SAFE WORK INSTRUCTION
STEP-PLATFORM LADDER

PERSONAL PROTECTIVE EQUIPMENT

Rings and jewellery must not be worn.

POTENTIAL RISKS

1. Falling from the ladder.
2. Rings, jewellery and clothing snagging on the ladder.
3. Ladder toppling or falling over.
4. People walking into the ladder.
5. Dropping objects from height.

DON'Ts

- Do not use faulty equipment. Immediately report suspect ladders to your supervisor.
- Do not exceed the safe working load.
- Do not attempt to use the step-platform ladder while on an incline or sloping surface, or on soft or unstable ground.
- Do not use metal step-platforms near electricity.
- Never over-reach the platform - get down and reposition the unit.

PRE-OPERATIONAL SAFETY CHECKS

✓ Step-platform ladders are suitable for extended duration light work.
✓ Try not to work alone.
✓ Ensure you have been shown how to safely use the ladder.
✓ Conduct a pre-use check to make sure the ladder is safe to use. Look for broken or missing parts, and make sure the braces and guard rails work.
✓ Wear suitable footwear. Avoid high heels or slip on shoes/jandals.

OPERATIONAL SAFETY CHECKS

✓ Watch out for pedestrians and be cautious of doors. Lock them if possible.
✓ Make sure the braces lock the legs open when you erect the ladder.
✓ Always face the steps and use both hands when climbing up or coming down.
✓ If the ladder has a top gate, close it when you are on the platform.
✓ Do not climb the guard rails. Your feet should remain on the platform at all times.

ENDING OPERATIONS AND CLEANING UP

✓ Check the ladder has not been damaged.
✓ Stow it in an area where it will not be a hazard.