Activity Name: “Family Tree”

Objective: For mentors and mentees to share information about their families

Preparation Time: None

Activity Duration: 30-40 minutes for creating and discussing

Required Material:
• Paper
• Coloured pencils/markers/paints

Instructions:
• On a sheet of paper, draw or paint the outline of a tree
• On the tree, write the names of family members and their relation to you
  • You may include grandparents, aunts/uncles/cousins, even pets!
  • Try including little facts about family members, e.g., jobs, hobbies, ages
• When the trees are completed, talk about the trees with your mentee – how similar or different are your families? Are there family members you or your mentee are especially close to? Who do you or your mentee most look like?

Further Notes:
• This is a very simple activity, designed to elicit information from your mentee without asking lots of questions, which may be intimidating early in the relationship