

Aotearoa/New Zealand Triple P Research and Practice Forum

Speakers

Dr. John Crawshaw MB,ChB, FRANZCP



Dr. Crawshaw took up the position of Director and Chief Advisor of Mental Health in November 2011. He is the Government's principal advisor on Mental Health and is responsible for fulfilling several key statutory functions. He has extensive experience in a range of Mental Health services gained from working in the health system in both Australia and New Zealand. Previous to this role John was CEO of Statewide and Mental Health Services in Tasmania, Australia where his responsibilities included overseeing Tasmania's state-run Mental Health Services, Forensic Health Services (incorporating Forensic Mental Health and Correctional Primary Health Services), Alcohol and Drug Services and the Health and Well Being Services (Oral Health Services and Cancer Screening and Control). He was also the Chief Forensic Psychiatrist at the Tasmanian Department of Health and Human Services.

John has also held various senior management roles at Capital Coast Health including Consultant Forensic Psychiatrist, General Manager (Mental Health Elderly & Disability Services) and Strategic Advisor to the Chief Executive. He is a graduate of Otago Medical School and his academic background has included being a Senior Lecturer in Psychological Medicine at Wellington School of Medicine and Senior Psychiatric Registrar at Otago University Medical School. He is a member of the Royal Australian and New Zealand College of Psychiatrists General Council and has served on a number of boards, councils and committee of professional bodies.

Professor Matt Sanders



Matthew Sanders is a Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at the University of Queensland. He is also a consulting Professor at The University of Manchester, a visiting Professor at the University of South Carolina, and holds adjunct Professorships at Glasgow Caledonian University and The University of Auckland. As the founder of the Triple P-Positive Parenting Program, Professor Sanders is considered a world leader in the development, implementation, evaluation and dissemination of population based approaches to parenting and family interventions. Triple P is currently in use in many countries worldwide. Professor Sanders' work has been widely recognised by his peers as reflected by a number of prestigious awards. In 2007, he received the Australian Psychological Society's President's Award for Distinguished Contribution to Psychology and in 2004 he received an International Collaborative Prevention Science award from the Society for Prevention Research in the US. In 2007 he received a Trailblazers Award from the Parenting and Families Special Interest Group in the Association for Behavioural and Cognitive Therapy and in 2008 he became a fellow of the New Zealand Psychological Society. Professor Sanders has also won a Distinguished Career Award from the Australian Association for Cognitive Behaviour therapy, was named Honorary President of the Canadian Psychological Association (2009), and Queenslander of the Year (2007).

Karyn Healy



Karyn Healy has been a registered psychologist for 25 years since graduating with first class honours. She has had extensive experience working with schools, parents and children to address bullying, resolve conflict, improve communication skills and teamwork. Karyn completed a Masters in Organisational Psychology in the early 1990's specialising in facilitation and training, action research and consultancy. She worked as Principal Project Officer, Education Queensland for 14 years coordinating *Logan Learners for Life*, an innovative project aimed at supporting schools to improve relationships and address conflict. As part of this role, she co-authored the *Fair Go anti-bullying program*. In 2008, Karyn commenced a PhD at the Parenting and Family Support Centre, University of Queensland and commenced as a trainer with Triple P International. She co-wrote *Resilience Triple P*, a program for the families of children bullied at school, with her supervisor Professor Matt Sanders. Over the last few years she has coordinated the randomized controlled trial of *Resilience Triple P* including working directly with over 100 families of children bullied by peers. Karyn will submit her PhD, on working with families to address school bullying, in 2013.

Dr. Louise Keown



Dr Louise Keown is the Deputy Director of the Parenting Research Group and a Senior Lecturer in the Faculty of Education at The University of Auckland. With a masters and PhD in developmental psychology, she conducts research into early behavioural difficulties, particularly pre-school hyperactivity, peer functioning, and parent-child relationships. A particular research emphasis is the contribution of parenting to children's development. Louise's latest study was on the influence of fathers on boys' behavioural development from early to middle childhood. Her work has been funded by competitive grant awards, including a University of Auckland Vice Chancellor's Research Excellence Award, and she has publications in international peer reviewed child psychology journals. In addition to her research, Louise teaches child and adolescent development at the undergraduate and postgraduate level and supervises student research. Louise currently supervises three doctoral students who are conducting separate trials of the Triple P Parenting Program. Over the last five years she has collaborated with colleagues on a range of Triple P Parenting studies and has expertise in father engagement in parenting interventions.

Jackie Riach



Jackie Riach is a psychologist who received her Masters of Education from the University of Auckland. Jackie worked as a psychologist for Special Education in New Zealand then as a Senior Psychologist in Behaviour Support in the United Kingdom. In 2009 she took up the position as the manager of Triple P New Zealand Ltd, a role that involves leading the dissemination of Triple P programs throughout New Zealand. She is also a Triple P Trainer who delivers training in New Zealand and internationally.

Lisa Maughan



In 2006 Lisa Maughan completed her Postgraduate Diploma in Clinical Psychology and her Masters of Science at the University of Otago, New Zealand. It was her interest in parenting and family health that led her to the profession and consequently working as a Triple P contract trainer for Triple P International and more recently as the Project Coordinator for the Ministry of Health Primary Care Triple P Project. Lisa works clinically with mums and their families at a Maternal Mental Health Clinic.

Mata Peato



Mata Peato is a mother. She is also a Pepi Educator, Advocate, and Triple P Facilitator at Turuki Healthcare. Mata has earned a Diploma in Social Work at the Manukau Institute of Technology. She has worked in mental health and as a Breastfeeding Advocate and in Women's and Pepi's Health for over 11 years. She currently provides education, support and advice to mothers during pregnancy and following birth until the child is 2 years of age. The aim of Turuki Healthcare is to support Maori & Pacific mothers in a range of areas including: nutrition, advocacy, building self-esteem and confidence, and providing a supportive environment for positive parenting.

Kimiana Muriwai



Kimiana is a mother. She is also a Pepi Educator, Advocate, and Triple P Facilitator at Turuki Healthcare. Kimiana earned a Certificate in Health and Social Care at The University of Auckland. She currently provides education, support and advice to mothers during pregnancy and following birth until the child is 2 years of age. The aim of Turuki Healthcare is to support Maori & Pacific mothers in a range of areas including: nutrition, advocacy, building self-esteem and confidence, and providing a supportive environment for positive parenting.

Joy Pio



Joy Pio is a Teen Parenting Intensive Case Worker and Triple P Facilitator at Turuki Healthcare. She earned a Diploma in Social Services from Te Wananga O Aotearoa. Joy has been a registered Social Worker since 2009. She has also served as a Child, Youth & Family Senior Social Worker and worked as a Whanau Worker for Family Start, as well as branching into Teen Parent Service. In general, she provides intensive case management that focuses on ensuring needs are met in terms of improving teen parents' and their child's health, education, welfare and developmental outcomes.

Gaylene Winter



Gaylene Winter is a PAFT Educator and Triple – P Facilitator at Turuki Healthcare. She has 14 years of service collectively within the South Auckland Community. Gaylene has worked with Teenage girls & Teaching Life Skills to Women, as well as a Barnados Practitioner and Teacher Aid. She currently delivers PAFT, which is based on the philosophy that parents are their children's first and most important teachers, and offers support and guidance to parents in this role within the home environment.

Alaina Balme

Alaina has worked with children and young people with an Autism Spectrum Disorder and/or intellectual disability since 2006. After achieving a Postgraduate Diploma in the Practice of Psychology (Applied Behaviour Analysis) through the University of Waikato, Alaina gained registration with the New Zealand Psychologists Board in 2009 and has worked at Patricia Avenue School, for students with special needs, since 2010. In her role at Patricia Avenue School, Alaina provides school-wide behaviour consultation and individualised behaviour support including the development, implementation and monitoring of behaviour plans for students. She also contributes to multi-disciplinary therapy interventions and student individual education plans (IEPs), develops and provides staff training/professional development and assists in the ongoing review of behaviour management processes for the school. Alaina is an accredited Triple P practitioner for Stepping Stones Triple P (Primary Care and Group) and is the lead facilitator for the Group Stepping Stones parenting programme for families in Patricia Avenue School community.

Julia Woodward



Julia grew up in the South Island, which is where her forebears from England and Scotland came to settle in the mid 1800s. She trained as a teacher and then as an educational psychologist at Otago University. Her area of specialisation is early childhood intervention. She has worked as an educational psychologist within Special Education and has also taught on the early intervention teacher training programme at the University of Auckland. She currently works as the Northern

Region Practice Advisor Early Intervention for the Ministry of Education. This role is part of the Ministry's National Practice Network.

Tenille Frank



Currently I am working towards my PhD with the Parenting Research Group at the University of Auckland. The focus of my research is to increase father engagement and involvement in behaviour family interventions. This has involved gaining fathers' opinions through survey and focus group methods, and using these results in conjunction with previous research to add new content to modify the Group Triple P Program. The programme was delivered to couples using a randomised controlled trial, the results of which are currently being analysed.

My research interests include parenting, specifically fathers and co-parenting, family and school interactions and child behaviour. My qualifications include a masters degree in Applied Psychology, specialising in behaviour analysis and I am an accredited facilitator of level 4 standard and group Triple P. Professionally, I have been employed as an early childhood teacher and an ABA therapist for children with Autism.

Nikki Walden

Hoea hoea te waka Tokomaru me Kurahaupo

Matatū ai te Maunga Taranaki

Tārere ana nga waiora o Waitara me Pungaerere

Kimokimo ana a Kairau me Potaka

Nei rā te uri o Te Ati Awa rāua ko Taranaki, te mokopuna o Pukerangiora rāua ko Ngāti Haupoto.

Ko Nikki Walden tōku ingoa

Tihei Mauri Ora

Tēnā Koutou Katoa,

With connection to my own whakapapa, Te Ao Maori through my whanau, and my professional background in Social Work Practice, it is my pleasure to be able to offer a whakaaro on an area of practice I am extremely passionate about, working with Tangata Whenua.

Through my current employment at ACROSS in Palmerston North, I am able to utilise the support and guidance of my colleagues, as well as seek external knowledge from Tangata Whenua ki Rangitaane, Ngāti Raukawa rātou ko Taranaki. This has enabled me continue with my own cultural and spiritual journey, and continue to fill my kete with the knowledge of my people, and my children's people.

No reira, tēnā koutou, tēnā koutou, tēnā koutou katoa.

Margaret Weston



Tena koutou katoa

I am a psychologist with a background in Special Education, based in Auckland where I worked for the Ministry of Education for many years, including as a member of Te Roopu Ratonga Maori - the Maori Focus Team. One of my current roles involves delivering training courses in the different levels of Triple P to practitioners around the world, including working with First Nations peoples in Northern Canada. This has given me wonderful opportunities to learn how the programme can be delivered effectively to a wide range of families and culturally diverse communities. I have a particular interest in how we can find a balance between flexibility and fidelity when delivering evidence-based interventions.

Tansy Brown

Talofa lava. Tansy Brown is a Porirua-based Psychologist recently appointed to the Youth Horizons Primary Mental Health Service working across Capital & Coast, Hutt Valley and Wairarapa DHB regions. Tansy has Samoan heritage and has lived in Tongan for number of years. She is an experienced Clinical Psychologist, Manager and Social Worker with extensive and diverse clinical and community background. She has previously worked in government and non-government agencies using a variety of therapeutic modalities including behavioural and cognitive behavioural approaches, and empirically supported parenting interventions such as Triple P, MST and Parent Child Interaction Therapy. Past roles include NGO management, CYF generic Social Work and contracting, CYF High and Complex Needs Unit Advisor, and as Primary Mental Health Clinician in a Hutt Valley PHO and looks forward to sharing some of her knowledge of working with Pacifica communities and families.

Michelle Melville- Smith (B.A, M.A [Hons] MNZPS) Registered Psychologist / Senior Triple P Training Consultant



Michelle is a graduate from the University of Auckland, where she specialized in child and developmental psychology. Michelle's working background includes experience working with children and parents in both residential care and in their home environment. Michelle has worked with children, parents and families from varying cultural and socio economic backgrounds with a vast array of behavioral, social and emotional issues.

Michelle has been an accredited Triple P Practitioner for over 12 years and an accredited Triple P Trainer for over 9 years. She has trained a number of professionals working with families in the Triple P program throughout New Zealand and internationally. Michelle is currently employed by Triple P New Zealand. As a professional consultant she is experienced in delivering evidenced based assessments and treatments with a range of clients referred from both statutory government agencies and individual private clients.

Anna Malone B.Soc Sci, M.Soc Sci (Hons), Dip Teaching, Dip Ed Psych.MNZPS



Anna is a Registered Psychologist and has worked in the field for over 12 years. She specialises in family and parenting interventions, separation issues, individual consultations and counseling adults and children with anxiety, depression and stress related issues. Her work includes individual casework, individual and group parenting courses, seminars and specific topic evenings for parents, and other educators.

Prior to joining Triple P Anna has worked as an educational psychologist with the Ministry of Education's special education service in Auckland. Anna worked with children and young people with learning and behavioural and emotional difficulties and provided educational and academic assessments. Anna has also worked in private practice.

She is an accredited Triple P practitioner and international trainer. Anna and her husband have three children from teenage to primary school ages.

Sally Rugg



Sally is a clinical psychologist and an accredited Triple P practitioner. She has extensive experience working with children and families with behavioural and emotional issues from a wide range of family backgrounds. She also provides a full range of clinical services to children, parents and families. Sally's area of special interest and expertise includes working with children and families who have experienced abuse or neglect.

Dr. Pat Bullen



Pat Bullen is a lecturer at the Faculty of Education's School of Learning Development and Professional Practice at The University of Auckland. She is a member of the Adolescent Health Research Group and Parenting Research Group. Her major research interests are in the factors that contribute to adolescent thriving, particularly during times of transition. Central to her work is how research can be applied to enhance the human condition by informing policy and practice.

Associate Professor Alan Ralph



Alan Ralph is Associate Professor of Clinical Psychology (Adjunct) and Honorary Principal Research Fellow at the Parenting and Family Support Centre, University of Queensland. He is also co-author with Matt Sanders of the Teen Triple P Positive Parenting Program for parents of teenagers. He makes regular national and international conference presentations, has written book chapters, articles in peer-reviewed journals, training and practitioner manuals, tip-sheets and produced DVDs. Alan is also regularly invited to provide expert comment to the media.

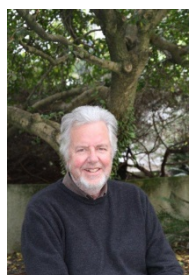
In addition, Alan is Head of Training at Triple P International (TPI), which disseminates the Triple P Positive Parenting Program worldwide. His main role is to monitor and supervise the activities of over 100 Triple P trainers who provide training and accreditation for practitioners engaged to deliver the Triple P to parents in Australia and around the world.

He is a Fellow of the Australian Psychological Society, and a past Chair of the College of Clinical Psychologists, and a Chartered Clinical Psychologist of the British Psychological Society.

Joanna Chu

Joanna Ting Wai Chu is a PhD student at the faculty of Education at the University of Auckland, New Zealand. My thesis research focuses on the evaluation of family-based intervention for parents of adolescents. My areas of interest include child and adolescent development, family and parental influences on development, and behavioural family interventions.

Professor Fred Seymour



Fred Seymour is a Professor in the School of Psychology at The University of Auckland, and Director of the clinical psychology programme. Before joining Auckland University in 1988, he was engaged in several child and family mental health agencies. He maintains a private practice that has included work in the Family Court, and criminal courts in relation to child sexual abuse allegations. His teaching and research interests include family therapy, child abuse, parent separation, and professional ethics.

Steven Hayns Registered Psychologist B.Sc., MPhil., Dip Ed Psych., Dip Tch.



Steven is a Psychologist with an extensive background in supporting families. He has worked as a clinician in educational and community, child protection and Family Court settings for over 30 years. Steven has managed a Triple P Centre in New Zealand providing the full range of Triple P Interventions and has a background of work with high risk families. He has provided Triple P training to over 3,000 practitioners throughout New Zealand and has carried out international Triple P training for over 15 years.