Activity Name: "M&M Game"

Objective: For mentor and mentee to share information about themselves using a bag of M&M’s

Preparation Time: A few minutes to choose questions

Activity Duration: 30 minutes

Required Material:
• Small packet of M&M’s

Instructions:
• Take turns drawing M&M’s out of the packet, and answer a question about yourself depending on the colour.
• Example questions:
  • Yellow: talk about something that makes you happy and why
  • Blue: talk about your favourite holiday – what did you do? Where did you go? Who did you see?
  • Green: talk about your family
  • Brown: talk about an animal that you really like, or an animal that you wish you could own
  • Red: talk about how you met your best friend and why they are your best friend
  • Orange: talk about where you were born and the places you have lived
• Other questions could be:
  • Talk about your most loved possession. What do you love about it?
  • Talk about your biggest strength and your biggest weakness
  • Talk about who you’d like to be, if you could be anyone in the world
  • Talk about the one place you would like to visit most in the world, and why
  • Talk about something you learned today

Further Notes:
• This activity could be done by two or three mentoring pairs together – useful for mentees who are particularly shy and may prefer to be around other mentees than one-on-one