

# Postgraduate qualifications in social work, counselling and professional supervision



# Welcome to the School of Counselling, Human Services and Social Work

## University of Auckland | Faculty of Education

“E raka te mauī, e raka te katau – a community can use all the skills of its people”

Postgraduate study is the opportunity to advance your knowledge and skills, analyse and review your practice, research aspects of your work and keep up to date with current research, literature and best practice.

The School of Counselling, Human Services and Social Work at the Faculty of Education brings together academic staff with extensive expertise in various fields of practice, a range of research methodologies and research supervision. We offer postgraduate programmes in social work, counselling and professional supervision, and are committed to the teaching, scholarship, research and best practice in these disciplines. We do this in a supportive and inclusive environment that embraces students of all ages from a variety of professional and ethnic backgrounds.

Our research is focused around the broad themes of:

- Children, young people and families
- Migrants, refugees and cultural identities
- Professional education, policy and practice

The University of Auckland is New Zealand’s world-ranked university\* and the Faculty of Education is one of the largest social services education providers in the country. We have over 30 years of experience in providing quality social services education and our research-led teaching means that you will be taught the most up-to-date theories and practices in your chosen area of study.

Our students and graduates can be found working in a wide range of community, government, private and not-for-profit agencies, including child and family services, health and mental health, corrections, schools, private practice, academic environments and specialised fields such as palliative care, addictions and working with refugees.

We invite you to join our postgraduate study community.

\*See [www.worldranked.ac.nz](http://www.worldranked.ac.nz)

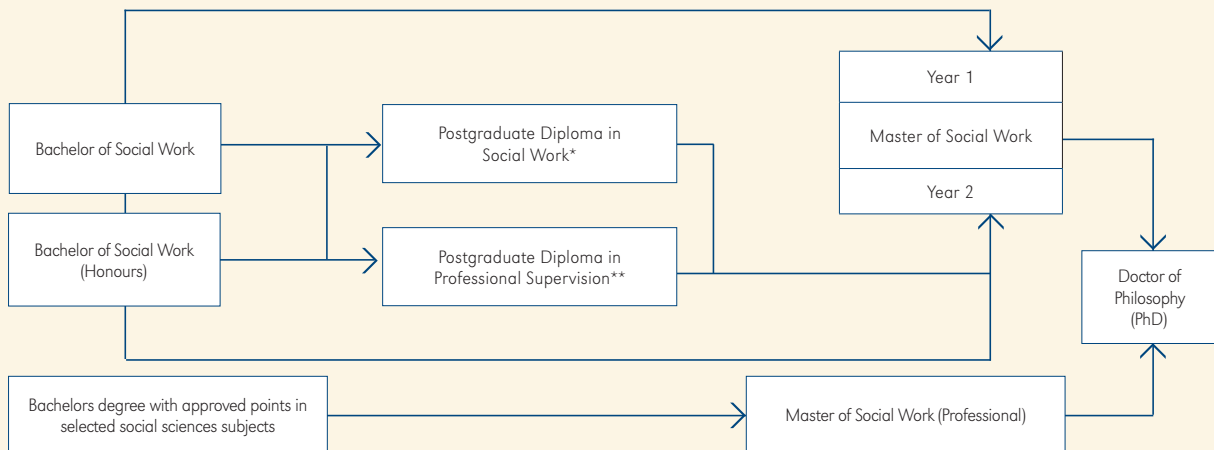
### Professional Supervision

Bachelors degree or higher in a relevant profession  
+ 3 years’ professional experience

Postgraduate Certificate in Professional Supervision

Postgraduate Diploma in Professional Supervision

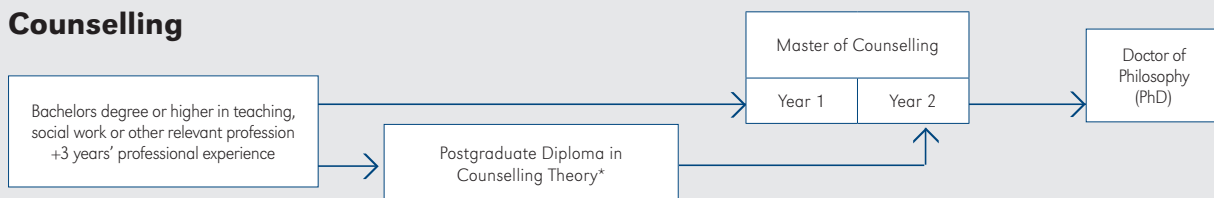
### Social Work



\*Equivalent to Year One of the Master of Social Work.

\*\*Also a postgraduate study option for BHumServ graduates. Postgraduate Certificate in Professional Supervision also offered.

### Counselling



\*Equivalent to Year One of the Master of Counselling.

# Postgraduate programmes

## Social Work

### Programmes offered:

- Master of Social Work
  - professional development for qualified social workers
- Postgraduate Diploma in Social Work
  - professional development for qualified social workers
- Master of Social Work (Professional)
  - to become a qualified social worker

Undertaking further advanced study and research in social work builds your skills and confidence to move to the next level of your social work career and to lead change. Our goal is to provide the most up-to-date and research-informed postgraduate study experience in the field of social work.

You will learn advanced approaches and interventions in social work practice while developing valuable knowledge, enhanced skills and real experience in critiquing and undertaking social work research to enhance your practice.

The Master of Social Work (Professional) is offered specifically for graduates of social sciences subjects who want to become a qualified social worker.

## Counselling

### Programmes offered:

- Master of Counselling
- Postgraduate Diploma in Counselling Theory

Studying counselling at postgraduate level will allow you to develop sound and creative counselling and facilitation skills; to examine in depth the inter-related components of theory, research, and practice; and to develop the knowledge, understandings and research skills to reflect effectively on your own practice.

Counsellor education has been established at the University of Auckland for well over thirty years. We have a strong presence and reputation in the field, with dedicated staff who are passionate about making a difference. Our masters programme will enable you to make the transition from teaching, social work, or another related profession, to become a professional counsellor. It is also a suitable programme if you are an experienced counsellor wishing to enhance your professional learning by developing your skills, knowledge and critical thinking at an advanced level, while gaining a high quality postgraduate qualification in counselling.

Graduates of the programme work in a variety of settings including school and tertiary counselling, counselling agencies in the community, private practice, pastoral care in church communities, workplace counselling, family therapy, consultation and counsellor education.

Our counselling programmes are cohort-based and also include practicum work in community settings throughout the programme. You will also work toward meeting the requirements for membership of a professional body such as the New Zealand Association of Counsellors (NZAC) and the anticipated requirements for professional registration.

Visit our website for detailed information about any of these programmes, including entry criteria, courses you will study and research opportunities.

[www.education.auckland.ac.nz/chsswk-about-us](http://www.education.auckland.ac.nz/chsswk-about-us)

## Professional Supervision

### Programmes offered:

- Postgraduate Certificate in Professional Supervision
- Postgraduate Diploma in Professional Supervision

Professional or clinical supervision is an important component of your continuing professional development as a health or social services practitioner. Developing your skills as a supervisor is an excellent way to develop your clinical education and leadership skills as well as enhance your portfolio.

Practitioners from a wide range of disciplines and experience will be able to enter these programmes including social workers, counsellors, Resource Teachers: Learning and Behaviour, psychologists, nurses and allied health professionals, medical practitioners and human services workers.

You will develop strong professional supervision skills, a sound understanding of the theoretical basis for professional supervision, and a commitment to the continuing development of other professionals. These programmes will have immediate application to your current practice, and contribute to your professional development portfolio.

## Doctorates (PhD)

### Programmes offered:

- PhD in Social Work
- PhD in Education

A PhD enables candidates to provide leadership in their professional communities through the advancement and dissemination of knowledge, expertise and skills. It is also excellent preparation for an academic career.

A PhD is an extensive programme of independent study at an advanced level. The focus of this qualification is on an original piece of research that advances both scholarship and practice in a specific discipline. Your research will involve an in-depth investigation, with ongoing supervisor support, and involves both a thesis and an oral examination.



## Study location

### Epsom Campus: 74 Epsom Avenue, Auckland

All programmes listed are taught at the Epsom Campus, the main campus for the Faculty of Education. Located 10 minutes drive from Central Auckland and the City Campus, Epsom Campus is a short walk away from the cafés and shops of Mt Eden village. There is free parking on campus and regular bus services run to and from Mt Eden/Epsom and the city.

The campus offers plenty of study spaces, computer rooms, library resources, student support services and facilities, including two early childhood centres, a marae, swimming pool, sports centre and tennis courts.

## How our programmes are taught

Most of our students are busy professionals for whom it is not practical to study full-time. We recognise the demands on your time and look for ways to best meet your study needs.

**Block courses/selected dates:** Some courses are offered in block format. Block courses are delivered on campus over a block of consecutive days and may include follow-up days. This allows you to schedule in the days that you need to be on campus. These are usually full days of study (unlike weekly lectures). Some courses may be offered over selected weekends. Block courses may include some online self-directed study.

**Weekly lectures and workshops:** Most of our weekly lectures in the Counselling programme are taught in the evenings or on a Saturday.

**Online/study guide:** Some courses may include some online components, which includes regular online contact with students and lecturers, as well as on-campus (face-to-face) sessions.

**Research:** Your thesis or research portfolio will be under the guidance of a supervisor(s). You may be able to complete a research degree without the need to regularly come to campus.

### Please note:

- The Master of Social Work (Professional) is a full-time programme taught during the day (not evenings). Part-time study options are available.
- The counselling programmes also include requisite hours of counselling practicum in community settings.

## Support for postgraduate students

The University of Auckland offers you excellent campus facilities and student support services. Visit [www.education.auckland.ac.nz/student-support](http://www.education.auckland.ac.nz/student-support) for more information.

## How to apply

Applications are made online at [www.auckland.ac.nz/applynow](http://www.auckland.ac.nz/applynow)

## Need us to come to you?

For group presentations and advice, you can make a request for one of our student advisors to visit your organisation if you are in Auckland, or arrange for an online presentation via Skype if you are outside of Auckland.

Book with [education@auckland.ac.nz](mailto:education@auckland.ac.nz)

## Need more information?

### Visit the Faculty of Education website

[www.education.auckland.ac.nz](http://www.education.auckland.ac.nz)



*"I was ready for a new intellectual challenge and wanted to undertake research that will be of benefit to others. My research question is 'what mental strategies do older adults use to positively face living in post disaster environments, and how would they define the concept of mental courage?'. The overall intention is to contribute to the wider body of knowledge in the area of courage and further understand the process associated with it.*

*"I've enjoyed refining and defining my research question and achieving clarity about my focus, purpose, and methodology with the help from my supervisors who challenge and push me to think further. Overall, doctoral study helps keep my mind sharp and provides a different and exciting challenge for me.*

*"I chose to study with the University of Auckland as I hold high respect for a number of staff in the social work department within the Faculty of Education. My supervisors have strong, credible reputations and I felt I would get the challenge, structure and support I needed to undertake doctoral study. This has been proven to be correct and I'm really happy to be studying at this university."*

**Nicki Weld** is undertaking a PhD in Social Work. Her supervisors are Associate Professors Christa Fouché and Liz Beddoe.