Course Outline 2018
SOCHLTH 313: MENTAL HEALTH IN SOCIAL PRACTICE (15 POINTS)
Semester 2 (1185)

Course Prescription
An exploration of the dynamics of social practice with service users and their whanau/family with mental health issues. This course includes an examination of mental health policy and broad approaches to care and recovery. An overview knowledge of the major mental health illnesses and associated recovery strategies will be provided. The impact of mental health issues in Maori, Pasifika, people with disabilities, young people and refugee and migrant communities will be examined.

Programme and Course Advice
Pre requisites: None

Goals of the Course
We have constructed this course to be about 'mental health literacy', i.e. to introduce you to broad concepts and perspectives about mental health so that as future practitioners in social work and human services, you can recognise and respond to mental health needs in the community with compassion, understanding and knowledge. We could have a whole degree on the subject, so this is an overview which will hopefully ignite and inspire your interest.

Learning Outcomes
At the completion of the course, it is intended that students will be able to:

1. Describe mental health concepts and policy and broad approaches to care and recovery
2. Articulate knowledgeably the major mental health disorders and associated recovery strategies and,
3. Understand the impact of mental health issues in particular communities

Learning and Teaching
There are 36 hours of teaching as part of this course.

Teaching Staff
Dr. Barbara Staniforth
Ms. Kiri Wilder
Faculty of Education and Social Work
**Learning Resources**
There is no required textbook for this course. A range of articles and course materials will be provided through Talis, the University’s online reading list management system.

**Assessment**

<table>
<thead>
<tr>
<th>Assessment Type</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assignments</td>
<td>50%</td>
</tr>
<tr>
<td>In class reflections</td>
<td>10%</td>
</tr>
<tr>
<td>Exam</td>
<td>40%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100%</td>
</tr>
</tbody>
</table>