Testing the Colorado Combined Adjuvant Therapy (C-CAT) Protocol: A Survey of Attitudes Towards Participating in a Randomised Controlled Trial

Your rights:

- Your participation in this survey of attitudes is entirely voluntary, and you are free to omit any question you do not feel comfortable answering.
- You have the right to remain anonymous. No IP addresses or other identifying information will be gathered. We promise that you won't be identified.
- You have the right to lodge a complaint to us or to an independent authority. Contact details are provided below.
- You have the right to be informed about the results of the survey. You will be provided with the opportunity to submit your email address, and this will not be linked with your answers on the survey.

Who we are:

Professor Cindy Farquhar is Clinical Director of Gynaecology at Auckland Hospital and a Professor in the Department of Obstetrics and Gynaecology Auckland Medical School. Full contact details for Cindy and her research team are given below.

Are you eligible to participate in the survey?

If you have had at least one round of In-Vitro Fertilisation treatment that did not result in a successful pregnancy, we want you to participate in our survey.

How long will it take?

Approximately 5 minutes of your time.
What is the reason for this survey?

In the Department of Obstetrics and Gynaecology at the University of Auckland, we are always looking for opportunities to improve women’s reproductive health by improving the quality of medicines and procedures offered by health services. We have noticed that a combination of medicines, referred to as the “Colorado Protocol” is being offered in some New Zealand fertility clinics. Professor Cindy Farquhar is planning a clinical research trial to compare these medications with a placebo (identically appearing medication without any of the active ingredients) to see if they really do increase the chances of having a baby from IVF. To do this, we need the help of Fertility Service consumers like you to tell us if taking extra medicines and/or placebos (dummy pills) is acceptable. Your responses to the survey questions will help us shape our research plans. We also acknowledge that answering questions about the outcome of an IVF cycle or embryo transfer may cause feelings of sadness for some participants. If after completing this survey you feel that access to support would be helpful, please contact your GP or your fertility clinic who can arrange assistance from a counsellor. Fertility NZ, a registered charity, also provide information, support, and advocacy to people experiencing fertility issues: www.fertilitynz.org.nz

Will entry into a clinical trial be offered?

Participation in this survey does not constitute an opportunity to participate in a future clinical trial. If a trial is approved in the future, fertility clinic staff will invite eligible patients to participate.

Ethics:

This research project has been approved by the Auckland Health Research Ethics Committee (AHREC) on 23/06/2021 for three years. Approval number AH22123.

Please be aware that data obtained from this survey may be used for journal publications, conference presentations, or other academic publications.

For concerns of an ethical nature, you can contact the Chair of the Auckland Health Research Ethics Committee at ahrec@auckland.ac.nz or at 373 7599 ext 83711, or write to the Chair of the Auckland Health Research Ethics Committee, The University of Auckland, Private Bag 92019, Auckland 1142.
If you require Maori cultural support you may contact the administrator for He Kamaka Waiora (Maori Health Team) on: Phone: 09 486 8324 ext 2324. You may also contact the Auckland and Waitematā District Health Boards Māori Research Committee or Māori Research Advisor by phoning 09 486 8920 ext 3204.

**Contact Details:**

If you have any questions or complaints about the study, please contact us.

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Thank you for your interest! Noho ora mai!