Kia ora!

My name is Julie Spray and I am a researcher. My team and I are doing a study to find out about young people with asthma living in New Zealand. We want to know about how you deal with asthma in your life.

You get to decide if you would like to take part in this study. You can ask me any questions to help you decide. You can change your mind about being in the study at any time.

If you agree to be in this study, there is a special form for you to sign.

### What will happen if I say yes?

If you agree to be in this study, this is what will happen.

Two researchers will make two visits to you and your family in your home. We will visit for about two hours each time.

We will talk to your family about how you all care for asthma. And, we will do activities with you and any other children from your family who want to be in the study.

You will get to choose from different activities we bring, like drawing, show and tell, or making posters. If you are the child with asthma, we will also ask you to fill out some surveys about your asthma.
I will also bring snacks and art supplies that will be yours to keep after the visit.

In between the visits, we will invite you and your family to take photos of your life with asthma. If you do, on the second visit, we will look at your photo diary and you can tell us about your pictures. Your family can choose which photos you show us and decide if we are allowed to publish them in our reports.

We want you to feel happy and comfortable, so you don’t have to do anything you don’t want to do. If you don’t want to answer any question we ask, you can say ‘pass’ or ‘skip’ or just not answer!

**Will you keep what I say private?**

You can choose a secret name that I will use to keep the things you say private.

**What if I change my mind?**

If you decide you don’t want to be in the study anymore, that’s okay! You can tell your parent/guardian or Julie and we will stop the visit.
Assent Form
PART B: For Children under 8

Breathing Together: Children’s involvement in asthma management

National Hauora Coalition
Lead Researcher: Julie Spray
Study Site: Auckland
Contact phone number: 02102752009

If you agree to all these things, please sign below:

I have read this form or someone has read it to me.
A researcher has explained this study to me.
I understand what this study is about.
I have asked all the questions I want.
I am happy to take part in this research study.

Participant Name:

Participant Signature:

Date:

APPROVED BY THE AUCKLAND HEALTH RESEARCH ETHICS COMMITTEE ON 16/11/2021 FOR 3 YEARS, REFERENCE NUMBER AH23301