

# YOU ARE ENTERING A LASER CONTROLLED AREA

PLEASE FOLLOW THESE FIVE SIMPLE RULES TO KEEP  
YOU AND YOUR CO-WORKERS SAFE!



- ✓ **Glasses ON** Wear laser safety glasses or goggles whenever a laser is armed or operating



- ✓ **No shiny stuff** Remove all of your jewellery and anything else that may reflect light. Do not wear any watches, rings, bracelets, necklaces, etc.



- ✓ **Control the beam path.** Make sure that the beam never leaves the table. Block the beam before adding or removing any component of the set-up



- ✓ **Stand tall.** Never put your eyes at the same height as the laser. Do not lower your head, bend over too low, or sit facing your experiment



- ✓ **Close your eyes.** If you have to pick up something from the floor always protect your eyes with your hands, or close them as you crouch down and stand back up

## EMERGENCY PROCEDURE IN CASE OF ACCIDENT:

- Stop the beam with the emergency button
- Tell your workmates you have been exposed to the laser and have hurt your eyes
- Get them to help you or call Security at ext 85000. Ask to be escorted to the Eye Clinic in the Faculty of Medical and Health Sciences as soon as possible
  - Eye Clinic operating hours: Monday to Friday 8am-5pm (phone 09-923-9909), 143-151 Park Rd, Grafton, Auckland 1023, Building 505, Level 3
  - Out of hours: go to the Emergency Department at Auckland City Hospital
- Cover your injured eye/s before going into daylight
- Complete an incident form and send it to [HSW@auckland.ac.nz](mailto:HSW@auckland.ac.nz)



THE UNIVERSITY OF  
**AUCKLAND**  
Te Whare Wananga o Tāmaki Makaurau  
NEW ZEALAND



**SIDE** by **SIDE**  
HEALTH AND SAFETY