Partnerships

The newsletter of the School of Counselling, Human Services and Social Work



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New resource to reduce homophobia and transphobia in schools





Inside Out, a video-based teaching resource created in partnership by Dr John Fenaughty, Curative, and RainbowYOUTH, was launched to the Wellington community at Parliament on Tuesday 13 October.

The free classroom resource is being used by teachers in Year 7 to 13 classrooms nationwide to help increase understanding and support for students who are lesbian, gay, bisexual, transgender.

Dr John Fenaughty, who is a lecturer in community and youth development in the School of Counselling, Human Services and Social Work, is the founder and a director of the project. He says he was moved to create the resource to improve young people's understanding of sexual diversity.

"For me the reason for Inside Out is because I am still aware many queer, gender and sexually diverse young people are still experiencing very difficult situations in school and in youth groups around the country.

"It breaks my heart because for myself, as a young gay man, coming out was a very difficult time and I think our generation likes to think that things have got better for the current generation of sexually diverse young people.

"Things have gotten better, but things are still not good enough."

The Minister for Youth Nikki Kaye supported the release of Inside Out by hosting more than 80+ guests from the queer and trans community, along with education and youth services at Parliament on Tuesday 13 October. Guests were shown the first video episode of the resource and invited to participate in professional learning development sessions the following day.

Inside Out is supported by funding from the Ministry of Social Development. It encourages users to explore and challenge unhelpful social norms and is designed to foster critical thinking so that all Kiwis, especially young ones, can belong.

Inside Out was also produced in a partnership between Curative, RainbowYOUTH, and CORE Education. More than 100 people were involved in its creation over two years' development, from secondary school students to the Human Rights Commission, Mental Health Foundation, and Ministry of Social Development through to organisations like the PPTA.

This resource presents people with powerful provocations to get discussions going, to help promote critical thinking, to build a sense of empathy with the stories that are shared, and to cultivate a sense of celebration around diversity.

"I hope this resource is the beginning of the end of homophobia and transphobia because everyone should have a sense of belonging. We all belong," Dr Fenaughty says.

Visit the Inside Out website: www.insideout.ry.org.nz

There was another great article in the news recently. Read it here: www.stuff.co.nz/national/education/73631618/Videos-to-combathomophobia-and-transphobia-in-schools

TELL US WHAT YOU WANT!

We want to bring you our latest news in a format you want. Take this short survey – just 8 questions and go in the draw to win a \$50 Westfield voucher.

www.goo.gl/Ak1zkF



ADHD NO BARRIER TO STUDENT'S ACHIEVEMENT

When she was five-years-old Anna Redgrave's parents were told she would never achieve success. But she has repeatedly proved the doubters wrong.

Her latest achievement was to graduate with a Master of Counselling (Hons) from the University of Auckland's Faculty of Education and Social Work with First Class Honours. She was drawn to study Psychology at the University after many years working in the ICT industry.

It was during one of her lectures, the then 36-year-old started to realise she has ADHD.

"As she lectured I just thought oh, that describes me. I guess I felt a little excited. I always knew I was different. I finally worked out that this square peg actually had its very own square hole.

Anna lives in Mt Eden and works part-time for Massey University as a counsellor. She also has her own counselling practice focusing on three areas including issues with invisible diagnosis such as ADHD, individuals experiencing workplace problems, and working with survivors of trauma.

"As a counsellor I work with both adolescents and adults. For clients with ADHD, recognition of an adult diagnosis is very recent and it presents quite differently than in children. It is an area of neurological difference that has received very little focus from research and supportive services."

"I would like to inspire others to embrace their difference, not only look at the negatives, but seek out how they might be turned into positives."

Read more at:www.education.auckland.ac.nz/en/about/news/news-2015/10/adhd-no-barrier-to-students-achievement.html

CHINESE SOCIAL WORK STUDENTS ANNOUNCE THE LAUNCH OF "NEST"

On Friday 25 September, "Nest" was launched at Epsom Campus. Nest is a group formed by and of members who are Chinese social work students studying at the School of Counselling, Human Services and Social Work.

The purpose of establishing this self-support group is to provide a platform for Chinese social work students to share their personal experience and professional knowledge, to network with social work agencies and social work practitioners and to connect to communities and help with cultural exchange.

It is their hope that through these efforts and activities they can help themselves to gain a good understanding about Western social work and how it is practised in New Zealand. They want to support and encourage each other to get the best learning outcomes from their social work study.

The establishment of this group has received wide support from the Chinese social work community, Chinese social work practitioners,

academic staff from throughout the faculty and Chinese social work students from other universities and institutions.

At the launch, the group acknowledged the significant role that professional teaching fellow Jinling Lin played in setting Nest up. Jinling is a member of the social work practicum team. More than 50 people attended the launch. Among them were Professor Graeme Aitken, Dean of the Faculty of Education and Social Work; Associate Professor Christa Fouché, the Head of School; Professor Lawrence Zhang; and John Wong from Asian Services Problem Gambling Foundation.







STUDENTS SUPPORTING STUDENTS INTO A POSITIVE UNIVERSITY EXPERIENCE

For the last two years, the Faculty of Education and Social Work has been running a "First Year Experience" (FYE) student mentoring programme. Our School has been well represented in this process and has benefitted greatly from our mentors.

Experienced students in their second or third year of study in the BSW and BHumServ programmes are matched with a group of first-year students and mentor and support them through their transition into University study and life. These mentors are a great source of information about the services on campus and how to use them, can share their experiences of studying the same programme and help ensure new students feel comfortable at University.

The FYE mentors have also been actively involved in recruitment and open day events. Mentors for the BSW programme this year have been: Jade George, James Afoa, Samantha Casey, Mary Namala, Amiria Goodenough, Jessica Learning and Lauren Bartley. Mentors for the BHumServ programme have been Aimee Daw and Josh McNally. The School appreciates and thanks these mentors for their contributions.

Pictured: Samantha Casey (left) and Lauren Bartley

OUR STUDENTS



Cornelia Leauanae, in her final year of study, spoke at the University's Courses and Careers Day about why she is she is interested in human services as a career.

Her words were heart-warming and

inspiring and demonstrate how youth work as an area of study at degree level can have a profound effect not only on students' lives but the young people they reach through their work - before and after they graduate.

Here Cornelia talks about the impact her study has had in helping her to make a difference:

"My study in the human services programme has had a profound impact on shaping my identity and responsibilities as a youth worker, a Samoan, a Pasifika person and a New Zealander. My learning has challenged my assumptions and it has broadened my understanding of varying perspectives and approaches to understanding different social issues impacting young people.

"I had the desire to learn about the social patterns of underachievement in educational outcomes, particularly for vulnerable groups. I wanted to learn how to make a difference in the education sector through a positive youth development approach. I had previously worked as a youth mentor with students at risk of leaving high school without any qualifications, where it dawned on me that I was hearing the same stories when I met each student. These stories were very similar to my own. It raised many questions that I needed to explore.

"Each student who left school without any qualifications, meant that there was one extra person out there with less of a chance in gaining sustainable employment, a son that would struggle to contribute to his family, a future father that would struggle to provide for his children, a daughter that could not

support or uphold her cultural responsibilities. This conviction has made this degree such a purposeful journey for me.

"I was absolutely afraid of failing due to my failures in secondary school, nine years prior to starting this degree. However, the Human Services programme has supported my learning. The lecturers, group discussions and assignments have allowed me to explore my unanswered questions from my practice.

"I have recently been employed at First Foundation, an organisation that partners with corporate businesses to create scholarships for students from low socio-economic backgrounds. I have been recruited into the Student Development Team, which honestly feels like a role that has been tailor-made for me. The skills and understanding that I have gained over the past two and a half years of study have equipped me to take on my new role and contribute positively to a social issue close to my heart. The Human Services degree has given me the space that I have needed to grow in every aspect of my life - professionally, culturally, mentally and spiritually. To the wonderful staff in the School of Counselling, Human Services and Social Work, fa'afetai, fa'afetai, fa'afetai tele lava.



Introducing the Human Services Advisory Group

[Back row, left to right] Victoria Hood (Blues Rugby franchise), Mike Webster (Lecturer), John McCarthy (Tindall Foundation), Dr John Fenaughty (Lecturer), Phil Harington (Lecturer), Ann Dunphy (New Zealand Youth Mentoring Network)

[Front row, left to right] Dr Kelsey Deane (Programme Leader/Lecturer), Debbie Espiner (Lecturer), Miranda Palmer (CanTeen/Acting Up! & Graduate), Cornelia Leauanae (current student)

Staff responsible for Human Services programme development have created an Advisory Group from agencies and practitioners in the community. The main aim of the group is to guide the curriculum and organisation of programmes to align with the nature of current services and practice in human services. The group, which also includes a graduate and current student of the Bachelor of Human Services programme, will examine and explore opportunities to deliver high quality study programmes at undergraduate and postgraduate level that meets the growing needs of the profession and our diverse communities.

Here are brief profiles on some of the advisory group members pictured above.

Victoria Hood

Victoria has worked in social work and youth work for twenty years. In February 2015, she was hired as the Personal Development Manager for the Blues Rugby franchise. Her work supports, guides and assists players with their personal and professional development. This includes working with players to advance their ability to manage their professional rugby career, educational qualifications, career prospects outside of rugby and personal growth. She works with young players, currently contracted players and on occasion past players.

John McCarthy

Manager of The Tindall Foundation, John has immense experience in the community sector as a practitioner and as a manager of large and significant NGOs. He is well respected for his innovative and committed approach to social issues and keen to strengthen the skills and advocacy of the workforce in the human services.

Ann Dunphy

Based at the University of Auckland's Epsom Campus since 1999, following 13 years as principal of Auckland's Penrose High School, Ann maintains the commitment to quality educational opportunities for lower-decile students that has been her life's work. Ann became convinced of the importance of community partnerships, especially in mentoring, to enhance the life-chances of young people. In 2000 she co-founded the Auckland Youth Mentoring Association, which has now been developed into The New Zealand Youth Mentoring Network (www.youthmentoring.org.nz).

Miranda Palmer

A youth worker with CanTeen Auckland and graduate of the BHumServ programme Miranda provides peer support activities and services to young people affected by cancer, as well as fundraising, administration and outreach. She also finds time to run a non-profit called Acting Up!, providing drama workshops and performance opportunities to young people with special needs in Auckland. In this role she obtains and manages funding, volunteers, tutors, fundraising, budgeting, policy and training.

Cornelia Leauanae

"O le ala I le pule, O le tautua" – "the pathway to leadership is through service." This proverb is the essence of Cornelia and the basis of her participation in life. She is interested in the provision of a holistic, strength-based approach in supporting young people in their development (particularly in the education sector). She has just completed her final year of study in the Bachelor of Human Services

Other Members of the group are:

Ross Phillips, Pathways Mental Health; Rachel Stephenson, Project Manager at Wise Management Services, Access Ability Charitable Trust; Jackie Mascall-Young, National Service Advisor IDEA Services; Rochana Sheward, CEO, McLaren Park and Henderson South Community Trust; Wenli Zeng, Problem Gambling Foundation; Philippa Coyle, Like Minds Like Mine, Mind and Body Consultants.

SOCIAL WORK EDUCATION IN EUROPE: TOWARDS 2025



The "Social Work Education in Europe: towards 2025" conference was held at Bicocca University in Milan, Italy, from 29 June to 2 July 2015. Major breakthroughs and developments in the field of Social Work education were discussed by a range of international speakers, ensuring a global perspective, and the conference enabled opportunities to network and share ideas regarding the future of social work education

Carole Adamson, Cherie Appleton, Shirley-Ann Chinnery and Matt Rankine from the School attended and presented at the conference.

Carole looked at the challenges of embedding a disasterinformed curriculum within social work programmes.

Cherie and Shirley-Ann's presentation focused on preparing social work students to become critically aware practitioners through the skills of mindfulness. They contend that effective 'use of self' in practice is reliant on one's capacity to be fully present to self, in the first instance, and that mindfulness offers a practical way of facilitating this outcome.

Matt's presentation highlighted the significance of his own supervision sessions to critically reflect on the co-constructed content with his supervisor and the value of using a 'thinking aloud' process to developing practice.



2015 ANZSWWER SYMPOSIUM

Building collaborations in education and research: beyond the rhetoric

The Australian and New Zealand Social Work and Welfare Education and Research (ANZSSWER) symposium in Melbourne, held in early September,

was a stimulating gathering that brought together many social workers from across Australia, with a smaller but enthusiastic contingent from New Zealand.

ANZSWWER is an independent commentator on social work and welfare education and encourages membership from social work and welfare educators, field supervisors, practitioners and students in Australia and New Zealand. The aim is to work towards sustainable, quality and world-class social work and welfare education through networking, national and international relationships, a journal, annual symposium and the recognition of achievements in the field.

The symposium theme *Building collaborations in education and research: beyond the rhetoric* comprised topics representing a great range of work incorporating the themes of Field Work, University and student collaboration.

Jinling Lin and Jenny Hare presented together on the topic: 'The practical problems Chinese students are facing in preparing themselves for placement in New Zealand'. Their presentation drew on Jinling's recent masters research and Jenny's own experience of preparing and working with Chinese students on practicum. Other presenters had related topics that created further context and the emerging discussions and networking with colleagues was a highlight for them both.

"The day prior to the symposium we were able to attend a meeting with our Australian colleagues contributing to a discussion relating to current challenges facing field education and student placement," Jenny says.

"Many commonalities were noted with positive discussions around ways of meeting the on-going demands of providing students with great practicums while ensuring a 'win-win' situation for the agencies."

FIRST STUDENT SOCIAL WORK ASSOCIATION EVENT A SUCCESS

September saw the first major event from the recently formed Student Social Work Association (SWAGG). This was a conference, which sought to expose student and practitioners to leading practice in social innovation and social change.

Held at the University of Auckland, the conference was attended by students and practitioners from various universities and agencies.

Day One focused on social innovation, with Emeline Afeaki-Mafile'o and Billy Matheson introducing the idea of social enterprise. There was scepticism and debate about the ethics of using revenue-gathering activities in the social service sector. Te Whangai Trust's presentation on the usefulness of financial self-sufficiency shifted the focus and Simon Harger-Forde's social innovation workshop was a highlight for many delegates who were excited to learn innovative ways of addressing social problems.

On Day Two, delegates were presented a range of inspiring and challenging stories of social change from Auckland Action Against Poverty, Phillip Patston, Dingwall Trust and Child Poverty Action Group. Kirk Serpes' and Dr Sandra



Grey's workshops on strategic methods of creating social change were the day's highlights for many delegates.

"It was great to see students from various year levels and universities building connections. Many left buzzing about how they could become actively involved in building both the profession and their innovation and change-making skills," SWAGG Coordinator Sharon Ryan says.

"The support of the ANZASW and the SWRB was key in making this event successful. The Student Social Work Association would specifically like to thank the School not only for their invaluable support of the conference, but their constant support during the development of the association. This event has proven what a small group of motivated students are capable of achieving. We are excited to begin planning future events for social work students and want to work with students outside of Auckland to build student associations within their areas."



Research and study leave expands research programme

Dr Allen Bartley, a sociologist and senior lecturer in the School of Counselling, Human Services and Social Work, has recently returned to the School after twelve months on research and study leave.

His primary aim while on leave was to expand the 'Crossing Borders' research programme – this is a series of research projects all related to the phenomenon of transnational social workers.

The project took him to London for five weeks last July to collaborate with colleagues from the Social Care Workforce Research Unit at King's College, London, to design and implement a national survey of foreign-qualified social workers living in England.

He also conducted a series of interviews with social work managers in a range of local councils (the employers of statutory social workers in England) to explore the dynamics of integrating transnational social workers into local practice settings.

The project also took him to Australia, where he worked with the Australian Association of Social Workers (AASW) to launch a similar survey of transnational social workers in Australia. Both of these projects will be incorporated into a book about transnational social workers in New Zealand, the UK, Ireland, Australia and Canada that Allen is developing with colleagues Associate Professors Liz Beddoe and Christa Fouché, which they hope will be published next year.

TRAINING FOR SUPERVISORS: A HONG KONG EXAMPLE



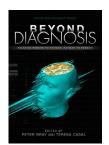
Left to right: Dr Alice Yuk Tak, President of HKSWA; Assoc. Prof. Liz Beddoe; Matthew Cheung Kin-chung, Secretary for Labour and Welfare; Ms Justina Leung and Ms Agnes Ng (Project Director, Supportive Supervision Scheme).

Associate Professor Elizabeth Beddoe gave a speech at the Supportive Supervision Scheme Graduation Ceremony organised by the Hong Kong Social Workers Association (HKSWA) on 26 June in Hong Kong. Liz's 50-minute paper explored "The Training and Qualification Requirements for a Social Work Supervisor in the Social Work Profession". Liz was the guest of the HKSWA and also participated in a roundtable discussion with the scheme advisory committee discussing imperatives for the education and training of supervisors in social work.

You can read more on her blog: https://socialworksupervisionagenda.wordpress.com/2015/08/04/the-supportive-supervision-scheme-hong-kong/

NEW PUBLICATIONS

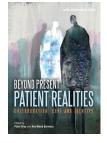
Dr Peter Bray is a Senior Lecturer in the School. His research and writing in counselling and psychology explores the position of individuals who are challenged by crises, and the roles that spiritual dimensions of experience play in their post-traumatic growth. He is the editor of two recent books.



Beyond diagnosis: Relating the person to the patient - the patient to the person

Bray, P., & Casal, T. (Eds.) (2014). Oxford, England: Inter-Disciplinary Press. ISBN 978-1-84888-314-7

This book challenges service practices that distance people from healthy professional interpersonal connections and supports the active preservation of human relating as a core driver of therapeutic care.



Beyond Present Patient Realities: Collaboration, Care and Identity

Bray, P., & Borlescu, A.M. (Eds.) (2015). Oxford, England: Inter-Disciplinary Press.

ISBN 978-1-84888-408-3

Through a plurality of voices, supported both empirically and theoretically, this volume provides a discussion of patient care and identity, emphasising the significance of a collaborative approach to care.

Other staff of the School have written book chapters and journals articles. You can view a list of recent publications at: www.education.auckland.ac.nz/en/about/schools-departments/chsswk/chsswk-research/chsswk-publications.html



CELEBRATING OUR STAFF

Congratulations to Jinling Lin, who graduated on 29 September 2015 with First Class Honours from the University of Auckland.

Jinling was an Associate Professor at Xi'an University of Engineering in China before migrating in 1998 to New Zealand where she embarked on a social work career. After completing a Bachelor of Social Work, Jinling worked in both statutory and non-governmental community agencies. Two years ago Jinling joined the School's Practicum Team. This year she completed her Master of Social Work thesis, which explored the experience of Mainland Chinese students in pursuing a social work qualification from New Zealand tertiary institutions. Jinling's supervisors were Associate Professor Liz Beddoe and Dr Hong-Jae Park.

THANK YOU!

A big thank you to the following people, teams and agencies who provided stimulating field placement experiences to our BSW and MSW(Prof) social work students on practicum throughout this year. Your support is so very appreciated.

Affinity Services - Elizabeth Bourke, Donna Pia and

Age Concern Auckland - Chris Frew, Kai Quan and

Anglican Trust for Women and Children (ATWC)

- Siulagi Tuigamala, Sanet Kelleway, Vani Elkhishin, Va Hunkin and team
- Family Start Yasmine Al-Saffar, Kawkeb Sadik
- Granger Grove Katrina Bernsten and team Auckland District Health Board (ADHB)
- Cornwall House Lisa Forshaw, Abbi Pritchard-Jones and team
- A+ Home Health Des Mulvaney, Mary Dayaram and team
- Allied Health Adult Team One Nadia Wihapi and
- Allied Health Adults Team Yvonne Manihera, Doris Fong and team
- Auckland City Hospital ED Cindy Penny and team
- Buchanan Rehabilitation Centre Veronica Rodricks, Rhonda Mitchell and team
- Community Child Health and Disability Services -Madeleine Worker and team
- Greenlane Older Adults Mental Health Unit Jackie Stafford and team
- Kari Centre Matt Hodgsen, Lauren Gidsitt and team
- Roopu Peter Robb and team
- Starship Hospital Liz Menzel and team
- Starship Paediatric Social Work Team Robyn Agnew and team
- Taylor Centre Lynne Ahkan and team
- Manaaki House Federico Gfeiier and team

Auckland University Student Association (AUSA) -Denise Lazelle and team

Barnardos - Nancy Jelavich, Donna Nellis, Nikki Mathieson and team

Bays Youth Community Trust - Priscilla McIvor and

Blue Light Inc New Zealand - Rod Bell, Mike Jackson and team

Child, Youth and Family (CYF)

- Clendon Youth Justice Moana Kaua and team
- Grey Lynn Care Services Leona McPherson
- Grey Lynn Care and Protection Allie Edmonds, Judith Stinson and team

- Henderson Youth Justice Tasha Aiaraisa, Dolan Brumby and team
- Mangere George Va'afusuaga and team
- Manurewa Yvette Ewart and team
- Onehunga Kathy Kerr, Faiza Thompson and team
- Otara Care and Protection Sitina Cowley-Semeatu, Carole Nielsen and team
- Otara Youth Justice Anita Ellis and team
- Panmure Suzy Atkin and team
- Papakura Marina Hunt, Tessa Nottingham, Cherie Collison and team
- Pukekohe Anna Weston and team
- Takapuna Amanda Andrews, Jackie Capper
- Takapuna Youth Justice Bryce McKeown, Milan Sumich, Nga Poupouare and team
- Taupo Youth Justice Finie John, Jason Taylor
- Westgate Lee Comport and team

Connect Support Recovery - Louise Morum, Lisa Roberts and team

Counties Manukau District Health Board (CMDHB)

- Spinal Rehabilitation Unit Karin Jansen and team
- Centre For Youth Health Middlemore Hospital -Thegish Naidoo, Ann Whitwell and team
- Maternal Mental Health Marianne Trebett and team
- Memory Team Gregory Winkelmann and team
- Middlemore Hospital Ann-Marie Penfold, Wendy Wallis, Michelle Wehi and team
- Middlemore National Burns Unit Abbey Cousens, Kerry Waalkens and team

Day Spring - Linda Wallwork and team Epiphany Pacific Trust - Mary Autagavaia and team Family Action Henderson, Whanau Toa - Kerri Hurman and team

Family Start Manukau - Ruth Matiu, Tracey Totua, Tuniscia Kahu, Michelle Spain and teams

Family Works Northern - Michelle Rountree and team Friendship House Manukau - Leonila Melendrez and

Genesis Youth Trust - Flora Apulu and team Heart Kidz - Filipa Chipper and team

Huakina Development Trust - Sandra King-Tamihana and team

IDEA Services - Polo, June and team

IOSIS Family Solutions

- Manurewa Marama Hetaraka, Josy Whittaker, Caroline Latu and team
- Merivale Sandra Druskovich, Rose-Marie Stoddard and team

Island Child Charitable Trust NZ - Danielle Bergin Key Assets NZ - Holly Nahu and team

Lifewise Family Services - Bella Wikaira and team Link House - Birthright Waikato - Kath Miller, Rebecca Fraser and team

Mangere College - Willie Tupou, Kathryn Barclay and

Odyssey House - Anne Bateman and team Open Home Foundation - Natalie Webb, Wendy Barthow and team

Orakai Marae Social & Health Services - Ngaio Kemp and team

Piritahi Hau Ora - Jules Adams and team Rainbow House - Kave Wolland and team

Rainbow Youth - Duncan Matthews and team Ranfurly Care - Linda Nelson and team Salvation Army

Glenfield - Claire Mushrow and team

- Panmure Gary Davidson and team
- Royal Oak Sue Bennett and team

Shine - Samantha Brennan, Deepika Sarmah and team Stand - Kate Bennett, Miriama Taringa and team Taonga Education Centre Charitable Trust - Rhonda Tautari and team

Te Waipuna Puawai - Sheryl Egglestone and team Te Whare Ruruhau o Meri – Tania Morunga, Teena Siteine. Dee-Ann Wolferstan and team Pacific island Safety Prevention Project - The Project -

Osaiasi Kupu and team Waikato District Health Board - Waikato Hospital -Rachel Swain, Sarah Nicholl and team

Waitemata District Health Board (WDHB)

- Allied Health Inpatients North Shore team - Vicky Brackstone, Joanne Young and team
- Isa Lei Maine Andrew and team
- Mason Clinic Tepula Tepou and team
- Sylvia Cramer-Roberts and team

Walsh Trust - Craig Holz, Wadzanai Chitsike and team Youth Horizons Trust - Rachael Meese, Vicki Biddle, Reona Jarvis and team

Youth Link Family Trust - Leticia Woods, Kelly Manning and team

Youthline - Bridget McNamara and team

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