

**For more information contact the
CPC Consultative Group:**

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The Equity Office - Te Ara Tautika, HR and the TEU work collaboratively to ensure CPC seminars and initiatives meet the interests of our staff combining parenting and a career.

Combining Parenting and a Career at the University of Auckland



The University of Auckland is committed to providing a supportive working environment through actively promoting information, policies and guidelines relevant to the achievement of work, life and family integration for our employees.

Combining Parenting and a Career (CPC) Toolkit

The CPC Toolkit provides information on:

- Pregnancy
- Preparing and applying for parental leave
- Returning to work after parental leave
- Resources to help you successfully combine parenting and a career at the University

To read or download the CPC Toolkit visit:

www.equity.auckland.ac.nz/cpc

CPC Seminars

Our CPC seminars are held throughout the year and are a chance for staff to hear from leading researchers about topics that are relevant to those combining parenting and a career.

Recent seminars include:

- Gifted and talented students in schools
- Living in a stepfamily: the rewards and challenges
- Parenthood, employment and the “child penalty”
- Parental leave and the return to employment: findings from Growing Up in NZ
- Understanding NCEA
- What can parents do to help their children succeed at school?
- What does quality infant-toddler care and education look like?
- Parenting primary children
- Having it all - combining babies and a career
- Maternal nutrition - a healthy start to life

Videos and summaries of these can be viewed at

www.equity.auckland.ac.nz/cpc

If you would like to join the CPC mailing list and be notified of future seminars please email: equity@auckland.ac.nz



Frequently Asked Questions

Who can I talk to about parenting and work?

Members of the CPC Consultative Group are available to discuss questions you may have about combining your work and parenting responsibilities. See their contact details on the next page.

What resources are available for breastfeeding on campus?

The Equity Office has mini-fridges for storing expressed milk. Where power points permit, these fridges may be kept in a staff member's office or appropriate work space. There are also rest spaces available at Tāmaki, Grafton, and City campuses for staff to breastfeed.

Are men entitled to parental leave?

Partners and fathers (including those in same-sex relationships) may be eligible for Unpaid Parental Leave, University Paid Parental Leave and Government Paid Parental Leave. Parental Leave is the time taken off work to care for a newborn or adopted child under the age of five.

Is parking available to assist staff while they attend to family responsibilities?

Yes. The Equity Office will consider each application on a case-by-case basis and the availability of car park spaces. A cost may be attached to this service.

For more information please visit our website:

www.equity.auckland.ac.nz/cpc