A warm welcome
to the School of Nursing

We are so excited to welcome you to our School of Nursing whānau. The school is full of vibrant and dynamic people who are dedicated to your learning and growth. We are committed to providing a warm and welcoming environment for our students and staff, and if there is anything we can do to help you get started on your postgraduate journey, please do not hesitate to ask. We are here to help you start your journey today and will continue to support you to become the person you want to be tomorrow.

DR JULIA SLARK RN, PhD
Head, School of Nursing
Faculty of Medical and Health Sciences
The University of Auckland

Our programmes have been developed to enhance nursing practice and focus on the improvement of patient outcomes and the health of all New Zealanders.

Find out more
fmhs.auckland.ac.nz/son

Front cover: Terryann Clark is an Associate Professor at the School of Nursing and part-time child and youth public health promotion coordinator for Mahtai Hauora PHO in Whangarei. Her major research interests are: youth health, indigenous health, mental health, sexual health, advocacy, and healthy youth development with a strong focus on addressing inequity for whanau Māori. She is most proud of the influence her research has had on policy and service delivery.
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Our postgraduate programmes

The focus of our postgraduate nursing programmes is the advancement of clinical nursing practice in order to improve patient outcomes and meet current and future health care needs.

The following information describes the postgraduate qualifications offered by the school. The qualifications are all at a postgraduate level and it should be noted that entry and progression requirements may vary for each of the qualifications.

It is imperative that prospective students ask for pathway advice before commencing their postgraduate study.

Email: postgradnursing@auckland.ac.nz

Completion times

The majority of our postgraduate students complete their study part-time due to work and other commitments. It is wise to take note of completion and progression requirements times and seek advice from school staff to ensure you can meet University regulations.

Credit transfer

This information will be of interest to all nurses who have undertaken postgraduate study at universities other than the University of Auckland, including NETP programmes, who wish to continue their study at the University of Auckland.

Our current regulations state that:

- Credit from another institution can only be credited to a Postgraduate Diploma, not a Postgraduate Certificate.
- Credit of 30 points from another institution must be into a Postgraduate Diploma and must be within 3 semesters of commencing the course for which credit is sought.
- Credit of a completed Postgraduate Certificate from another institution must be into a Postgraduate Diploma and must be done within 5 years of completing the Postgraduate Certificate.
- A student who has been awarded 60 internal credits from a PGCert to PGDip will not be able to externally credit any further points.
- If a student has completed either a 30 point paper or a PGCert and wishes to transfer to the University of Auckland, they must contact our postgraduate academic advisors prior to applying to the University. This will ensure that they receive the best advice for their individual pathway of study.

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<tr>
<th>Qualification</th>
<th>Full-time</th>
<th>Part-time</th>
</tr>
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<tbody>
<tr>
<td>Honours degree</td>
<td>2 semesters (1 year)</td>
<td>4 semesters (2 years)</td>
</tr>
<tr>
<td>Postgraduate Certificate</td>
<td>1 semester</td>
<td>4 semesters (2 years)</td>
</tr>
<tr>
<td>Postgraduate Diploma</td>
<td>2 semesters (1 year)</td>
<td>8 semesters (4 years)</td>
</tr>
<tr>
<td>Postgraduate Diploma (entered with credit)</td>
<td>1 semester</td>
<td>4 semesters (2 years)</td>
</tr>
<tr>
<td>Masters (research – all 120 &amp; 90 pt thesis/research portfolio)</td>
<td>2 semesters (1 year)</td>
<td>4 semesters (2 years)</td>
</tr>
<tr>
<td>Masters (taught 120 pts)</td>
<td>2 semesters (1 year)</td>
<td>8 semesters (4 years)</td>
</tr>
<tr>
<td>Master of Nursing Practice (taught – 180 pts)</td>
<td>3 semester (18 months)</td>
<td>12 semesters (6 years)</td>
</tr>
<tr>
<td>Master of Nursing Science (240pts)</td>
<td>4 semesters (2 years)</td>
<td>No part-time option</td>
</tr>
</tbody>
</table>

Above: School of Nursing Hui January 2021
“Only a few Pacific postgraduate students progress through the master-level qualifications through the University of Auckland and I hope to inspire others. This degree gave me more confidence, courage and credibility to serve the community and Pacific people with complex health and social needs.

“Pacific people achieve a much lower level of reasonable disease control compared with other ethnic groups in New Zealand. There is a need to fill the gaps in policy and practice that affect the effectiveness of the services for Pacific people in New Zealand.

“It feels good to lead the way so my children can follow.”

“I am grateful to have the opportunity to study the Master of Nursing here and to have the support of my supervisor Louise Carrucan-Wood and Dr Ema Wolfgramm-Foliaki.”

Foloi Asiata-Faletui

(Villages: Satupaitea, Safotu, and Leusoalii, Samoa) is Advanced Clinical Nurse Specialist at Counties Manukau Health

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Postgraduate qualifications

The PGCert, PGDip and MNurs pathways are approved by the Nursing Council of New Zealand as appropriate educational preparation for advanced nursing practice including Nurse Practitioner. The typical route is to study a PGCert, followed by a PGDip and then, if you’re eligible and wish to, the MNurs.

Postgraduate Certificate in Health Sciences

(PGCertHSc) (60 pts)
The PGCertHSc allows students to start their postgraduate study with us from a wide range of courses found in this book.

Specialisations:
When applying for this programme students should choose between these two specialisations:
- Advanced Nursing
- Mental Health Nursing

Entry requirements:
- RN registration with NCNZ and a current practising certificate.

Structure/Content:
- 120 points from MNurs schedule; if students have completed a PGCert at the University of Auckland within the last five years, they will have the 60 points from it internally credited to the PGDip and will only have to complete a further 60 points.

Progression:
May have qualification awarded. May also apply for a masters programme if they attained a B grade average (grade point 5) or higher across the 120 points.

Postgraduate Diploma in Health Sciences

(PGDipHSc) (120 pts)
The PGDipHSc allows students to start or continue their postgraduate study with us from a wide range of courses found in this book.

Specialisations:
When applying for this programme students should choose between these two specialisations:
- Advanced Nursing
- Mental Health Nursing

Entry requirements:
- RN registration with NCNZ and a current practising certificate.

Structure/Content:
- 60 points from MNurs schedule.

Progression:
May have qualification awarded. May also proceed to a PGDipHSc with credit so long as it is started within five years of completing PGCertHSc.

Master of Nursing (MNurs) (120 pts)
The programme is aimed at registered nurses seeking to advance their knowledge and skills.

Entry requirements:
- Students must have completed the BNurs(Hons) or PGDipHSc specialisation in Advanced Nursing or their equivalent with an average grade of B or higher, and must hold current registration as a nurse in New Zealand.

Specialisations:
Student can decide between the following two specialisations:
- Research 120 points
- Taught 120 points

Structure/Content:
Research 120 points (Study must be continuous²):
- Thesis (120 pts)
OR
- Research portfolio (120 pts)
OR
- Research portfolio (90 pts) plus 30 points from MNurs schedule

² Students completing a research masters must complete an approved research methods course

Taught 120 points:
- Dissertation (80 pts)
- 60 points from MNurs schedule
OR
- NURSING 701 Research Project (30 pts)
- NURSING 785 or NURSING 746 (30 pts)
- 60 points from MNurs schedule

Master of Nursing Practice

(MNursPrac) (180 pts)
This programme is designed for registered nurses who work in clinical practice contexts and wish to develop their practice knowledge and expertise in specific disciplines.

Entry requirements:
- BNurs, or its equivalent, with a Grade Point Average of 5.0 or higher in 120 points above Stage II
OR
- Have completed the requirements for a PGCert and/or PGDip, with a Grade Point Average of 5.0 or higher, but not had the qualification(s) awarded yet, as the points will need to be reassigned to the MNursPrac
AND
- Hold current registration as a nurse in New Zealand.

Structure/Content:
- At least two of the following courses:
  - NURSING 701⁵; NURSING 746; NURSING 785⁶ (60 pts)
- 120 points from the Master of Nursing Schedule

⁵ Enrolling on NURSING 701 requires discussion with the course director of NURSING 701
⁶ Prerequisite: NURSING 742 Biological Science for Practice and NURSING 773 Advanced Assessment and Clinical Reasoning

Please note that this programme is not for students on the Nurse Practitioner pathway. We also advise any student considering applying for this programme to first get in touch with us to make sure it is the correct degree for your pathway, as it is different to the Master of Nursing degree.
Master of Nursing Science

(MNSc) (240 pts)
This full-time two year programme gives graduates with a relevant undergraduate degree the opportunity to complete the requirements to become a registered nurse (RN) in New Zealand.

Entry requirements:
Students must have completed a relevant undergraduate degree (such as health sciences or science with some human science subjects, such as physiology and anatomy) with a GPA of 5.0 or higher in 75 points above Stage II.
Eligible applicants will also be required to attend a selection interview.
English language proficiency and Fitness to Practice requirements also apply.

Structure/Content:
Semester 1
- NURSING 787 (30 pts) and 224 clinical hours
- NURSING 742 (30 pts)
Semester 2
- NURSPRAC 721 (45 pts) and 320 clinical hours
- MAORIHTH 701 (15 pts)
Semester 3
- NURSING 780 (30 pts) and 240 clinical hours
- NURSING 746 (30 pts)
Semester 4
- NURSPRAC 722 (30 pts) and 360 clinical hours
- NURSING 789 (30 points)

Bachelor of Nursing (Honours)

(BNurs(Hons)) (120 pts)
This programme is for high-achieving nursing graduates who wish to enhance their career prospects or pursue nursing research.

Entry requirements:
Students must be a new graduate who have only just completed either:
- NURSING 770 in the Nurse Entry to Practice (NETP) programme
OR
- NURSPRAC 718 and NURSPRAC 719 in the Nurse Entry to Speciality Practice (NESP) programme.
To receive HWNZ funding, DHBs are asking potential students to have achieved an A- or above grade in their NETP paper or at least one NESP paper.
They need to write a short application explaining why they want to join this programme, and they need to have been identified by the DHB as having leadership potential.

Structure/Content:
- NURSING 770 (30 pts)
OR
- NURSPRAC 719 (30 pts) and NURSPRAC 718 (30 pts)
After NURSING 770 or NURSPRAC 718 and 719, the courses must be taken in three consecutive semesters and in the following order:
- NURSING 782 (30 pts)
- NURSING 775 or NURSING 732 (30 pts)
- HLTHSCI 789 (30 pts)

Doctor of Philosophy

A PhD candidate must demonstrate a proven ability to carry out research independently and possess a high level of critical research skill and theoretical understanding. Candidates are required to devote a minimum of three years to their research project. All candidates must submit their thesis within eight years.
Students should normally have a masters degree with a minimum of 2.1 Hons or equivalent. Entry with a BNurs(Hons) with a GPA of 6.5 or higher including a research paper is possible where candidates also demonstrate an ability to pursue doctoral level research.

We offer first rate undergraduate, postgraduate and PhD qualifications and our graduates are highly sought after by employers.

Find out more
fmhs.auckland.ac.nz/son
Educational pathway for RN Designated Prescriber

A RN Designated Prescriber is a Registered Nurse who has been granted prescriptive authority (Medicines Regulation 2016), by the Nursing Council of New Zealand. These nurses are authorised to prescribe treatment for a range of common and long-term conditions (e.g., diabetes, respiratory conditions or cardiovascular health concerns) within a structured multidisciplinary team (MDT), in outpatient or nurse-led clinics.

Postgraduate Diploma in Health Sciences (Advanced Nursing) for RN Designated Prescribing

The PGDipHSc (RN Designated Prescribing) is intended to prepare nurses as Designated Prescribers. This gives experienced nurses the educational support to further develop advanced clinical skills in patient assessment and diagnostic reasoning in relation to the clinical management and prescribing for patients with common acute and long-term conditions. Advanced knowledge in pathophysiology and in pharmacotherapeutics supports the nurses’ clinical decision making skills.

The nurse will need to complete the following four courses to complete the educational requirements for registration with Nursing Council:

- **NURSING 773** Advanced Assessment and Clinical Reasoning, or
- **NURSING 770** Clinical Practice Development, or **NURSPRAC 720** Advanced Mental Health Assessment
- **NURSING 742** Biological Science for Practice
- **NURSING 785** Clinical Reasoning in Pharmacotherapeutics
- **NURSPRAC 717** Practicum for RN Designated Prescribers

Pre-requisite courses for **NURSPRAC 717** are: **NURSING N770/773/ NURSPRAC720, 742 AND 785**.

The final course in the PGDip is **NURSPRAC 717**, the prescribing practicum. The prescribing practicum includes a minimum of 150 hours of mentored clinical practice, under the supervision of a prescribing mentor (senior medical practitioner or Nurse Practitioner). The practicum will include opportunities to consolidate the nurse’s patient consultation and assessment skills, diagnostic reasoning skills, and clinical decision making and treatment planning skills.

Students wishing to undertake **NURSPRAC 717** must approach the School of Nursing prior to enrolment to discuss readiness for the practicum for both the nurse and the employer.

Entry requirements for the prescribing practicum

The registered nurse must:

- Hold a current practising certificate and must have three years’ equivalent full-time practice in the area they intend to prescribe in with at least one year of the total practice in New Zealand
- Have identified and have access to an area of clinical practice in which to develop their prescribing skills and have up to date clinical knowledge relevant to their intended area of prescribing practice
- Have the support of their employer and work with a multidisciplinary team prepared to support the nurse’s development as a RN Designated Prescriber through policy, audit, peer review and accessibility of continuing education
- Have identified an authorised prescribing mentor, (a senior medical practitioner or Nurse Practitioner) who will provide supervision for the duration of the practicum and support the nurses development in clinical practice
- Have completed and successfully passed **NURSING 770/773, NURSING 742 and NURSING 785** with marks that support academic proficiency

**Duration**: Students can complete the Postgraduate Diploma over four years part-time (those students following directly on from completion of a Postgraduate Certificate who have completed **NURSING 770/773** and **NURSPRAC 717** and **NURSING 742** have 2 years part-time to complete PGDip).

**Contact**

RN prescribing pathway advisor
Educational pathway for Nurse Practitioner

Educational preparation

Nurses must be practicing clinically at an advanced level as they complete the NP pathway. It is important to have the support of your employer to develop an NP role as you complete your PG studies.

The full course of study can be completed in three stages and includes a 60 point Postgraduate Certificate, a 60 point Postgraduate Diploma and 120 point taught Master of Nursing (total of 240 points).

Students must successfully complete the Postgraduate Certificate in Health Sciences (Advanced Nursing) and Postgraduate Diploma in Health Sciences (Advanced Nursing) with a cumulative grade of B (GPA 5.0) or higher to proceed to the Master of Nursing (MNurs).

Strong clinical expertise is necessary for NP practice. Nurses must be able to demonstrate advanced health assessment and clinical exam skills with clinical reasoning, knowledge of pathophysiology, and pharmacology knowledge prior to proceeding to the final master’s stage of the pathway.

Prerequisite courses include:
- NURSING 773 Advanced Assessment and Clinical Reasoning (30 pts)
- NURSING 770 Clinical Practice Development
- NURSPRAC 720 Advanced Mental Health Assessment
- NURSING 742 Biological Science for Practice (30 pts)
- 30 points of the postgraduate diploma should be an appropriate clinical specialty course. This is best discussed with the Nurse Practitioner Pathway Advisor

Master of Nursing (MNurs 120 point)

Master of Nursing (MNurs) Courses for Nurse Practitioner pathway can include:
- NURSING 746 Evidence-based Practice and Implementation (30 pts)
- NURSING 701 Clinical Project (30pts) (Must be completed as a requirement of the Taught Masters)
- NURSING 785 Clinical Reasoning in pharmacotherapeutics (if not completed in the PG diploma)

All students are required to contact the NP Pathway Coordinator prior to enrolment into the Master of Nursing for course advice.

Nurse Practitioner practicum year

The final Practicum year is part of the Nurse Practitioner Training programme. This is an application based programme and details are available at: https://nurseworkforce.blogs.auckland.ac.nz/nptp/

Eligibility for the NP practicum year:

Have completed a minimum of three years’ equivalent full-time practice within the last five years, with at least one of the three years in full-time practice (0.8FTE or higher) in New Zealand and in the area of practice that the NP will be employed.

A solid foundation of clinical skills and knowledge to be able to practice at an advanced level.

Have identified a clinical supervisor (NP or senior doctor) who is willing to mentor the attainment of the advanced skills and competencies required for NP practice.

Written agreement from your employer must be provided with the application to confirm a minimum of 500 hours of supernumerary clinical release time, clinical supervisor availability, release to attend University study days.

- NURSING 743 Nurse Practitioner Advanced Practicum (30 pts) (Semester 1)
- NURSING 740 Nurse Practitioner Prescribing practicum (30 pts) (Semester 2)

The NP practicum courses, Nursing 743 and Nursing 740 are designed to refine advanced clinical decision making skills for nurses preparing for advanced practice as a Nurse Practitioner (NP). NPs provide primary and specialty care and need expertise in clinical decision making. Advanced assessment skills along with disease management models and developing evidence-based clinical decision making and treatment prescribing. This course is placed prior to NURSING 740 as the learning progresses over the two courses.

Pre-requisite: Approval of the course Director.

Contact
Nurse Practitioner Pathway Advisor
Nursing course descriptions

NURSING 701 30 pts
Research Project
Semester One, Semester Two
For this course nurses in advanced practice roles complete a project, based on their clinical practice, that aims to improve health outcomes. This course must be undertaken in the Masters component of postgraduate study with approval of the course coordinator at least six weeks prior to course commencement.

NURSING 732 30 pts
Leading and Managing Changes in Health Care
Semester Two, Auckland, Tarankai, Waikato
An empowering course with a focus on leading sustainable change and understanding change platforms in the context of health care organisations. Uses an appreciative inquiry approach, mentorship and project work. Students will feel empowered, more resilient and have a toolkit to support them as they generate change with other health professionals in the health system.

NURSING 735 30 pts
Clinical Education Practicum
Semester Two, Online
The aim of this course is for students to develop a programme for a continuous improvement or education initiative. Students will define a need from multiple perspectives and plan a programme. The skills and knowledge gained from this course will enable students to explore and test opportunities for programmes that will support continued improvement and learning activities in clinical areas.

NURSING 741 30 pts
Education for Clinical Practice
Semester One
This course appeals to those who have an interest or responsibility in how teaching and learning enables the sharing of knowledge. A foundation of education theory and interprofessional learning informs education strategies. By exploring health literacy students can then help to ensure that clients/whānau have greater involvement, protection and choice in key aspects of their health care experience.

NURSING 742 30 pts
Biological Science for Practice
Semester One, Semester Two, Online
Health care practice has become more complex due to changes in population demographics and increases in common disease. Health professionals are increasingly required to practice in ways that identify and support patients at high risk for common diseases. A sound understanding of the pathology underpinning common chronic disease processes and evidence-based interventions is crucial to manage patients effectively. This course explores the associations between risk factors and underlying pathologies of common chronic diseases and commonly used pharmaceutical and lifestyle interventions in managing patients with these diseases.

NURSING 744 30 pts
Specialty Nursing Practicum
Semester One, Semester Two, Waikato
This course gives nurses the opportunity to extend their clinical skill and practice knowledge and to advance their clinical decision making, by utilising a range of guided learning experiences. The focus is on ongoing development of clinical expertise, using a practice development approach emphasising person-centred, evidence-based practice, and critical thinking practice to improve health outcomes.

NURSING 745 30 pts
Principles of Medication Management
Semester One, Semester Two
This course focuses on basic pharmacological concepts and the principles of medication management to improve and extend the knowledge and skills of registered nurses in nursing practice. Content includes composition, actions and interactions of common drugs; the role of medications in the treatment of common illnesses; legal and ethical aspects of medication management; safe and appropriate use of medications. In addition, the course includes interprofessional communication and the essential nature of education and partnering with patients and families to support concordance with a medication regimen.

NURSING 746 30 pts
Evidence-based Practice and Implementation
Semester One, Semester Two
Safe, effective health care involves implementing good quality evidence into clinical practice. Evidence comes in many forms, but what is the best evidence to implement to improve effectiveness and reduce harm? Evidence based practice provides the tools to find and appraise the best quality evidence for implementation into clinical practice. Implementing evidence into practice is a complex process. Implementation science involves analysis of the challenges and enablers, blending research-based evidence with knowledge from clinical experience, patients’ preferences and local data to inform decision-making for safe and effective health care.

NURSING 748 30 pts
Primary Health Care Nursing
Semester Two, Northland
Assists primary healthcare nurses working in diverse settings to put population health principles into practice through primary healthcare. Determinants of health, equity, community empowerment, partnerships and effective ways to care for people with long-term conditions in communities will be explored.
Restriction: NURSING 772, HLTHSCI 702

NURSING 770 30 pts
Clinical Practice Development
Semester One, Semester Two
This course aims for new graduate nurses to expand their knowledge, develop skills and understand relevant concepts within their clinical workplace. This course will enhance client assessment, planning and delivery of client-centred care within a specific health care context.
NURSING 773  
Advanced Assessment and Clinical Reasoning  
Semester One: Adult Nursing Stream Auckland, BOP, Taranaki, Lakes  
Semester Two: Adult Nursing Stream Auckland, Northland, Waikato, Child Health Stream Auckland only  
Nurses make a variety of clinical decisions in their daily practice. Advanced nursing practice requires skilled health examination, consideration of differential diagnoses and evidence-based diagnostic reasoning. This complex cognitive process is developed in relation to skills and knowledge required for sound clinical reasoning.  
Restriction: NURSING 770 within 5 years of completing it.

NURSING 774  
Nursing People in Acute Mental Health Crisis  
Semester Two  
The concept of recovery forms the basis of exploring nursing care of people in states of acute crisis.  
This course focuses on models of acute care, collaborative care, risk assessment, and maintaining a safe, non-coercive environment. Students will be expected to engage in critical reflection and analysis of practice issues and case studies.

NURSING 775  
Leadership and Management for Quality Health care  
Semester One, Auckland, Taranaki, Waikato  
This course will provide health professionals with an opportunity to build their management competence and business acumen in relation to management and leadership, through project-based group learning methodology, within an individual's work environment. The course will develop participants' management and leadership knowledge, as well as support further development of their competencies in the areas of thinking differently, quality service delivery and improvements and maximising organisational performance and change management.

NURSING 782  
Research Methods in Nursing and Health  
Semester One, Semester Two  
The course is designed to guide students towards a working knowledge of assumptions behind various research methodologies, the ‘researchable question’, and the strengths and limitations of different research designs. Students will gain a practical appreciation of research ethics, and skills required in data collection, analysis, and writing up. By the completion of the course, students will have designed a research proposal.

NURSING 784  
Advanced Emergency Nursing Practicum  
Semester Two  
This course is designed to refine emergency nursing skills for nurses working in advanced emergency nursing roles. Specialty emergency nurses provide advanced emergency care and need expertise in assessment, diagnostic processes and therapeutic decision making. Advanced assessment skills along with injury and condition-specific management models will be taught with a focus on clinical decision making for clients in emergency and accident and medical clinic settings.  
Prerequisite: NURSING 773 and approval of the course coordinator.

NURSING 785  
Clinical Reasoning in Pharmacotherapeutics  
Semester One Taught, Semester Two, Blended Delivery  
This course offers students the opportunity to develop their knowledge and skills related to clinical decision making in pharmaco-therapeutic reasoning. Prescribing is a particular thinking process, where the pharmacological management of patients requires critical thinking based on fundamental principles of pharmacology and therapeutics. The main aim of this course is to advance students' understanding of the pharmacological profile of the drug and its pharmaceutical, pharmacodynamics, pharmacokinetic properties and how these guide one's processes of clinical reasoning in prescribing.  
Prerequisite: NURSING 742 and NURSING 773.

NURSING 791 and 791 A&B  
90 pts  
Research Portfolio (part-time)  
The 90 point Research Portfolio consists of several research projects and essays. The content and the coherence of the Research Portfolio are determined in consultation with an academic supervisor.  
Prerequisites: An approved research methods course

NURSING 795 A&B  
60 pts  
Dissertation  
Semester One A or B, Semester Two A or B  
The 60 point dissertation is conducted full-time within a single semester, or part-time over 2 semesters and may take the form of a critical review of literature, the preparation of a proposal for research that may involve a pilot study, analysis of data already collected or some combination of two or more of these elements. It is expected that most dissertations will be between 15,000 to 20,000 words, including tables, figures and references; appendices are additional. Students are expected to attend four study days across the two semesters of their enrolment. These study days are designed to provide students with the guidance and skills to complete the dissertation, in addition to that provided by their supervisor.

NURSPRAC 720  
30 pts  
Advanced Mental Health Assessment  
Semester One  
A clinically based course covering history taking, assessment and case formulation in advanced clinical practice for mental health nurses. There is an emphasis on comprehensive mental health assessment, and negotiation of a client-focused plan of care.

NURSPRAC 726  
30 pts  
Mental Health Nursing Practicum  
Semester One  
Extends mental health nurses’ knowledge and skills in clinical practice, scholarly activity, and leadership to improve health outcomes. Through guided learning experiences and support from clinical and academic mentors, students will achieve a comprehensive understanding of the socio-political and cultural contexts of health and wellbeing.  
Restriction: NURSING 744

Please note: all our courses are run subject to sufficient course enrolments.  
Before booking flights or accommodation please contact the school to ensure the course is still running.
## Specialty courses

The NURSPRAC courses provide an opportunity for students to enhance their knowledge and make an increased contribution to the delivery of healthcare.

The knowledge gained from the NURSPRAC courses supports nurses to practice in advanced ways, working to address equity and improve access to healthcare. A NURSPRAC course may be the first course that student's study or can also follow any other courses. Students are encouraged to select postgraduate NURSPRAC courses in consultation with clinical leaders and academic staff to ensure their programme of study meets their career interest. To be eligible for these NURSPRAC courses, registered nurses are to be working in the specialty practice area. NURSPRAC 705, 712, 710 and 711 may appeal to nurses working in a range of practice areas.

Please email postgradnursing@auckland.ac.nz with brief information about where you work and your career goal, so that entry to a NURSPRAC course can be approved.

### NURSPRAC Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>NURSPRAC 701</td>
<td>Cardiac Specialty Nursing</td>
<td>30 pts</td>
</tr>
<tr>
<td></td>
<td>Semester Two (Next offered 2023)</td>
<td></td>
</tr>
<tr>
<td>NURSPRAC 702A &amp; 702B</td>
<td>Critical Care Specialty Nursing</td>
<td>30 pts</td>
</tr>
<tr>
<td></td>
<td>Semester One A / Semester Two B (Students must enroll in NURSPRAC 702 A&amp;B)</td>
<td></td>
</tr>
<tr>
<td>NURSPRAC 703A &amp; 703B</td>
<td>Paediatric Cardiac Specialty Nursing</td>
<td>30 pts</td>
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<td></td>
<td>Semester One A / Semester Two B (Students must enroll in NURSPRAC 702 A&amp;B)</td>
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<tr>
<td>NURSPRAC 704</td>
<td>Cancer Specialty Nursing</td>
<td>30 pts</td>
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<td>Semester One (Next offered 2023)</td>
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<tr>
<td>NURSPRAC 705</td>
<td>Stroke Specialty Nursing</td>
<td>30 pts</td>
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<td>Semester Two</td>
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<td>NURSPRAC 707</td>
<td>Registered Nurse First Surgical Assist</td>
<td>30 pts</td>
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Multidisciplinary course descriptions

Below are descriptions of our most commonly included Multidisciplinary courses. Nurses should seek the advice of academic nursing staff to ensure their programme meets their academic and practice needs.

**HLTHSCI 700**
30 pts

**Working with People Living with Long-Term Conditions**  
**Semester One, Auckland, Northland, Waikato**  
Long-term conditions present one of the most challenging global epidemics of the 21st century. This course is designed to support the development of a responsive person-centred health care workforce to meet the needs of people living with long-term conditions and to work with them to improve their self-efficacy and health outcomes.

**HLTHSCI 701**
30 pts

**Self-Management for People Living with Long-Term Conditions**  
**Semester Two, Auckland, Waikato**  
Self-management and self-management support are key strategies to maximise quality of life for individuals and their families living with long-term conditions. This course is designed to strengthen assessment of self-management, collaborative person-centred goal setting and planning. Focus is given to developing motivational communication skills and collaborative strengths-based approaches which support efficacy and activation.

**HLTHSCI 703**
30 pts

**Psychological Interventions in Health Care**  
**Semester Two**  
This course aims to increase health professionals’ skills in the use of psychological interventions for acute or long-term mental health or physical health problems. The course explores evidence-based psychological models, such as Cognitive and Behaviour Therapy, Acceptance and Commitment Therapy and Motivational Interviewing. Illness beliefs that impact on the person’s ability to engage effectively with treatment plans and self-management of their health problems will also be critiqued.

**HLTHSCI 705**
30 pts

**Mental Health and Addiction for Health Professionals**  
**Semester One**  
A clinically focused, person-centred course that addresses mental health and addiction in primary care and other health care contexts. The course covers the experience of mental health and addiction problems, collaborative assessment and formulation, clinical intervention and referral. There is an emphasis on working in multidisciplinary teams and working across health and social sectors.

**HLTHSCI 789**
30 pts

**Research Project**  
This is a 30 point research project course offered by the Faculty of Medical and Health Sciences. It is in the schedule for a variety of programmes and can also be used in situations where a student has not completed sufficient research in their previous study to meet the requirements to progress on to a PhD.

**POLPRAC 758**
30 pts

**Biology of Ageing**  
**Semester One, Online**  
The systematic analysis of the physiological changes in ageing, and the relationship of these changes to current beliefs and theories around the ageing process. Current issues around biogerontology are discussed. Online course with no study day attendance requirement.

**POPLPRAC 761**
30 pts

**Mental Health in Old Age**  
**Semester Two**  
This course will explore therapeutic interventions for people presenting to inpatient and community older adult mental health services. There will be a focus on practice in the context of multidisciplinary teams and on collaboration between primary and secondary services. The course content will cover the psychological aspects of ageing, common psychiatric presentations in older people, sleep disturbance, grief and loss, anxiety disorders, drug and alcohol abuse, depression, delirium, dementia, behavioural disorders, psychosis, and medico-legal aspects.

**POPLPRAC 767**
30 pts

**Dementia Care**  
**Semester Two**  
The focus of this course is to prepare practitioners for advanced professional practice in the specialty area of dementia care. The course will provide students with an in-depth, research-based knowledge of dementia, including theory, innovative and best practice to improve quality of life across the trajectory of dementia for patients, their families and carers.
How to apply online

To begin your application, please go to: https://applytostudy.auckland.ac.nz Unless you have login details for the university website already saved to your computer, this screen that will appear:

If you have not studied with us before, click Register for a new account. Once you enter the required information and click on ‘Register’, the system will send you an email which will show as onelogon@auckland.ac.nz Please check your inbox (or junk mail) and validate your email address by selecting the Complete your Registration button.

If you have registered with the University of Auckland before, please use your Student ID or email address and password to log in. If you do not remember your login details please phone 0800 61 62 63 for help to reset it or email onelogon@auckland.ac.nz

Once your registration is complete, please sign in and begin your new application.

If you have any questions or issues when completing the online application please email postgradnursing@auckland.ac.nz

“I wanted to enhance my knowledge and skills in nursing practice. Completing this degree will give me choices and the opportunity to focus on Pacific health.”

“Postgraduate education has fulfilled this gap in my practice. As a nurse educator there is an expectation that I complete a masters degree to ensure that nurses are kept up-to-date with latest evidence based practice.

“I am enjoying research, so completing a PhD one day would be something I would consider, as I would like to be part of a team addressing health disparity amongst the Pacific community.

“Louise Carrucan-Wood was my lecturer on some of my papers and Louise along with Ema Wolframme-Folaki, have agreed to be my supervisors for my dissertation which will focus on Pacific health. The tutors here are approachable, friendly and supportive.”

Fai’ana Moala Tu’ipulotu Armitagee

Fai’ana Moala Tu’ipulotu Armitage (Villages: Nualei, ’Amaile, Houma, Puke, Tongatapu) is a Master of Nursing graduate.
<table>
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