

Child and Adolescent Mental Health

Postgraduate Handbook 2017



THE UNIVERSITY OF
AUCKLAND
Te Whare Wānanga o Tāmaki Makaurau
NEW ZEALAND

**MEDICAL AND
HEALTH SCIENCES**
SCHOOL OF MEDICINE

Child and Adolescent Mental Health

Introduction

Courses outlined in this Handbook are usually done by graduates in medicine, nursing, occupational therapy, social work or psychology who work, or expect to work, in child and adolescent mental health services and want to gain further skills and knowledge in this field.

Background

The Department of Psychological Medicine in the Faculty of Medical and Health Sciences of The University of Auckland was formed in 2004 from the merger of the Departments of Psychiatry and Health Psychology.

The Department of Psychological Medicine aims for excellence in teaching and research in psychiatry and health psychology. The department also has a significant role in training medical and other clinicians in ensuring they have the knowledge, skills and attitudes to deliver high quality care.

The Department houses the Werry Centre for Child and Adolescent Mental Health. Staff teaching CAMH courses do so as part of the teaching arm of the Werry Centre.

Why Child and Adolescent Mental Health?

Mental health difficulties present differently depending on the developmental stage of children or young people. A sound knowledge of normal and abnormal development is key to practicing in the area, and these courses promotes this as well as the assessment of psychopathology and impairment. Formulation skills, the key principles of management of child and adolescent mental health disorder in general and more specific therapy skills in key areas are also covered in the courses. This is essential training for clinicians working in ICAMHS or youth addiction services.

Where can a postgraduate certificate lead me?

Certificate courses can be credited towards a Postgraduate Diploma and then towards a Master of Health Sciences or other degrees, depending on the background of the student. It is important to note that the certificate programme does not by itself equip trainees to work clinically with children. A basic clinical training is also required.

Funding

Te Pou, the national centre of mental health research, information and workforce development, is contracted by the Ministry of Health to administer funding for mental health and addiction post entry clinical training. Skills Matter, within Te Pou, contracts education providers to deliver training on a number of post graduate programmes. The University of Auckland postgraduate Certificate in Child and Adolescent Mental Health (CAMH) a Skills Matter provider and eligibility criteria for fees funding are set out.

Tuition fees funding

For 2017, to be eligible to receive fees funding for The University of Auckland CAMH Certificate Programme trainees must:

1. Meet the education provider's (UoA) criteria for eligibility to study at this level.
2. Meet the requirements for registration with one or more of the following:
 - a. Health Practitioners Competence Assurance (HPCA) Act (2003).
 - b. Social Worker registration.
 - c. Drug & Alcohol Practitioners' Association of Aotearoa New Zealand (DAPAANZ) status as a registered competent practitioner or associate practitioner status.
or
 - d. Other relevant professional body at the discretion of the training provider.
5. Recognise and understand tikanga Maori and other appropriate cultural input to mental health and addiction services.
6. Be working clinically with children and/or adolescents in a MoH/DHB-funded service for at least 0.6FTE (24 hours a week) where they have at least one year's experience. New graduates must be working a minimum of 0.7FTE (28 hours a week).
7. Complete the certificate programme within two academic years, at the discretion of the training institution.

Note:

The above information is adapted from the Child and Youth Service Specifications available on

www.skillsmatter.co.nz

(See 'Core Skills for Specialist Practice in Infant, Child and Adolescent Mental Health and Addiction')

Travel and accommodation assistance

Skills Matter provides a Travel & Accommodation Assistance Grant to support (but not necessarily fully fund) access to Skills Matter funded training programmes for students at a distance from the education provider (in this case, students outside Auckland doing the CAMH Certificate). Upon provision of receipts reimbursement to a set limit is made.

Further information regarding the application process for this Grant will be available on the Te Pou Skills Matter website. (Note for reimbursement of travel and accommodation costs, students contact Skills Matter directly.)

www.tepou.co.nz/skillsmatter-grants

Skills Matter

Contacts for further queries:

Email: info@skillsmatter.co.nz

Website: www.skillsmatter.co.nz

University admissions and enrolment

Student Services Online is the way to apply to the University, enrol in classes, view your timetables, update your details and much more.

This site contains help guides and video tutorials:
www.student-services.auckland.ac.nz

Please note: All new University of Auckland students are required to complete the online Academic Integrity Course. The Academic Integrity Course is an online course designed to increase student knowledge of academic integrity, university rules relating to academic conduct, and the identification and consequences of academic misconduct. Students required to complete the course will be automatically enrolled and will see ACADINT.A01 as one of their current courses Canvas Dashboard. Completion of the course is a requirement in order for any degree, diploma or certificate to be conferred or awarded. See below link for more information:

www.fmhs.auckland.ac.nz/academic-integrity

Study at The University of Auckland

Apply for your programme of study

www.student-services.auckland.ac.nz/uoa/

Log on to Student Services Online and apply for your programme of study i.e. PG Certificate in Health Sciences (60 points), PG Diploma in Health Sciences (120 points), Certificate of Proficiency

Submit the required documents

- Colour passport size ID photo
- Curriculum vitae
- NZ Citizen/Resident Verification (Birth Certificate/Passport)
- Official Academic Transcript

Students with international qualifications can expect to be charged approximately \$125.00 to get their qualifications assessed.

Documents have to be submitted to:

Postal:

Applications and Admissions
Private Bag 92019
Auckland, 1142

Courier:

Student Information Centre Room 112,
Level 1, The Clock Tower,
22 Princes Street, City Campus

Phone: 0800 61 62 63

Email: Studentinfo@auckland.ac.nz

Accept/Decline the offer of study from the University of Auckland

www.fmhs.auckland.ac.nz/accept-decline

You have to log on to SSO to accept/decline your offer of study. This offer has an expiry date and if you don't accept/decline by that date, you won't be able to study in the semester you have applied for.

Te Pou Funding

Please note that if you are applying for a funded position, this is a separate process. Application forms can be obtained from:

Reena D'costa | r.dcosta@auckland.ac.nz

International students

If you are an international student (that is, you do not have citizenship or permanent residency in New Zealand or Australia) then you should contact Auckland International for application information (international@auckland.ac.nz)

For information about Child and Adolescent Mental Health (CAMH) programmes

To discuss your eligibility for the programmes or for the Te Pou funding, or questions of an academic nature, contact:

Mr Vas Ajello

Clinical Psychologist
Certificate Coordinator

Department of Psychological Medicine
Grafton Campus

The University of Auckland

Private Bag 92019

Auckland, 1142 New Zealand

Phone: +64 9 923 3767

Fax: +64 9 373 7013

Email: v.ajello@auckland.ac.nz

Queries about the application process, contact:

Reena D'costa

Group Services Administrator

Department of Psychological Medicine
Grafton Campus

The University of Auckland

Private Bag 92019

Auckland, 1142

New Zealand

Phone: +64 9 923 7284

Fax: +64 9 373 7641

Email: r.dcosta@auckland.ac.nz

Accommodation/travel

You are responsible for getting to and from Auckland yourself and for arranging your own accommodation for the Teaching Blocks.

You can search the web for nearby accommodation options, e.g.

- St Martin's Waldorf Apartments
- Columbia Apartments
- Empire Apartments
- Domain Lodge
- Quest Newmarket

Programme outlines

Postgraduate Certificate

The Postgraduate Certificate in Health Sciences (PGCertHSc) programme specializing in Child and Adolescent Mental Health is designed for graduates in medicine, nursing, occupational therapy, psychology, or social work currently working in a Child & Adolescent Mental Health Service or similar service. who are wishing to further develop their skills and knowledge in this field. Areas of focus include child and adolescent development, psychopathology, assessment, formulation and treatment planning. Please note that to complete the whole Certificate, including the more applied course (Psychiat 768), students should be working in a Child & Adolescent Mental Health Service or Similar.

Eligibility

Students must have a relevant degree, or a relevant health professional qualification and relevant work experience. Eligibility for some clinically based courses may be restricted to registered health professionals. Some courses require students to be working in a relevant clinical role: PSYCHIAT 768, 769 & 770.

Time to complete

The Certificate can be done over one or two years (most students complete over two years). Only in exceptional circumstances will a one semester extension be granted.

Te Pou Funding

A limited number of fully funded places are available for applicants who meet certain criteria. Please see Funding above, check the eligibility criteria on the website of Skills Matter of Te Pou and then request an application from:

Reena D'costa
Administrator
Email: r.dcosta@auckland.ac.nz

Other Applicants

if you are not seeking a Te Pou funded place, you need only apply via Student Services online (SSO); if necessary, contact Reena for assistance.

Postgraduate Certificate

Courses offered by the Department of Psychological Medicine (Grafton Campus)

PSYCHIAT 747 15 Points	Child & Adolescent Development	Two teaching days and a group seminar in Semester One: 13 & 14 March
PSYCHIAT 740 15 Points	Child & Adolescent Psychopathology	Entirely by distance/online
PSYCHIAT 768 30 Points	Assessment, Formulation and Treatment Planning in Child and Adolescent Mental Health	Four 2-day teaching blocks; Two blocks in Semester One and two blocks in Semester Two 15 & 16 March 29 & 30 May 31 July & 1 August 9 & 10 October
PSYCHIAT 769 15 Points	CBT with Children, Adolescents and their Families I	Two 2-day teaching blocks in Semester One 23 & 24 March 8 & 9 June
PSYCHIAT 770 15 Points	CBT with Children, Adolescents and their Families II	Two 2-day teaching blocks in Semester Two 10 & 11 August 21 & 22 September

Regulations:

60 points required for the PG Certificate
PSYCHIAT 740,747,768 (note this is the only combination of courses for which there is Te Pou funding).

The CBT courses are usually done as part of the Diploma but applications to do the CBT courses (30 points) instead of PSYCHIAT 747 & 740 (30 points together) or PSYCHIAT 768 (30 points) will be considered upon proof of completing their equivalent (courses or work experience).

Note:

Timetable subject to change. Please see Student Services Online for up to date information.

For all courses, students should be prepared to share their names, a brief personal introduction and participate in class discussions, face to face and/or online.

The University guidelines recommend an average of 10 hours of learning activity/study per week per 15 point course.

Programme outlines

Postgraduate Diploma

The Postgraduate Diploma in Health Sciences (PGDipHSc) in Child and Adolescent Mental Health is designed for graduates in medicine, nursing, occupational therapy, psychology, or social work who are wishing to further develop their skills and knowledge in this field.

Eligibility

Students must have completed the requirements for a relevant degree, or have completed the requirements for a relevant health professional qualification. Eligibility for some clinical based courses may be restricted to registered health professionals. Students who have completed the Certificate (60 points) with a B aggregate or higher are usually eligible to continue to the Diploma (an additional 60 points). Some courses require students to be working in a relevant clinical role: PSYCHIAT 769 & 770.

Time to complete

The Diploma can be done over one to four years. Only in exceptional circumstances will a two semester extension be granted. If continuing on from the certificate, students will have up to 2 years to complete the additional 60 points.

Funding

There is no Te Pou/Skills Matter funding for the diploma courses (alternative funding is available for some courses).

Applying

Apply via Student Services online (SSO); if necessary, contact Reena for assistance (r.dcosta@auckland.ac.nz).

Regulations

The Diploma programme requires a total of 120 points from the courses listed below offered by the Department of Psychological Medicine (PSYCHIAT) and the School of Population Health (POPLHLTH).

- At least 30 points from PSYCHIAT 740, 747, 768.
- 15 points from PSYCHIAT 741.
- 15 points from POPLHLTH 701, 704, 705, 708, 767.
- Up to 60 points from PSYCHIAT 740, 747, 768–773 or other courses approved by the Head of the School of Medicine.
- Some nursing courses may also be suitable – please discuss with staff.

Postgraduate Diploma

Courses offered by the Department of Psychological Medicine (Grafton Campus)

PSYCHIAT 741 15 Points	Therapy in Child and Adolescent Mental Health – Theory	Two 2-day teaching blocks in Semester One 28 & 29 March 6 & 7 June
PSYCHIAT 769 15 Points	CBT with Children, Adolescents and their Families I	Two 2-day teaching blocks in Semester One 23 & 24 March 8 & 9 June
PSYCHIAT 770 15 Points	CBT with Children, Adolescents and their Families II	Two 2-day teaching blocks in Semester Two 10 & 11 August 21 & 22 September
PSYCHIAT 771 15 Points	Special Topic: Infant Mental Health, Early Environments and Nurturing Relationships	Two 2-day teaching blocks in Semester Two 26 & 27 July 30 & 31 August
PSYCHIAT 772 15 Points	Special Topic: Infant Mental Health, Classification of Psychopathology and Effective Treatment	Two 2-day teaching blocks in Semester Two 26 & 27 July 30 & 31 August
PSYCHIAT 773 30 Points	Special Topic: Youth Forensic Psychiatry	Four 2-day teaching blocks 6 & 7 March 1 & 2 May 12 & 13 June 7 & 8 August

Note

Timetable subject to change. Please see Student Services Online for up to date information.

For all courses, students should be prepared to share their names, a brief personal introduction and participate in class discussions, face to face and/or online.

The University guidelines recommend an average of 10 hours of learning activity/study per week per 15 point course.

Programme outlines

PSYCHIAT 747

15 pts

Child and Adolescent Development

Coordinator: Vas Ajello & Grant Christie

There is two-day teaching block at the beginning in Auckland and one seminar per regional centre. Use is made of Canvas, the University's web based learning management system and online presentations.

Learning objectives

1. Understand key developmental processes and concepts relevant to the experiences and difficulties of clients and families in the 'clinic' and link these to assessment, formulation and treatment planning.
2. In your workplace, recognise and explain developmental processes and concepts to clients and their families, and to colleagues (other health professionals, teachers, etc.)
3. Explain to clients and their families, and to colleagues, the relation between development and context, including age, gender, culture, socio-economic status, and ethnicity.
4. Compare and contrast perspectives on development particularly to New Zealand, especially Māori, Pakeha and Pacific Island perspectives.
5. Access, search, critically appraise and apply current research literature on psycho-social development.

Topics

- Attachment and Brain Development
- Development in Infants and Toddlers
- Development in Pre-schoolers
- Development in Middle Childhood
- Development in Adolescence
- Risk and Protective Factors

PSYCHIAT 740

15 pts

Child and Adolescent Psychopathology

Coordinator: Vas Ajello & Grant Christie

This course is designed for self-study and is delivered entirely extramurally. No face-to-face teaching is scheduled. Use is made of Canvas, the University's web based learning management system, and online presentations. The course covers classification of psychopathology; the history, presentation and diagnosis of important and common disorders that present in childhood and adolescence; Maori and Pacific cultural issues.

Learning objectives

1. Outline commonly used models of psychopathology
2. Discuss the utility and limitations of classification, particularly with respect to the Diagnostic and Statistical Manual of Mental Disorders (the DSM-5).
3. Apply the DSM criteria of common and important disorders in children and adolescents
4. Describe the history, presentation, diagnostic and associated features, course, and prognosis, of these disorders
5. Be familiar with the aetiology, comorbid disorders and epidemiology of these disorders.
6. Identify cultural and developmental variations and issues in the conceptualisation and definition of these disorders
7. Search, access, critically appraise, and apply the current research base for the disorders

Topics

- Models of Psychopathology, Classification & the DSM, and Māori Youth and the DSM
- Externalising Disorders: ADHD and Conduct Disorder
- Anxiety, Obsessive-Compulsive, and Trauma & Stressor-Related Disorders
- Neurodevelopmental Disorders (Autism, Intellectual Disability & Learning Disorders)
- Disorders related to Physical Functions
- Depressive and Bipolar Disorders (Mood Disorders); Self-Harm and Suicide
- Psychoses and Substance Use Disorders

Programme outlines continued

PSYCHIAT 768

30 pts

Assessment, Formulation and Treatment Planning in Child and Adolescent Mental Health

Coordinators: Vas Ajello & Hiran Thabrew

This is a clinically orientated course and students need to be working clinically. Students present and evaluate a video recording of their clinical work. Employment in a Child & Adolescent Mental Health Service or similar service is essential.

Co requisite: PSYCHIAT 740, 747

Learning objectives

1. Complete mental health assessments with children and adolescents with a range of mental health problems,
2. Understand the strengths and limitations of different kinds of child & adolescent mental health assessment
3. Demonstrate appropriate child & adolescent interviewing techniques
4. Structure, analyse and present information gathered in assessments into coherent formulations that in turn guide comprehensive treatment plans
5. Demonstrate awareness of cultural issues in mental health assessment and treatment planning
6. Demonstrate awareness of issues of concern to users of mental health services
7. Demonstrate awareness of substance use as it relates to child and adolescent mental health issues.

Topics

- Fundamental clinical components, e.g. mental state exam, methods of assessment, treatment planning
- Different ways of conceptualising cases and how these are reflected in different ways of working
- Areas for particular attention, e.g. ethics, working with LGBTI youth, consumer perspectives
- Taking account of Maori and other cultures
- Assessment, formulation and treatment planning for different kinds of disorders

PSYCHIAT 741

15 pts

Therapy in Child and Adolescent Mental Health – Theory

Coordinators: Tania Cargo

This course covers the range of evidence-based treatment modalities used in infant, child and adolescent mental health. The theoretical rationale and evidence of current therapies will be considered within a developmental framework, covering perinatal and infancy, pre-school, middle childhood and adolescents.

Prerequisite: PSYCHIAT 740

Learning objectives

1. Recognise key evidence-based therapies for common clinical presentations in each of the developmental stages covered.
2. Critically appraise relevant research and literature
3. Practice key principles of evidence-based therapies
4. Consider cultural and family contexts for EBT's.

Topics

- Perinatal and Infancy (pregnancy-3 years) – Attachment Interventions
- Pre-school (3-6) –Parent-Child Interaction Therapy, Behaviour Therapy
- Middle Childhood (6-12) – Parent Management Training
- Adolescence (12-18) – Family Therapy, Motivational Interviewing

PSYCHIAT 769

15 pts

CBT with NZ Children, Adolescents and their Families I

Coordinator: Tania Cargo

This is a specialist clinical course in Cognitive Behavioural Therapy. The aim is to provide in-depth skills and knowledge about CBT for anxiety and depression with NZ children, adolescents and their whānau. As well as guided self-study/coursework, there are two 2-day teaching blocks.

Prerequisite: PSYCHIAT 740, 747

Learning objectives

1. Recognise the key philosophies of CBT when working with kids/teens and whānau
2. Understand key cognitive and behavioural interventions for anxiety and depression with kid/teens
3. Learn 3 Cognitive and 3 Behavioural interventions for anxiety and depression
4. Develop confidence in utilising Socratic questioning in CBT
5. Appreciate the role of families/whanau in CBT

Topics

- Introduction to CBT with children
- CBT & Anxiety
- CBT & Depression
- Class presentations based upon clinical work

Programme outlines continued

PSYCHIAT 770

15 pts

CBT with NZ Children, Adolescents and their Families II

Coordinator: Tania Cargo

This follows on from 769 and provides a range of CBT specific applications to a variety of disorders which children and young people are likely to present with to local mental health services. The aim of this course is to provide skills and knowledge on how to use CBT evidence-based therapies with a range of disorders. As well as guided self-study/coursework, there are two 2-day teaching blocks.

Prerequisite: PSYCHIAT 769

Learning objectives

1. Have an in-depth and theoretical understanding of the CBT Model as it applies to the more complex problems of Trauma, Autism, Alcohol and other Drugs, Anger and Disruptive Behaviour, OCD and Personality.
2. Recognise key CBT treatment models as they relate to each of the above disorders.
3. Demonstrate an awareness of developmental and cultural considerations when practicing CBT with kids and teens.

Topics

- OCD, Autism and Trauma
- Anger, Aggression and Disruptive Behaviour
- Personality, Alcohol and other Drugs
- Class presentations based upon clinical work

PSYCHIAT 773

30 pts

Special Topic: Youth Forensic Psychiatry

Coordinators: Andrew Craig Immelman & Susan Hatters-Friedman

The course is held over two semesters, and needs to be done in order as the second semester builds on material from the first semester (i.e. PSYCHIAT 773A and then PSYCHIAT 773B). There are four, 2-day teaching blocks at the Whatua Kaimarie Marae in Point Chevalier.

Learning Objectives:

1. Describe the legislative framework, and demonstrate understanding of the effect on their own clinical practice of these laws.
2. Describe the complex range of pathways and processes of a young person entering the Youth Forensic system in both criminal and civil jurisdictions.
3. Analyse own practice with reference to ethical debates related to both general and youth forensics.
4. Apply an understanding of the historical context of youth forensics to explain strengths and weaknesses of the current system.
5. Demonstrate consideration of capacities required for fitness to stand trial evaluations.
6. Describe the effects of neurodevelopmental disabilities in the context of the Youth Forensic setting.
7. Weigh issues of risk and safety based on evidence-based medicine, when completing evaluations of juveniles.

8. Demonstrate the ability to succinctly present a complex case in writing and while giving evidence, at such a level as would be expected in the Courts.

Note: For all courses, students should be prepared to share their names, a brief personal introduction and participate in class discussions, face to face and/or online.

Note: The University guidelines recommend an average of 10 hours of learning activity/study per week per 15 point course.

PSYCHIAT 771

15 pts

Special Topic: Infant Mental Health, Early Environments and Nurturing Relationships

Coordinator: Trecia Wouldes

Effective treatment of infant and early childhood mental health relies on the accurate assessment of an infant's emerging competencies within the context of the family and the child's early environments. The focus of this course will be the assessment and identification of the risk and protective factors that research has shown to be linked to the development of social and emotional competency during infancy and early childhood.

PSYCHIAT 772

15 pts

Special Topic: Infant Mental Health, Classification of Psychopathology and Effective Treatment

Coordinator: Trecia Wouldes

The diagnosis and treatment of infant psychopathology lags far behind our knowledge of adolescent and adult psychopathology. However, emerging evidence suggests there are a number of well-designed interventions that have proved successful in treating early social and emotional problems. The focus of this course is the classification, diagnosis and treatment of infant and early childhood psychopathology.

Masters and PhD programmes

Studies in child and adolescent mental health may also be continued with enrolment in a Master's in Health Science or a doctoral (PhD) programme. Students need to have completed the requirements for the Postgraduate Diploma in Health Sciences or its equivalent, with an average grade of B or higher. The Master's in Health Science can be taken as a taught programme or as a combination of thesis and course work. Talk to staff about continuing your studies.

Department of Psychological Medicine/Werry Centre staff



Vas Ajello

MSc, Clinical Psychology,
PG Certificate in Academic Practice

Email: v.ajello@auckland.ac.nz

Vas is a clinical psychologist with many years' experience in CAMH and general practice. He coordinates the Certificate programme and has been involved in teaching it since 2003. Vas has a special interest in the application of developmental concepts to clinical work and also in flexible teaching and learning.



Tania Cargo

PHDipClinPsych, MEd
Ngāpuhi, Ngāti Manu me Ngāti Maru

E-mail: t.cargo@auckland.ac.nz

Tania is a Māori clinical psychologist, who has worked clinically with Māori tamariki and their whānau in specialist child and adolescent mental health services and in Māori community services throughout the Tāmaki-makau-rau region. Her current interests are in the specialist area of Infant Mental Health, the culturally applicable Cognitive Behaviour Therapy and in the applicability of Parent-Child Interaction Therapy (PCIT). Tania is a current executive board member of PCIT International, she was a past executive board member of the Aotearoa New Zealand Association of Cognitive Behavioural Therapies and has been a lecturer in the Department of Psychological Medicine since 2000. She coordinates the Child and Adolescent CBT papers, as well as lecturing in the Post-graduate child and adolescent mental health course. Her current PhD research involves the utility of Parent-Child Interaction Therapy (PCIT) in Aotearoa New Zealand.



Grant Christie

MBCbB, FRANZCP, FACHM, MD

Dr Grant Christie, Senior Lecturer in the Department of Psychological Medicine, University of Auckland, is a Child and Adolescent and Addiction Psychiatrist who has been working in outpatient and residential youth addiction services in NZ and Australia for over 15 years. He is passionate about improving the treatment of young people at risk of addiction and enhancing the management of co-existing problems (CEP) in mental health services and primary care. He has developed a number of youth addiction treatment resources that are used widely in NZ and further afield, and has acted in various advisory roles for the MOH in this area.



Sally Merry

MBCbB, MD, FRANZCP, CCAP

E-mail: s.merry@auckland.ac.nz

Sally is Professor, Head of the Department of Psychological Medicine and Director of the Werry Centre which she established. Professor Merry is a child and adolescent psychiatrist Her main area of research interest has been e-therapy and adolescent depression and she has conducted a number of major studies in the area including Cochrane Collaboration reviews of evidence for interventions and a trial of the effectiveness of a computer based treatment for depression. Professor Merry has contributed to the development of an Infant Mental Health Service within the Counties Manukau District Health Board.

Department of Psychological Medicine /Werry Centre staff continued



Hiran Thabrew

BM, BSc, FRANZCP, FRACP

Email: h.thabrew@auckland.ac.nz

Hiran is a dual trained Child and Adolescent Psychiatrist and Paediatrician with a keen interest in promoting integrated and evidence based approaches to sustaining and improving the mental health of children, young people and their families. Prior to commencing as Deputy Director of the Werry Centre in October 2012, he was employed within CAMHS services, Paediatric Consultation Liaison services and an Early Intervention Service in the Wellington region. During this period, he was actively engaged in a number of areas of interagency collaboration, service development and research. In addition to being a member of the Workforce Development team, he also enjoys being part of the Paediatric Consultation Liaison Service at Starship Hospital and working as a Senior Lecturer within the Department of Psychological Medicine at The University of Auckland.



Trecia Wouldes

PhD

Email: t.wouldes@auckland.ac.nz

Associate Professor Trecia Wouldes is a developmental psychologist and Senior Lecturer in the Department of Psychological Medicine. The focus of her teaching and research is the health, mental health and development of children exposed to biological and/or psychological insults that occur prenatally or during early childhood. She is currently the Director of the Auckland, New Zealand site of the 5-site Infant Development, Environment And Lifestyle (IDEAL) study investigating the developmental outcomes of children born to mothers who used methamphetamine (street name 'P') during their pregnancy. Through her research, Associate Professor Wouldes has developed a special interest in the provision of early, evidence-based interventions for infants, toddlers and pre-school children.

CAMH Advisory Group

Stakeholder representatives serve in the Advisory group which meets twice a year. The objectives of the Advisory group are to:

1. Monitor the quality and relevance of CAMH Certificate and Diploma postgraduate courses
2. Act as conduit between various stakeholders, e.g. students, graduates, managers, and programme providers, so that all can be aware of relevant needs, challenges and efforts
3. Advise on programme and curriculum changes and improvements

Teaching staff and student representatives attend the meetings. Service leaders of students doing the Certificate are invited to attend (teleconferencing available). Listed below are regular members of the Advisory Group:

Rawiri Wharemate

Kaumatua, Werry Centre

Email: r.wharemate@auckland.ac.nz

Sue Dashfield

General Manager, Werry Centre

Email: s.dashfield@auckland.ac.nz

Tania Wilson

Clinical Director, Health West

Email: Tania.Wilson@healthwest.co.nz

Jenny Goddard

School Guidance Counsellor

Email: jaldeng@xtra.co.nz

Leah Andrews

Child & Adolescent Psychiatrist, Honorary Senior Lecturer and past Certificate Coordinator

Email: lk.andrews@auckland.ac.nz

Anne Brebner

Clinical Nurse Director, CMDHB

Email: Anne.Brebner@middlemore.co.nz

Amanda Barnes

Clinical Coordinator, Marinoto North CAMHS

Email: Amanda.Barnes@waitematadhb.govt.nz

Shreya Rao

Youth Consumer Adviser, CAMHS

Email: Shreya.Rao@waitematadhb.govt.nz

External Moderator

Stephanie Moor

Child & Adolescent Psychiatrist & Senior lecturer
Department of Psychological Medicine

Otago University



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**MEDICAL AND
HEALTH SCIENCES**
SCHOOL OF MEDICINE

