Fact Sheet
University-wide Student Exchange Program (USTEP)
Academic Year 2022-23

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<th>General Information</th>
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<td><strong>Brief Introduction of the University</strong></td>
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<td><strong>University-wide Student Exchange Program</strong></td>
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</tbody>
</table>
| **Type U Qualifications** | Undergraduate students satisfying all of the following requirements are eligible to apply:  
1. Students who will be enrolled full-time at a Partner University during their entire period of study at UTokyo.  
2. Students who will return to their home university after completing their study at UTokyo.  
4. Students who have a clear intention to study at UTokyo.  
5. Students who have official proof of their required language proficiency and meet other conditions at the time of submission of application.  
Note: In principle, first and second year undergraduate students are not accepted for USTEP. For students enrolled in three-year undergraduate programs, they must have finished at least 1.5-year of the program at the time of their arrival at UTokyo. |
| **Type G Qualifications** | Graduate students satisfying all of the following requirements are eligible to apply:  
1. Students who will be enrolled full-time at a Partner University during their entire period of study at UTokyo.  
2. Students who will return to their home university after completing their study or research at UTokyo.  
4. Students who have a clear intention to study or research at UTokyo.  
5. Students who have official proof of their required language proficiency and meet other conditions that may be set by individual Graduate Schools. (For more details, see Prerequisites for USTEP Type G Applicants and check the other conditions.) |
Contact persons

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The University of Tokyo

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Email: intex-ut.adm@gs.mail.u-tokyo.ac.jp

Type U (For Undergraduates)

<table>
<thead>
<tr>
<th>Exchange Students’ Status</th>
<th>Status</th>
<th>Definition</th>
<th>Credits awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Special Auditors</td>
<td></td>
<td>Students registered for courses</td>
<td>Yes</td>
</tr>
</tbody>
</table>

Note 1: Students participating in the Type U program will be affiliated with the Division for Global Campus Initiatives of UTokyo.
Note 2: Credit transfer must be determined by the students’ home university.

Period of Study

1. April to August [1 semester (S1S2)]
2. April to March [2 semesters (S1S2 & A1A2 (W))]
3. September to March [1 semester (A1A2 (W))]
4. September to August [2 semesters (A1A2 (W) & S1S2)]
*W term is optional.

Academic Calendar
*The Academic Calendar for AY 2023 will be available in January 2023.

Course Catalogue

Students will officially register for courses in April or September after their arrival and orientation at UTokyo.

Courses offered in the Type U program can be found in the Course Catalogue for Type U students.

Note:
1. Available courses change every year and the courses currently on the website may not be offered in the following year.
2. List of courses open to USTEP students for AY 2023 (April-March) will be available in late March of 2023.
3. Courses offered by the College of Arts and Sciences (course codes starting with 08) will be held on Komaba Campus. Most of the other courses offered by other Faculties will be held on Hongo Campus.

Since students admitted to the Type U program may take various courses offered across Faculties and College, please take careful note where the courses are held. There are two main campuses—Hongo and Komaba—and it takes about one hour by public transportation between the two. Because of this we recommend that students select most of their courses at one of the campuses. However, this does not mean they are not allowed to choose courses on the other campus.
Restrictions:
1. Students interested in taking seminars offered in “Japanese” and “Japanese and English” at the Faculty of Law are allowed to apply for only one seminar course per semester. Further information will be provided to those who have been successfully accepted to study at UTokyo. There is no restriction as to the number of courses students can take for seminars if they wish to apply for seminars that are instructed in “English.”
2. In principle, Type U students are not allowed to participate in practical work (e.g., laboratory work, design studio work etc.)
3. Type U students are required to register for a minimum of 10 hours worth of classes per week during their stay (Japanese immigration law stipulates that international students with a “student” visa spend a minimum of ten hours in class per week.). At least one of the classes must be a non-language class.

In principle, courses worth 2 credits consist of 13 weeks of 105-minute classes. The length of each class period may vary depending on college/faculty.

Special Certificate Programs
- Global Japan Studies (GJS) managed by UTokyo Center for Contemporary Japanese Studies (TCJS)
- Global Studies in Asia (GSA)
*The information for 2023 will be announced later.

Japanese Language Education
Type U students accepted to the student exchange program are eligible to register for these courses. Further information about the courses are available on the following websites:
Hongo Campus (JSCSE)
Komaba Campus (Global Komaba)

Type U Application Procedures and Deadlines

Outline
Exchange students need to be nominated by their home universities to UTokyo. They must contact the office responsible for university-wide student exchange at their home universities and check the application procedures and deadline for the exchange program. All applicants nominated by their home universities will then receive the link to access the online application system from UTokyo.

Please note that UTokyo may reject a student’s application and revoke their qualifications for admission if it becomes apparent that false declaration was made in the application or application is incomplete.

Application Instructions

Qualifications
Exchange Students’ Status
Students participating in the Type U program will be affiliated with the Division for Global Campus Initiatives of UTokyo. Their status will be “Special Auditors” who are eligible to register for university courses for credit. (Students should consult their home universities for procedures regarding credit transfers.)

Eligibility
Only undergraduate students satisfying all of the following requirements may apply:
1. Students who will be enrolled full-time at a Partner University during their entire period of study at UTokyo.
2. Students who will return to their home university after completing their study at UTokyo.
4. Students who have a clear intention to study at UTokyo.

5. Students who have official proof of their required language proficiency and meet other conditions at the time of submission of application.

Note: In principle, first and second year undergraduate students are not accepted for USTEP. For students enrolled in three-year undergraduate programs, they must have finished at least 1.5-year of the program at the time of their arrival at UTokyo.

Language Requirement

The Type U program requires exchange students to meet the language requirements in English and/or Japanese, depending on the courses they wish to take.

| Students who wish to take courses offered in English | A minimum TOEFL iBT score of 90, IELTS overall band score of 6.5, or Cambridge English Qualifications "C1 Advanced"
*TOEFL iBT Home Edition and IELTS Indicator are accepted.
*TOEFL iBT “MyBest Scores” is not accepted.
*TOEFL iBT and IELTS scores are valid only if dated within two years of the USTEP application deadline.

  - Attend a university or have graduated from a high school where the medium of instruction is English
  *Applicants must submit a proof that certifies that the degree program they belong to is taught entirely in English, unless they attend a university in an English-speaking country or are a native speaker of the language
  (*A native speaker is defined here as someone who graduated from a high school where the medium of instruction is English).

| Students who wish to take courses offered in Japanese | JLPT Level N1

  - or
  - Have graduated from a high school where the medium of instruction is in Japanese

Application Documents

[All documents must be in English or Japanese.]

Must be submitted through online system

1. Application Form (online form)

2. Consent Form with the applicant’s signature and date

3. Valid Passport Data

4. Proof(s) of Language Proficiency

Must be submitted by exchange coordinators

5. One Letter of Reference by a full-time teaching faculty of the major/specialty of the student.

6. Official Academic Transcript with grading scale from each college, university or any other institutions of higher learning the applicant has attended in PDF format.

Important Notes:

1) Nominees without required documents such as Proof of Language Proficiency and Academic Transcript will not be accepted.

2) Please make sure to nominate the students who are or will be registered at your University throughout the period of their academic stay at the University of Tokyo. Students who are not registered at your institution will not be accepted.
Nomination and Application Deadline

- **Autumn Admission**
  - Nomination deadline: February 14
  - Application deadline: February 28

- **Spring Admission**
  - Nomination deadline: September 16
  - Application deadline: September 30

Note 1: The application deadlines above are for the nominated students, to be submitted online. Partner universities may set their own deadlines for their students.

Note 2: Exchange students need to be nominated by the students’ home universities. Students need to complete the required procedures at their home universities and then apply through the office responsible for student exchange.

Result of Application

The result of application will be available by early December (for Spring Admission) or early May (for Autumn Admission). Students will receive result through their exchange coordinator. Those who are successfully accepted will receive a welcome package directly from UTokyo.

Schedule

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<tr>
<th></th>
<th>Autumn Admission</th>
<th>Spring Admission</th>
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<td>From August 1 to September 30</td>
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<td>Nomination deadline</td>
<td>February 14</td>
<td>September 16</td>
</tr>
<tr>
<td>Application deadline</td>
<td>February 28</td>
<td>September 30</td>
</tr>
<tr>
<td>Result announcement</td>
<td>By early May</td>
<td>By early December</td>
</tr>
<tr>
<td>Courses start*</td>
<td>Late September to early October</td>
<td>Early April</td>
</tr>
<tr>
<td>Courses end*</td>
<td>Late January to early February (A1A2) or Late July to early August (S1S2)</td>
<td></td>
</tr>
<tr>
<td>Transcripts available from</td>
<td>April for A1A2 and September for S1S2</td>
<td></td>
</tr>
</tbody>
</table>

*The actual period of study (including examination periods) varies depending on the College/Faculty. Please refer to the Academic Calendar. (The Academic Calendar for AY 2023 will be available around January 2023.)*

Type U Others

Tuition and Fees

Pursuant to the memorandum of student exchange, exchange students are exempt from paying examination fees, admission fees and tuition fees.

University Housing

Exchange students may apply for university housing arranged by UTokyo. However, due to the limited number of facilities available, we cannot guarantee that all students who apply for university-managed housing will be allocated a place. The International Exchange Group at UTokyo will contact the students with further details about applying for housing once their applications to study at UTokyo have been approved.

Exchange students can also apply for privately managed residence of Kyoritsu Maintenance Co., Ltd.

- **RUTIL** (Residence of the University of Tokyo for International Life Guide)
- Other student residences managed by Kyoritsu Maintenance Co. Ltd

Further information about residence is available at the Housing Office.
| Entry to Japan / Visa (eligibility to reside in Japan) | Exchange students must have a valid passport during their stay in Japan. In principle, students must possess “College Student” visa during their stay. After their applications to study at UTokyo have been approved, the International Exchange Group at UTokyo will provide information about the process for obtaining a Certificate of Eligibility. Students will then need to take the Certificate of Eligibility and other required documents to the nearest Japanese Embassy or Consulate to obtain a College Student visa. In order to obtain a Certificate of Eligibility, students must be able to provide that they will have minimum of 120,000 JPY per month during their stay. For example, if they are staying for seven months, they must submit official proof that they will have 840,000 JPY. The coursework at the University of Tokyo is rigorous. Though legally possible for international students with a valid work permit, the University of Tokyo strongly advises its exchange students not to seek off-campus part-time work during the academic terms. We require students to register for minimum of 10 hours of classes per week during a semester (this is a Japanese legal requirement). Each class can be quite demanding in its expectations. Students who wish to gain work experience while studying in Japan should not apply to USTEP. Any students who wish to work during the break(s) must obtain work permit before they begin their employment. |
| Scholarship | A Japan Student Services Organization (JASSO) Scholarship for students who meet the requirements as well as scholarships from private foundations may be available. For further information, please refer to each link:  
A Japan Student Services Organization (JASSO) Scholarship: application will be provided once students are successfully accepted for USTEP.  
*Sumitomo Corporation Scholarship (for students of Peking University, Nankai University, Fudan University): application will be provided through partner universities.  
*Sato Yo International Scholarship Foundation (SISF) (students of Gadjah Mada University, University of Indonesia, Nanyang Technological University, National University of Singapore, University of the Philippines, University of Malaya, Chulalongkorn University): application will be provided through partner universities.  
*These scholarships are available only for Autumn Admission. The above information is subject to change. Students can apply for both JASSO and Sumitomo Corporation Scholarship/SISF at the same time. Students with scholarships from other foundations must check beforehand if their scholarship allows receiving other scholarships. Replies to inquiries concerning these scholarships will only be sent to those who have been accepted to study at UTokyo. |
| Insurance | • National Health Insurance Program  
USTEP students must join the National Health Insurance (NHI) Program regardless of the kind of insurance they may already have. This is a strict legal requirement in Japan. Once they arrive in Japan, they must complete the required procedures at their local city/ward office.  
• Personal Accident Insurance for Students Pursuing Education and Research "Gakkensai" and the optional "Futai Gakuso"  
"Gakkensai" provides necessary support in the case of accident or injury suffered in... |
the course of activities related to research or education. Exchange students do not need to apply for this insurance as UTokyo enrolls all its students and pays premiums. "Futai Gakuso" is an option that can be added to the "Gakkensai" for a cost (JPY 8,060 for six months). It complements a scope of insurance liability in your life such as compensation responsibility. We particularly recommend that those who will be riding bicycles in Japan obtain "Futai Gakuso," as bicycle-related accidents are common.

Students are strongly recommended to come with sufficient insurance coverage for the entire period of their stay. Payment of medical bills is the students' own responsibility and the university does not provide any assistance.

Inbound Medical Assistance Service (IMAS)  IMAS is the “Inbound Medical Assistance Service” for international students at UTokyo. (This is NOT an insurance.) All USTEP students must register for IMAS.

IMAS offers:
- Telephone consultation for medical issues, 24/7, 365 days a year.
- Referral to an appropriate hospital.
- Interpretation service over the phone while in the hospital or during transfer to the hospital.
- Contacting the University if necessary.
- Arrangement of transportation to a medical facility or for transfer to another medical facility in Japan or in one's home country.
- Contacting and assisting family members in one's home country, etc.

See below for further information:
IMAS: Inbound Medical Assistance Service for International Students at UTokyo

International Student Handbook  Useful information for international students at UTokyo: International Student Handbook
## Type G Academic Information

### Exchange Students' Status

Type G applicants need to select their exchange student status at the Graduate Schools that they apply for:

- Special Auditors
- Special Research Students

<table>
<thead>
<tr>
<th>Status</th>
<th>Definition</th>
<th>Credits awarded</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Special Auditor</strong></td>
<td>Students registered for courses</td>
<td>Yes</td>
</tr>
<tr>
<td><strong>Special Research Student</strong></td>
<td>Students receiving research guidance</td>
<td>No</td>
</tr>
</tbody>
</table>

For detailed requirements and conditions for each status in each Graduate School, please refer to [Prerequisites for USTEP Type G Applicants](#).

Most Graduate Schools accept Special Auditors, and they are expected to enroll in courses offered by the Graduate School to which they belong. In case students wish to register for courses offered by other Graduate School(s), they may be permitted to do so with the approval from both the host Graduate School and the Graduate School offering the course.

Credit transfer must be determined by the students’ home university.

Special Research Students conduct research under the guidance of a faculty advisor and do not receive credits.

*The language requirements vary by each Graduate School.

**Please be careful that a supervisor’s approval may be required prior to submitting application, depending on conditions set by each Graduate School. If the Graduate School requires a pre-approval of a supervisor, failure to do so will result in rejection of the application.

### Period of Study / Research

1. April to August/September [1 semester (S1S2)]
2. April to March [2 semesters (S1S2 & A1A2 (W))]
3. September/October to March [1 semester (A1A2 (W))]  
4. September/October to August/September [2 semesters (A1A2 (W) & S1S2)]

*The actual period of study / research (including examination period) varies depending on each graduate school.

Note: W term is optional except at the Graduate School of Agricultural and Life Sciences and Graduate School of Medicine.

### Academic Calendar

*The Academic Calendar for AY 2023 will be available in January 2023.

### Graduate Schools Accepting Exchange Students

- Graduate School of Humanities and Sociology
- Graduate School of Education
- Graduate Schools for Law and Politics
- Graduate School of Economics
- Graduate School of Arts and Sciences
- Graduate School of Science
- Graduate School of Engineering
- Graduate School of Agricultural and Life Sciences
- Graduate School of Medicine
- Graduate School of Pharmaceutical Sciences
- Graduate School of Mathematical Sciences
- Graduate School of Frontier Sciences
- Graduate School of Information Science and Technology
- Graduate School of Interdisciplinary Information Studies
- Graduate School of Public Policy

For details on each Graduate School, please refer to its websites.

<table>
<thead>
<tr>
<th>Course Catalogue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Courses available at each Graduate School can be searched for in the Course Catalogue.</td>
</tr>
<tr>
<td>Courses available change annually and the courses currently on the webpage may not be offered in the subsequent year.</td>
</tr>
</tbody>
</table>

**Important Notes for the Special Auditors who wish to register for courses:**
1. Students with a status of Special Auditor must register for a minimum of 10 hours of classes per week during a semester. Japanese immigration law stipulates that international students with a “student” visa spend a minimum of ten hours in class per week.
2. Special Auditors are expected to be enrolled in courses offered by the Graduate School to which they originally belong. However, if it is necessary for students to register for courses offered by other Graduate Schools, they may be permitted to do so provided that the Graduate School offering the course and the host Graduate School approve. Other details shall be as prescribed by the Graduate School concerned.

<table>
<thead>
<tr>
<th>Global Japan Studies (GJS)</th>
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<tbody>
<tr>
<td>The Global Japan Studies program is designed to instill the knowledge necessary to understand the politics, economics, culture, and society of Japan by offering lectures given by prominent faculty members from a variety of specialized fields. The program offers the students an insight into Japanese Studies that ranges from the fundamentals to specialized knowledge of Japan Studies. This course is provided in English, thus giving an opportunity to students whose level of proficiency in Japanese would normally prevent them from taking lectures given in Japanese and allow them to learn topics relating to Japanese society. The program is designed to be completed by students in one year. Students who complete the program will be issued a Certificate of Completion.</td>
</tr>
<tr>
<td>Further information about the course is available at the website managed by UTokyo Center for Contemporary Japanese Studies (TCJS).</td>
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</tbody>
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<thead>
<tr>
<th>Faculty Search</th>
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<tbody>
<tr>
<td>Exchange students who will conduct research under the supervision of a research adviser may use the faculty search system.</td>
</tr>
<tr>
<td>Locating an adviser in the search results does not guarantee that the adviser will be able to supervise the students’ research.</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Japanese Language Education</th>
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<tbody>
<tr>
<td>The Center for Japanese Language Education offers Japanese language classes (General Course). Type G students are eligible to register for these classes. Please note that credits are not awarded for this. Further information about the course is available at the website.</td>
</tr>
<tr>
<td>In addition, some Graduate Schools may provide their own Japanese language classes.</td>
</tr>
</tbody>
</table>
### Type G Application Procedures and Deadlines

#### Outline
Exchange students need to be nominated by their home universities to UTokyo. They must contact the office responsible for university-wide student exchange at their home universities and check the application procedures and deadline for the exchange program. All applicants nominated by their home universities will then receive the link to access the online application system from UTokyo.

Please note that UTokyo may reject a student’s application and revoke their qualifications for admission if it becomes apparent that false declaration was made in the application or application is incomplete.

#### Application Instructions

**Prerequisites for USTEP Type G Applicants**
Application requirements vary by Graduate School. Please make sure to check the Prerequisites for USTEP Type G Applicants. 

Note: A supervisor’s approval is required before applying to some Graduate Schools. 

How to get a supervisor’s approval

Please be careful that, if the graduate school requires a pre-approval of a supervisor, failure to do so will result in rejection of the application.

**Application Documents**

[All documents must be in English or Japanese.]

<table>
<thead>
<tr>
<th>Must be submitted through online system</th>
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</thead>
<tbody>
<tr>
<td>1. Application Form (online form)</td>
</tr>
<tr>
<td>2. Consent Form with the applicant’s signature and date</td>
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<tr>
<td>3. Valid Passport Data</td>
</tr>
<tr>
<td>4. Proof(s) of Language Proficiency (Refer to Prerequisites for USTEP Type G Applicants)</td>
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<th>Must be submitted by exchange coordinators</th>
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<tr>
<td>5. One Letter of Reference by a full-time teaching faculty of the major/specialty of the student.</td>
</tr>
<tr>
<td>6. Official Academic Transcript with grading scale from each college, university or any other institutions of higher learning the applicant has attended in PDF format.</td>
</tr>
<tr>
<td>*All the transcripts of the applicant’s undergraduate degree programs are also required.</td>
</tr>
</tbody>
</table>

**Others**

7. Each Graduate School may require further documents in addition to the above application documents. (e.g. screenshot of e-mail correspondence between the exchange student and a faculty member who may serve as an academic advisor)

See Prerequisites for USTEP Type G Applicants.

**Important notes:**

1) Nominees without required documents such as Proof of Language Proficiency and Academic Transcript will not be accepted.

2) Please make sure to nominate the students who are or will be registered at your University throughout the period of their academic stay at the University of Tokyo. Students who are not registered at your institution will not be accepted.
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<th>Nomination and Application Deadline</th>
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<td></td>
<td>● Spring Admission</td>
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Note 1: The application deadlines above are for the nominated students, to be submitted online. Partner universities may set their own deadlines for their students.

Note 2: Exchange students need to be nominated by the students' home universities. Students need to complete the required procedures at their home universities and then apply through the office responsible for student exchange.

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<th>Result of Application</th>
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<td>The result of application will be available by early December (for Spring Admission) or early May (for Autumn Admission). Students will receive their result through exchange coordinator. Those who are successfully accepted will receive a welcome package directly from UTokyo.</td>
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*The actual period of study / research (including examination period) varies depending on the Faculty, College or Graduate School. Please refer to the Academic Calendar. (The Academic Calendar for AY 2023 will be available around January 2023.)

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<th>Type G Others</th>
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<tbody>
<tr>
<td>Tuition and Fees</td>
</tr>
<tr>
<td>University Housing</td>
</tr>
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</table>
### Entry to Japan / Visa (eligibility to reside in Japan)

Exchange students must have a valid passport during their stay in Japan. In principle, students must possess “College Student” visa during their stay. After their applications to study or research at UTokyo have been approved, the International Exchange Group at UTokyo will provide information about the process for obtaining a Certificate of Eligibility. Students will then need to take the Certificate of Eligibility and other required documents to the nearest Japanese Embassy or Consulate to obtain a College Student visa.

In order to obtain a Certificate of Eligibility, you must be able to provide that you will have minimum of 120,000 JPY per month during your stay. For example, if you are staying for seven months, you must submit official proof that you will have 840,000 JPY.

Note: Though legally possible for international students with a valid work permit, the University of Tokyo strongly advises its exchange students not to seek off-campus part-time work during the academic terms as we expect high academic performance through their exchange period. Any students who wish to work must obtain work permit before they begin their employment.

### Scholarship

- A Japan Student Services Organization (JASSO) Scholarship for students who meet the requirements as well as scholarships from private foundations may be available. For further information, please refer to each link:
  - [A Japan Student Services Organization (JASSO) Scholarship](#): application will be provided once students are successfully accepted for USTEP.
  - [Sato Yo International Scholarship Foundation (SISF)](https://www.sato-yo.or.jp/en/apply/): students of Gadjah Mada University, Nanyang Technological University, University of the Philippines, University of Malaya, Chulalongkorn University): application will be provided through partner universities. This scholarship is available only for Autumn Admission.

### Insurance

- **National Health Insurance Program**
  USTEP students must join the National Health Insurance (NHI) Program regardless of the kind of insurance they may already have. This is a strict legal requirement in Japan. Once they arrive in Japan, they must complete the required procedures at their local city/ward office.

- **Personal Accident Insurance for Students Pursuing Education and Research "Gakkensai" and the optional "Futai Gakuso."**
  "Gakkensai" provides necessary support in the case of accident or injury suffered in the course of activities related to research or education. Exchange students do not need to apply for this insurance as UTokyo enrolls all its students and pays premiums. "Futai Gakuso" is an option that can be added to the "Gakkensai" for a cost (JPY 8,060 for six months). It complements a scope of insurance liability in your life such as compensation responsibility. We particularly recommend that those who will be riding bicycles in Japan obtain "Futai Gakuso," as bicycle-related accidents are common.

Students are strongly recommended to come with sufficient insurance coverage for the entire period of their stay. Payment of medical bills is the students’ own responsibility and the university does not provide any assistance.
| Inbound Medical Assistance Service (IMAS) | IMAS is the "Inbound Medical Assistance Service" for international students at UTokyo. This is NOT insurance. USTEP students who already have taken out insurance are eligible to sign up for this service. IMAS offers:  
- Telephone consultation for medical issues, 24/7, 365 days a year.  
- Referral to an appropriate hospital.  
- Interpretation service over the phone while in the hospital or during transfer to the hospital.  
- Contacting the University if necessary  
- Arrangement of transportation to a medical facility or for transfer to another medical facility in Japan or in one's home country.  
- Contacting and assisting family members in one's home country, etc.  
See below for further information:  
[IMAS: Inbound Medical Assistance Service for International Students at UTokyo](#) |
| International Student Handbook | Useful information for international students at UTokyo: [International Student Handbook](#) |