

## The Departmental Clinical Exercise Physiology Advisory Board

*The Advisory Board is made up of medical doctors, including an international member who is the Director of Cardiac Rehabilitation at the prestigious Mayo Clinic in Minnesota, exercise physiologists in private practice, academics, a patient, a UoA staff exercise physiologist representative, and is chaired by the CEO of [HealthPoint](#).*

### Kate Rhind

BSc, BPhEd (University of Otago)



Kate is the Chair, of the Department of Exercise Sciences' Clinical Exercise Physiology Advisory Board. She is the founder and executive director of Healthpoint Ltd. Healthpoint develops decision support software for medical professionals and the public including health information and clinical pathways tools. Her 24 years involvement with local and international health organisations includes roles in operations, sales and marketing management, human resources and general management. Kate is currently an executive board member for NZ Health IT.

### Dr Jocelyne Benatar

MBCChB, MD



Jocelyne Benatar is a Senior Research doctor working at the Cardiovascular Research Unit, and a medical officer in the cardiology department at Auckland City Hospital. Jocelyne's special interests are diabetes, secondary prevention of cardiac disorders and informed consent. She is an Honorary Senior Lecturer in the Department of Exercise Sciences, Faculty of Science, University of Auckland.

### Chloe Davidson

BSc, MSc (CEP), ACSM-RCEP



Chloe Davidson is a Registered Clinical Exercise Physiologist (ACSM and CEPNZ) who owns and manages EPR Clinic, a boutique Exercise Physiology and Rehabilitation clinic in Auckland. She completed her undergraduate BSc, Post Graduate Diploma (cardiac rehabilitation) and Master of Science in CEP at the University of Auckland. Chloe was in the inaugural MSc CEP class in 2013 and has previously worked in the Health and Performance clinic assisting with the teaching of the University of Auckland's CEP post graduate programme. She has a passion for using exercise to help rehabilitate people from disease, illness or injury, and using exercise to prevent disease. She finds this work truly rewarding.

### Dr Richard Edlin

PhD (University of Sheffield), MA, MCom, BSc



Richard is a Senior Lecturer in Health Systems at the University of Auckland. He is a health economist with a broad interest in people's preferences and how they can 'fit' within the health system. This includes the sorts of decisions that patients make when they choose whether a treatment is 'right' for them. He also has experience in studies that look at a particular problem and explore which of the options is most likely to represent value for money. These studies have spanned both a range of clinical areas and patient groups from the very young to the very old.

### **Dr Sandy Mandic**

BPhEd (Novi Sad), MSc, PhD (Alberta)



Sandy is a Senior Lecturer in Physical Activity and Health at the University of Otago. Her academic training and research experiences span Europe, Canada, the United States and New Zealand. She completed a PhD in Clinical Exercise Physiology at the University of Alberta, Edmonton, Canada and postdoctoral training in epidemiology and clinical exercise physiology at the Stanford University School of Medicine, Palo Alto, United States. Sandy holds professional certifications of ACSM Certified Clinical Exercise Physiologist from the American College of Sports Medicine, and CSEP Certified Exercise Physiologist from the Canadian Society for Exercise Physiology.

### **Dr Graham Paterson**

MBChB, Dip Sports Medicine (London), FACSEP



Graham joined as a partner of UniSports Medicine in 1995. He has an extensive involvement in rugby and has been the team doctor for both the Blues and the All Blacks. He has served as a medical advisor to the NZ Olympic Advisory Committee, and as team physician for both the NZ Commonwealth Games and Olympic Games teams. He now consults full time as a Sport and Exercise Physician at Axis Sports Medicine Specialists and has a special interest in lumbar spine rehabilitation.

### **Sarah Peek**

BSc, PGDip (CEP)



Sarah Peek is currently a Post Graduate Diploma student at the University of Auckland, studying Clinical Exercise Physiology in the Auckland's Health and Performance Clinic, and is looking to carry this degree onwards into her Masters year in 2018. Following this, her plan is to become registered with the American College of Sports Medicine as a registered Clinical Exercise Physiologist. Her long-term goals are to gain experience working with clients with chronic disease and/or illness, in particular those with neurological disorders, in terms of exercise prescription, both in New Zealand and in overseas occupations.

### **Dr Anna Rolleston**

PhD (University of Auckland)



Anna is an Honorary Research Fellow, Faculty of Medicine and Health Sciences, University of Auckland where she is a collaborator on a number of clinical research projects. She is the Principal Clinician and Director of The Centre for Health (previously The Cardiac Clinic), Tauranga. Anna's clinical philosophy is to empower the patient and whanau with knowledge and understanding so that they can choose their own pathway to better health and wellbeing.

**Dr Randal J. Thomas**

MD (George Washington), MS (Utah)



Dr Thomas is the medical director of the cardiac rehabilitation program at the Mayo Clinic in Rochester, Minnesota, USA. He is a past president of the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR), past chair of the Exercise and Cardiac Rehabilitation Committee of the American Heart Association (AHA), and current chair of the AHA's Clinical Cardiology Council. He is a member of the American College of Cardiology (ACC)/AHA Performance Measures Task Force and chair of the Cardiac Rehabilitation Performance Measures Writing Group.

His clinical time is spent in the field of preventive cardiology and cardiac rehabilitation, and his research focus has been on the benefits of and delivery gaps in cardiac rehabilitation.