Welcome to Newsletter 11 for the C*STEROID Trial

Can we safely reduce the risk of breathing problems for newborn babies by giving corticosteroid injections to their mothers before a planned caesarean section?

RECRUITMENT UPDATE

We are so close to 500 C*STEROID babies! Looks likely we should easily achieve this big milestone this month. Watch out for the celebrations on our journey to recruiting more than 2,500 mothers and babies to the C*STEROID trial. Which site will take the honour of reaching the 500th baby?

<table>
<thead>
<tr>
<th>Site</th>
<th>Total (babies)</th>
<th>Last month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Auckland</td>
<td>276</td>
<td>3</td>
</tr>
<tr>
<td>Waikato</td>
<td>91</td>
<td>2</td>
</tr>
<tr>
<td>Tauranga</td>
<td>28</td>
<td>0</td>
</tr>
<tr>
<td>Christchurch</td>
<td>48</td>
<td>5</td>
</tr>
<tr>
<td>Northland</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Wellington</td>
<td>20</td>
<td>0</td>
</tr>
<tr>
<td>Counties</td>
<td>7</td>
<td>0</td>
</tr>
<tr>
<td>Sunshine (Australia)</td>
<td>10</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>485</strong></td>
<td><strong>13</strong></td>
</tr>
</tbody>
</table>

WELCOME ONBOARD AUSTRALIAN SITES

The C*STEROID trial has been rolling out in Australia, and we would like to extend a warm welcome to all our new sites.

Congratulations to A/Prof Joanne Said and her team at Sunshine Hospital who have already recruited 10 participants since their commencement events in April!

See over the page for the progress of all our other Australian sites!
By the end of this month we will have 13 active sites across Australia!

Welcome to these active sites: Joan Kirner Women’s & Children’s Hospital (A/Prof Joanne Said), the Royal North Shore Hospital (Prof Jonathan Morris), the Royal Women’s Hospital (Dr Clare Whitehead), St George Hospital (A/Prof Amanda Henry), Mercy Hospital for Women (Dr Elizabeth McCarthy), the Royal Brisbane and Women’s Hospital (Dr Renuka Sekar), the Royal Hospital for Women (Dr Antonia Shand), the Women’s and Children’s Hospital Adelaide (Dr Amanda Poprzeczny), Bacchus Marsh Hospital (Dr Premjit Gill), Box Hill Hospital at Eastern Health (Dr Penny Sheehan), Liverpool Hospital (Dr Gauthami Bhagwanani), Ballarat Base Hospital (Dr Natasha Frawley), and Monash Health (A/Prof Kirsten Palmer).

We have 6 other sites in progress for getting approval and 6 sites in the early stages.

In progress: Campbelltown Hospital (A/Prof Raiyomand Dalal), Epworth Hospital (Dr Sze Wey Lee), Ipswich Hospital (A/Prof Kassam Mahomed), Northern Hospital (Dr Arzoo Khalid), Townsville Hospital (Dr Cecelia O’Brien), Westmead Hospital (Dr Indika Alahakoon).

Early stages: Fiona Stanley Hospital (Dr Preethi Nagubandi), Mater Mothers Hospital (Prof Sailesh Kumar), Peninsula Health, Lyell McEwen Hospital Adelaide, Canberra Hospital, John Hunter Hospital.

6 WEEK POSTNATAL FOLLOW UP SURVEY

An important part of the C*STEROID trial is the 6 week postnatal follow up survey that is sent to all participants.

This survey can be completed electronically by email or by hand in the post depending on the women's preference.

We understand that the postnatal period can be a busy time with a newborn baby, however, completion rates of this survey have dropped off in the last few weeks.

When you thank participants at your site for participating, remind them to expect the survey in their email at six weeks, to conclude their involvement in the C*STEROID trial.

CONTACT US

Prof Katie Groom k.groom@auckland.ac.nz
Elisa Tam, Clinical Trial Manager
Ph: +64 22 431 1988 elisa.tam@auckland.ac.nz

Australia
A/Prof Joanne Said jsaid@unimelb.edu.au
Lee-anne Lynch lee-anne.Lynch@wh.org.au

www.liggins.auckland.ac.nz/csteroid