University of Auckland
Human Participants Ethics Committee
(UAHPEC)

Guiding Principles for Conducting Research with Human Participants

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1. INTRODUCTION

The ‘Guiding Principles for Conducting Research with Human Participants’ (hereafter “Guiding Principles”) provide the means by which the University of Auckland, (hereafter “the University”) meets its obligation to ensure that all research with human participants that is conducted by members of the University conforms to the highest ethical standards. In this way, research participants are treated with respect and dignity and their privacy, safety, health, and personal, social and cultural sensitivities are protected.

The University adopts the PBRF definition of research as an ‘original, independent investigation undertaken to contribute to knowledge and understanding and, in the case of some disciplines, cultural innovation or aesthetic refinement’ (The term ‘independent’ does not exclude collaborative work). UAHPEC also understands it to include supervised student projects.

Research typically involves inquiry of an experimental or critical nature driven by hypotheses or intellectual positions capable of rigorous assessment by experts in a given discipline.

Research includes work of direct relevance to the specific needs of iwi, communities, government, industry and commerce. In some disciplines, research may be embodied in the form of artistic works, performances or designs that lead to new or substantially improved insights.

Research findings must be open to scrutiny or formal evaluation by experts within the field. This may be achieved through various forms of dissemination including, but not limited to, publication, manufacture, construction, public presentation, or provision of confidential reports.

Research with “human participants” is broadly defined. A research participant is a person with whom there is some intervention or interaction that would not be occurring, or would be occurring in some other fashion, but for the research. Research with human participants includes the acquisition and study of data through intervention or interaction with an individual (a participant), or from personal information even if acquired without direct interaction with the individual. It also includes research on human remains, tissues or bodily fluids. For the University, human participant research is understood to include research using anonymous questionnaires, research within teaching sessions and research carried out as part of coursework, conducted within and outside the University.

The Guiding Principles set out the key ethical considerations to guide researchers when designing and conducting their research projects. For more information about how to put the principles contained in this document into practice, researchers should refer to the UAHPEC Applicants’ Reference Manual. The Manual gives detailed guidance on the mandatory items that must be included in the ethics application and includes other information essential for making ethics applications. The manual can be found at:

https://www.auckland.ac.nz/en/about/research/re-ethics/re-uahpec.html
2. SCOPE OF THIS DOCUMENT

This document has been developed for members of the University involving human participants in their research. In particular, the document is intended to provide guidance to researchers conducting research with human participants, ethics advisors and members of the University of Auckland Human Participants Ethics Committee (hereafter “UAHPEC”). Researchers should refer to both the Guiding Principles and the Applicants’ Reference Manual when designing research projects and when applying to UAHPEC for ethics approval.

The Guiding Principles requires review and approval by the University Council every three years.

3. ROLE, FUNCTION AND MEMBERSHIP OF THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE

3.1 Overview

The University recognises the need for research studies in which people serve as research participants. At the same time, the University is aware of its responsibility to ensure that the welfare, privacy, safety, health, and personal, social, and cultural sensitivities of participants are adequately protected. Thus, the University has established a committee – the University of Auckland Human Participants Ethics Committee (UAHPEC) - to review and approve the adequacy of protection for human participants.

It is the policy of the University that, prior to commencement of research that involves human participants, all staff or student research projects, as well as research within teaching sessions, must receive approval from UAHPEC.

UAHPEC does not grant retrospective approval.

No research project involving human participants can be carried out by members of the University without the approval of UAHPEC, unless an exemption applies. This is subject to the proviso that health and disability research that falls within the scope of the Ministry of Health’s Health and Disability Ethics Committees (HDECs) review must be approved by an HDEC, and if not within the scope of HDEC review but within the scope of the Auckland Health Research Ethics Committee (AHREC), approved by the AHREC.

The requirement for all staff and student research projects that involve human participants to obtain approval is set out in the University of Auckland Human Participants Ethics Committee Policy at:

3.1.1 Exemptions

No ethics approval is needed from UAHPEC for the following proposals:

- Teaching and course evaluations within the University, including all Education Committee-approved surveys listed in the Student Survey Plan that are not for the purpose of research
- Departmental reviews and similar evaluations
- Surveys, questionnaires or interviews by University members undertaken not for the purposes of research but only for improving the teaching and administrative activities of the University
- A solitary interview with an individual public figure about public matters, or an interview with a single participant who is asked to discuss his or her area of expertise and who can reasonably be regarded as having sufficient seniority and experience to be aware of, and protect, his or her own interests with regard to the research and its publication. However, a series of interviews with a single person or a number of persons on the same topic does require approval
- Observational studies in public where participants are not identifiable
- Discussions of a preliminary nature that will assist in the development of a research protocol or instrument, but will not provide data to be incorporated into the research dataset
- Research using only published or publicly available data
- Research that is undertaken independently of the University (for example, in private consultancy), so long as the participants are told at the outset that the research is not connected with the University. Under no circumstances should the name of the University, the researcher’s University title or the University logo be used. In these circumstances researchers are advised to check for any independent institutional ethical review requirements
- Research that falls in the scope for review by an HDEC or by AHREC
- Research approved by the Ethics Committee on Assisted Reproductive Technology (ECART) (http://www.ecart.health.govt.nz/).

Research that has been approved by another HRC-approved ethics committee or a comparable institutional ethics committee may not require additional approval by UAHPEC. The ethics application and approval documents must be provided to the UAHPEC Chair for ratification.

3.2 Terms of reference

UAHPEC’s Terms of Reference are as follows:

- To ensure that research involving human participants conducted by members of the University community complies with the highest ethical standards
- To protect the interests of participants, the researcher and the University of Auckland
- To promote awareness within the University community of ethical issues relating to research with human participants
- To provide an avenue for handling complaints or queries made by any interested person.
3.3 Function of UAHPEC

The function of UAHPEC is to review proposed research involving human participants conducted by members of the University.

The UAHPEC will:

- review and where satisfied that it is appropriate, approve submitted research for compliance with ethical principles
- review and where satisfied that it is appropriate, approve submitted amendments to an approved study
- provide advice and assistance to anyone undertaking such research
- receive, record and respond to information concerning adverse events, queries and complaints about UAHPEC approved research, and research carried out by University staff or students without ethics approval.

UAHPEC will respond to requests for advice on ethical matters concerning research prior to application for ethical review and / or in relation to research that is ongoing and has been approved by the committee.

In assessing applications, UAHPEC reserves the right to seek expert opinion, including from relevant committees such as the Health Research Council Ethics Committee (HRC EC), Standing Committee on Therapeutic Trials (SCOTT), Gene Technology Advisory Committee (GTAC), Ethics Committee on Assisted Reproductive Technology (ECART), the National Ethics Advisory Committee (NEAC) and the Health and Disability Ethics Committees (HDECs).

The attention of researchers applying for ethical approval is drawn to Section VI of the University of Auckland Charter 2003 acknowledging the Treaty of Waitangi available from:


3.4 Membership and responsibilities of UAHPEC

The Committee membership profile reflects the requirements of the University and of the Health Research Council Ethics Committee (HRC EC) approval requirements. As far as is possible, the Committee should include the representatives specified below. Overall, the Committee will have a balance of institutional and lay members, at least two Māori members, representation of the community-at-large, appropriate ethnic and gender balance, and a balance of disciplines and expertise.

UAHPEC operates with a two-tier structure, comprising an over-arching committee (UAHPEC) and two sub-committees (HPEC-A and HPEC-B), each serving a similar function and having the same roles and responsibilities as well meeting the membership composition required by the University and the HRC EC.
3.4.1 Membership profile

As a minimum, each of the sub-committees will include:

- One member nominated by the Dean of the Faculty of Arts (Institutional)
- One member nominated by the Dean of the Business School (Institutional)
- Two members nominated by the Dean of the Faculty of Medicine and Health Sciences (Institutional)
- Two members nominated by the Dean of the Faculty of Science (Institutional)
- Two members nominated by the Dean of the Faculty of Education and Social Work (Institutional)
- One member nominated by the Dean of the Faculty of Engineering (institutional)
- One member with legal expertise nominated by the Dean of Law (Institutional/Lay)
- One member nominated by the Dean of the Faculty of Creative Arts and Industries (institutional)
- Deputy Vice-Chancellor (Research) or nominee (Institutional)
- One member who has expertise in the area of moral philosophy appointed by Council on the advice of the the Convenor of Programme in Philosophy (Institutional/Lay)
- Pro Vice-Chancellor (Māori) or nominee (Institutional/Lay)
- One Student Representative nominated by Auckland University Students’ Association (AUSA) Executive Committee (Lay) and/or Postgraduate Students’ Association (PGSA) (Lay)
- Two lay members approved by Council (Lay)

Additional co-opted members as required to ensure the appropriate breadth of expertise.

3.4.2 Term of membership

The term of membership is two years with the exception of student representatives for whom the membership term is one year. Appointments may be renewed, but no member shall serve more than four consecutive terms.

3.4.3 Chair

The Chair is appointed by Council, in consultation with the Committee if necessary. Either the Chair or Deputy Chair must be a lay person. The term of the Chair is two years. Appointments may be renewed, but no Chair shall serve more than four consecutive terms.

3.4.4 Reporting to Council

UAHPEC reports to Council annually, and at other times as requested by Council.
3.4.5 Quorum

A quorum consists of not less than eight members of the sub-committee membership (i.e., in either HPEC-A or HPEC-B).

3.4.6 Declaration of Conflicts of Interest

Members must declare any conflict of interest when reviewing applications and at Committee meetings when applications are to be discussed for which they are the named PI or a member of the research team.

3.4.7 Confidentiality

Committee members have a responsibility to respect confidentiality of information with which the Committee deals. This includes matters tabled or discussed at Committee meetings, as well as any additional issues raised outside meetings.
4. ETHICS FRAMEWORK FOR RESEARCH WITH HUMAN PARTICIPANTS

4.1 Introduction

The University requires research with human participants to be designed and carried out to the highest ethical standards. The four key principles of ethical research which UAHPEC requires to be applied to the design, conduct and ethics review of research are autonomy, beneficence, non-maleficence and justice. The value underlying these principles is respect for people.

4.2 Key principles

(i) Autonomy

The principle of autonomy requires that research participants’ capacity for self-determination is treated with respect. Participants should freely consent to their participation in the research study and their consent should be informed by relevant information provided by the researchers. Autonomy may also refer to the autonomy of groups in society.

(ii) Beneficence

The principle of beneficence is about acting in the public good; it includes all actions that are intended to promote the good of other people. Researchers should consider how their research study might be of benefit to participants, groups and/or wider society. There may be direct benefits to the participant, for example through the intervention they receive, or to wider society through the results of the research.

(iii) Non-maleficence

Researchers have a duty to consider the harm that their research project might cause, and must minimise and manage risks of harm, such as the risk of physical or psychological harm to research participants or researchers. The greater the risk of harm that might result from the research study, the greater the care that should be taken when addressing the ethical issues raised.

(iv) Justice

Justice is about treating others equitably and distributing burdens and benefits fairly. Researchers have a duty to ensure that the benefits of their research are achieved through just means; that the benefits and burdens of research are fairly distributed; and that there is fair treatment in the recruitment of participants.

4.3 Congruence with HRC ethics framework

These four principles are widely accepted as key principles that guide research ethics communities. They are complementary and interdependent and how they apply, and the weight accorded to each, will depend on the nature and context of the research being undertaken.
UAHPEC is an HRC EC-approved ethics committee, and continuing approval is dependent upon the HRC EC being satisfied that UAHPEC “is able to offer sufficient protection to the research participants and can maintain the reputation of ethical review in general.” (Health Research Council, 2012, p. 4). These Guiding Principles reflect HRC EC and National Ethics Advisory Committee (NEAC) guidelines, and extend to areas not normally covered or considered by the HRC, for example, social science research and artistic performance. UAHPEC expects that researchers will at all times respect and provide protection for their human participants. It also expects that the research will be conducted in a manner that conforms with the highest ethical standards and in accordance with the ethical guidelines of the researchers’ respective professional or disciplinary societies.
5. APPLYING THE CORE PRINCIPLES TO THE DESIGN, CONDUCT AND ETHICS REVIEW OF RESEARCH

5.1 Research aims and design

To justify the involvement of human participants, studies must be well-designed. In requesting the time and input of participants, the researcher has an obligation to ensure that the research methods used are adequate to answer the research questions or to realise the research aims and objectives.

The researcher should also show consideration for the guiding principle of beneficence to ensure that research involving human participants has real or potential value or benefit to participants or the community that justifies participants’ time and input.

5.2 Recruitment of research participants

The researcher should choose a method or methods of approaching potential research participants that respects autonomy and takes account of potential imbalances of power between researchers and participants.

5.3 Koha, gifts, compensation and reimbursement of expenses

Where research participants incur costs, the Committee considers it appropriate to provide commensurate compensation. Researchers must ensure they are conforming with University policy in this area. The Committee also considers recompense for participation to be ethically acceptable. However, koha, gifts, payment or other forms of compensation should not be so large as to unduly induce individuals to consent to participate in the research. In no case does compensation for research participation constitute an employment relationship with the University.

5.4 Free and informed consent

Respect for autonomy requires that competent individuals should participate in research only if they have given their free and informed consent. Therefore, the researcher must provide participants with adequate information about the purpose of the research, methods of participant involvement, and intended use of the results. This information must be provided in a manner that most easily and effectively permits the potential participant to understand and voluntarily commit to participation in the project. Clear and comprehensible information that is appropriate to the particular context needs to be provided in the Participant Information Sheet (PIS) and Consent Form (CF).

Consent of a parent/guardian is normally required for research participation of children under the age of 16, as well as the assent of the child. If a person is not capable of giving informed consent for themselves, then their participation will usually require the consent of a legal guardian, someone holding an enduring power of attorney for health and welfare, or someone with an equally valid legal authority to act on behalf of the potential participant. The ability to give consent may not be an all or nothing situation, and some people with diminished capacity may be able to give consent to some kinds of research participation, perhaps with assistance from an appropriate support person to understand what is involved.
Researchers should consider how participants who are under the age of 16 when they give assent to the use of their data may be able to give consent when they reach the age of 16 to any continued storage or further use of their data.

5.5 Limitation of deception

Research that involves deception contravenes the principle of autonomy, and the use of deception in research must therefore be well justified in the application to the Committee. Justification must include reference to the significance of the potential knowledge to be gained, and demonstrate that there is no less deceptive means reasonably available. Participants must be offered a de-briefing session after the data-gathering in which the deception is explained. This debriefing must occur as soon as possible after data acquisition. UAHPEC will very carefully review any study which proposes the use of deception and will require a clear justification from the applicant as to why the deception is considered necessary for the study and how participants will be safeguarded.

5.6 Minimising harm

Many research studies carry some risk of harm, and the principle of non-maleficence requires that researchers minimise any risk of harm. Researchers have a responsibility to assess their research and to discuss any potential for harm to individuals or communities in their application for ethics approval. Whenever there is risk of harm, they should give careful consideration to possible alternative procedures. Researchers must be mindful of their own safety and well-being as well as that of participants and communities.

Researchers should consider both the seriousness of the harm and the likelihood of the harm occurring, and take account of the balance between these factors.

Potential participants must be made aware of potential risks and mitigations, and acknowledge these in consenting to participate in the research, usually by means of providing a Participant Information Sheet (PIS) and a consent form (CF). Appropriate monitoring and support procedures should be put in place during and after research activities.

In their ethics application, researchers must stipulate what resources will be available, and what procedure will be followed, should participants experience harm or distress as a result of participating in their research study. If appropriate, the researcher should describe to UAHPEC the experience available in the research team to deal with such potential harm.

Information on risk management and liability insurance is available from the University’s Performance and Risk Office (ext. 87834).

5.7 Protecting participants’ privacy and confidentiality

All research conducted by members of the University must comply with the University’s Privacy framework. The researcher has a duty to safeguard participants’ privacy and confidentiality. This duty extends to any use of third parties to provide or process information about potential participants.
5.7.1 Respecting participants’ confidentiality

Respecting participants’ autonomy and protecting them from harm require protection of confidentiality with respect to their participation in a research project and any personal information which may be provided.

The researcher must make clear to participants the extent to which their participation in the research will be known to others. If participants’ identities cannot be kept confidential, as may be the case in focus groups or in performances linked to creative practice research, participants should be informed explicitly that confidentiality with respect to participation or information provided cannot be guaranteed. In some kinds of research (for example, where participants are providing expert assistance) it may be appropriate that participants are identified in reporting the research. This should only be done with the knowledge and explicit consent of the participant.

Researchers should ensure that any third parties used to collect, provide or process information about potential participants also respect confidentiality of the research participants.

Researchers working with or holding de-identified data should be mindful of any possibility of re-identification of data donors through mixing of data sets and be aware that such re-identification could breach assurances of confidentiality which may have been given to participants.

The researcher must share results only in a manner consistent with the confidentiality assurances provided to the participants, and with the University’s Privacy Framework. The University of Auckland Privacy statement is available from:


5.7.2 Protection of research participants’ privacy

Research with human participants involves the collection, use, disclosure and storage of personal information about research participants. At times, this information may be sensitive, particularly where research relates to health.

Privacy is different from confidentiality. It describes the way researchers must manage personal information throughout the information life cycle, whether or not they have made promises that the information will not be disclosed.

Researchers must meet relevant legal privacy requirements and, as members of the University, comply with the University’s Privacy Framework. This Framework requires the University to ensure:

- **Data minimisation** – limiting the amount of personal information the University collects and retains. Researchers should request from participants only that information which is necessary to their project and not retain information unnecessarily.
- **Transparency** – being open and honest about what information the University collects and how it will be used. As part of securing informed consent to participation, researchers should explain clearly in participant information what information they are seeking, for what purpose, and how they propose to use or disclose this information.
Researchers can also provide research participants with a copy of the University’s Privacy Statement, which includes general information on data security and rights to access or correct personal information.

- **Security** – *protecting the personal information the University holds from harm.* Researchers must ensure that research data is stored securely and not accessed by, or shared with, unauthorised persons. See below at 5.15 for more information.

- **Use limitation** – *making sure the University uses and discloses personal information only when necessary and with a lawful basis.* Researchers must ensure that they use personal information only in the ways they have notified to the research participants, and the participants have consented to. Any secondary uses of data must be managed in accordance with section 6.4 below.

- **Privacy rights** – *helping the University’s data subjects to exercise their privacy rights and maintain some control over their information.* Requests for access to, or correction of, personal information by research participants should be managed in accordance with the University’s Personal Information Request Procedure.

- For more information about privacy, the University’s Privacy Framework, and international privacy laws that may affect us (such as the EU General Data Protection Regulation), check the Privacy FAQs or ask the Privacy Officer.

- The University of Auckland Privacy statement is available from: [https://www.auckland.ac.nz/en/privacy.html](https://www.auckland.ac.nz/en/privacy.html)


### 5.8 Conflict of interest

It is the duty of the researcher to avoid conflicts of interest arising from the project and to declare in the ethics application form and PIS anything that could be perceived as a conflict of interest. The purpose, nature and funding of the research should be clearly stated. If the research is funded, the support and its source must be identified in the PIS and research reports. In addition, the researcher must be sensitive to possible conflicts of interest between the participants, such as those that might arise between parents/legal guardian and their children, principals or CEOs and their staff, clinicians and their patients, or teachers and their students.

### 5.9 Social and cultural sensitivity

The researcher has a duty to treat all participants with dignity and respect. Researchers must ensure that their actions and intentions are appropriately sensitive to participants’ cultural and social practices and expectations. Where appropriate, the researcher will provide information in the first language of the participants. When research involves particular cultural or social groups, the researcher has a duty to find and use appropriate channels to seek permission to work with such groups and, where appropriate, consult with them about the appropriate conduct of research.
5.10 Vulnerable participants and communities

Vulnerable individuals and communities are able to be included in research projects where appropriate, but special care needs to be taken when research involves vulnerable participants. The researcher should take special care to ensure that the interests of vulnerable participants and communities, whether participating in the research or affected by it, are protected. Furthermore, researchers should inform the Committee as to how they will protect the interests of vulnerable participants and communities.

5.11 Te Tiriti o Waitangi

The Education Act 1989 specifically enjoins the University to give regard to Māori. The University recognises that all members of its community are encompassed by Te Tiriti o Waitangi with mutual rights and obligations. This means that all parties involved in the research project must respect the principles of relationship and sharing implicit in Te Tiriti. Research proposals must therefore incorporate, where appropriate, the spirit of Te Tiriti o Waitangi.

The principles of partnership, participation and protection underpin the relationship between the University and Māori under Te Tiriti o Waitangi. When research focuses on Māori, or if there are areas of interest and potential implications for Māori, the researcher is required to show that these have been considered and consultation has taken place where appropriate, such as discussing any issues relating to Māori cultural and ethical values with the whānau, hapū or iwi concerned. The Pro Vice-Chancellor (Māori) has a nominee (Māori ethics advisor) in each faculty nominated by the Dean with an identified alternative.

5.12 Human remains, tissue and bodily fluids

All human remains, tissue and bodily fluids, must be treated with respect and, in general terms, tissue samples collected for one purpose must not be used for another without the consent of the donor.

The Human Tissue Act 2008 regulates the collection, storage, and use of human tissue in research. "Human tissue" is defined in section 7 of the Act. Examples of human tissue listed in section 7 are blood, bone marrow, nails, hair, mucus and urine samples. Human tissue is also defined in the Ministry of Health "Guidelines for the Use of Human Tissue for Future Unspecified Research Purposes" as "any material collected from a living or deceased person that is or includes human cells".

Researchers working with human tissue need to demonstrate to UAHPEC that they have understood and taken account of the Human Tissue Act 2008. In particular, the HDEC Standard Operating Procedures (section 29.2) provide guidance about the ethics review of projects where human tissue samples are collected.

UAHPEC only reviews applications for collection of tissue samples where full consent has been obtained from the donors and their samples are provided to the researchers in an anonymised manner. Researchers should consider Auckland Regional Tissue Bank’s availability to assist and help in the collection of samples in an anonymised manner.
When tissue samples will be retained for future unspecified research, specific consent must be obtained from participants for storing and using their sample(s) for future unspecified research, and additionally, HDEC approval must be obtained for creating a tissue bank. A tissue bank is defined in the HDEC SOPs as “a collection of human tissue samples stored for potential use in research beyond the life of a specific research project”.

For further information see:


### 5.13 Incidental findings and discovering illegal activity

Research occasionally gives rise to findings that are unexpected and unrelated to the original purpose of the research, but which may have implications for the wellbeing and interests of participants. Examples of incidental findings are when a study discovers a medical condition in a participant, or when a participant reveals in the course of the study that they are party to illegal activity.

UAHPEC considers that if a contingency is more likely to arise due to participation in the study than it would in everyday life outside of the study, then it should be identified and considered as a possible incidental finding.

The University expects researchers to have clear procedures in place before the start of a research project to enable them to deal with incidental findings. The researcher must indicate how likely an incidental finding may be, and how large the impact of the finding may be to the participant. If researchers believe there is a reasonable probability of incidental findings, they have a responsibility to inform the participant of this in advance. If participants do not want to be informed of such a finding, they should be excluded from the research.

In the case of discovering illegal activities, what should happen will depend on the specific circumstances of the study. UAHPEC requires the researchers to give consideration to this issue for research where this may be a concern. The researcher/s must explain to UAHPEC (and participants where necessary) how they intend to manage such discoveries.

When there are incidental findings, researchers are expected to advise participants within the limits of their expertise and put participants in contact with appropriate assistance. Nothing in regard to incidental findings should normally compromise participant confidentiality or privacy. However, researchers may have an obligation to breach confidentiality where they consider that appropriate disclosure is necessary to prevent or
lessen a serious threat to life or health of an individual (participant or non-participant). There may be legal requirements to report certain kinds of discoveries, and it is the researchers’ responsibility to be aware of these.

5.14 Unexpected harm

An important part of UAHPEC’s responsibilities is the evaluation of events in which research participants have been unexpectedly harmed.

In order to fulfill its responsibility to protect all research participants, to the extent that it is possible to do so, UAHPEC requires written reports to be submitted to the Committee in all cases of unexpected harm. It is the responsibility of researchers (in the case of students, through their primary supervisor) to report these unexpected events using a form for reporting adverse events or unanticipated problems involving participants (available from the UAHPEC Ethics Administrators).

Adverse events or other unexpected problems can arise in both biomedical, social and behavioural research. Serious adverse events are those that result in death, are life threatening, require hospitalisation, cause persistent or significant disability/incapacity, or other conditions which, based upon appropriate medical judgement, represent significant hazards to the participants. Also included is psychological or emotional disturbance, or infringements of privacy or other rights (for example, from unauthorised access to identifiable personal information or disclosure of confidential information).

Where there is an adverse or serious unexpected event, the first priority is that the researcher ensures that the affected participant(s) immediately receives care and assistance appropriate to the event or outcome.

If an adverse event affects researchers, then the University Health and Safety reporting procedures should be followed.

5.15 Storage, security, destruction and retention of data

All data collected by research participants, including personal information, must be stored or disposed of securely in accordance with the University’s policies, including the Privacy Framework and the Research Code of Conduct Policy.

- The Code of Conduct for Research can be found at: https://cdn.auckland.ac.nz/assets/central/about/the-university/how-the-university-works/policy-and-administration/code-of-conduct-research.pdf

- The University of Auckland Privacy statement is available from: https://www.auckland.ac.nz/en/privacy.html

Where research involves the use of audio, video or electronic recording, special attention is required to protect confidentiality and security of data.

Clear indication should be given to UAHPEC and to participants regarding the storage and retention of data. Data stored for the purpose of the original research should be accessible only by the researcher (and supervisor in the case of students). Identifiable personal information about research participants should be retained for no longer than the...
researcher, or the University, has a lawful purpose to use it. Data may be retained for longer periods where it has been meaningfully de-identified.

Storage of data for posterity and future research that involves transfer to a public repository may require a suitable release form negotiated with the participant that clarifies conditions of future access. Researchers are expected to advise the UAHPEC in their application of their intention to use such storage and the place and kind of access involved, and to include this in the PIS and CF for participants.

If data are to be disposed of or destroyed, this must be done securely. Clear indication should be given to UAHPEC and to participants regarding the timing and manner of data destruction. If data are not to be destroyed, this must be indicated to participants along with the purpose for retaining them.

In considering storage or disclosure of data, researchers should consider whether material is subject to copyright provisions and ensure compliance with the University’s Copyright Materials Policy. Participants should be informed in the PIS of any copyright conditions that may affect their contribution to the research.

The University requires Consent Forms to be retained in secure storage by the researcher (in the case of student research, through the primary supervisor) for a period of six years, or as long as identifiable or re-identifiable data is stored, separately from the project data. Information relating to the timeframe for storage must be shown at the top of the Consent Form.

The University of Auckland Copyright Materials Policy is available from:


### 5.16 Dissemination of results

The researcher must give due consideration to the guiding principle of beneficence and make availability of research results as one of the public benefits of research studies. Whenever possible, the findings should be conveyed in a comprehensible form to those who participated in the research. The researcher is obliged to do this if they have given the participant the opportunity to receive results and the participant has requested them. Both the process by which results are to be disseminated and the timeframe within which this process will occur must be communicated to prospective participants.

### 5.17 Complaints procedure

A person wishing to raise an unexpected event, a matter of concern or a complaint about research approved by UAHPEC and relating to the ethical standards of research on human participants conducted by members of the University, may do so in writing to the Ethics and Integrity Manager. The complaints procedure will encompass an investigation of the unexpected event or complaint by the Ethics and Integrity Manager and the UAHPEC Chair, taking into account written statements from both the complainant and the researcher of the study. The complaint procedure is set out in full in Appendix 1.
6. APPLYING FOR ETHICS APPROVAL

6.1 Overview

Any member of the University who conducts research of any nature with human participants must apply for ethics approval unless an exemption applies. Exemptions from obtaining UAHPEC approval are listed in 3.1.1 above and also in the Applicants’ Reference Manual.

The ethics approval process requires disclosure of all relevant information about the proposed research proposal to UAHPEC. The principal investigator needs to consider whether a particular piece of information is relevant to the ethics approval process even if the Guiding Principles do not specifically ask for that particular piece of information to be provided.

Failure to obtain ethics approval when it is required, failure to adhere to an approved research protocol, and failure to comply with the policies established by UAHPEC, may constitute research misconduct and may occasion disciplinary action following standard University procedures. See Section 6.8 for further guidance.

Researchers should also note that many outlets for the dissemination of research results, such as academic journals, will not accept research results for publication if ethics approval has not been obtained for research involving human participants.

6.2 Research with ethics approval from other ethics committees

a. Where research is to be conducted in collaboration with a researcher from another institution and an ethics committee other than an HDEC or AHREC has approved the research, the researcher must submit the ethics application and evidence of ethics approval to UAHPEC and the Committee may either ratify the approval or require a full ethics application. Ratification is delegated to the Chair who may refer the decision to a UAHPEC sub-committee meeting.

b. Where research is to be conducted in collaboration with a researcher from an institution where ethics approval was not required or obtained, a full application for ethics approval must be made to UAHPEC, AHREC or one of the HDECs as appropriate.

c. When a new staff member brings a research project to the University from another institution, unless the project has been approved by one of the HDECs or AHREC, the original ethics application and approval should be submitted to the Chair of UAHPEC. After considering evidence of how closely the approval process matches that of UAHPEC and whether the approval covered research proposed to be conducted at the University of Auckland, the Chair will decide whether it should be submitted to UAHPEC for ratification or not.

Ratification is delegated to the Chair who may refer the decision to a UAHPEC sub-committee meeting. The researcher must obtain written approval from the UAHPEC Chair prior to engaging in the research activities.
6.3 Overseas research

Where research is conducted involving participants in overseas localities, the principal investigator must demonstrate that they have considered the safety of the participants and researchers and taken into account ethical conditions appropriate to the area in which the research will take place. They must pay attention to contextual issues and show how they have addressed these.

UAHPEC also requires that local ethics approval is obtained if required or appropriate, and that local laws are complied with. A researcher is obliged to be familiar with local law, including in relation to the protection of privacy and data, and must assure UAHPEC in their ethics application that they will abide by any local laws relating to research privacy and data collection.

6.4 Secondary data analysis.

Some research studies use secondary data from human participants, that is, data that was originally collected for a purpose other than the current research purpose. Secondary datasets include censuses and clinical records. The same dataset can be a primary dataset to one researcher and a secondary dataset to a different researcher.

Ethics approval will sometimes be required for the use of secondary data. If the data is identifiable or re-identifiable, or if the data was acquired with participant consent which did not include use for the purpose of the proposed secondary analysis, then UAHPEC approval must be sought.

Ethics approval may also be required by custodians of data prior to providing access to the data.

Permission of the custodian of the data is required for access to secondary data which is not publicly available. Researchers must ensure that the agency that is hosting the research or allowing access to data it has collected has a lawful basis to share that information and has ensured the participants are aware of the ways in which they might use or share the data. Researchers considering giving access to data sets should be aware of the requirements of the University’s Privacy Framework.

The University of Auckland Privacy statement is available from:


6.5 Student research

Research activities involving human participants that are to be undertaken by University students as researchers require UAHPEC approval.

Ethics application for student projects for theses or dissertations for credit of 90 points or more must be submitted as individual research applications by the supervisor, who is the Principal Investigator. UAHPEC may consider approval of smaller student projects (less than 90 points credit) in an enrolment-based group, as a coursework application, as indicated below.

UAHPEC recognizes that as well as independent research projects for a thesis or
dissertation, research and research training activities may be undertaken by students as part of coursework. Student research as part of coursework, and research activities undertaken in class time with students acting as participants or researchers also require UAHPEC approval, using a ‘Coursework Application’.

6.5.1 Types of coursework requiring UAHPEC approval

(i) Laboratory-based coursework

Laboratory participation is a formal requirement of the course and is stated to be a requirement for the course in the University calendar, Department handbooks and other course descriptions. Students may be involved as research participants and/or researchers. The research activities are explicitly pedagogical, contributing directly to the course content and objectives, and the information collected is not for dissemination beyond the course. Acquiring research skills may be one objective of laboratory or course-based research. Individual students are not required to give written consent for their participation, as their enrolment in these courses is taken as consent.

(ii) Students as participants

Some courses include a research or research training activity that takes place in class time, with students from the course acting as participants. UAHPEC requires that participation in these types of research exercises remains voluntary and that alternative activities are provided for students who choose not to participate. Consent to participate should be obtained from each student participant.

(iii) Some courses include student research projects that either have a common set of research questions and procedures that do not vary from student to student, or students choose their own research questions and procedures as long as these do not vary significantly from those of other students in the course. It is the responsibility of course coordinators to ensure that students understand and observe the ethical principles and requirements applicable to such projects and for ensuring compliance with UAHPEC requirements.

(iv) Some student research projects and dissertations, as part of courses or a research component for less than 90 points credits, may be treated as coursework for the purposes of UAHPEC ethics approval, provided that these have a common set of research questions and procedures, or a specified range of research questions and procedures within which students may choose their project. Student projects outside the specified choices, or which raise substantive ethical concerns (such as using child or vulnerable participants, presenting a risk of more than minimal harm to participants), must be submitted for UAHPEC approval as an individual research application. The Course coordinator or designated responsible academic is responsible for ensuring that students understand and observe ethical principles and work within the constraints and requirements of the UAHPEC approval.

6.5.2 Staff research in class time

This is research undertaken during class time for research purposes of a staff member or student who may or may not be a member of the teaching staff of that course.

It is University policy that research in class time is only permissible under the following
three conditions:

- the research is directly related to course content, and
- the express written consent of the course coordinator is given to conduct the research in class time, and
- the course coordinator is satisfied that the students will be debriefed as to the aims, hypotheses and, where possible, results of the research. Such assurances should be included in the application to UAHPEC.

If a research project meets these criteria, the ethics application must be completed as a research application and not a coursework application.

### 6.6 Funded research

Funded research projects, including those funded by external funding sources and commercial contracts via UniServices, are subject to the same ethical review as all other research projects.

Research involving human participants conducted at the University that is supported by US Federal funding, or where University researchers are part of a multi-centre study with NIH funding, is subject to special requirements. In order to fulfill the terms of the Federal-wide Assurance that the University holds with the US Office of Human Research Protections, researchers should contact the Ethics Administrators, ext. 83711, for advice prior to taking up the research grant.

### 6.7 Liability and indemnity insurance

The University maintains a liability insurance programme that extends to the performance of clinical trials. The policy conditions include the requirement to obtain ethics approval when applicable and to adhere strictly to the approved protocol.

In the event of a complaint or legal suit, researchers that did not obtain ethics approval for their research involving human participants when required will not be covered by the University’s indemnity insurance. Not obtaining the required ethics approval could also put researchers at risk of not being able to publish their research in reputable journals and other possible consequences.

For more information about insurance cover for research involving human participants, please contact the University’s Performance and Risk Office (ext. 87834).

### 6.8 Misconduct in research

When describing its purpose the Research Code of Conduct Policy states: This code of conduct seeks to ensure that researchers at the University maintain the highest standards of professional conduct when undertaking and supervising research by outlining the guiding principles and responsibilities along with relevant examples. Breaches of the code may constitute “Misconduct in Research”. The Education Act 1989 protects the academic freedom of academic staff and students to undertake research, but this academic freedom is predicated on the need to maintain the highest ethical standards; the need to permit
public scrutiny to ensure maintenance of those standards; and the need for accountability and the proper use of resources.

All researchers at the University are expected to adhere to this Code.

Failure to obtain ethics approval when it is required, failure to adhere to or deviate from an approved research protocol, and failure to comply with the policies established by UAHPEC, may constitute research misconduct and may occasion disciplinary action following standard University procedures.

For further information see the University of Auckland:

- Staff Research misconduct policy: https://www.auckland.ac.nz/en/about/the-university/how-university-works/policy-and-administration/research/conduct/staff-research-misconduct-policy.html
- Student Academic Conduct Statute: https://cdn.auckland.ac.nz/assets/central/about/the-university/how-the-university-works/policy-and-administration/Supervision/student-academic-conduct-statute.pdf
7. REFERENCES

Ethics Committee on Assisted Reproductive Technology, available from: http://www.ecart.health.govt.nz


8. GLOSSARY

Adverse events in research

Adverse events can arise in both biomedical, social and behavioural research. Serious adverse events are those that result in death, are life threatening, require hospitalisation, cause persistent or significant disability/incapacity or other conditions which, based upon appropriate medical judgement, represent significant hazards to the participants. Also included is psychological or emotional disturbance, or infringements of privacy or other rights (for example, from unauthorised access to identifiable personal information or disclosure of confidential information).

Anonymity

Research participants are anonymous when neither the researcher(s) nor other participants are aware of who is participating. Research data, or a participant’s responses, are anonymous when the researcher gathering or analysing these is unable to trace them to any individual participant. A questionnaire is not anonymous if it is coded in such a way that the researcher can trace it to the participant. It is preferable to use more precise descriptions when referring to identifiability of data (see below).

Assent

Assent is the agreement to participate in research offered by someone who is able to understand what is required but not of an age (under the age of 16) or ability to give his or her consent. Assent may be given orally, and the researcher should record the oral assent where possible and store the recording in the same way as written consent.

Child/Young person

UAHPEC regards young persons aged 16 or above as usually able to give consent for their own participation in research.

Clinical trials

UAHPEC adopts the definition of clinical trials from the World Health Organisation and the New Zealand Ministry of Health. That definition is “a clinical trial is any research study that prospectively assigns human participants or groups of humans to one or more health-related interventions to evaluate the effects on health outcomes”.

The Health and Disability Ethics Committees (HDECs) have Standard Operating Procedures (SOPs) that define rules and guidance on the health and disability research that they review as well as the role and review process of HDECs. The SOPs can be found at:

http://ethics.health.govt.nz/operating-procedures

Confidentiality

Research participation may be described as confidential when the participant’s identity is
known to the researcher but will not be disclosed to third parties or in any discussion or report of the research. This means that any report or discussion of the information given by the participant will be done in a way that does not identify, or allow identification of, the participant as the source of the information. Information provided by a participant should not be described as confidential if it may be shared, reported or published, even when the informant will not be identified. Instead the way in which it will be stored, reported or shared (for example, non-identifiable, or coded) should be clearly stated. Personal information about participants may be described as confidential if it will not be reported.

**Consent Form**

A consent form is a document stating the terms upon which a person agrees to participate in research. It is signed by the participant and retained by the researcher. UAHPEC may give permission for consent to be obtained orally, where there are cultural, safety or other special reasons.

**Legal Guardian of a child**

A legal guardian of a child is the person who has legal responsibility for the day-to-day care and decision-making in relation to a child.

**Identifiable Data**

**Identifiable data** is data from which it can reasonably be assumed that it is possible to identify a specific individual involved in the research. Identifying information includes, but is not limited to, names, addresses, birth dates, phone numbers, email addresses, identifying numbers (for example, National Health Index number or Inland Revenue number), employment details and photos.

To **de-identify** data is to remove from it all identifying information. It should be made clear to the Committee and participants whether this has been done in a way which allows re-identification or not.

**Re-identifiable data** is data from which researchers have removed identifiable information and assigned a code, but it remains possible to re-identify a specific individual, for example, using a code-key or linking different data sets.

**Non-identifiable data** is data that has never been labelled with individual identifiers or from which identifiers have been permanently removed, and for which there is no reasonable basis to believe that a specific individual can be identified. A subset of non-identifiable data is the data that can be linked with other data so it can be known that the two sources are about the same data participant, although the person’s identity remains unknown.

**Intervention study**

An intervention study is where a researcher instigates a change in actions or processes for the purpose of studying the results. Please note that all medical and health interventions must be submitted to the Health and Disability Ethics Committee. Please also note that the term “intervention study” is often used interchangeably with the term “clinical trial” (see sections 2.4 and 2.5 of the NEAC Ethical Guidelines for Intervention Studies for the
definition of intervention study and intervention). Non-health related interventions include, but are not limited to, changes to educational practices.

**Member of the University**

A member of the University includes:

- anyone employed under a University or Auckland UniServices Limited employment agreement or as an independent contractor, and
- any student enrolled at the University and
- anyone else who is undertaking, piloting or supporting research in association or affiliation with the University, including anyone subject to the Honorary and Adjunct Appointment Policy and Procedures or holding a University title such as Emeritus Professor.

**Observational study**

In health research, observational studies are distinguished from intervention or experimental studies as those where no intervention other than recording, classifying, counting and analysing of data takes place. The investigator has no control over study variables and merely observes outcomes. Most observational health research is epidemiological or health services research. In Social Sciences and some other disciplines, observation is a particular research methodology which may be included alongside other research activities.

**Participant Information Sheet**

The Participant Information Sheet (PIS) is the document that informs the participant about the research and the nature of the involvement required. The participant retains it. Generally, the PIS must be in a written format. However, in the case of telephone research, or in research in predominantly oral cultures, a researcher may make a case to present the information orally. In these cases, a copy of the information to be presented orally must be submitted to UAHPEC for review.

For online questionnaires, the PIS can be the first page of the questionnaire, and in those cases, applicants must ensure that the PIS can be downloaded by participants to keep for future reference.

**Questionnaire**

A questionnaire is a written or electronic list of questions to be answered by participants. (This is distinct from a survey where the researcher asks the questions to participants face to face).

**Research**

UAHPEC follows the University’s definition of research issued by the Tertiary Education Commission (TEC) as part of the assessment of the research performance of staff.
The 2018 PBRF definition of research is taken from the TEC’s Guidelines for tertiary education organisations participating in the 2018 Quality Evaluation:

For the purposes of the PBRF, research is original, independent investigation undertaken to contribute to knowledge and understanding and, in the case of some disciplines, cultural innovation or aesthetic refinement. (The term 'independent' does not exclude collaborative work).

Research typically involves inquiry of an experimental or critical nature driven by hypotheses or intellectual positions capable of rigorous assessment by experts in a given discipline.

Research includes work of direct relevance to the specific needs of iwi, communities, government, industry and commerce. In some disciplines, research may be embodied in the form of artistic works, performances or designs that lead to new or substantially improved insights. Research may include:

- contributions to the intellectual underpinning of subjects and disciplines (for example, dictionaries and scholarly editions; the term ‘scholarly’ is defined as the creation, development and maintenance of the intellectual infrastructure of subjects and disciplines, in forms such as dictionaries, scholarly editions, catalogues and contributions to major research database).
  - the use of existing knowledge in experimental development to produce new or substantially improved, materials, devices, products, communications or processes
  - the synthesis and analysis of previous research to the extent that it is new and creative.

Research findings must be open to scrutiny or formal evaluation by experts within the field. This may be achieved through various forms of dissemination including, but not limited to, publication, manufacture, construction, public presentation, or provision of confidential reports.

**Research participant**

A research participant is a person with whom there is some intervention or interaction that would not be occurring, or would be occurring in some other fashion, but for the research. Research with human participants includes the acquisition and study of data through intervention or interaction with an individual (a participant), or from personal information even if acquired without direct interaction with the individual. It also includes research on human remains, tissues or bodily fluids. For the University, human participant research is understood to include research using anonymous questionnaires, research within teaching sessions and research carried out as part of coursework, conducted within and outside the University.

**Vulnerable people**

Vulnerability is a broad category. It describes people who have restricted capability to make independent decisions about their participation in the study. It also encompasses people who may lack the ability to consent freely or may be particularly susceptible to harm either because of their health status, physical or mental capacity or employment status, or as a result of imprisonment (based on the 2012 NEAC Guidelines (http://neac.health.govt.nz/streamlined-ethical-guidelines-health-and-disability-research).
9. APPENDIX 1: COMPLAINTS PROCEDURE

An important part of UAHPEC’s responsibilities is the investigation of complaints received as well as the evaluation of other events in which research participants have been unexpectedly harmed or approved processes were not followed.

1. Lodging complaints:

a. Complaints made by members of the public or participants:

A member of the public wishing to raise a matter of concern or a complaint about research approved by UAHPEC and relating to ethical standards of research on human participants conducted by members of the University, may do so in writing to the UAHPEC Chair by contacting the Ethics and Integrity Manager (the Manager) in the first place via email (humanethics@auckland.ac.nz).

The complaint, or expression of concern, should be set out in sufficient detail to enable the Chair to understand both the research study and the issues of concern.

b. Complaints made by a member of the University:

A member of the University wishing to raise a matter of concern or a complaint about research approved by UAHPEC and relating to ethical standards of research on human participants conducted by members of the University must complete a Report Form for adverse event and complaints. The form can be requested from the Ethics Administrators and the completed form submitted to the Manager using humanethics@auckland.ac.nz.

c. If the complaint is about the Chair, or if the complainant/informant is dissatisfied with the Chair’s response, the complainant/informant should, in the first instance, write to the Manager who will then direct the complaint or concern to the DVCR.

d. Complaints concerning another ethics committee must be made to that committee.

2. Investigation process:

The Manager will co-ordinate the investigation in consultation with the Chair.

To protect the privacy of the complainant or informant, the researchers, and research participants, all information about a complaint or alleged adverse event will initially be treated as confidential to the Chair and the Manager. The Manager, in consultation with Chair, will determine the appropriate levels of confidentiality throughout the proceedings.

A complainant or informant may request confidentiality, but must understand there will be circumstances where such a request will mean the complaint cannot be investigated. The complainant or informant will be advised if this is the case.

If the Manager, in consultation with the Chair, considers there are good reasons to protect the identity of the complainant or informant, and the investigation can still proceed in a procedurally fair manner, the identity of the complainant or informant may initially remain confidential.

Procedural fairness will normally require that details of the complaint or concern and sufficient information about the source of the complaint or concern will be made available
to those about whom the complaint is made.

The Manager will ask the subject of the complaint or concern for a written response, if this is not the Principal Investigator.

In all cases, if the reported alleged adverse event or matter of complaint is of a serious nature and an investigation needs to be conducted urgently, the Manager and the Chair will take whatever steps they consider necessary.

After considering the response from the Principal Investigator and in consultation with the Chair, the Manager may seek such further information as may be necessary to pursue the resolution of the matter.

If the Manager, in consultation with the Chair, comes to the view that there has been a breach of conditions set by UAHPEC or there is evidence of research misconduct, a response will be sought from the researcher.

Complainants/informants will be kept informed about the progress of their complaint.

At any stage of the investigation, the Manager and the Chair may determine that in the interests of the welfare of research participants, it is necessary for a disclosure to be made to specific persons who can assist those research participants.

3. After conclusion of the investigation:

a. At the end of an investigation where the matter is resolved, the Chair will advise parties of findings and will, where necessary, refer the findings to the appropriate person or agency for any consequential action.

b. Where the investigation determines that there may be a breach of the University’s Research Code of Conduct Policy, the Manager, in consultation with the Chair, will refer the matter to the Deputy Vice-Chancellor Research (DVCR). In such circumstances, the Chair will inform the complainant or informant and the subject of the complaint or concern accordingly.

c. Where the matter is not resolved through this investigation, the Manager will inform the DVCR and advise the complainant/informant and the Principal Investigator accordingly. The DVCR shall determine if further steps are to be taken within the University to address the matters raised by the complainant/informant.

d. Where the complaint remains unresolved at the University level, the complainant/informant may refer it to the Health Research Council Ethics Committee for an independent opinion.

e. UAHPEC will be informed of the outcome of the investigation, normally only of the identity of the researcher and the research project where the complaint (or parts thereof) is upheld, or if it can be established that an adverse research event did indeed occur.