# BSc degree planner – Exercise Sciences

To view regulations for majors, and course descriptions, see [www.calendar.auckland.ac.nz](http://www.calendar.auckland.ac.nz)

**BSc degree requires:** 360 points (24 x 15 point courses). Each box represents one 15 point course. It is recommended that students enrol in 8 courses each year.

## BSc

### Year 1

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXERSCI 101</td>
<td>EXERSCI 101</td>
<td>S1</td>
</tr>
<tr>
<td>EXERSCI 103</td>
<td>EXERSCI 103</td>
<td>S1</td>
</tr>
<tr>
<td>BIOSCI 107</td>
<td>BIOSCI 107</td>
<td>S1</td>
</tr>
<tr>
<td>MEDSCI 142</td>
<td>MEDSCI 142</td>
<td>S2</td>
</tr>
<tr>
<td>PSYCH 108</td>
<td>PSYCH 108 or 109</td>
<td>S1 or S2</td>
</tr>
</tbody>
</table>

If appropriate prerequisites have been completed, these boxes can also be filled by Stage II or III

### Year 2

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXERSCI 201</td>
<td>EXERSCI 201</td>
<td>S1</td>
</tr>
<tr>
<td>EXERSCI 202</td>
<td>EXERSCI 202</td>
<td>S2</td>
</tr>
<tr>
<td>EXERSCI 203</td>
<td>EXERSCI 203</td>
<td>S1</td>
</tr>
<tr>
<td>EXERSCI 204</td>
<td>EXERSCI 204</td>
<td>S2</td>
</tr>
<tr>
<td>MEDSCI 205</td>
<td>MEDSCI 205</td>
<td>S1</td>
</tr>
</tbody>
</table>

Any Stage

### Year 3

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXERSCI 301</td>
<td>EXERSCI 301</td>
<td>S1</td>
</tr>
<tr>
<td>EXERSCI 303</td>
<td>EXERSCI 303</td>
<td>S2</td>
</tr>
<tr>
<td>EXERSCI 304</td>
<td>EXERSCI 304</td>
<td>S2</td>
</tr>
<tr>
<td>EXERSCI 305</td>
<td>EXERSCI 305</td>
<td>S1</td>
</tr>
</tbody>
</table>

Stage III Science

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>GEN ED</td>
<td>GEN ED</td>
<td></td>
</tr>
</tbody>
</table>

Recommended Stage II and Stage III courses: EXERSCI 206 and EXERSCI 302

### STAGE I courses:

- EXERSCI 105, STATS 101, MATHS 102, PHYSICS 160, CHEM 150, or other courses in Chemistry or Computer Science.
- SCIGEN 101G is also recommended as a General Education course.

### STAGE II and III courses:

- Exercise Sciences
- BIOSCI 107
- MEDSCI 142
- PSYCH 108 or 109

### Courses you have done but not counting towards your degree:

- EXERSCI 101
- EXERSCI 103
- BIOSCI 107
- MEDSCI 142
- PSYCH 108 or 109

### 2018 Regulations

1. Courses in a minimum of three subjects listed in the BSc Schedule.
2. At least 180 points (12 courses) must be above Stage 1.
3. Up to 30 points (2 courses) may be taken from outside the Faculty.
4. 30 points (2 courses) must be taken from the appropriate [General Education Schedules](http://www.calendar.auckland.ac.nz) for BSc students.
5. At least 75 points must be at Stage III, of which 60 points must be in the majoring subject.

It is the student’s responsibility to check that the final programme complies with University Regulations. The Faculty of Science is the final authority on all BSc regulations.