Changes in Pacific Youth Health in New Zealand between 2001 and 2012

**Culture**
- Proud to be Pacific
- Identifies with more than one ethnic group
- Can understand a Pacific language
- Can speak a Pacific language

**Family**
- Parent cares a lot
- Get enough time with parents
- Get along with family
- Adult at school care a lot
- Feel safe at school
- Feel part of school
- Plan to complete year 13

**School**
- Sport & exercise is an important part of life
- Eat 5+ fruit or vegetables*
- Overweight or obese (BMI)*
- Good general wellbeing*
- Satisfied with life
- Serious depressive symptoms
- Suicide attempts in the last year*

**Nutrition & exercise**

**Emotional health**
- Good general wellbeing*
- Satisfied with life
- Serious depressive symptoms
- Suicide attempts in the last year*

**Substance use**
- Weekly drinking
- Weekly cigarette use
- Binge drinking in last month
- Weekly marijuana use

**Driving**
- Passenger with dangerous driver in last month
- Passenger with drunk driver in last month
- Always use seatbelt

**Sexual health**
- Have ever had sex
- Always use condoms^
- Always use contraception^

**Violence**
- Physically hit or harmed
- Experienced sexual abuse
- Witnessed adult violence

**Healthcare**
- Unable to access healthcare when needed*
- Unable to access dental care when needed*

**Economic environment**
- Parents worry about money for food
- Any employment over the last year

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* Of the Tongan, Cook Island, Samoan and Niuean students.

* Changes from 2007-2012 (Question not asked in 2001).

^ Of students who are sexually active.

Interpretation notes:
- The back end of the bar indicates the percentage of students who did that activity in 2001 (or 2007*) and the arrow tip indicates how many reported to do that same activity in 2012. e.g. There was an increase in the proportion of Pacific students who reported to get along with their family.
- Non-significant changes should be interpreted with caution. Without statistical significance, we cannot be confident that the suggested change over time reflects real world changes in young peoples’ behaviour.

Please go to www.youthresearch.auckland.ac.nz to find out the full picture.