic.
2. **Scan or skim** the article to identify which categories the information relates to (biology, treatment, risk factors or prevention).
3. Underline or **highlight** key ideas, and decide whether to 'trash' or 'treasure' each idea.
4. **Identify** the key areas that the article has some useful information about (treasure). Using 5 words or less for each idea, record your 'treasure' on the branches of your spider diagram (SLR 22).
5. When you have finished, share your work with your group. Sift through the information in each diagram to gather ideas about particular aspects of the issue from the articles that different people in your group looked at.

Articles and Information Sources

- Is it 5-a-day, 7-a-day or 10-a-day? (video) (vimeo.com/93032370).
- 6 easy ways to eat more fruits and vegetables, 02/06/2011 (www.livescience.com/35730-five-easy-ways-eat-more-fruits-vegetables.html).
- Students take driver's seat for health, 09/30/2013 (www.cookislandsnews.com/national/local/item/41500-students-take-driver-s-seat-for-health).
- Pacific Island nations develop new strategies to cope with diabetes, 30/09/2014 (pacific.scoop.co.nz/2014/09/pacific-island-nations-develop-new-strategies-to-cope-with-diabetes/).
- How fat is YOUR country - and which nations have the highest obesity rates? These new maps may surprise you ..., 23/01/2015 (www.dailymail.co.uk/health/article-2920219/How-fat-country-nations-highest-obesity-rates-new-maps-surprise-you.html).
- Obesity is complicated and needs new approach, scientists say, 19/02/2015 (www.livescience.com/49873-obesity-complicated-policy-approach-lancet.html).
- Diabetes epidemic threatens development gains in Pacific Islands, 11/02/2015 (www.ipsnews.net/2015/02/diabetes-epidemic-threatens-development-gains-in-pacific-islands/).