

# Did you know the University supports staff eye health?



The University supports staff wellness by subsidising eye care. All University staff using a computer screen for 50% or more of their work time are entitled to a comprehensive eye examination at The University of Auckland Clinics' optometry clinic. All you need is authorisation from your Head of Department or equivalent.

You will also receive a contribution towards the cost of your lenses and frames if you need them for working on a computer.

The optometry clinic is a student teaching clinic and all students are supervised by experienced New Zealand registered optometrists.

You will need to bring the completed Authorisation for Eye Examination of VDU Operator form to your appointment which is available on the staff intranet at **[www.staff.auckland.ac.nz/eyeexam](http://www.staff.auckland.ac.nz/eyeexam)**.

Visit **[www.clinics.auckland.ac.nz/optometry](http://www.clinics.auckland.ac.nz/optometry)** for further information including our opening hours and locations.

**To book an appointment please phone 923 9909 or email [clinics@auckland.ac.nz](mailto:clinics@auckland.ac.nz) or book online at [www.clinics.auckland.ac.nz](http://www.clinics.auckland.ac.nz)**