
THE STROKE RESEARCH CLINIC





“Stroke recovery is always an exploration of what is possible for each individual. By undertaking that exploration within a research trial it is possible to share successes with thousands of other survivors through the proof of what works. Research opens doors for individuals and for everyone else too.”

Mark Vivian - Chief Executive Officer,
Stroke Foundation of New Zealand

For participants

Welcome

Every year, 9000 New Zealanders suffer a stroke and there are currently 45,000 people coping with the aftermath of stroke in our community. We believe that recovery-focused stroke research is essential to enable people realise their full functional potential.

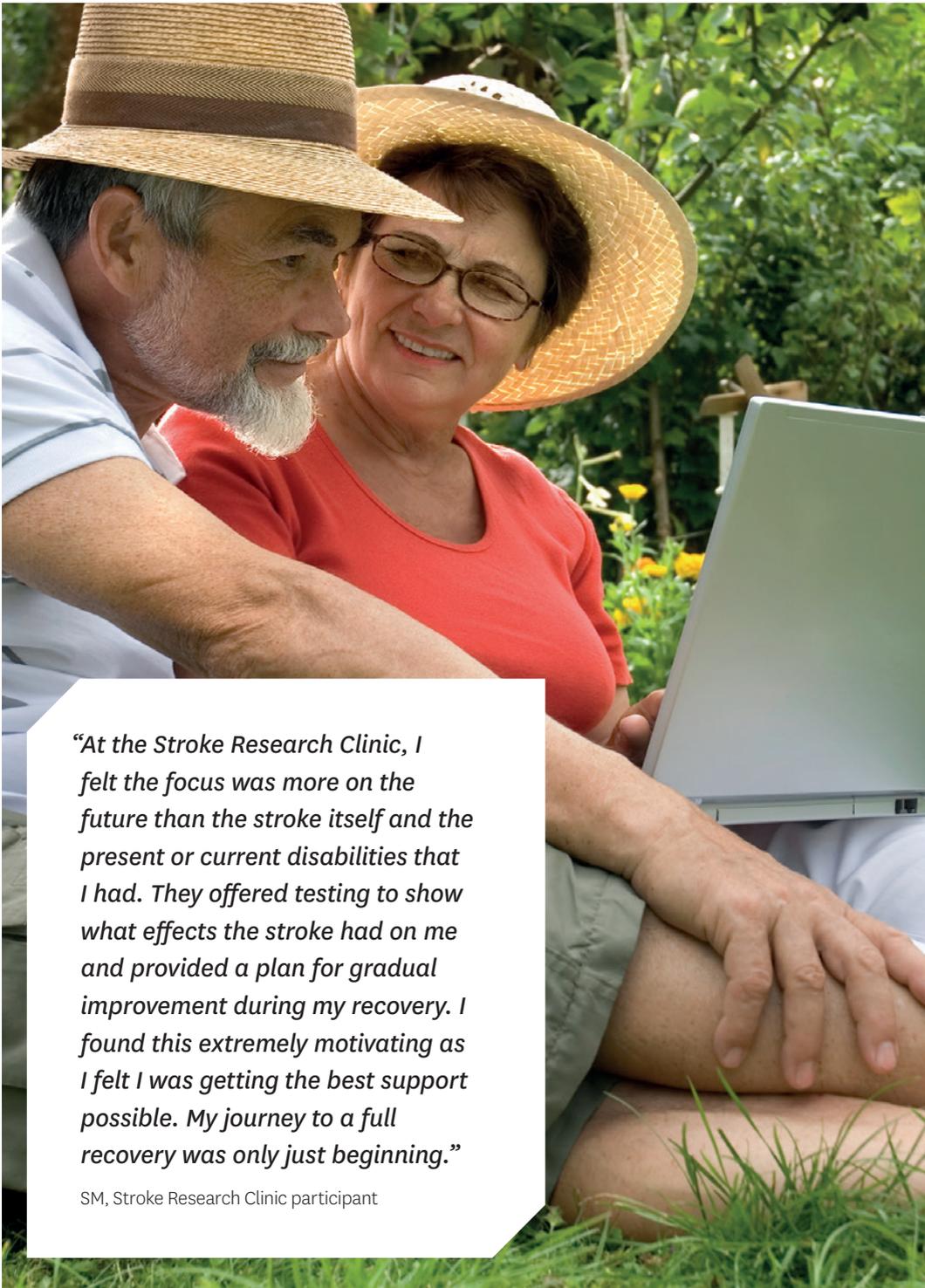
Who we are

The Stroke Research Clinic is a research facility made up of expert clinicians who are all focussed on finding ways to improve outcome following stroke.

Our team will do their best to ensure you are on the right path to recovery and do our utmost to answer questions and offer appropriate advice and support.

It is important for you to know that the Stroke Research Clinic is focussed on research and is not a treatment centre.

The knowledge we gain from your assessment will contribute towards a greater understanding of stroke and brain recovery, which may lead to new treatments and therapies.



“At the Stroke Research Clinic, I felt the focus was more on the future than the stroke itself and the present or current disabilities that I had. They offered testing to show what effects the stroke had on me and provided a plan for gradual improvement during my recovery. I found this extremely motivating as I felt I was getting the best support possible. My journey to a full recovery was only just beginning.”

SM, Stroke Research Clinic participant



For participants

Anyone who has had a stroke or a transient ischemic attack (“TIA” or ‘mini-stroke’) can attend our clinic. We only ask for a referral from a Community Stroke Advisor, a General Practitioner, or another clinician.

Why you should join us

By participating in our research clinic, we hope to support you to reach your optimum level of functioning.

- Our team will evaluate the impact stroke has had on your life and determine whether we have a research study underway that you could take part in.
- If we don't have a current research study that you could take part in, we will, with your permission, enrol you in the Centre for Brain Research and Research Volunteer Registry. This will enable us to contact you should we have a future research project that is appropriate for you.

The initial appointment takes 90 minutes and there will be on-site parking for you.

For clinicians

“We know that 80% of people affected by a stroke have the potential to recover lost function. The Stroke Research Clinic aims to develop therapies and treatment to maximise recovery and give hope to people with stroke”

Professor Richard Faull - Director of the Centre for Brain Research and Co-Director of Brain Research New Zealand

Why you should refer to us

Our clinic is free of charge and you may refer anyone, of any age and background. We only ask that you refer us patients that have had a stroke at least three months ago.

Depending on individual symptoms, your patient will have access to the following specialties;

- Neurology
- Exercise Rehabilitation
- Speech Language Therapy
- Optometry

Sometimes, we will refer to other clinical or research teams in the University of Auckland Clinics.

How to refer a patient

Referrals are hassle free. We will post or email you a Stroke Research Clinic referral form (see later in this brochure).

To enable us to assess your patient we require the following documents;

- A referral form filled out in full.
- A copy of the relevant patient documents such as hospital discharge summaries, clinic letters etc.

You may choose to mail us these documents or scan and email them to our team of clinicians.

Contact us

The Stroke Research Clinic is one of the community outreach pillars of the Centre for Brain Research and Brain Research New Zealand.

We invite you to make contact with us today.

Physical address:

Brain Research Clinic
University of Auckland
85 Park Road
Grafton, Auckland 1023
New Zealand

Postal address:

Private Bag 92019
Auckland 1142
New Zealand

Telephone: +64 9 923 7884

Email: brainresearch@auckland.ac.nz

Website: <http://cbr.auckland.ac.nz>



About the Centre for Brain Research and Brain Research New Zealand

Participation in clinical research has been shown to improve patient outcomes, regardless of the intervention being tested.

New Zealand is renowned for the outstanding engagement between clinicians, scientists and the community.

The Centre for Brain Research brings together leading neuroscientists at the University of Auckland and top class doctors in the Auckland region hospitals.

The Centre for Brain Research is part of the national Brain Research New Zealand, Centre of Research Excellence. This brings together most of the research groups and clinicians working with brain disorders from around the country.

Our key objectives are to involve our community through clinical research, publicly disseminate novel findings and develop new strategies to improve outcome after stroke.



**MEDICAL AND
HEALTH SCIENCES**