

Primary Care Referrals to Auckland DHB Dietitians

GENERAL REFERRALS

NB See below for separate Diabetes, Kidney Disease or Paediatric referral criteria.

Send Home Health Dietitian referrals to:

- A+ Links Home Health: Fax 09 623 6472

A+ Links Home Health Dietitians provide home visits and outpatient clinics as appropriate. They will accept and prioritise referrals for:

- Unintentional weight loss (maybe as a result of below)
- Malnutrition
- Wound healing
- Obesity with 1+ co-morbidity.

(Initial assessment and 2-3 follow-up appointments provided.)

For more detailed information about the A+ Home Health Dietitians, log in to Healthpoint and go to: <http://www.healthpoint.co.nz/public/community/a-links-home-health/?medpro=show&solo=mpReferralGuidelinesList&index=10>

DIABETES

Send Diabetes Dietitian referrals to:

- ADHB Diabetes Centre: Fax 09 631 0709. Referral to the dietitian
- **For DSME**, send completed referral form to Auckland PHO: Fax 09 379 4024

ADHB Diabetes Centre Dietitians will accept referrals for:

- Any person with Type 1 diabetes; includes late onset Type 1 (Latent Autoimmune Diabetes of Adulthood-LADA)
- Steroid induced diabetes
- Type 2 with poor control (HbA1c > 8% / 64mmol/mol) *and* obesity / hypertension / dyslipidaemia.

For more detailed information about the ADHB Diabetes Centre see:

<http://www.healthpoint.co.nz/specialists/endocrinology/auckland-dhb-diabetes-centre>

People with newly diagnosed or uncomplicated Type 2 diabetes will need to be referred to the Diabetes Self-Management Education (DSME) course via Auckland PHO.

For referral forms and course dates view: <http://www.aucklandpho.co.nz>

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CHRONIC KIDNEY DISEASE (CKD)

Send Renal Dietitian referrals to:

- ADHB Central Referrals Office – Renal Service: Fax 09 638 0402

People with CKD experiencing symptoms such as unintentional weight loss or hyperkalaemia can be referred to the ADHB Renal Service for assessment. At that point they can be referred by the nephrologist for a consultation with a renal Dietitian.

For more detailed information about the Renal Service see:

<http://www.healthpoint.co.nz/specialists/nephrology/auckland-dhb-renal-medicine>

PAEDIATRIC REFERRALS (from birth until time of leaving school)

Send Paediatric Dietitian referrals to:

Community Child Health and Disability Service:

- Early Childhood Team/ Child & Youth Team
Phone: 09 639 0200 extn. 27415 / Fax: 09 639 0202
- Child Development Team (children with disabilities)
Phone: 09 639 0200 extn. 27413 / Fax: 09 639 0237

Referrals accepted for:

- Multiple food allergies or single allergy to milk or wheat (diagnosed by a positive RAST or skin prick test). Other diagnosed single food allergies such as peanut or egg are sent an information pack only.
- Faltering growth identified as a downward deviation in weight across two or more major centile lines or height and weight markedly discrepant.
- Vitamin or mineral deficiency (diagnosed by relevant blood test).
- Vegan diet (vegetarian diet sent information pack only).
- Obesity: Body Mass Index for age > 95th percentile, readiness for change identified and screened for co-morbidities.

For more detailed information about the Community Child Health & Disability service see:

<http://www.healthpoint.co.nz/specialists/paediatrics/starship-paediatric-community-child-health/>