

Centre for Medical and Health Sciences Education (CMHSE)

Research Seminar Series

**Monday 21 August 2017, 12noon - 1.30pm
Room 503-028, Grafton Campus**

**The Physical Health of Medical Students: A
Comparison between New Zealand and Canada**



Dr Fiona Moir

**Senior Lecturer in the Department of General Practice and
Primary Healthcare and Director of Medical Student Affairs**

The Physical Health of Medical Students: A Comparison between New Zealand and Canada: Doctors' health can affect their care of patients, and the Auckland SAFE-DRS health and wellbeing curriculum aims to enable students to optimise their own physical and psychological health. This first stage of the SAFE-DRS study reports physical health data: alcohol use, nutrition, exercise and smoking

Nutritional Status in Advanced Age



Dr Ruth Teh

**Senior Lecturer in the Department of General Practice and Primary
Healthcare, Population Health, Faculty of Medical and Health
Sciences**

New Zealand's population is ageing and by 2050, 23% of the population will be aged 65+ years; about 7% will be aged 85+ years. In this talk, I aim to answer the question, "How does nutrition influence the maintenance of good health and quality of life in older adults?"

RSVP to Doreen Presnall d.presnall@auckland.ac.nz

**12noon – 12.30pm – light lunch and networking
12.30 – 1.30pm – Seminar presentations**

**If you are interested in presenting at one of
our monthly seminars please email your
idea to: Craig Webster**