IFT Netball Rules 2018

Normal rules of netball apply in addition to and/or including the following:

1. Games are 4 x 10 minute quarters.
2. Breaks are 3 mins at halftime and 2 mins at quarter time.
3. Teams may have a total of 16 players registered and 12 players are allowed to play per game.
4. Points: Win = 4 points, Draw = 2 points, Loss = 0 points
5. After the end of pool play if there are even points positions will be decision by points differentiation – total points scored minus total points scored against.
6. All participants must conduct themselves in the true spirit of the game as per University of Auckland Participation contract and Netball rules and regulations on Code of Conduct and Fair Play.
7. The game clock will start on time as long as umpires are ready.
8. Injury time is a straight 30 second change over.
9. Extra time is 2 x 5 minute period in the case of a draw in play-off games.
10. If still drawn, play will continue until one team has a 2 goal advantage, who then will be declared the winner.
11. All players must wear their own black netball underwear (no skins/tights).