Activity Name: “Pass the Story”

Objective: To practice telling short, impromptu stories in a fun, active way

Preparation Time: None

Activity Duration: 20-40 minutes, depending on the number of players

Required Material: • Ball

Instructions:
• Players all stand in a circle. The first person holds the ball and introduces themselves by saying their name and a word that starts with the first letter of their name (e.g., “my name is Mikayla and the word is moon”).
• The first person then throws the ball to another person in the group. That person then tells a short story about that word. The story can be made up or a true story about themselves, just as long as it lasts about 30 seconds.
• After telling the story, the player says their name and a new word beginning with the first letter of their name and passes the ball to someone else to tell a story about that word.
• Repeat until all players have had a turn.

Further Notes:
• This can also be a useful icebreaker at the start of the year.
• In smaller groups (less than 6 players), you can try going through 2 or 3 times using middle names or surnames.