



Update your contact details

Is your **address** correct above and do we have the correct **phone/mobile** and **email** details for you? Please visit our website **Contact Us** page and let us know of any changes.
www.growingup.co.nz



Website update

Our website is being updated and refreshed. We are adding content to it as often as we can to keep you informed and updated with the progress of the study.

We are always keen to get feedback from you on any issues relating to *Growing Up in New Zealand*. Please go to the Contact Us page and get in touch.

Follow us on Facebook

You will find *Growing Up in New Zealand* on Facebook. Please take a second to find our page and 'Like' it. We will be working hard to keep you up-to-date with the things we are doing.



www.facebook.com/Growing-Up-In-New-Zealand



www.growingup.co.nz

Directors message

Here at *Growing Up in New Zealand* we are very excited to start the new year with added enthusiasm and great expectations. I am continually grateful for the positive feedback and communication we receive from the participants in this study and the other interested parties and supporters.

In this, our latest news update, we are pleased to share some more detailed information on the current and future hopes and vision for *Growing Up in New Zealand*. We hope to show what a difference the information we are collecting and analysing is starting to make to the scientific research and public policy development processes.

We have been working hard in our preparations for the next round of participant interviews and want to make these the most successful to date.

We also have a very hard working team of people working with all the data we have been collecting to keep it secure, clean, organised and correct. These preparations put us in a good position as we release the first data set for other researchers to use for themselves. This is a very exciting step in the progress of the study and I look forward to it as it opens the door for the subsequent data releases in the future.

The team of people here at *Growing Up in New Zealand* move through seasons of change and we would like to welcome the following.

Anne McLean - Operations Manager
Jin Russell - PhD Student
Sarah Gerritsen - PhD Student

I wish you the very best as we move through this winter season and hope that you continue to feel proud to be part of this wonderful long-term study of the health and well-being of the children in New Zealand.

Thank you again and best wishes.



Susan Morton
Associate Professor

(Study Director)

Your email address?

We are always trying to do things more effectively and efficiently. We like to communicate with our participants via email so that we save money on printing and postage costs. You have received this printed news update because we don't have a verified email address for you.

We currently communicate reliably and responsibly using email with over 80% of the *Growing Up in New Zealand* participants.

If you have access to a working email address and you would be happy to share it with us please visit our Contact Us page on the website and let us know. This will become more and more important as the study progresses.

Kidz competition

We are excited to announce our first competition for the children who are part of the *Growing Up in New Zealand* study. This is a drawing competition for the children to create a picture of themselves or a favourite animal. It's easy to enter:

1. Open to children included in the *Growing Up in New Zealand* study.
2. Visit the website and print off the entry page - www.growingup.co.nz/competition
3. Return your entry by post or scan and email your artwork.
4. Closing date for entries is 31st July 2013.

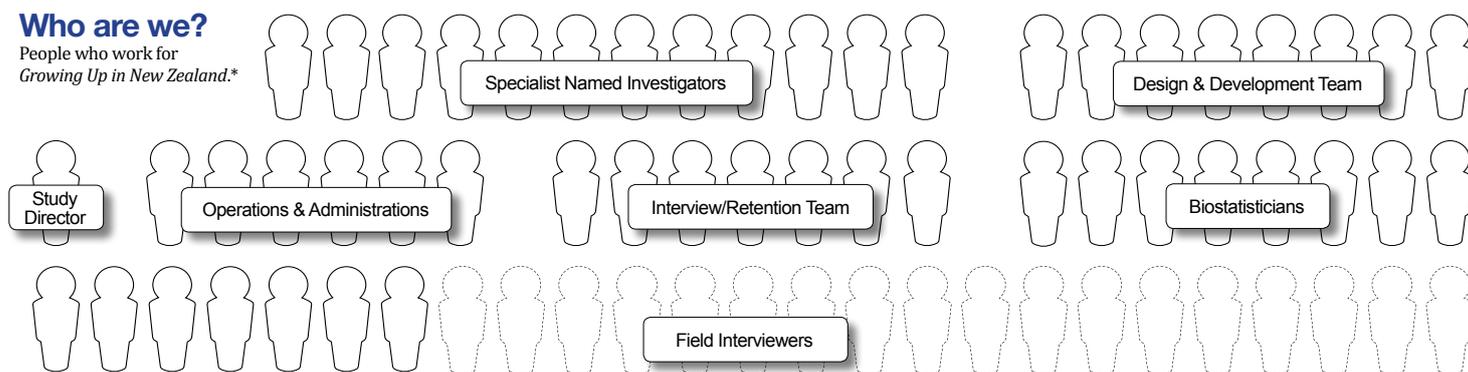
More research papers soon to be published

The information we are collecting about the group of children in the *Growing Up in New Zealand* study becomes more and more exciting as every year passes. We are constantly making additions and improvements to the next round of questions we ask so that the overall picture we're creating becomes more relevant and stays current and accurate.

One of the very useful products we derive from the data we are collecting are a varied collection of scientific research papers. These are specifically designed to look at a focused analysis of some of the study data. During this analysis we aim to help highlight important results, draw attention to possible outcomes and illustrate hypotheses and potential social/health situations. We hope that these will be valuable to researchers, healthcare professionals and local and national government policy shapers.

Who are we?

People who work for Growing Up in New Zealand.*



As the original authors of the questionnaires and data collection processes we have some preplanned ideas and hopes for the way we can use the data. But, we are also prepared for some surprise opportunities to become apparent as the different stages of the data results begin to combine. The assumptions we might have are ready to be displaced by current needs, social trends and actual results that the collected data highlights.

Over the next weeks and months we will be publishing research papers covering the following topics:



Antenatal data access

During late May and early June we held two workshops for anyone interested in applying to get access to the antenatal data from the *Growing Up in New Zealand* study. These workshops were held in Auckland and Wellington. We had attendees from various universities (from New Zealand and abroad), health professionals and staff of government departments.

We explained the secure process that has to be followed for people to apply to get access to the data. All applications are put before a Data Access Committee who check that the proposed research and intentions are in line with ethical and appropriate measures.

Successful applicants can then gain secure access to the antenatal data for an agreed period of time to perform their research and publish their findings.

Data security and personal anonymity are the prime concern with this process. Every participant in the study can be assured that their specific answers will contribute to further research without identifying them personally.

This are our first data set release and we very much look forward to seeing what new research is published as a result and then on to the future releases.

Happy birthday!

The children in the *Growing Up in New Zealand* study have all now reached or are approaching the age of 4.



We would like to take the opportunity to wish them a very happy birthday and say how much we look forward to meeting you at the next interview before you go to school.

News reel



[Thursday 6 June 2013]

Susan Morton was featured briefly on TV1 Seven Sharp within the ongoing feature on "What future does a baby born today have?"

Study statistics

Here are a few of the statistics** about the *Growing Up in New Zealand* study. If you are a participant this includes you!

Number of mothers 6754	Number of partners 4127
Number of children 6858	Boys - 3550 Girls - 3308
Twins - 94 pairs	Triplets - 2 sets
Currently living in 49 countries	Speaking a range of 36 languages

** Statistics are accurate at time of publication and are made up of the combined entries for both the main cohort and the leading light participants in the study.

Interview room

Preparations are being made for the next round of participant interviews and we have a new wave of questions and opportunities planned. Again we will have something for your children to do and contribute personally to the study.

You will soon receive more detailed information to help you prepare for the interview and you will be contacted by a member of our team to make the appointment. If you have a preferred interview time please visit our website to let us know.



Growing Up in New Zealand
The University of Auckland
Tamaki Campus, 261 Morrin Road,
St Johns, Auckland, New Zealand

Freephone: **0508 476 946**
(Monday to Friday, 8.30am to 6pm)

Email: contact@growingup.co.nz

Changing address?

If you are planning to move home in the next 3 months please let us know so that we can make sure we keep in touch.

Who to contact

If you need to talk to anyone related to the *Growing Up in New Zealand* study please call on the Freephone number **0508 476 946**.

* Many of the team work on a part time basis.